## Finding community resources is as simple as dialing 2-1-1



**Trained call specialists** can help connect you with the services you need. Services include, but are not limited to:

- Healthcare
- Youth Programs
- Counseling
- Food Banks
- Housing
- Aging Services
- Other Health and Human Services







2-1-1 is a **FREE** service available for residents of Lehigh and Northampton Counties

If 2-1-1 is temporarily unavailable on your telephone, dial (717) 291-5462.

#### www.pa211east.org

This flyer was prepared by Leadership Lehigh Valley in conjunction with: The United Way,
Working Dog Press and Mosaic Interactive.

## **DIAL 2-1-1**

We can help.



#### **Find and Connect with Community Resources**





# 2-1-1 provides free information and referral services to community resources.

#### Who can use 2-1-1?

Whether you need assistance, are unsure of where to turn or simply want information on a particular human service issue, 2-1-1 can help. Communities in Lehigh and Northampton counties have access to 2-1-1. By dialing 2-1-1, you will be connected to an agency that can help.

#### Why dial 2-1-1?

2-1-1 is a free service and using it will help reduce the frustration of making multiple calls to locate the resource or organization you need in your community. Using 2-1-1 is free and your information is kept confidential.

#### When to dial 2-1-1?

The mission of 2-1-1 services is to connect the community with local resources. These services are available Monday - Friday between the hours of 7 AM and 6:30 PM. This 3-digit number is **NOT** for emergency medical situations.

2-1-1 is an easy to remember phone number that quickly connects people with resources in their communities. Residents of the Lehigh and Northampton counties can call and will be connected with the local human services provider that can help.

By simply dialing 2-1-1, trained information specialists can help answer your questions and connect you to the many health, human service, community, and cultural resources in the Lehigh Valley.

### Examples of community resources you can access through 2-1-1:

- Food Pantries
- Disability Services
- Utilities Assistance
- Transitional Housing/Shelter
- Employment Services
- Healthcare Services
- Aging Services
- Mental Health Counseling
- Respite Care
- Youth and Child Care Programs
- Adoptions and Foster Care Programs
- And much more

#### Interested in giving back to your community?

2-1-1 is also a great resource to connect with local organizations seeking donations and volunteers. Simply dial 2-1-1 and ask how you can help in a human services area that interests you.





