

SAND SPRINGS FOOTBALL



JR SUMMER PRIDE



WHAT IS THE JR SUMMER PRIDE?

Summer Pride is an opportunity for Junior Football Players to prepare both physically and mentally over the summer months for the upcoming football season.

WHEN IS JR SUMMER PRIDE?

June 6th - July 29th M, T, Th, F

9:00 a.m. - 10:30 a.m.

WHO CAN ATTEND JR SUMMER PRIDE?

Any Athlete grades 7-9 for the upcoming Fall, that wants to improve their Strength, Speed, Power, Conditioning, Change of Direction, Heat Acclimatization, Teamwork, Mental Toughness, Comradery, and Pride.

WHAT IS THE COST FOR JR SUMMER PRIDE?

\$120 for all 7 weeks, 28 training sessions

HOW DO I SIGN UP FOR JR SUMMER PRIDE?

Fill out the info below and Mail with payment to:

Coach Klinck Industries
500 N Adams Rd
Sand Springs, OK 74063

REGISTRATION

Athlete's Name _____ Grade (Fall '22) _____

Parent/Guardian Names _____ Phone _____

Email Address _____ T-Shirt Size _____

The parent(s) or guardian(s) of _____ hereby agree to accept full and complete responsibility for all medical or other expenses of an injury during camp. The undersigned also agrees to release Sand Springs Public Schools and all camp staff from liability for any injuries or accidents that occur due to participation in camp activities, or that occur in transit to or from camp.

Signature _____ Date _____