## **Hugoton High School**

## **2023 Summer Athletic Opportunities**

#### **SPS Strength & Conditioning**

Contact: Trey O'Neil Dates: June 5-July 27 Monday-Thursday 10th-12th Grade Boys - 6:00 a.m. HS Girls/9th Grade Boys - 7:00 a.m.

#### **HS Football Camp**

Contact: Jay Witt July 10-14 7:00-9:00 p.m. HS Practice Field

#### MS Volleyball Camp

Contact: Lisa Nelson or Kristen Howie June 19-22 9:00-10:30 a.m. West Gym

### **HS Volleyball Skills Sessions**

Contact: Kim Korf Sundays & Wednesdays June 4-July 16 HS: 8:00-10:00 p.m. West Gym

#### **HS Boys Basketball Team Camp**

May 30-June 1 9:00-11:00 a.m. West Gym

#### **HS Boys Basketball Pick-Up Games**

Tuesdays June 6-July 12 7:00 p.m. East Gym

#### **HS Boys Basketball Summer Practices**

June 7, 14, & 21 6:00 p.m. East Gym

#### **HS Boys Basketball Skill Work**

Mondays in June & Wednesdays in July June 5-July 12 10:00 a.m. East Gym

## HS Girls Basketball Open Gym/Skill Work

TBD

#### **HS Cross Country Camp**

Contact: Chase Hittle July 10-14 7:00-8:00 a.m. HS Track

#### **HS UCA Cheer Camp**

Contact: Paige Rawlings June 30-July 2 9:00 a.m.-4:00 p.m. Camp is at Deerfield HS

#### **HS Dance Camp**

Contact: Holly Grubbs August 8-10

Tmes: TBD Old HS Gym

## **Summer Moratorium - July 3-9. There shall be no school related activities.**

During this time coaches shall be prohibited from engaging in any type of activity involving student athletes whether it be practice, training, weight-lifting, conditioning, competition or travel.

All member school athletic facilities will be closed during this period to school personnel and students in grades 7-12.

# **Hugoton Middle School 2023 Summer Athletic Opportunities**

#### **SPS Strength & Conditioning**

Contact: Trey O'Neil Dates: June 5-July 27 Monday-Thursday 8th Grade Girls & Boys - 8:00 a.m. 7th Grade Girls & Boys - 9:00 a.m.

#### **MS Football Camp**

June 26-29 10:00 a.m.-12:00 p.m. MS Practice Field

#### MS Volleyball Camp

Contact: Lisa Nelson or Kristen Howie June 19-22 9:00-10:30 a.m. West Gym

#### MS Volleyball Skills Sessions

Contact: Kristen Howie Sundays & Wednesdays June 4-July 16 MS: 7:00-8:00 p.m. West Gym

#### MS Basketball Skill Work

Contact: C. J. Korf Tuesdays & Thursdays June 6-29

8th Grade: 9:00-10:00 a.m. 7th Grade: 10:00-11:00 a.m.

East Gvm

#### **MS Cross Country Camp**

Contact: Chase Hittle July 10-14 7:00-8:00 a.m. HS Track

#### **MS Cheer Camp**

Contact: Jennifer Burrows June 6-8 10:15 a.m.-12:00 p.m. HS Football Field

## Summer Moratorium - July 3-9. There shall be no school related activities.

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All member school athletic facilities will be closed during this period to school personnel and students in grades 7-12.