



Sponsored by Nye County Schools



TRIPLE P

Positive Parenting Program

Raising children can be rewarding and enjoyable as well as demanding, frustrating and exhausting. The challenge is to raise healthy, well-adjusted children in a nurturing, safe and predictable environment. The Triple P program is designed to help parents improve their parenting skills and build positive relationships with their children. The program will provide parents with useful ideas and strategies to meet the challenges of parenting children ages 2 to 10 years old. In this 4 session program, parents will learn how to:

- *provide a safe, interesting environment
- *create a positive learning environment
- *use assertive discipline
- *have realistic expectations, and
- *take care of oneself as a parent.

Parent Involvement Resource Room #43 1020 E. Wilson, Pahrump, NV

(BLDG. with Pre-K sign)

PARENTING CLASSES FOR PRE-K FAMILIES

Session 2: Positive Parenting

Date: January 21

Time: <u>5:30-7:30</u>

Session 2: Helping Children Develop

Date: January 28

Time: 5:30-7:30

Session 3: Managing Misbehavior

Date: February 4

Time: 5:30-7:30

Session 4: Planning Ahead

Date: February 11

Time: 5:30-7:30

Follow up phone sessions:

3 weeks of individual 10 minute phone conversations to follow up on how the program is working at home.

Graduation:

Date: March 17 Time: 5:30-7:30

Come and celebrate your success.

Certificates of Completion will be presented.

MUST CALL TO REGISTER:

775-727-1875

NO CHILDCARE PROVIDED

Can't make these dates? Next Workshops will begin on Wednesday, Feb. 5 from 10AM - Noon. Check your child's backpack for more info closer to the date.

This publication was supported in whole or in part by the Nevada Division of Public and Behavioral Health, Bureau of Behavioral health Wellness and Prevention, through State General Funds and/or the SAPT Block Grant for the Substance Abuse and Mental Health Services Administration (SAMHSA). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. DHHS, SAMHSA, or the State of Nevada.