

BRES WILDCAT NEWS

Kindness

Responsibility

Self-Control

Important Dates

Monday, Jan. 27

BRES PTO Book Fair 8-3PM

Tuesday, Jan. 28

BRES PTO Book Fair 8-3 PM

BRES PTO Family Night 4-8 PM

Lady Dribblers Performance in the BRES Gym 6-7 PM

BRES PTO Free Potluck Dinner 5:30-6:30 PM in the FCS Room

Wednesday, Jan. 29

BRES PTO Book Fair 8-1PM

Early Release Day @ 1:20 PM

Thursday, Jan. 30

BRES PTO Book Fair 8-3 PM

Band Concert Grades 4-12 6:00 - 7:00PM Opera Houe 86 Townsend Avenue

Friday, Jan. 31

BRES PTO Book Fair 8-3 PM



BRES PTO Book Fair

The PTO is gearing up for our next book fair (Jan 27-31). With family night being Tuesday, January 28th from 4-8 pm.

There will be FREE Potluck Dinner in the BRES Family Consumer Science Room from 5:30-6:30 PM.

Is My Child Too Sick For School?

As we run full steam ahead into the cold and flu season I wanted to remind you to please keep your student home from school if they are sick. Attendance is so important but an ill student will not be able to participate in the school day, will prolong the period of illness and spread the germs to other students. If you have any questions or concerns please don't hesitate to contact me, Kate Schwehm- school nurse @ 633-9814, kschwehm@aos98schools.org, or feel free to pop in my office at the elementary school any time.

Is My Child Too Sick For School?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

Fever: The child should remain home with a fever greater than 100 degrees. The child can return to school after he/she has been fever free for 24 hours (without fever-reducing medicine such as Tylenol or Motrin)

Diarrhea/Vomiting: A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.

Rashes: Common infectious diseases with rashes are most contagious in the early stages. A child with a suspicious rash should return to school only after a health care provider has made a diagnosis and authorized the child's return to school.

Colds: A child with thick, yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.

Strep Throat/Impetigo and other bacterial infections requiring antibiotics. A student with strep throat or bacterial infection requiring antibiotics must remain home until they have been on their antibiotics for a full 24 hours.

Students with these symptoms cannot comfortably participate in program activities and unnecessarily expose others to their illnesses; they should stay home for at least 24 hours before returning to school.

From The Cafeteria



Salad and fruit bar daily with a variety of side dishes! Four choices of milk daily. Breakfast choice: cereal, bagel, muffins, fruit or juice & milk. Breakfast offered daily at break times. Menus are subject to change without notice. Breakfast - \$1.50 (Reduced Breakfast No Charge) Lunch \$2.95 (Reduced Lunch No Charge) (Parents can pay daily, weekly, or monthly for lunch and breakfast.

Please make checks out to Boothbay Region Cafeteria. We send bills and menus out monthly. If you have any questions, please call 633-7131. Thank you, Darlene French.

January 2020

Boothbay Region Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 • HOLIDAY	2 • Mozzarella Sticks w/ Sauce • Sunshine Egg Salad Sandwich • Sunbutter & Jelly Sandwich • Carrot Sticks • Baked Beans • Fresh Fruit & Veggie Bar • Milk	3 • Pazzo Bread w/ Dipping Sauce • Sunbutter & Jelly Sandwich • Fresh Fruit & Veggie Bar • Milk
6 • Fish Sticks • Roasted Sweet Potato • Whole Grain Grilled Cheese • Sunbutter & Jelly Sandwich • Homemade Wheat Rolls • Green Beans • Fresh Fruit & Veggie Bar • Milk	7 • Nachos W/ Ground Beef • Sunshine Egg Salad Sandwich • Sunbutter & Jelly Sandwich • Corn • Fresh Fruit & Veggie Bar • Milk	8 • Shepherd's Pie • Chicken Salad Sandwich • Sunbutter & Jelly Sandwich • Homemade Wheat Rolls • Carrot Sticks • Fresh Fruit & Veggie Bar • Milk	9 • Chicken Casserole • BLT on Whole Wheat Bun • Sunbutter & Jelly Sandwich • Homemade Wheat Rolls • Steamed Broccoli • Fresh Fruit & Veggie Bar • Milk	10 • Assorted Pizza • Sunbutter & Jelly Sandwich • Fresh Fruit & Veggie Bar • Milk
13 • Oven Fried Chicken • Belgian Waffle • Sunshine Egg Salad Sandwich • Sunbutter & Jelly Sandwich • Corn • Fresh Fruit & Veggie Bar • Milk	14 • Hamburger or Cheeseburger on a Whole Wheat Bun • Whole Wheat Tuna Roll • Sunbutter & Jelly Sandwich • Baked Beans • Fresh Broccoli • Fresh Fruit & Veggie Bar • Milk	15 • Macaroni & Cheese • Chicken Salad Sandwich • Sunbutter & Jelly Sandwich • Green Beans • Homemade Wheat Rolls • Fresh Fruit & Veggie Bar • Milk	16 • Spaghetti and Meat Sauce • Whole Grain Grilled Cheese • Sunbutter & Jelly Sandwich • Mixed Vegetables • Homemade Wheat Rolls • Fresh Fruit & Veggie Bar • Milk	17 • Pazzo Bread w/ Dipping Sauce • Sunbutter & Jelly Sandwich • Fresh Fruit & Veggie Bar • Milk
20 • HOLIDAY	21 • Chicken Nuggets • Potato Puffs • Sunshine Egg Salad Sandwich • Sunbutter & Jelly Sandwich • Fresh Fruit & Veggie Bar • Milk	22 • Lasagna Roll Up • Whole Wheat Tuna Roll • Sunbutter & Jelly Sandwich • Homemade Yeast Rolls • Green Beans • Fresh Fruit & Veggie Bar • Milk	23 • Chicken Alfredo W/ Pasta • Chicken Salad Sandwich • Sunbutter & Jelly Sandwich • Homemade Wheat Rolls • Peas • Fresh Fruit & Veggie Bar • Milk	24 • Assorted Pizza • Sunbutter & Jelly Sandwich • Fresh Fruit & Veggie Bar • Milk
27 • Teriyaki Chicken Sandwich • Whole Wheat Tuna Roll • Sunbutter & Jelly Sandwich • Steamed Broccoli • Fresh Fruit & Veggie Bar • Milk	28 • Pulled Pork Sandwich • Chicken Salad Sandwich • Sunbutter & Jelly Sandwich • Corn • Baked Beans • Fresh Fruit & Veggie Bar • Milk	29 • American Chop Suey • Whole Grain Grilled Cheese • Sunbutter & Jelly Sandwich • Green Beans • Homemade Wheat Rolls • Fresh Fruit & Veggie Bar • Milk	30 • Egg MCBoothbay • Sunbutter & Jelly Sandwich • Sunshine Egg Salad Sandwich • Roasted Sweet Potato • Fresh Fruit & Veggie Bar • Milk	31 • Assorted Pizza • Sunbutter & Jelly Sandwich • Fresh Fruit & Veggie Bar • Milk



**MERRY
BARN
WRITERS'
RETREAT** &



**LEARNING
ON THE
MOVE**

**A FEBRUARY VACATION
ADVENTURE !**



**READ
THEM !**

**WRITE
THEM !**

**BECOME
THEM !**

Join the fun as we explore circus literature and lore, art, and performance. Participants will spend three days moving and learning, as they write wordless picture books, create poetry and art, and design their own circus posters.

Campers will develop circus arts skills using scarves, balls, flower sticks, feathers, and balancing tubes.

There will be opportunities to perform for each other, as well as a performance for family and friends.

Cost: \$150. Aftercare is provided for a minimal fee. Financial assistance is available.

AGES 8-13

FEBRUARY 18, 19, 20 ... 9:00am - 3:30pm

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CIRCUS STORIES WRITING ADVENTURE
MERRY BARN WRITERS' RETREAT
Cultivating Creativity, Curiosity, and Community



Please return this registration form, with check made payable to the Merry Barn Writers' Retreat, 417 River Road, Edgecomb, ME 04556. Registration will be confirmed by e-mail or phone call when received.

CAMPER'S NAME _____ BIRTH DATE _____

PARENT/GUARDIAN _____ EMAIL _____

TELEPHONE _____ ADDRESS _____

CELL _____

2ND EMERGENCY CONTACT _____ ALLERGIES / MEDICAL CONDITIONS _____

TELEPHONE _____

TUESDAY, FEBRUARY 18 - THURSDAY, FEBRUARY 20

3 DAY CAMP: \$150
AFTER CARE OPTION: \$15/DAY
TUES: _____ WED: _____

TOTAL ENCLOSED: _____

Some financial assistance is available. For more information, email: stephaniemcsherry@merrybarn.com.

PHOTO and STUDENT WRITING RELEASE

- _____ I give permission for the Merry Barn Writers' Retreat to use photos and writing samples of my child in its publications and website content.
- _____ I do not give permission for the MBWR to use photos of my child.
- _____ I do not give permission for the MBWR to use my child's writing.

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Four Chaplain Ceremony



American Legion, Charles E Sherman Jr., Post 36

On 3 February 1943, the US Army Troopship Dorchester was torpedoed in the North Atlantic with 902 on board, including 4 chaplains (a Priest, a Methodist Minister, a Reformed Minister, and a Rabbi). Only 230 survived. The chaplains sought to calm the men and organize an orderly evacuation of the ship, and helped guide wounded men to safety. As life jackets were passed out to the men, the supply ran out before each man had one. The chaplains removed their own life jackets and gave them to others. They helped as many men as they could into lifeboats, and then linked arms and, saying prayers and singing hymns, went down with the ship.

Join us in remembering and honoring these 4 Chaplain heroes.

Saturday, February 1, 2020