

# The Cardinal News

PO Box 105  
Lingleville, TX 76461

January 2020  
Volume 2, Issue 2

## Upcoming Dates

### **Early Dismissals:**

Friday, February 14, 1:00 pm

### **Bad Weather Day:**

April 10th

May 25th

### **Summer Reading:**

Book drive. See details inside

### **Elementary Field Day**

Friday, March 6, 2020

### **Spring Break:**

March 9th—March 13th

### **Law Enforcement Appreciation Day:**

January 9, 2020

### **End of Six-Week Assembly:**

January 10th

February 21st

April 17th

### **Lingleville Masonic Lodge “Fantastic Tooth” for 1st Graders:**

January 16, 2020 @ 1:30

### **Book Fair:**

January 20th - 24th

### **Texas Military Heroes Day:**

February 2, 2020

### **Pictures; Spring, Class & Seniors:**

February 27, 2020

### **Box Tops for Education:**

Collection Dates -

February 14th

April 10th

May 22nd

### **Six-Weeks Begins:**

February 17, 2020

April 13, 2020

### **National Nutrition Month:**

March 2020

### **LISD School Board Meetings**

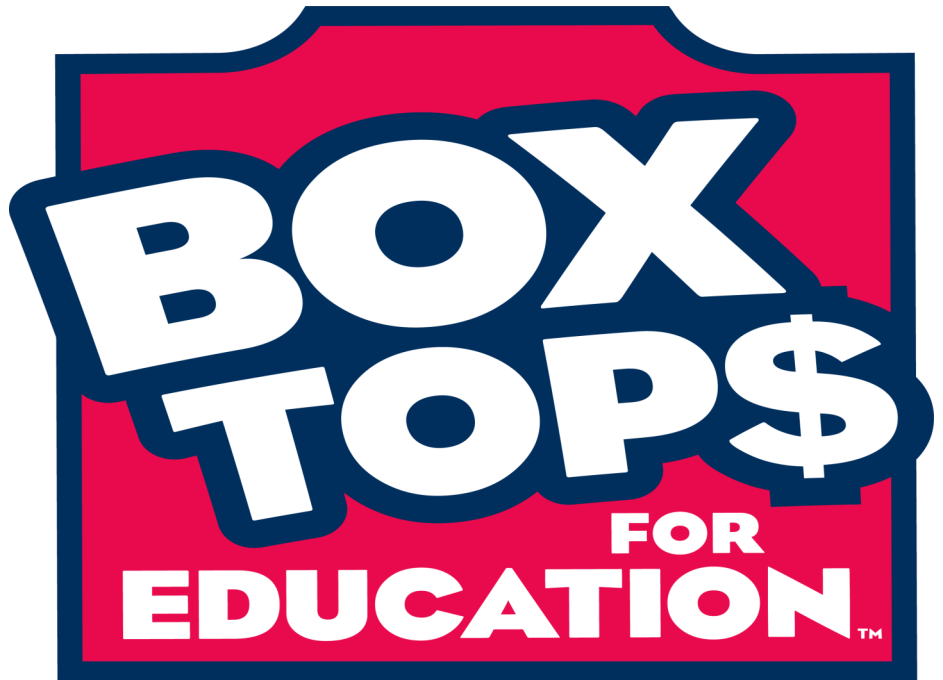
Meets monthly on the 2nd  
Thursday in the LISD Library

**Lingleville ISD PTO meets monthly on the THIRD Thursday  
in the LISD Library.**



The PreK class had a 98% attendance for the 2nd six weeks and 99% attendance for the 3rd six weeks! They earned 3 free periods for their awesome attendance record!

**WAY TO GO PRE-K**



## **THE NEXT GENERATION OF BOX TOPS IS HERE.**

Box Tops is changing to fit today's families. The new and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipts, find participating products and instantly add Box Tops to your school's earnings online.

Find the Box Top app on App Store or Google Play.

Traditional Box Tops clips are being phased out of production, but may continue to be found on many products through the store. You can still clip and send to school. The class who collects the most clipped Box Tops for Education coupons for the year will be treated to a pizza party!

For more information contact Box Tops Coordinator:  
Mrs. Wallace or visit the Box Tops web site  
[www.boxtops4education.com](http://www.boxtops4education.com)



# LEAD

## Learn Earn Achieve & Do Scholarship

Annually, LEAD awards a scholarship to a graduating senior at LISD. These scholarships are funded by community donors in memory or honor of loved ones.

**Thank you to our donors.**

If you would like to donate towards the LEAD scholarship, donations can be mailed to:  
ATTN LEAD, PO Box 134, Lingleville, TX 76461.

### PTO Officer Emails

**President** - Emily Martin Howle - [lisdpto@gmail.com](mailto:lisdpto@gmail.com) • **Vice President** - Sonya Koke - [lisdptovp@gmail.com](mailto:lisdptovp@gmail.com)

**Secretary** - Theresa Crews - [lisdptosecretary@gmail.com](mailto:lisdptosecretary@gmail.com) • **Treasurer** - Paula Hibbitts - [lisdptotreasurer@gmail.com](mailto:lisdptotreasurer@gmail.com)

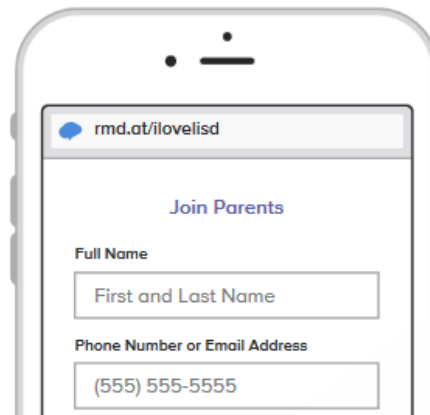
LISD PTO would like you to join Parents!  remind

- A** If you have a smartphone,  
get push notifications.

On your iPhone or Android phone,  
open your web browser and go to  
the following link:

[rmd.at/ilovelisd](http://rmd.at/ilovelisd)

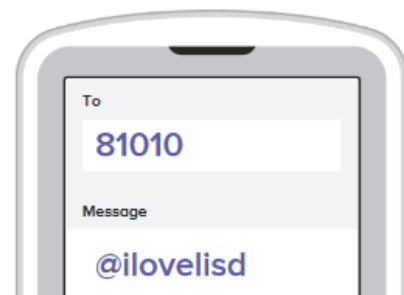
Follow the instructions to sign up  
for Remind. You'll be prompted to  
download the mobile app.



- B** If you **don't** have a smartphone,  
get text notifications.

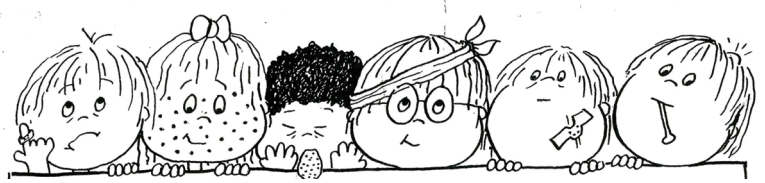
Text the message [@ilovelisd](https://www.remind.com/help/faq#text) to the  
number 81010.

If you're having trouble with 81010, try  
texting [@ilovelisd](https://www.remind.com/help/faq#text) to (469) 208-5843.



**Parents (*En Espanol*) - Text [@lisdesp](https://www.remind.com/help/faq#text) to 81010**

# From the Nurse's Office



From Jeanie Faught, RN:

Hand-washing is vital in preventing the spread of contagious diseases. The following items are from a newsletter written by the Pediatric Nurse Practitioner who takes care of our students in Telemedicine Visits with Cook Children's.

## How germs get onto hands and make people sick

Feces (poop) from people or animals is an important source of germs like Salmonella, E. coli O157, and norovirus that cause diarrhea, and it can spread some respiratory infections like adenovirus and hand-foot-mouth disease. These kinds of germs can get onto hands after people use the toilet or change a diaper, but also in less obvious ways, like after handling raw meats that have invisible amounts of animal poop on them. A single gram of human feces—which is about the weight of a paper clip—can contain one trillion germs <sup>1</sup>. Germs can also get onto hands if people touch any object that has germs on it because someone coughed or sneezed on it or was touched by some other contaminated object. When these germs get onto hands and are not washed off, they can be passed from person to person and make people sick.

## Washing hands prevents illnesses and spread of infections to others

Handwashing with soap removes germs from hands. This helps prevent infections because:

People frequently touch their eyes, nose, and mouth without even realizing it. Germs can get into the body through the eyes, nose and mouth and make us sick.

Germs from unwashed hands can get into foods and drinks while people prepare or consume them. Germs can multiply in some types of foods or drinks, under certain conditions, and make people sick.

Germs from unwashed hands can be transferred to other objects, like handrails, table tops, or toys, and then transferred to another person's hands.

Removing germs through handwashing therefore helps prevent diarrhea and respiratory infections and may even help prevent skin and eye infections.

Teaching people about handwashing helps them and their communities stay healthy. Handwashing education in the community:

Reduces the number of people who get sick with diarrhea by 23-40%

Reduces diarrheal illness in people with weakened immune systems by 58%

Reduces respiratory illnesses, like colds, in the general population by 16-21%

Reduces absenteeism due to gastrointestinal illness in schoolchildren by 29-57%

## Not washing hands harms children around the world

About 1.8 million children under the age of 5 die each year from diarrheal diseases and pneumonia, the top two killers of young children around the world. Handwashing with soap could protect about 1 out of every 3 young children who get sick with diarrhea and almost 1 out of 5 young children with respiratory infections like pneumonia. Washing hands with soap removes germs effectively. Handwashing education and access to soap in schools can help improve attendance. Good handwashing early in life may help improve child development in some settings.

## Handwashing helps battle the rise in antibiotic resistance

Preventing sickness reduces the amount of antibiotics people use and the likelihood that antibiotic resistance will develop. Handwashing can prevent about 30% of diarrhea-related sicknesses and about 20% of respiratory infections (e.g., colds). Antibiotics often are prescribed unnecessarily for these health issues. Reducing the number of these infections by washing hands frequently helps prevent the overuse of antibiotics—the single most important factor leading to antibiotic resistance around the world. Handwashing can also prevent people from getting sick with germs that are already resistant to antibiotics and that can be difficult to treat.

<https://www.cdc.gov/handwashing/why-handwashing.html>

<https://www.cdc.gov/handwashing/pdf/wash-your-hands-fact-sheet-508.pdf>

# Elementary U.I.L. Competition

The following students represented Lingleville well and did an amazing job!

## 3rd grade:

- J. Smith placed 5th in Chess
- L. Willman placed 6th in Oral Reading
- M. Metsgar place 4th in Ready Writing

## 4th grade:

- M. Whitefield placed 4th in Spelling
- M. Whitefield, B. James, and V. Patino placed 2nd in team Spelling.

## 5th grade:

- M. Luttrell and R. Moore placed 1st in Dictionary Skills.
- S. Coburn placed 4th in Dictionary Skills.
- M. Luttrell, R. Moore, and S. Coburn placed 1st in team Dictionary Skills.
- A. PonceDeLeon placed 1st in Listening
- A. PonceDeLeon A. Flores, and S. Coburn placed 2nd in team Listening.
- E. Whitaker placed 5th in Maps, Graphs, and Charts.
- K. Cole placed 6th in Oral Reading.
- A. PonceDeLeon placed 4th in Social Studies.
- E. Whitaker placed 5th in Social Studies.
- Z. Zint placed 6th in Social Studies.
- A. PonceDeLeon, E. Whitaker, and Z. Zint placed 2nd in team Social Studies.
- K. Cole placed 1st in Spelling.
- S. Hudson placed 4th in Spelling.
- M. Luttrell placed 6th in Spelling.
- K. Cole, S. Hudson, and M. Luttrell placed 1st in team Spelling.



**Mark your calendar**

**Elementary Field Day**

**Friday, March 6, 2020 –LISD Campus**

**PTO Event Chair Theresa Crews**

# Junior High U.I.L. Competition



On December 12, 2019, the students in grades six through eight competed in the U.I.L. academic meet in Rising Star. Many students and teams placed in their events, and we are very proud of their efforts, and for the efforts of their coaches. Overall, Lingleville placed third out of the eight schools who competed. It is especially worth mentioning that our seventh grade earned more points than any other school's seventh grade, placing them first in their grade level. Our teams earned a total of ten first place medals, and seven students earned a first place medal individually. Our outstanding UIL student this year was seventh grader J. Waterlander, who personally earned a total of 76 points and six medals! We look forward to watching these students in the years to come!

## LINGLEVILLE ATHLETIC BOOSTER CLUB



Jr. High Basketball Tournament

January 16th/3:30 and 18th/all day

If you are interested in helping with the concession stand please contact Armandina Vazquez or Rhonda Bays

## Summer Reading



Ms. Elaine Carpenter is having a second annual book give away in May of 2020, just before summer break. Many students were able to select several books for summer reading.

These books are donated by wonderful individuals like you.

Ms. Carpenter is collecting donated books once again.

If you are interested in donating books for our students please start collecting them now.



# Student Nutrition

Meal menus are available at the school website:  
[www.lingleville.us](http://www.lingleville.us) - Lunchroom Information > Menus

## Meal Prices

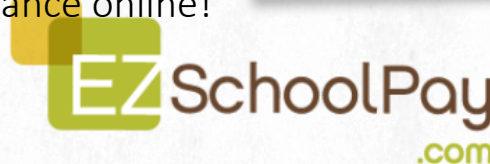
**Breakfast:**  
(served from 7:30 - 7:50)  
PreK thru 12th - \$1.60  
Staff - \$2.45  
Visitors - \$2.60

**Lunch:**  
PreK thru 5th - \$2.15  
6th thru 12th - \$3.00  
Staff - \$3.60  
Visitors - \$5.10

**Need to check your student's meal fund balance?**

Monitor your student's meal account balance online!

**\*\*NOTE**— Online meal payments are not available



## G.T. STUDENTS AND CHILD NUTRITION

Three of our GT students conducted an interview with the Child Nutrition Department. Their interview included questions about nutritional standards and requirements, as well as how adjustments are met for food allergies and dietary restrictions. The students took this information and created a menu using those same standards and requirements.



Their menu is featured on January 15th, which includes:

- \*Nachos Grande,
- \*Spanish Rice,
- \*Pinto Beans,
- \*Pineapple Chunks and
- \*Strawberry Milk.

*Tell me and I forget  
Teach me and I remember  
Involve me and I learn.*

*Benjamin Franklin*

A special THANK YOU to

*Quality*  
**PRINTING**

for their assistance with the  
publication of this newsletter.

If you would like to contribute information to The Cardinal News contact  
Paula Hibbitts - [lisdpto@gmail.com](mailto:lisdpto@gmail.com) - 254-968-2596

# Lingleville ISD's Happenings

## Lingleville Cheer



Cheer has had a very busy year cheering for our Cardinal Football team and now for our Cardinal Basketball!! We are gearing up for homecoming, mini cheer camp and tryouts for the next year. Be on the lookout for the homecoming theme, dress-up days and activities for the week!

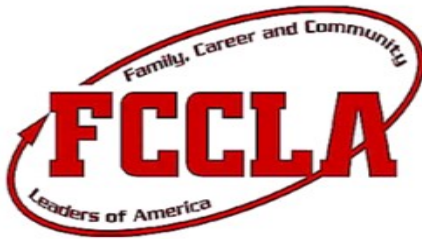
For information on the Lingleville Cheer Squad please contact Mrs. Lisa Haley and Mrs. Kelly Davis.



## Lingleville Girls Volleyball

### *Volleyball District:*

- Honorable Mention—J. Vandenberg, H. Miller, A. Rangel
- 2nd Team All District—I. Aikman and Z. Lopez
- 1st Team All District—J. Hicks and S. Rodriguez
- MVP—I. De Boer
- Coach of the Year—Mrs. Smith



The FCCLA Crew spent an afternoon over Christmas break playing card games and dominoes with the residents of Good Tree Assisted Living.

February 5th, FCCLA is traveling to the American Airlines Center for the annual Texas FCCLA Day with Dallas Mavericks. They will get to discover the educational backgrounds, philanthropic endeavors, and daily family and job responsibilities of executives working directly with the Mavericks in various leadership roles.

## A Word from Mrs. Alexa Garrison

This year's Christmas program was a huge success. The elementary staff and students worked hard to put on a performance that brought both laughter and joy to all.

A special shout out to Ms. Armandina and PTO for helping clear the stage for the performance, as well as Mrs. Tamayo and Ms. Carlisle for their beautiful decorations and set up. This new set up allowed a more visible program for all to see and enjoy.

The elementary would also like to give a special thanks to Mr. and Mrs. Wallace for allowing us to the use of their sound system for the duration of the week in preparation for the Christmas program.

As always, thank you to the PTO for the refreshments after the program. We hope you all enjoyed the production, and enjoy a wonderful new year!!



# Volunteers Needed

## Calling for Volunteers!

The PTO is looking for volunteers to get involved in all areas of the PTO. Below are the projects that are approved for the 2019-2020 school year.

FB Concession Stand

Student Art Exhibit

UIL Competition

LEAD

Classroom Library Project

Faculty/ Staff Appreciation

Career Day

Prom

PTO Support of FFA, FCCLA,

STAAR Test

BUG, GT

Field Day

Flag Project

Cinco de Mayo

Valentine's Day

Cardinal News

AR Program Awards

and who knows what else!

If you would like to volunteer contact Emily Martin Howle at 254-967-3451.

## HAVE INFORMATION FOR THE CARDINAL NEWS??

Email or contact Paula Hibbitts  
lisdpto@gmail.com

254-968-2596



**“I am only one,  
but still I am one.  
I cannot do everything,  
but still I can do something.”**

~ Edward Everett ~

