



# Lawrenceburg Community School Corporation

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[www.lburg.k12.in.us](http://www.lburg.k12.in.us)

Dear Parent(s)/Guardian(s),

There have been several cases of Hand, Foot, and Mouth Disease reported. This is a very mild infection caused by a virus.

## Symptoms

- It takes about 3-6 days after exposure for symptoms to develop.
- First symptoms may include a general feeling of being "unwell", fatigue, sore throat, or a fever.
- 1-2 days after the fever, painful sores usually develop in the mouth. They begin as small red spots, sometimes with blisters.
- A skin rash on the palms, soles of the feet, and/or buttocks may also develop. The rash is flat red spots at first, which may develop into blisters. The rash should disappear in a week or so.
- In some cases, there are no symptoms.

## Transmission

- The virus spreads easily through coughing and sneezing.
- The virus is also found in the blisters of infected people and may spread by an infected person touching surfaces that are then touched by others.
- The virus is spread via feces.
- Infected persons are most contagious during the first week of illness. However, the virus can remain in the body for several weeks after the symptoms resolve.

## Prevention

- Hand washing
- Cover mouth with cough or sneeze.
- Disinfecting dirty surfaces and soiled items, including toys, computer games, video-game controllers, and door handles.
- Avoid close contact, such as kissing, hugging, sharing eating and drinking utensils.

We are asking that if your child develops symptoms, that you keep them home and seek medical advice as necessary. If a case is confirmed, please notify the school and the student should remain home until fever-free for 24 hours and blisters have crusted over.

Gabbie Lambert, Clinic Aid  
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