

2023 Du Quoin Middle School Fall Classic Cross Country Meet

(formerly pre-state -no affiliation with sijhsaa)

Saturday, September 30, 2023
Du Quoin State Fairgrounds
Du Quoin, IL

Large School

Coaches meeting at pavilion – 8:30am
Course walk around for all runners – 8:00am – 8:50am

You may enter only ONE team per race. **Please list ALL athletes who MAY run in their specific race. Changes to roster will NOT be made after close of registration.**

Enter athletes at athletic.net - <https://www.athletic.net/Help/CrossCountry.aspx?Meet=221965>

You may register 10, but only 7 may run varsity races. Open race maximum Register 10 -7 runners (7 boys-7 girls)

Varsity Boys	1.86M	9:00
Varsity Girls	1.86M	9:30
Open Boys	1.86M	10:00
Open Girls	1.86M	10:30

Small School

Coaches meeting at pavilion – 1:00 pm
Course walk around for all runners – 12:30 pm – 1:20 pm

You may enter only ONE team per race. **Please list ALL athletes who MAY run in their specific race. Changes to roster will NOT be made after close of registration.**

Enter athletes at athletic.net - <https://www.athletic.net/Help/CrossCountry.aspx?Meet=221964>

You may register 10, but only 7 may run varsity races. Open race maximum- Register 10- run 7 runners (7 boys-7 girls)

Varsity Boys	1.86M	1:30
Varsity Girls	1.86M	2:00
Open Boys	1.86M	2:30
Open Girls	1.86M	3:00

Awards

Team Awards: 1st, 2nd, and 3rd place plaques

Individual Awards: Medals for 1st – 25th each division

Entry Fees: \$50 per team/per school (ex. varsity boys & varsity girls = \$100). Open - \$7 per entry (max 7 boys/max 7 girls. Ex. 14 total open runners = \$98)

Please mail entry fees or bring day of race. Checks are payable to Du Quoin Middle School.

Race Info:

Race day packet and pre-ordered t-shirts (online order link will be provided at a later date) will be distributed morning of race in pavilion.

Please double check all bib numbers and names match for their specific race.

Chip timing by - championship24/7.

Live scoring link – will be provided by championship247.net

Concessions/Food Trucks will be available on site.

Parking Fee - \$5.00 per vehicle

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