

DEPARTMENT OF ATHLETICS & ACTIVITIES
FALLS HIGH SCHOOL ~ HOME OF THE “BRONCOS”
INTERNATIONAL FALLS, MN 56649

WARNING, AGREEMENT TO OBEY INSTRUCTIONS, RELEASE AND ASSUMPTION OF RISK

BOTH the applicant student and a parent/guardian MUST READ and SIGN this form.

RE: International Falls High School Sports & Activities

We understand that participation in sports and activities sponsored by the International Falls High School is a voluntary program for the benefit of the participant and that the student is not required to participate in the program. We are also aware that playing or practicing to play/participate in any sport and some activities can involve risks of injury that may result in a serious impairment of future abilities to earn a living, engage in business, social and recreational activities and generally to enjoy life.

With the dangers/risks of participating in sports and activities, we recognize the importance of following instructions of coaches, teachers and other authorized supervisors of sports and activities regarding playing techniques, training, team rules and the like and agree to obey such instructions.

In consideration of International Falls High School permitting me to try out for any sports or activities and to engage in all activities related to the sport or activity, including, but not limited to, trying out, practicing, or playing/participation in that sport/activity, we hereby assume all risks associated with participation and hereby release International Falls High School, its employees, agents, representatives, and coaches/advisors, from any liability, actions, causes of action, debts, claims, or demands, of any kind or nature whatsoever which may arise by or in connection with participation of the undersigned student in any activities related to the sports/activities engaged in by the student.

The terms hereof shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assigns, and for all members of our family.

Signature of student

Date

Signature of Parent/Guardian

Date