



# Lawrenceburg Community School Corporation

300 Tiger Blvd, Lawrenceburg, IN 47025  
Phone: (812) 537-7200 Fax: (812) 537-0759

[www.lburg.k12.in.us](http://www.lburg.k12.in.us)

Dear Parent or Guardian:

We have had several students at Lawrenceburg Primary School test positive for influenza. To prevent widespread of flu in school and the community, we recommend that your child stay home from school if experiencing flu or cold symptoms. To decide whether or not to send your child to school, please consider the following guidelines:

Consider keeping your child at home for an extra day of rest and observation if he or she has any of the following symptoms:

- Very stuffy or runny nose and/or cough
- Mild sore throat (no fever, no known exposure to strep)
- Headache
- Mild stomach ache

Definitely keep your child at home for treatment and observation if he or she has any of these symptoms:

- Fever (greater than 100 degrees by mouth and your child may return to school only after his or her temperature has been consistently below 100 degrees, by mouth, for a minimum of 24 hours)
- Vomiting (even once)
- Diarrhea
- Chills
- General malaise or feelings of fatigue, discomfort, weakness or muscle aches
- Frequent congested (wet) or croupy cough
- Lots of nasal congestion with frequent blowing of nose

To help prevent the flu and other colds, teach your children good hygiene habits:

- Wash hands frequently
- Do not touch eyes, nose or mouth
- Cover mouth and nose when sneezing or coughing, use a paper tissue, throw it away and then wash hands
- Avoid close contact with people who are sick.

Colds are the most contagious during the first 48 hours. A child who has a fever should remain at home until "fever free" for a minimum of 24 hours without the aid of medication. Often when a child awakens with vague complaints (the way colds and flu begin) it is wise to observe your child at home for an hour or two before deciding whether or not to bring them to school.

Your child should be physically able to participate in all school activities on return to school.

Thank you in advance for helping to keep school as healthy as possible.

Yours in health,

*Gabbie Lambert, Clinic Aid*

P: 812-537-7239 F: 812-537-5746