

Wellness Committee Meeting
Tuesday, January 31, 2017
Minutes

The committee meeting began by appointing Jeanne Smith as the district wellness coordinator.

Paulette Crawford provided a list of the wellness committee members from the August 30, 2016 meeting.

Steve Breedlove	Chairman
Todd Coogan	Vice Chairman
Tonia Smith	Secretary
Ananda Martin	Parent
Hannah McDonald	Student (Sophomore)
Dorene Tapley	Community Member
Lauren Frost	Community Member
Edd Puckett	Board Member

Jeanne Smith provided a document from the Arkansas Department of Education Child Nutrition Unit that outlined the responsibilities of the Wellness Committee. She discussed the district wellness policy that is included in the Mena School Board Policies and reported that Policy 5.29 could possibly be updated this spring. Paulette Crawford shared the local policies developed in previous Wellness meetings.

The reporting requirements for the Arkansas Consolidated School Improvement Plan (ACSIP) were discussed next. Paulette Crawford presented the checklist of items the wellness committee should complete annually. The data that was collected by the wellness committee was entered into the ACSIP document. For the 2017-2018 school year, all wellness data will be entered by a new online program. Jeanne Smith gave each principal a copy of the login information for the site.

The committee discussed the School Health Index (SHI) modules and determined that the following modules would be completed before the next meeting in April.

Module 1	Health and Safety Policies and Environment
Module 2	Health Education
Module 3	Physical Education
Module 4	Nutrition Services
Module 8	Family and Community Involvement

Several options were discussed for ways to complete the five modules. Jimma Holder suggested creating google docs for the modules and completing the surveys online. The faculty at each school will be divided into committees to complete the modules.

Jeanne Smith suggested a timeline for guiding the work of the Wellness Committee.

September	Prepare the ACSIP report from the previous year's data and use it for the annual Report to the Public.
December	Complete SHI modules 1, 2, and 3.
February	Complete SHI modules 4 and 8.
May	Evaluate Wellness goals using BMI results.

Paulette Crawford suggested setting the date for the next Wellness Committee meeting. The members agreed to schedule a meeting in April.