Community Resource Manual

Table of Contents

Categorized Resource Lists……………………………………………...……...…2-14

Clothing Services……………………………………………...……...………...2

Crisis Management……………………………………………...……...………3

Counseling Services……………………………………………...……...……..4

Educational Opportunities……………………………………………...……....5

Employment Services……………………………………………...……...……6

Food Services……………………………………………...……...…………….7

Housing Services……………………………………………...……...………...8

Legal Services……………………………………………...……...……………9

Medical Services……………………………………………...……...………..10

Mentoring Services……………………………………………...……...……..11

Parenting Services……………………………………………...……...……..12

Rehabilitation Services……………………………………………...……...…13

Shelters/Missions……………………………………………...……...……….14

Utilities Assistance……………………………………………...……...……...15

Community Resources……………………………………………….……………16-35

American Red Cross…………………………...………………...…...………16

ARVAC…………………………...………………...…………………..………17

Big Brothers/Big Sisters…………………………...…………………..…...…18

ARV Boys and Girls Club…………………………...………………...…...…19

CASA- Court Appointed Special Advocates…………………………...…...20

Counseling Associates…………………………...……………...…...………21

Department of Human Services…………………………...………………...22

Friendship Community Care…………………………...……………......…...23

Help Network, Inc. …………………………...……………...…...…...………24

Main Street Mission…………………………...…………..……...…...………25

Manna House…………………………...………………………...…...………26

Perspectives Behavioral Health Management…………………………...…27

Pope County Health Department…………………………...………………..28

Pope County Literacy Council…………………………...………………......29

River Valley Shelter for Battered Women and Children…………………...30

River Valley Christian Clinic…………………………...………………...…...31

Salvation Army…………………………...………………..……...…...………32

Sharing and Caring…………………………...……………..…...…...………33

United Way…………………………...…………………………...…...………34

Victim Assistance Program…………………………...….……………...…...35

Reflection……………………………………………….………………………………36

**Categorized Resource Lists**

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| --- | --- |
| **Clothing Services** | |
| Help Network, Inc.  312 S. Boulder Avenue  Russellville, AR 72801  479-967-7890  [www.helpnetworkinc.net](http://www.helpnetworkinc.net) | Main Street Mission  1110 East 2nd Street  Russellville, AR 72801  479-968-8303  [www.mainstreetmission.org](http://www.mainstreetmission.org) |
| River Valley Shelter for Battered Women and Children  P.O. Box 2066  Russellville, AR 72811  [www.rivervalleyshelter.org](http://www.rivervalleyshelter.org) | River Valley United Way, Inc.  310 North Boston Place  Russellville, AR 72811-0636  479-968-5089  [www.rivervalleyunitedway.org](http://www.rivervalleyunitedway.org) |
| The Salvation Army of Russellville, AR  1004 Weir Road  Russellville, AR 72801  479-968-4369  <http://salvationarmyaok.org/russellville/> | Sharing and Caring  107 State Street  Dardanelle, AR 72834  <https://www.facebook.com/SharingAndCaringFoodPantry> |

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| **Crisis Management** | |
| American Red Cross  1311 East 16th Street  Russellville, AR 72802  479-968-3498  [www.redcross.org](http://www.redcross.org) | ARVAC  613 North 5th Street  Dardanelle, AR 72834  479-229-4861  [www.arvacinc.org](http://www.arvacinc.org) |
| Counseling Associates  110 Skyline Drive  Russellville, AR 72801  479-968-1298  <http://www.caiinc.org/pope.htm> | Freedom House  400 Lake Front Drive  Russellville, AR 72802  479-968-7225 |
| Perspectives Behavioral Health Management  1305 East Main Street Russellville, AR 72801  479-967-5656  [www.pbhm.com](http://www.pbhm.com) | River Valley Shelter for Battered Women and Children  P.O. Box 2066  Russellville, AR 72811  [www.rivervalleyshelter.org](http://www.rivervalleyshelter.org) |
| River Valley United Way, Inc.  310 North Boston Place  Russellville, AR 72811-0636  479-968-5089  [www.rivervalleyunitedway.org](http://www.rivervalleyunitedway.org) | Russellville Mental Health  1610 S Arkansas Ave Russellville, AR 72801  479-967-4673  <http://aoinc.org/locations/behavioral-health-russellville/> |
| The Salvation Army of Russellville, AR  1004 Weir Road  Russellville, AR 72801  479-968-4369  <http://salvationarmyaok.org/russellville/> | Teen Challenge Women’s Ministries  618 South Knoxville Russellville, Arkansas 72801  1-866-567-7101  <http://womenstc.com/> |
| Victim Assistance Program  Pope County Courthouse  100 West Main Street  Russellville, AR 72811  479-968-8600 |  |
| **Counseling Services** | |
| American Red Cross  1311 East 16th Street  Russellville, AR 72802  479-968-3498  [www.redcross.org](http://www.redcross.org) | Arkansas Rehabilitation Services  1010 North Arkansas  Russellville, AR 72801  479-890-5751  <http://ace.arkansas.gov/arRehabServices/Pages/default.aspx> |
| Adullam Youth Awakening Center  111 North El Paso  Russellville, AR 72801  479-970-7748  <http://adullamyouth.com/tablet/r-r-r.html> | Choices Pregnancy Center  311 East 3rd Street  Russellville, AR 72801  479-967-2255  <http://www.choicesprc.org/> |
| Community Services, Inc.  1505 South Oswego Avenue  Russellville, AR 72801  479-967-3370  <http://www.communityserviceinc.com/index.html> | Counseling Associates  110 Skyline Drive  Russellville, AR 72801  479-968-1298  <http://www.caiinc.org/pope.htm> |
| Department of Workforce Services  104 South Rochester Avenue  Russellville, AR 72801  479-968-2784  [www.dws.arkansas.gov](http://www.dws.arkansas.gov) | Freedom House  400 Lake Front Drive  Russellville, AR 72802  479-968-7225 |
| Perspectives Behavioral Health Management  1305 East Main Street Russellville, AR 72801  479-967-5656  [www.pbhm.com](http://www.pbhm.com) | River Valley Shelter for Battered Women and Children  P.O. Box 2066  Russellville, AR 72811  [www.rivervalleyshelter.org](http://www.rivervalleyshelter.org) |
| River Valley United Way, Inc.  310 North Boston Place  Russellville, AR 72811-0636  479-968-5089  [www.rivervalleyunitedway.org](http://www.rivervalleyunitedway.org) | Russellville Mental Health  1610 S Arkansas Ave Russellville, AR 72801  479-967-4673  <http://aoinc.org/locations/behavioral-health-russellville/> |
| Teen Challenge Women’s Ministries  618 South Knoxville Russellville, Arkansas 72801  1-866-567-7101  <http://womenstc.com/> | Victim Assistance Program  Pope County Courthouse  100 West Main Street  Russellville, AR 72811  479-968-8600 |

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| **Educational Opportunities** | |
| Adult Education Center- GED  1000 South Arkansas  Russellville, AR 72801  479-968-5244 | American Red Cross  1311 East 16th Street  Russellville, AR 72802  479-968-3498  [www.redcross.org](http://www.redcross.org) |
| Choices Pregnancy Center  311 East 3rd Street  Russellville, AR 72801  479-967-2255  <http://www.choicesprc.org/> | Community Services, Inc.  1505 South Oswego Avenue  Russellville, AR 72801  479-967-3370  <http://www.communityserviceinc.com/index.html> |
| Counseling Associates  110 Skyline Drive  Russellville, AR 72801  479-968-1298  <http://www.caiinc.org/pope.htm> | Department of Workforce Services  104 South Rochester Avenue  Russellville, AR 72801  479-968-2784  [www.dws.arkansas.gov](http://www.dws.arkansas.gov) |
| Friendship Community Care  920 North University  Russellville, AR 72802  479-967-2322  [www.fccare.org](http://www.fccare.org) | Help Network, Inc.  312 S. Boulder Avenue  Russellville, AR 72801  479-967-7890  [www.helpnetworkinc.net](http://www.helpnetworkinc.net) |
| Perspectives Behavioral Health Management  1305 East Main Street Russellville, AR 72801  479-967-5656  [www.pbhm.com](http://www.pbhm.com) | Pope County Literacy Council  1000 South Arkansas  Russellville, AR 72801  479-967-7323  <http://popecoliteracy.org/Home.html> |
| River Valley United Way, Inc.  310 North Boston Place  Russellville, AR 72811-0636  479-968-5089  [www.rivervalleyunitedway.org](http://www.rivervalleyunitedway.org) | Russellville Mental Health  1610 S Arkansas Ave Russellville, AR 72801  479-967-4673  <http://aoinc.org/locations/behavioral-health-russellville/> |
| STAR Industries, Inc.  1200 South Elmira Avenue  Russellville, AR 72802  479-968-7118 |  |

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| **Employment Services** | |
| Arkansas Rehabilitation Services  1010 North Arkansas  Russellville, AR 72801  479-890-5751  <http://ace.arkansas.gov/arrehabservices/pages/default.aspx> | Department of Human Services  701 South Denver Avenue  Russellville, AR 72801  479-968-5596  <http://humanservices.arkansas.gov/Pages/DHSofficeDetail.aspx?show=Pope> |
| Department of Workforce Services  104 South Rochester Avenue  Russellville, AR 72801  479-968-2784  [www.dws.arkansas.gov](http://www.dws.arkansas.gov) | STAR Industries, Inc.  1200 South Elmira Avenue  Russellville, AR 72802  479-968-7118 |
| Veteran’s Services  107 West B Street Russellville, AR 72801 479-968-6049  [www.veterans.arkansas.gov](http://www.veterans.arkansas.gov) |  |

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| **Food Services** | |
| Arkansas Rice Depot  Local Food Banks  Participating Schools  501-565-8855  [www.ricedepot.org](http://www.ricedepot.org) | ARVAC  613 North 5th Street  Dardanelle, AR 72834  479-229-4861  [www.arvacinc.org](http://www.arvacinc.org) |
| Department of Human Services  701 South Denver Avenue  Russellville, AR 72801  479-968-5596  <http://humanservices.arkansas.gov/Pages/DHSofficeDetail.aspx?show=Pope> | Help Network, Inc.  312 S. Boulder Avenue  Russellville, AR 72801  479-967-7890  [www.helpnetworkinc.net](http://www.helpnetworkinc.net) |
| Main Street Mission  1110 East 2nd Street  Russellville, AR 72801  479-968-8303  [www.mainstreetmission.org](http://www.mainstreetmission.org) | Manna House  304 South Commerce  Russellville, AR 72801  479-968-1232  <http://www.fumcrsvl.org/ministries/mission_outreach/manna_house/> |
| Pope County Health Department  203 Weir Road  Russellville, AR 72802  479-968-6400  <http://www.healthy.arkansas.gov> | River Valley Shelter for Battered Women and Children  P.O. Box 2066  Russellville, AR 72811  [www.rivervalleyshelter.org](http://www.rivervalleyshelter.org) |
| The Salvation Army of Russellville, AR  1004 Weir Road  Russellville, AR 72801  479-968-4369  <http://salvationarmyaok.org/russellville/> | Sharing and Caring  107 State Street  Dardanelle, AR 72834  <https://www.facebook.com/SharingAndCaringFoodPantry> |

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| **Housing Services** | |
| ARVAC  613 North 5th Street  Dardanelle, AR 72834  479-229-4861  [www.arvacinc.org](http://www.arvacinc.org) | Help Network, Inc.  312 S. Boulder Avenue  Russellville, AR 72801  479-967-7890  [www.helpnetworkinc.net](http://www.helpnetworkinc.net) |
| Main Street Mission  1110 East 2nd Street  Russellville, AR 72801  479-968-8303  [www.mainstreetmission.org](http://www.mainstreetmission.org) | River Valley United Way, Inc.  310 North Boston Place  Russellville, AR 72811-0636  479-968-5089  [www.rivervalleyunitedway.org](http://www.rivervalleyunitedway.org) |
| Russellville Housing Authority  115 South Denver Avenue  Russellville, AR 72811  479-968-5440 | The Salvation Army of Russellville, AR  1004 Weir Road  Russellville, AR 72801  479-968-4369  <http://salvationarmyaok.org/russellville/> |
| Universal Housing Development  301 East 3rd Street  Russellville, AR 72801  479-968-5001  [www.hud.gov](http://www.hud.gov) |  |

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| **Legal Services** | |
| Arkansas Legal Services Partnership  101 East Main Street Suite C  Russellville, AR 72801  479-785-5211  <http://www.arlegalservices.org/node/104> | Court Appointed Special Advocates  Pope County Courthouse  100 West Main Street  Russellville, AR 72811  479-880-1195  <http://www.arkansascasa.net> |
| Office of Child Support Enforcement  800 East Main Street Suite A  Russellville, AR 72801  479-968-7051  [www.dfa.arkansas.gov](http://www.dfa.arkansas.gov) | Juvenile Probation Office  Debbie Gobell  Pope County Courthouse  100 West Main Street  Russellville, AR 72811  479-967-1520 |
| Victim Assistance Program  Pope County Courthouse  100 West Main Street  Russellville, AR 72811  479-968-8600 |  |

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| **Medical Services** | |
| American Red Cross  1311 East 16th Street  Russellville, AR 72802  479-968-3498  [www.redcross.org](http://www.redcross.org) | Choices Pregnancy Center  311 East 3rd Street  Russellville, AR 72801  479-967-2255  <http://www.choicesprc.org/> |
| Department of Human Services  701 South Denver Avenue  Russellville, AR 72801  479-968-5596  <http://humanservices.arkansas.gov/Pages/DHSofficeDetail.aspx?show=Pope> | Equestrian Zone  PO Box 282  Russellville, AR, 72811  479-970-8351  <http://www.equestrianzone.org/> |
| Friendship Community Care  920 North University  Russellville, AR 72802  479-967-2322  [www.fccare.org](http://www.fccare.org) | Freedom House  400 Lake Front Drive  Russellville, AR 72802  479-968-7225 |
| Pope County Health Department  203 Weir Road  Russellville, AR 72802  479-968-6400  <http://www.healthy.arkansas.gov> | River Valley Christian Clinic  1714 State Highway 22  Dardanelle, AR 72834  479-229-2566  <http://www.rvchristianclinic.org/> |
| River Valley Shelter for Battered Women and Children  P.O. Box 2066  Russellville, AR 72811  [www.rivervalleyshelter.org](http://www.rivervalleyshelter.org) | River Valley United Way, Inc.  310 North Boston Place  Russellville, AR 72811-0636  479-968-5089  [www.rivervalleyunitedway.org](http://www.rivervalleyunitedway.org) |

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| **Mentoring Services** | |
| Big Brothers/Big Sisters  Crawford Elem  1116 N. Parker Rd  Russellville, AR 72811  479-968-5525  [www.bbbs.org](http://www.bbbs.org) | Boys and Girls Club of America  600 East 16th Street  Russellville, AR 72801  479-968-7819  <http://www.bgcarv.org/> |
| Choices Pregnancy Center  311 East 3rd Street  Russellville, AR 72801  479-967-2255  <http://www.choicesprc.org/> | Pope County Literacy Council  1000 South Arkansas  Russellville, AR 72801  479-967-7323  <http://popecoliteracy.org/Home.html> |
| River Valley United Way, Inc.  310 North Boston Place  Russellville, AR 72811-0636  479-968-5089  [www.rivervalleyunitedway.org](http://www.rivervalleyunitedway.org) | STAR Industries, Inc.  1200 South Elmira Avenue  Russellville, AR 72802  479-968-7118 |

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| **Parenting Services** | |
| Choices Pregnancy Center  311 East 3rd Street  Russellville, AR 72801  479-967-2255  <http://www.choicesprc.org/> | Community Services, Inc.  1505 South Oswego Avenue  Russellville, AR 72801  479-967-3370  <http://www.communityserviceinc.com/index.html> |
| Counseling Associates  110 Skyline Drive  Russellville, AR 72801  479-968-1298  <http://www.caiinc.org/pope.htm> | Juvenile Probation Office  Debbie Gobell  Pope County Courthouse  100 West Main Street  Russellville, AR 72811  479-967-1520 |
| Perspectives Behavioral Health Management  1305 East Main Street Russellville, AR 72801  479-967-5656  [www.pbhm.com](http://www.pbhm.com) | Pope County Health Department  203 Weir Road  Russellville, AR 72802  479-968-6400  <http://www.healthy.arkansas.gov> |

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| **Rehabilitation Services** | |
| Arkansas Rehabilitation Services  1010 North Arkansas  Russellville, AR 72801  479-890-5751  <http://ace.arkansas.gov/arRehabServices/Pages/default.aspx> | Community Services, Inc.  1505 South Oswego Avenue  Russellville, AR 72801  479-967-3370  <http://www.communityserviceinc.com/index.html> |
| Counseling Associates  110 Skyline Drive  Russellville, AR 72801  479-968-1298  <http://www.caiinc.org/pope.htm> | Department of Human Services  701 South Denver Avenue  Russellville, AR 72801  479-968-5596  <http://humanservices.arkansas.gov/Pages/DHSofficeDetail.aspx?show=Pope> |
| Equestrian Zone  PO Box 282  Russellville, AR, 72811  479-970-8351  <http://www.equestrianzone.org/> | Freedom House  400 Lake Front Drive  Russellville, AR 72802  479-968-7225 |
| Help Network, Inc.  312 S. Boulder Avenue  Russellville, AR 72801  479-967-7890  [www.helpnetworkinc.net](http://www.helpnetworkinc.net) | Juvenile Probation Office  Debbie Gobell  Pope County Courthouse  100 West Main Street  Russellville, AR 72811  479-967-1520 |
| Perspectives Behavioral Health Management  1305 East Main Street Russellville, AR 72801  479-967-5656  [www.pbhm.com](http://www.pbhm.com) | River Valley Christian Clinic  1714 State Highway 22  Dardanelle, AR 72834  479-229-2566  <http://www.rvchristianclinic.org/> |
| River Valley Shelter for Battered Women and Children  P.O. Box 2066  Russellville, AR 72811  [www.rivervalleyshelter.org](http://www.rivervalleyshelter.org) | River Valley United Way, Inc.  310 North Boston Place  Russellville, AR 72811-0636  479-968-5089  [www.rivervalleyunitedway.org](http://www.rivervalleyunitedway.org) |
| Russellville Mental Health  1610 S Arkansas Ave Russellville, AR 72801  479-967-4673  <http://aoinc.org/locations/behavioral-health-russellville/> | STAR Industries, Inc.  1200 South Elmira Avenue  Russellville, AR 72802  479-968-7118 |
| Teen Challenge Women’s Ministries  618 South Knoxville Russellville, Arkansas 72801  1-866-567-7101  <http://womenstc.com/> | Veteran’s Services  107 West B Street Russellville, AR 72801 479-968-6049  [www.veterans.arkansas.gov](http://www.veterans.arkansas.gov) |

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| **Shelters/Missions** | |
| Adullam Youth Awakening Center  111 North El Paso  Russellville, AR 72801  479-970-7748  <http://adullamyouth.com/tablet/r-r-r.html> | Freedom House  400 Lake Front Drive  Russellville, AR 72802  479-968-7225 |
| Main Street Mission  1110 East 2nd Street  Russellville, AR 72801  479-968-8303  [www.mainstreetmission.org](http://www.mainstreetmission.org) | River Valley Shelter for Battered Women and Children  P.O. Box 2066  Russellville, AR 72811  479-968-3110  [www.rivervalleyshelter.org](http://www.rivervalleyshelter.org) |
| Teen Challenge Women’s Ministries  618 South Knoxville Russellville, Arkansas 72801  1-866-567-7101  <http://womenstc.com/> |  |

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| **Utilities Assistance** | |
| ARVAC  613 North 5th Street  Dardanelle, AR 72834  479-229-4861  [www.arvacinc.org](http://www.arvacinc.org) | Help Network, Inc.  312 S. Boulder Avenue  Russellville, AR 72801  479-967-7890  [www.helpnetworkinc.net](http://www.helpnetworkinc.net) |
| River Valley United Way, Inc.  310 North Boston Place  Russellville, AR 72811-0636  479-968-5089  [www.rivervalleyunitedway.org](http://www.rivervalleyunitedway.org) | Westside Church of Christ  2399 West C Street  Russellville, AR 72801  479-968-1121  [www.wscocsrsvl.org](http://www.wscocsrsvl.org) |

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| **Name of Organization/Agency**: American Red Cross | |
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| **Address:** 1311 East 16th Street  Russellville, AR 72802 | **Hours:** Monday- Friday 8:00-5:00 |
| **Phone:** 479-968-3498 | **Fax:** 479-967-4688 |
| **Contact Person**: Holly Odom | **Email:** hlodom@redcrossnwa.org |
| **Website:** [www.redcross.org](http://www.redcross.org) | **Fees:** Vary By Service |
| **Services Provided**:   * Military Outreach * Disaster Response and Prevention * CPR and First Aid Classes * Health and Safety Precautions * Disaster Mental Health Program * Swimming Classes * Babysitting Classes * Youth Disaster Action Team * Volunteer teams go out to emergency sites for disaster relief * Preparing families to deal with potential disasters | |

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| **Name of Organization/Agency**: ARVAC | |
| https://scontent-dfw1-1.xx.fbcdn.net/hphotos-xft1/v/t1.0-9/11403260_1025485377485360_1738319095353297674_n.jpg?oh=4ebdc6b49b21963b9e0f46950d00abc5&oe=56151410 | |
| **Address:** 613 North 5th Street  Dardanelle, AR 72834 | **Hours:** Monday- Friday 8:00-4:30 |
| **Phone:** 479-229-4861 | |
| **Contact Person**: Stephanie Ellis | **Email:** [sellis@arvacinc.org](mailto:sellis@arvacinc.org) |
| **Website:** [www.arvacinc.org](http://www.arvacinc.org) | **Fees:** Vary By Service |
| **Services Provided**:   * Home Energy Assistance (Utilities) * Crisis Intervention Program * Home to Own Program * ARVAC Garden Project * Emergency Food Assistance * Social Security Representative Payee * EF&A Programs- assist families who are threatened with foreclosure or may be evicted because of past due rent and/or utilities * ARVAC Food Bank | |

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| **Name of Organization/Agency**: Big Brothers, Big Sisters | |
| http://aicontent.agentinsight.net/f/content/253/c17b2da9da614f4f9123df2f551aa115/600x450.jpg | |
| **Address:** Crawford Elem  1116 N. Parker Rd  Russellville, AR 72811 | **Hours:** Monday- Friday 9:00-5:00 |
| **Phone:** 479-968-5525 | |
| **Contact Person**: C. Sain | **Email:** csain@bbbsca.org |
| **Website:** [www.bbbs.org](http://www.bbbs.org) | **Fees:** None |
| **Services Provided**:   * One-on-One mentoring for at-risk children and teens * Community and school based services * Children matched with a caring adult volunteer who will serve as their mentor through professionally supported programs * Accepts school counselor and teacher referrals | |

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| **Name of Organization/Agency**: Boys and Girls Club of America | |
| Image result for russellville ar boys and girls club | |
| **Address:** 600 East 16th Street  Russellville, AR 72801 | **Hours:** Monday-Friday  During School: 3:00-7:00  Summer Day Camp: 7:00-55:30  Summer: 12:00-6:00 |
| **Phone:** 479-968-7819 | **Fax:** 479-968-8176 |
| **Contact Person**: Lyle Manning | |
| **Website:** <http://www.bgcarv.org/> | **Fees:** Summer Programs $10 or $70 every two weeks |
| **Services Provided**:   * Character and Leadership * Sports and Fitness * The Arts * Health and Life Skills * Education and Career * Special Initiatives Program | |

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| **Name of Organization/Agency**: Counseling Associates | |
| http://www.caiinc.org/newimages/photos/skylineclinic.jpg | |
| **Address:** 110 Skyline Drive  Russellville, AR 72801 | **Hours:** Monday-Friday 8:00-4:30 or by evening appointment |
| **Phone:** 479-968-1298  24-Hour Crisis Line: 800-844-2066 | **Fax:** 479-968-6053 |
| **Contact Person**: Tessa Riffell | |
| **Website:** <http://www.caiinc.org/pope.htm> | **Fees:** Vary by Service |
| **Services Provided**:   * Individual, Family, and Marital Counseling * Psychiatric Services * Medication Management * CHOICE Children's Programs * Case Management * Substance Abuse Services * Crisis Response * School-Based Services * DWI/DUI Educational Classes * Therapeutic Foster Care Program * Information Technology * Information Systems | |

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| **Name of Organization/Agency**: Court Appointed Special Advocates (CASA) of the 5th Judicial District | |
| C:\Users\Sarah\Documents\Graduate School\COUN 6253-  Career Development and Academic Advising\download.jpeg | |
| **Address:** PO Box 1213  Russellville, AR 72811 | **Hours:** Monday-Friday 8:00-5:00 |
| **Phone:** 479-880 1195 | **Fax:** 479-880-0163 |
| **Contact Person**: Genney Baker | **Email:** casa5gb@suddenlinkmail.com |
| **Website:** [www.arkansascasa.net](http://www.arkansascasa.net) | **Fees:** Free |
| **Services Provided**:   * Monitor and care of abused and neglected children in the custody of the state * Monitor court ordered services * Appear in court at each hearing with a report of recommendations for the child’s welfare * Research the background of children to help the court make informed decisions about placement * Identify needed services and resources for children * Make sure the child’s voice and opinion gets heard in court * Explain to the child details of what is happening in the court setting | |

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| **Name of Organization/Agency**: Department of Human Services (DHS) | |
| Pope | |
| **Address:** 701 North Denver  Russellville, AR 72801 | **Hours:** Monday-Friday 8:00-4:30 |
| **Phone:** 479-968-5596 | **Fax:** 479-968-2102 |
| **Contact Person**: Jolayne Coffman | **Email:** jolayne.coffman@dhs.arkansas.gov |
| **Website:** <http://humanservices.arkansas.gov/Pages/DHSofficeDetail.aspx?show=Pope> | **Fees:** Vary by Service |
| **Services Provided**:   * SNAP- Supplemental nutrition assistance program * AR Kids insurance * TEFRA- children with disabilities * Family planning program * Earned income tax credit * Medicaid/Medicare * Daycare applications * Welfare to Work Program * TEA-Transitional Employment Assistance * Arkansas Health Care Access * Employment and Training Program * Connect Care | |

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| **Name of Organization/Agency**: First United Methodist Church Manna House | |
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| **Address:** 304 South Commerce  Russellville, AR 72801 | **Hours:**  Monday – Thursday  10:00– 12:00 Wednesday Evening  6:00 – 7:00 |
| **Phone:** 479-968-1232 | |
| **Contact Person**: Terri Kulbeth | **Email:** tkulbeth@fumcrsvl.org |
| **Website:** [**http://www.fumcrsvl.org/ministries/mission\_outreach/manna\_house/**](http://www.fumcrsvl.org/ministries/mission_outreach/manna_house/) | **Fees:** None |
| **Services Provided**:   * Provides food and toiletries to approximately 3,000 people in Pope and Yell counties each month * People are allowed to get food 1 time a week for up to 10 weeks. * Mission was started as a temporary service to help people in need get back on their feet. * No eligibility proof or proof of income necessary. Must show a photo I.D. and utility bill to prove residency in Pope or Yell county. * Serves people in transit | |

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| **Name of Organization/Agency**: Friendship Community Care, Inc. | |
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| **Address:** 920 North University  Russellville, AR 72802 | **Hours:** Monday – Friday 8:00-5:00 |
| **Phone:** 479-967-2322 | **Fax:** 479-967-2876 |
| **Contact Person**: Angela Traweek | |
| **Website:** [www.fccare.org](http://www.fccare.org) | **Fees:** Vary by Service |
| **Services Provided**:   * Adult systems of care * Pediatric services * Residential services * Senior services * Transportation services * Vocational services * Therapeutic services * Behavioral intervention programs | |

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| **Name of Organization/Agency**: Help Network, Inc. | |
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| **Address:** 312 S. Boulder Avenue  Russellville, AR 72801 | **Hours:** Monday, Tuesday & Thursday  9:00-4:00  Lunch 1:15 – 2:15 |
| **Phone:** 479-967-7890 | **Fax:** 479-967-9891 |
| **Contact Person**: Ed Seay | **Email:** eseay@helpnetworkinc.net |
| **Website:** [www.helpnetworkinc.net](http://www.helpnetworkinc.net) | **Fees:** None |
| **Services Provided**:   * Emergency Financial Assistance with: utilities, rent, lodging, prescriptions, gasoline * Needs are met through vouchers * Offer assistance and encourage clients to live with self-sufficiency * Ask that clients pay portions of their own bills to keep accountable * Not a service to enable clients to live in the same situations they have been in * Each client is interviewed and needs are assessed. Assistance is given based on individual needs. | |

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| **Name of Organization/Agency**: Main Street Mission | |
| http://s3-media4.fl.yelpcdn.com/bphoto/rG1E5sSnAsu3G4V3fhA_MQ/ls.jpg | |
| **Address:** 1110 East 2nd Street  Russellville, AR 72801 | **Hours:**  **Office Hours** Monday-Friday 9:00 am – 1:30 pm  **Meal Schedule** Monday – Friday Breakfast 8:30 – 9:30 am Lunch 11:00 am – 1:30 pm  **Food Boxes Prepared and Distributed** Every other Wednesday Summer Hours 8:00 am – 9:00am Winter Hours 9:00am – 10:am |
| **Phone:** 479-968-8303 | **Fax:** 479-890-5468 |
| **Contact Person**: Raul Torres | |
| **Website:** [www.mainstreetmission.org](http://www.mainstreetmission.org) | **Fees:** Free |
| **Services Provided**:   * Food boxes every other Wednesday. Patrons must attend chapel service before getting food. * Monday and Friday- clothing, household items, shoes, furniture- people can shop 1 time every 6 months * 2 meals a day in kitchen * Christmas Wish- parents write a letter and the community adopts families * 3 families live in FEMA trailers. Preference given to people with children. | |

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| **Name of Organization/Agency**: Perspectives Behavioral Health Management | |
| E:\DCIM\101MSDCF\DSC00456.JPG | |
| **Address:** 1305 East Main Street  Russellville, AR 72801 | **Hours:** Day Treatment 9:00-3:00  Office: Monday-Friday 8:00-5:00 |
| **Phone:** 479-967-5656 | **Fax:** 479-967-5660 |
| **Contact Person**: Hollie Clark | **Email:** info@pbhm.com |
| **Website:** [www.pbhm.com](http://www.pbhm.com) | **Fees:** Medicaid or Self-Pay |
| **Services Provided**:   * Individual and Family Counseling for adults and children 5+ * Day Treatment K-12 grades. Students get 2 hours of school with a certified teacher and the rest counseling services * MHP and MHPP for on-site interventions * Psychiatrist for medications * Intakes * Collateral interventions * Psychological testing * Licensed Professional Counselors and Case Managers on staff | |

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| **Name of Organization/Agency**: Pope County Health Department | |
| Pope County Health Unit - Russellville | |
| **Address:** 203 Weir Road  Russellville, AR 72802 | **Hours:** Monday-Friday 8:00-4:30 |
| **Phone:** 479-968-6400 | **Fax:** 479-964-0928 |
| **Contact Person**: Pam Sellers | |
| **Website:** <http://www.healthy.arkansas.gov> | **Fees:** Vary by Service |
| **Services Provided**:  **Community Services**  Communicable Disease Investigation and Intervention  Hometown Health Improvement  Voter Registration  **Environmental Health**  Food Protection  General Sanitation  Private Well Water Sampling  Rabies  Septic Tanks  Swimming Pools  West-Nile Virus Surveillance  **Family Planning**  Pregnancy Testing  **HIV/Sexually Transmitted Diseases**  Counseling, testing and treatment  **Immunizations**  Adolescent 7-18 years  Adult Vaccines age 19 and up  Children: 0-6  **Maternity**  Breastfeeding  Prenatal Care  Private Option enrollment assistance  **Public Health Preparedness**  Public Health Preparedness  **TB Program**  Preventative Treatment  Treatment  **Vital Records**  Birth Certificates  Death Certificates  **WIC**  Breastfeeding Peer Counseling/ Breast Pumps  Nutrition Counseling  **Women’s Health**  BreastCare | |

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| **Name of Organization/Agency**: Pope County Literacy Council | |
| Image result for gardner junior high russellville ar | |
| **Address:** 1000 South Arkansas  Russellville, AR 72801 | **Hours:** Monday-Friday 9:00-12:00 and 1:00-4:30 |
| **Phone:** 479-967-7323 | **Fax:** 479-967-7323 |
| **Contact Person**: Jennifer Merkey | **Email:** info@popecoliteracy.com |
| **Website:** <http://popecoliteracy.org/Home.html> | **Fees:** None |
| **Services Provided**:   * 1-1 basic literacy tutoring for students with minimal reading capabilities * Computer and financial courses * Small group study sessions * English as a Second Language classes- reading, writing, speaking skills * Refer to community services- AR Rehabilitations, Manna House, Counseling Associates, Main Street Mission * Work with Adult Education Center and Russellville School District Alternative Learning to help students get their GED | |

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| **Name of Organization/Agency**: River Valley Christian Clinic | |
| Image result for river valley christian clinic dardanelle ar | |
| **Address:** 1714 State Highway 22  Dardanelle, AR 72834 | **Hours:** Office Hours: Monday-Friday 9:00-3:00  Clinic Hours: Begin at 6:00 P.M. on the 1st and 3rd Thursday of each month |
| **Phone:** 479-229-2566 | **Fax:** 479-229-1021 |
| **Contact Person**: Dr. James Carter | **Email:** rvccadmin@gmail.com |
| **Website:** <http://www.rvchristianclinic.org/> | **Fees:** None |
| **Services Provided**:   * Medical, dental, and optical care * Prescriptions * Physical Therapy * Physician evaluation and treatment * Routine lab and x-ray exams * Diabetic clinic and counseling * Education classes * Weight loss and diet classes * Smoking cessation classes * Support groups * Financial counseling * Social service counseling * Volunteers provide all services | |

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| **Name of Organization/Agency**: River Valley Shelter for Battered Women and Children | |
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| **Address:** P.O. Box 2066  Russellville, AR 72811 | **Hours:** 24/7 |
| **Phone:** 479-968-3110 | **Fax:** 479-968-6320 |
| **Contact Person**: Jannie Condley | **Email:** [info@rivervalleyshelter.org](mailto:info@rivervalleyshelter.org) |
| **Website:** [www.rivervalleyshelter.org](http://www.rivervalleyshelter.org) | **Fees:** None |
| **Services Provided**:   * Free emergency shelter (90 days) * Food/medical care * Clothing vouchers (thrift store) * 24 hour crisis phone line * Court advocacy * Bilingual services * Get clients on a housing list * Financial assistance * Food stamps * Volunteers keep the center running * Grants, thrift store, and donations fund the shelter * Help with getting a GED * Childcare vouchers * Help obtain orders of protection * Child support group * Counseling and self-esteem classes * Motivational instruction * Classes on how to prepare a resume, parenting, financial management | |

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| **Name of Organization/Agency**: River Valley United Way | |
| E:\DCIM\101MSDCF\DSC00459.JPG | |
| **Address:** 310 North Boston Place  Russellville, AR 72811-0636 | **Hours:** Monday-Friday 8:00-4:30 |
| **Phone:** 479-968-5089 | **Fax:** 479-968-5089 |
| **Contact Person**: Beth Latham | **Email:** blatham@rivervalleyunitedway.org |
| **Website:** [www.rivervalleyunitedway.org](http://www.rivervalleyunitedway.org) | **Fees:** Vary by Service |
| **Services Provided**:   * Education helping children and youth achieve their potential * Income: promoting financial stability and independence * Health: improving health for all through education and preventative care * Homeless prevention * Rapid re-housing and relocating services for the homeless * Rental and moving cost assistance * Credit counseling * After school mentoring for at-risk youth * Case management services * Rehabilitation training * Job training * Speech, occupational, and physical therapy * Stuff the Bus school supplies * Prevent high school dropouts * Help with utility bills, security, and utility deposits * Access to critical health services * Advocates for children to enter school ready to succeed, read proficiently by grade 4, and graduate from high school on time | |

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| **Name of Organization/Agency**: Salvation Army | |
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| **Address:** 1004 Weir Road  Russellville, AR 72801 | **Hours:** Monday 1:00-3:00  Tuesday-Thursday 9:00-3:00  Friday 9:00-12:00 |
| **Phone:** 479-968-4369 | **Fax:** 479-968-4122 |
| **Contact Person**: Warren and Cynthia Jones | **Email:** rsvlss@yahoo.com |
| **Website:** <http://salvationarmyaok.org/russellville/> | **Fees:** None |
| **Services Provided**:   * Clothing vouchers * Food boxes * Funding for lodging * Children’s camp * Christmas Angel Tree * Summer Food for Kids * Thanksgiving Baskets * Furniture vouchers for those who have lost their home in a fire | |

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| **Name of Organization/Agency**: Sharing and Caring | |
| https://scontent-dfw1-1.xx.fbcdn.net/hphotos-xpf1/v/t1.0-9/227460_196881393779278_270087099_n.jpg?oh=61f1e2a52eb941b7b3222db311f9c603&oe=5620DC3C | |
| **Address:** 107 State Street  Dardanelle, AR 72834 | **Hours:** Monday, Wednesday, Friday 8:30-11:30 A.M. |
| **Phone:** 479-229-1220 | |
| **Contact Person**: Shirley and Lawrence Vaughn | |
| **Website:** <https://www.facebook.com/SharingAndCaringFoodPantry> | **Fees:** Free for those who qualify |
| **Services Provided**:   * Food pantry * Ensure- Nutritional supplement for cancer patients * Household items and toiletries when available * Clothing when available * 1 visit per month and 3 visits per year | |

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| **Name of Organization/Agency**: Victim Assistance Program | |
| C:\Users\Sarah\Documents\Graduate School\COUN 6253-  Career Development and Academic Advising\download.jpeg | |
| **Address:** PO Box 3080  Russellville, AR 72811 | **Hours:** Monday-Friday 8:00-5:00 |
| **Phone:** 479-968-8600 | **Fax:** 479-967-1086 |
| **Contact Person**: Samantha Whitten | |
| **Fees:** Vary by Service | |
| **Services Provided**:   * Assisting crime victims to help them understand what is happening in court * Assisting victims in applying for compensation from the Crime Victims Reparation Board * Specialized approach for child victims * Assisting victims in filing protection orders * Making victims comfortable in court * Keeping contact with the victim during the trial process * Emotional and moral support to crime victims during court proceedings * Referring victims to counseling services, mental or substance treatment, or support groups * Transportation to court hearings * Assistance with employer or school in getting excused absences to honor a subpoena | |

**Reflection**

While completing this assignment I was absolutely amazed that there are so many resources available to help the community of Russellville. As stated before, there is such a diverse socioeconomic population in Russellville. It warms my heart to know that those families and individuals who are considered “well off” are willing to bless others who may not be as fortunate. It is nice to know that I can have a solution at hand for my students whom need assistance.

This whole assignment allowed me to create a resource notebook that is very relevant to my role as a school counselor in Russellville. It is a relief that when a student or his/her family comes in for assistance that I won’t have to go searching for a resource. It will all be in one place. I also like the idea of posting these resources on the school website to accommodate those families who are too embarrassed to ask for assistance, but truly need it. All of this work ties directly to standard section 8 of the Arkansas School Counseling Standards. This resource notebook allows me to advocate for my students and their families through collaboration and consultation.