

# Local and Regional Resources for Families



## Resources

- **About Special Kids (ASK):** <http://www.aboutspecialkids.org/> Indiana's Parent-to-Parent organization that works throughout the state to give support, answer questions and provide information and resources to families of children with special needs.
- **ARC of Indiana:** For People with Intellectual and Developmental Disabilities <https://www.arcind.org/>
- **Big Brothers Big Sisters:** Helping children through supported, one-to-one relationships. Locate an Agency in your area. One-to-one mentoring to better help kids.
  - **Central Indiana:** [www.bebigforkids.org](http://www.bebigforkids.org)
  - **South Central Indiana:** [www.bigslndiana.org](http://www.bigslndiana.org)
  - **Northeast Indiana:** [www.bbbsnei.org](http://www.bbbsnei.org)
  - **Southeast Indiana:** [www.bbbsse.org](http://www.bbbsse.org)
  - **Southwestern Indiana:** <https://www.mentoringkids.org>
  - **East Central Indiana:** <https://www.bbbseci.org>
- **Boys and Girls Clubs of America:** <https://bgca.org> Club locations in all 50 states. Promotes/Enhances Kid's Development.
- **Down Syndrome Indiana:** <http://www.dsindiana.org/> Indiana programs and services
- **Fathers and Families Center:** <https://fathersandfamiliescenter.org>
- **Hands in Autism Interdisciplinary Training and Resource Center:** <https://handsinautism.iupui.edu>
  - **Hands in Autism Quick Start for Caregivers and Families:** Information on trainings, workshops, webinars, etc. <https://handsinautism.iupui.edu/families.html#.Wxx6zopKhKA>
  - **Hands in Autism Local Community Cadres:** community networks of families and professionals invested in serving individuals affected by Autism Spectrum Disorder and other developmental disabilities <https://handsinautism.iupui.edu/lcc.html#.Wxx7hopKhKA>
- **Healthy Indiana Plan HIP:** <https://www.in.gov/fssa/hip/> For uninsured Hoosier adults between the ages of 19-64. Affordable health insurance programs.
- **Indiana Council of Community Mental Health Centers:** <https://indianacouncil.org/providers> The Indiana Council of Community Mental Health Centers (Indiana Council) is a nonprofit, professional trade association representing all certified community mental health providers across the state.

- **Indiana Institute on Disability and Community:** <https://www.iidc.indiana.edu/> *Information on programs and supports*
- **Indiana Resource Center for Autism:** <https://www.iidc.indiana.edu/pages/support> *Information on supports and programs*
- **IN-Source: Indiana Resource Center for families with Special Needs:** [www.insource.org](http://www.insource.org) *Special Education Parent Support*
- **MCH Mom's Helpline:** 1-844-MCH-MOMS (1-844-624-6667) <https://www.in.gov/isdh/21047.htm>