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January - February 2020

SOUTH LEWIS CENTRAL SCHOOL DISTRICT



NEWSLETTER



Featuring
the Middle
School and
the High
School



Capital Improvement Project Update

Construction Coming Soon!



Dear Parents, Residents, and Community Members:

Happy New Year and welcome to 2020! I hope that you all had a wonderful holiday season and that you are ready for a great year. It was nice to see many of you at the varied activities and school events throughout December. Our talented students who performed and our dedicated professionals who prepared them made us all proud to be South Lewis Falcons.

As 2020 gets underway you will soon see the start of our Capital Improvement Project. As you may recall, in October of 2018 the voters of South Lewis approved the construction of a new elementary school and renovations to our middle-high school campus. Over the past year many have spent a great deal of time in the design phase for our project. When you read this in January, we should have already received, or will be close to receiving, approval of our plans from the State Education Department (SED).

Once we have this approval from SED, our next step will be “bidding” the project. This will take place in January/February. Once we bid the project, the bids need to be approved/awarded by the South Lewis Board of Education. Once the BOE awards the bids, we will then be set to begin construction. We anticipate “shovels in the ground” in March or April.

Once this construction begins in March/April it will take approximately 18 months before completion. If all goes to plan and stays on schedule, our best date for a new school opening will be in September of 2021 for the 2021-22 school year. However, before we get to the Grand Opening there will be many hurdles to clear. Construction, while exciting and energizing, will also be frustrating and inconvenient at times.

Please be on the lookout for information regarding a Public Hearing on the Capital Improvement Project. Most likely in March we will have an evening session to update the public and community on the status, timeline, and phasing schedule of the work to be done. For those interested in learning about the design, construction schedule and/or any other area related to the new building and renovations, it will be an informative and helpful night.

Should you have any comments, questions, or concerns, please feel free to contact me at any time. Your involvement and feedback is valued and appreciated. May you all have a healthy and happy 2020!

Sincerely,

A handwritten signature in black ink, appearing to read "Douglas Premo".

Douglas Premo
Superintendent of Schools

Dear Parents, Residents and Members of the South Lewis Community:

I hope that you have all experienced a wonderful holiday season and were able to enjoy the coming of the new year with friends, family, and loved ones. The winter season is always one of my favorite times of the school year. Our band and chorus performed the annual holiday concert, and the winter sports seasons are in full swing. So, there are many wonderful sporting events taking place here on campus. Also, auditions for our school musical, “The Wedding Singer,” are complete, and preparations are well under way. We are all excited for another great performance in March from our talented performing arts department. Our coaches, directors, advisors, and, most importantly, our students all appreciate the tremendous community support for these events.

One thing that the winter season inherently brings to the north country, unfortunately, is inclement weather. I would like to take this opportunity to commend our transportation staff and bus drivers for the wonderful job they do getting our students to and from school safely each day. It is important for students to be at their bus stop a few minutes early as buses may be leaving the garage a little early to account for the poor road conditions. This means that buses may also be just a few minutes late dropping students off. But rest assured, we will get them home as quickly as possible. I remind you all that students should be prepared with proper winter attire. Please make sure students are wearing a winter coat and have hats and gloves, just in case there ever is a breakdown. I thank you all in advance for your continued understanding and cooperation during the winter months.

As we move into January, we will be preparing for the conclusion of our second marking period. Teachers will be working together with students to complete all assignments and finalize grades for the end of the first semester courses. Also, some students will be preparing for the January administration of Regents exams from January 21-24. Those students testing in January are typically re-taking exams for the purpose of raising a score or because they missed an exam in June. If your child is taking a Regents exam in January, they have been notified by their teacher or counselor and should be prepared to take that exam on the date specified. If you have any questions about the January administration of Regents exams, please contact the counseling office at your convenience.

On a final note, I have some exciting news about a change to the building that is well underway. Our current capital outlay mini project is to re-locate the High School Counseling office from its current location to some newly freed up classroom space in the Middle School gymnasium hallway. The new counseling suite will equip our counseling staff with all the resources necessary to provide our students with the best academic planning, career counseling, and social/emotional support to ensure their long-term success. We are all anticipating the relocation to take place sometime this spring.

As a former student, teacher, and now building principal, it brings great joy to me to be a part of the South Lewis family. Over the years, I have seen this community achieve many great things. With many more exciting changes coming to the district, I have a great deal of pride in being a part of the opportunities that South Lewis can provide to the students, parents and community members of the district.

As always, please feel to contact me if you ever have any questions. Have a wonderful rest of the winter season!

Chad Luther
High School Principal



High School English Department

Mrs. Delles, Dr. Alger, Mrs. McGuire and Mrs. Burke

The English Department is working to prepare students to be college and career ready. We are continuously working to implement the 1:1 technology initiative in our classrooms. All English teachers are using Google Docs, Google Classroom, and Common Lit as tools for student learning and success. These platforms allow students to access materials from home and to share writings for peer and teacher editing as well as to respond to literature and nonfiction. Further, in English 12, students are responding to questions posed online for a College “Blackboard” feel.

English 12 students participated in the Workforce Connections program organized by the Jefferson-Lewis BOCES and held at the Watertown Airport. Our seniors had the opportunity to interview with local and area businesses. In English, students spend time researching businesses, preparing cover letters and résumés, and participating in mock classroom interviews before attending the event. Many of our students received offers for internships, made connections for job shadowing opportunities, and found employment through the Workforce Connections experience.

In conjunction with career readiness, we continue to stress the importance of reading and writing, so familiar texts such as *The Crucible*, *Hamlet*, *Macbeth*, *The Great Gatsby*, *Fahrenheit 451*, *Oedipus the King*, and *Lord of the Flies* will be taught in English 9-12 classrooms as the year progresses. Being engaged with these texts allows students exposure to the literary canon. The universal themes presented in these works are ones that remain relatable to today’s society. We focus on in-depth analysis of the texts, with the goal being increased reading comprehension for each student. Currently, seniors are working on a digital storytelling project that goes along with ending Trevor Noah’s autobiography *Born A Crime*, and will be moving on to Elie Wiesel’s memoir *Night*. In English 11, students recently finished a mini-research paper on morality. The students read and annotated articles, drafted summaries based on the six articles, and then generated a formal paper in MLA format on the concept of morality. The eleventh grade classes are currently preparing to read the play, *A Raisin in the Sun*, by reading and discussing events from the 1950s and 1960s. Ninth and tenth grade students are also working to develop skills in researching and writing. Sophomores are working on developing argumentative research essays based on individually selected controversial issues. Freshmen are completing a research essay based on their reading of an excerpt from *Animals in Translation* by Temple Grandin.

As a department and as a school, we strive to offer our students the best educational opportunities possible. We continue to partner with both Jefferson Community College and Tompkins Cortland Community College, allowing our students the option to earn nine college credits in English as high school juniors and seniors. These credits have been readily transferable to colleges far and wide. The best part is that these courses are offered at no cost to our students. We are proud to continue to help our students develop the communication skills needed to take the next steps in life.

If you are looking for some cozy Falcon apparel, Freshmen are selling sweatpants, basketball shorts, joggers, and leggings for a Freshmen Class fundraiser. GO FALCONS!

Math Department



The South Lewis High School Mathematics Department has been enjoying the school year, filling the students' minds with mathematics knowledge. As we continue to strive to give students the best possible education, it continues to be a very exciting, yet stressful time for all, including teachers, students, and parents. We must continue to partner together for the success of our students.

We are looking to make some new and innovative changes to the course load for our high school mathematics students. Even though we have many state requirements, there is a new design for the mathematics sequences starting in the 2020-2021 school year. Please pay close attention to your student's scheduling appointment with the guidance department, as South Lewis will be offering several different avenues to achieve a Regents or Advanced Regents diploma, while continuing the availability to receive many college course credits.

A special note to parents

Amidst the myriad of assessments, curriculum changes, and technology additions, please try to alleviate your student's fears and concerns by letting them know that it still takes the same qualities to be a successful student. Students should be prepared for class, pay attention, complete assignments, and prepare for assessments. In addition, parents can help by making sure that students are prepared on a daily basis with the appropriate materials. Mathematics students should have a three-ring binder with dividers and writing utensils.





The Science Department is excited about the school year. We offer a multitude of courses that are sure to provide interesting answers when students are asked, "What did you do in school today?" Please don't accept, "Nothing." Undoubtedly, ideas were discussed, investigations were performed, and creativity was prospered.

In Earth Science, Mr. Lawry's classes are covering Earth's materials. We are currently looking at how to identify elements and isotopes that make all the various minerals on Earth. The mineral samples provided in the library have given us some very unique materials to look at, including an unnatural material that was first developed in Buffalo: Silicon Carbide. Students have enjoyed looking at its unique colors and shapes as well as how easily it can scratch a pane of glass. By far, the students' most readily identified minerals include the Mica family and Sulfur (perhaps you have noticed a funny smell).

The American Association of Chemistry Teachers and Rome Teacher's Federal Credit Union has provided the Earth Science and Chemistry departments with grant money to purchase a spectrophotometer, a Periodic Table that displays each elements spectral signatures as well as a diffraction grating that is attached to the school telescope, and software to explore the spectra of stars. When the skies are clear, Mr. Lawry will be scouring the skies looking for Type A stars to investigate and share with the students. The Chemistry students will be analyzing their own solutions for concentration comparability. We would like to send our thanks to AACT and the RTFCU for their generosity!

Living Environment classes are wrapping up our unit on Human Physiology and will soon be heading into the study of Reproduction. That leads to a natural transition into the topic of Genetics. Although students should be completing them at home, we are also learning through experience in our laboratory exercises. Perhaps most exciting of all is the hatching and raising of New York State's Official Fish - the Brook Trout. We began our efforts in early November and have so far been successful in hatching about 400 eggs in our trout system. Students will be checking water quality parameters and caring for the fish until they are released, under permit of the NYSDEC, in a local stream sometime in the spring. You are welcome to check out our progress by viewing the live "Trout Cam" accessible from Mr. Comet's Webpage at: <http://southlewis.schoolwires.net/Domain/186>

Regents Chemistry class has begun studying ionic and covalent bonding. In the coming weeks they will be attempting to solve the first "Who Killed Bones E. Jones" dilemma where they must compare chemical characteristics to find out which chemical destroyed his laboratory. Upcoming units of Solutions and Organic Chemistry are sure to make the school smell wonderfully.

College Physics class is completing the Forces unit and beginning study of Work, Power, and Energy unit by constructing bridges and developing a functioning model roller coaster. Please check the school web-site and various social media outlets to vote on your favorite creation. Due to a grant from AFCEA, we are able to use 3D Pens to make our imaginative designs come to life.

For ALL REGENTS SCIENCE courses, in addition to a daily lecture, students will be scheduled for two lab periods in the six-day cycle. As a prerequisite for admission to the Regents Examination, each student must have successfully completed 1200 minutes of laboratory experience with satisfactory written reports. IN ADDITION, Living Environment students must complete the mandatory labs that are given to us by the New York State Education Department to be admitted to the Regents Examination. Students must complete ALL laboratory experiences, even if they have satisfied the minimum 1200 minute laboratory requirement set forth by NYSED.

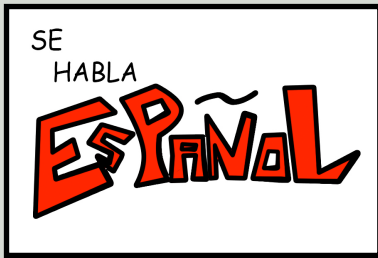
Social Studies

High School

Mr. Griffiths, Mr. Shannon, Mrs. Delles, Mr. Collins

Mr. Griffiths, Mr. Shannon and Mrs. Delles teach Global History and Geography 9 and 10. This is a two-year course that studies world history and culminates with a Regents exam in June of the student's sophomore year. These teachers will also be teaching sections of American History to juniors who are required to pass a Regents exam in June. Mr. Collins teaches two semester-long courses, Participatory Government and Economics. These courses do not require the student to take a Regents exam at the end of the course. The department offers, to qualified seniors, two college courses through Tompkins Cortland Community College and instructed by Mr. Collins. Additionally, every department member has been assigned to provide AIS social studies support services for the year. Many of our students who have demonstrated weaknesses in certain areas may receive more intensive individual or small group instruction.

Each member of the social studies department values the input of parents. Working in conjunction, we can positively impact the educational experience of each and every student. If you have questions regarding the social studies curriculum, test dates, strategies for success, or any issue, please contact us via our e-mail accounts. Telephone calls are important tools for keeping in touch, but e-mail allows for more frequent and timely contact. Our addresses are: [ecollins](mailto:ecollins@southlewis.org), [egriffiths](mailto:egriffiths@southlewis.org), [kdelles](mailto:kdelles@southlewis.org), and [dshannon](mailto:dshannon@southlewis.org) followed by @southlewis.org. We will work with you to provide the most successful experience possible for your child. If you have questions, concerns, or suggestions you can contact Mr. Collins, the department chair.



With Senorita Davidson and Señora Ellison

Español I - Señorita Davidson

Students are gradually developing the skills to read, write, speak and listen in Spanish. At this time, they are able to greet someone and have a basic conversation about themselves and their friends. They will soon be learning how to talk about their classes and school, as well as their family and home. It is possible that you've been hearing them sing some silly Spanish songs at home or during sports practice. We have been using a lot of music and story-telling this year to assist in developing our communication skills. Feel free to ask the students what they have learned!

Español II

Señora Ellison's Spanish II students started the year by studying sports and health. In the sports unit, students had the opportunity to do a presentation for their classmates on their favorite sport, and presented dialogues about a doctor visit during the health unit. We also practiced a little yoga in Spanish! Other topics this fall have included irregular verbs, past tense verbs, Mexican Independence Day, Día de los Muertos, and learning vocabulary to talk about US holidays such as Veteran's Day and Thanksgiving.

Español III

Students began the year with a review of Spanish I and II and then had their first full unit on traveling by train. As part of our food unit, students designed menus and voted on the best presentations in a "Top Chef" competition. At the end of this year, students will take a locally prepared exam that replaces the former Regents Exam. The format will be the same and the test will carry the same weight. Right now, we are focusing on a review of regular and irregular past tense verbs.

Español IV

We began the year with a unit on Mexico, and are currently finishing up a unit on Spain. For each region in the Spanish speaking world, we will study aspects of geography, history, politics, music, art, literature, sports, food and other aspects of culture.

Espanol V- SPA 221/222 (College Credit)

This is our sixth year offering Spanish V for college credit, and our second year offering the class through Tompkins Cortland Community College. Each student will earn six college credits by successfully completing the course. This course also provides students with the chance to receive the New York State Seal of Biliteracy. The seal appears on their diploma at graduation and signifies that students are able to read, write, and communicate fluently in two languages.



With Mrs. Vargo

Room 112 has been an active and productive location since the beginning of the school year! After a busy open house in September, we hosted a make your own trail mix activity in October during the Annual Fall Festival. Thanks to all the student volunteers and FCCLA members who assisted with the festival planning and cleanup.

Last semester students enrolled in Caring for Kids explored the five areas of development to get a better understanding of children and their behaviors at various ages and stages of life. Students also discovered the importance of good prenatal care. In December they put their working knowledge of child behavior to the test during a visit to a local daycare center to observe and interact with children of all ages and stages of development, ranging from infants to preschoolers. The semester ended with a number of hands-on activities to promote healthy child development such as creating a babysitting first aid kit and designing an age-appropriate, inexpensive toy.

Food Science students are having fun in the lab while developing important life skills including food safety and shopping on a budget. Students recently baked assorted snacks to donate to the B.A.T.S. after school program. Last semester we traveled to Behling's Orchard to learn more about the New York apple industry. Students enjoyed picking a number of apple varieties before turning them into delicious desserts. We've been applying the Scientific Method in the kitchen lab in attempts to solve problems related to food production, preparation, and preservation. In the new year we will shift gears and take a closer look at the six essential nutrients and the importance of a balanced diet. In April students will visit Morrisville State College to check out program offerings related to Food Science.



Coming this
March! The South
Lewis High School
Music Department
presents **The
Wedding Singer!**

Based on the 1998 hit film, starring Adam Sandler, *The Wedding Singer* takes us back to a time when hair was big, greed was good, collars were up and a wedding singer might just be the coolest guy in the room. *The Wedding Singer's* sparkling new score does for the '80s what *Hairspray* did for the '60s. Just say yes to the most romantic musical in 20 years.

It's 1985, and rock star wannabe, Robbie Hart, is New Jersey's favorite wedding singer. He's the life of the party until his own fiancée Linda leaves him at the altar. Shot through the heart, Robbie makes every wedding as disastrous as his own. Enter Julia, a winsome waitress who wins his affection. As luck would have it, Julia is about to be married to a Wall Street shark, and, unless Robbie can pull off the performance of a decade, the girl of his dreams will be gone forever.

Auditions were in December and we are very excited to see what this group of talented students does with this awesome show! Come have a totally tubular time with us on March 19-21, 2020.

The Wedding Singer Cast List

Robbie – Elijah Lohr
Sammy – Garrett Patterson
George – Harley Post
Glen – Trevor Griffith

Julia – Katie Vito
Holly – Sophia Sabatini
Rose – Iza Liendecker
Linda – Kayla Peterson
Angie – Meghan Brown

Ensemble- Grace Mear, Shaylagh Randall, Piper Pekarchik, Brooke Kraeger, Elanie Foster, Olivia Brown, Ashley Wright, Kaleb Burdick, Hunter Kent, Ethan Fitzgerald, Kelanie Edick, Dublin Moore, Aubree Domagala, Kendall Nemeth, Noah Edick, Mitchell Domagala, Allison Mooney, Taha Umer, and Aaliyah Williams.

Music Honors

In November, Lowville Academy hosted the Fall Bi-County Festival. The festival featured both the 5th and 6th grade and the High School Bi-County Choirs. Several of our talented students participated in this festival. Congratulations to Alison Becraft, Lana Whalen, Callie Brown and Elyse Siegrist who were part of the 5/6th grade choir and Izabelle Liendecker and Katie Vito who were part of the High School group. Katie auditioned and was featured for a solo in that concert.

Katie and Iza were also accepted into the more prestigious Area All State group that performed at Indian River later that month. Katie also was featured with a solo in that group.

In early December, Katie Vito headed to Rochester as part of the exclusive All State Conference Mixed choir. This choir is made from the best students in the state. Selection is based upon the previous year's NYSSMA solo (in which she received a perfect score of 100) and recommendations from her home music teacher and the adjudicator. Congratulations to Katie for all her hard work and accomplishments!



WINTER HEALTH SAFETY



Frostbite injures the skin and other tissues. Nearly 10,000 people in the U.S. are affected each year. The nose, cheeks, lips, ears, hands and feet are most vulnerable. If skin is red, numb, hard or pale, seek medical attention to prevent infection and damage.



Shoveling snow can cause several health concerns, from muscle strains to heart attack. To remove snow safely, use an ergonomic shovel, warm up, keep up with the snow as it falls, push the snow instead of throwing it, take breaks, keep hydrated, and use legs if you must lift.



Falls contribute to 40% of brain injuries— more than any other factor. Navigate icy sidewalks and parking lots by keeping arms free, wearing proper shoes and walking like a penguin with feet turned outward.



Wet clothing makes you feel even colder. If possible, change clothes if they get wet to prevent a loss of body heat. Also dress in layers, wear a hat, a scarf to cover your mouth, mittens, and outer wear with a wind-resistant material.

Source: Centers for Disease Control and Prevention
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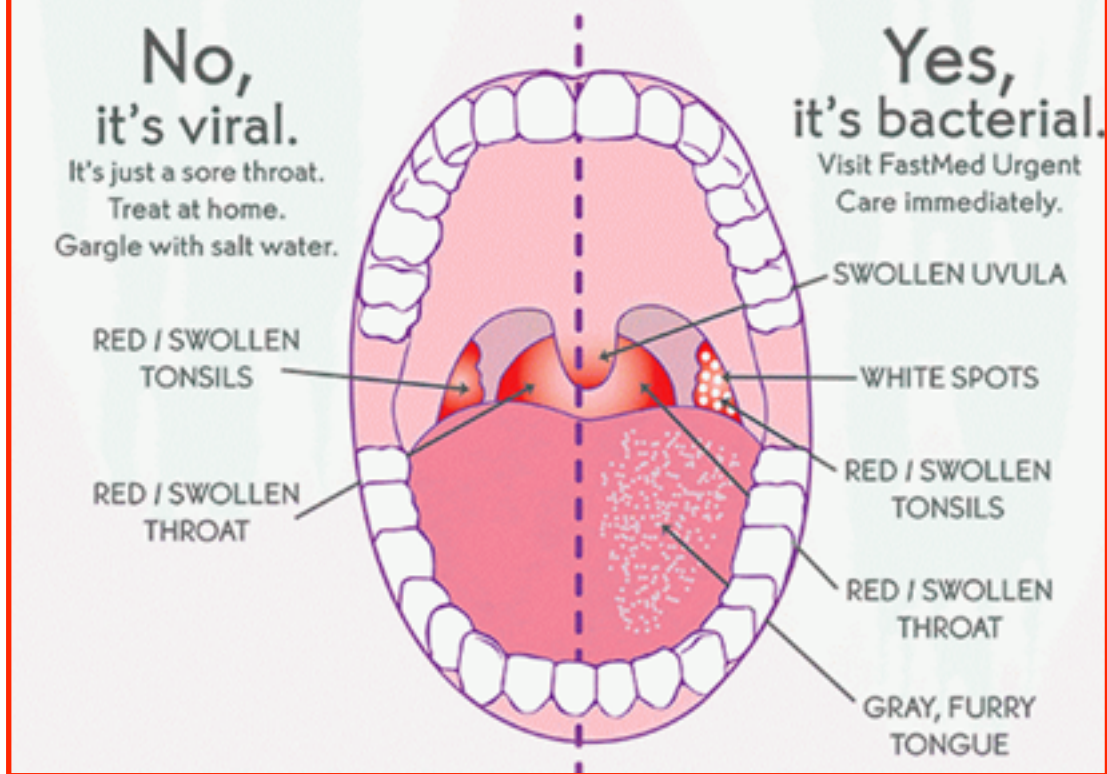
Flu Season is approaching and Flu shots are still available in the School Based Health Center. Please Call Heather Kent at 315-348-2585.

IS IT A COLD OR FLU?

Signs and Symptoms	Cold	Flu
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Headache	Rare	Common

#FIGHT FLU

Do I have strep throat?



Strep throat symptoms

The severity of strep throat can vary from person to person. Some people experience mild symptoms, like a [sore throat](#). Other people have more severe symptoms, including fever and difficulty swallowing.

The common symptoms of strep throat include:

- a sudden [fever](#), especially if it's 101°F (38°C) or higher
- a sore, red throat with white patches
- a [headache](#)
- [chills](#)
- a [loss of appetite](#)
- [swollen lymph nodes](#) in the neck
- [trouble swallowing](#)

These symptoms typically develop within five days of exposure to the strep bacteria.

HIGH SCHOOL GUIDANCE INFORMATION

Our South Lewis Family - Family: a group of people united by certain convictions or a common affiliation WE ARE SOUTH LEWIS STRONG

The STRENGTH of our South Lewis family is our effort to do what is best for the children in the South Lewis community. We work to be role models who demonstrate that character counts by being **trustworthy** by doing what we say we will do and by doing the right thing, by being **respectful** of all adults and children, by being **responsible** for our own actions and always giving our best at our jobs, by showing **fairness** to all by being open-minded, by **caring** about the people around us by showing kindness and empathy, and by being a good **citizen** who is informed, involved, and who is a global thinker and lifelong learner.

TO THE ADULTS OF OUR SOUTH LEWIS FAMILY from the students: As adults interacting with children on a daily basis, you have the opportunity to teach us kindness, compassion, and empathy along with providing us an educational foundation to be lifelong learners. You each take that role seriously and strive to be excellent role models. All of you have an important part in this process and when you do your best at your job and work collaboratively with others, we as students, benefit. The adults in the South Lewis Family are our mentors; you provide the support that we are seeking, advocate for us, and make referrals when we need more help. You are generous with your time. You let us know that you care. All of this helps us get through difficult situations. You encourage us to spend time with positive friends, to seek mental health treatment, and to participate in healthy activities. You help us have faith in the goodness in the world and encourage us to be the good in the world.

We are each other's SOURCES OF STRENGTH and together, we can make the world a kinder and safer place for all of us. We work together, we learn together, we play together, we laugh together, and we cry together. We celebrate each other's successes. We are the South Lewis Family.

FALCON FRIENDS: The South Lewis Falcon Friends Mentoring Program connects juniors and seniors with elementary students. We go to Glenfield and Port Leyden Elementary once a month to meet with the "Littles". To apply to be a Falcon Friends "Big", you must be trustworthy, responsible, respectful, fair, caring, and be a good citizen. You can apply when you are a junior or senior and your application is rated on these things by the teachers. "Littles" are selected by teachers, elementary principals, and the elementary counselor. We do many character education activities and spend time getting to know our new friends throughout the year. Falcon Friends "Bigs" invite the "Littles" to attend the middle school musical each year. We recently attended the middle school musical, "Frozen Jr." and had a wonderful time together.



ANGEL TREE: The South Lewis Youth Advisory Council sponsored another successful Angel Tree Project during the holidays. Our generous staff, students, and community members provided gifts for over 75 of our students. We partnered with Christmas Sharing to provide food baskets to over 40 families.

EIGHTH GRADE: Advising appointments to schedule eighth graders for ninth grade classes are being held with Mrs. Kraeger, Middle School Counselor. Call Ms. Bolich at 315-348-2575 to set up an appointment.

SENIORS: College applications should have been submitted. If you are planning to attend college in the fall, complete your application as soon as possible. Please ask Mrs. Bronson to send a transcript when you apply, and bring your acceptance letters to the School Counseling Office when you receive them, along with your senior picture. The FAFSA (financial aid application) should be completed already.

SCHEDULING/ACADEMIC ADVISING: We are excited that the scheduling process for the 2020-21 school year has begun. Counselors will begin scheduling juniors for their senior year and advise students on college and career planning in January right after the break. Students should share their plans with their parents. If you would like to discuss your child's future plans, please contact Mrs. Birmingham or Ms. Green. We would be happy to share information with you. Juniors should be researching and visiting colleges, attending college open houses and job fairs, registering and studying for the SAT and/or ACT. Use your Castle Learning account to log onto Method Test Prep for SAT and ACT preparation.

ATTENTION JUNIORS: If you took the PSAT and would like to prepare yourself for the SAT, please use the following: satpractice.org which is an easy to use SAT prep tool available free of charge to all students who take the PSAT/NMSQT. Students who took the PSAT should go to studentscores.collegeboard.org and use the access code, provided on their PSAT score report, to get additional information. They can also go to www.collegeboard/quick for more helpful information. The information and answers your child provided when they took the test are incorporated into this useful tool, and it presents their data back to them in five main parts: 1) My Online Score Report – an enhanced score report that allows students to review each test question, the student's answer, and the correct answer with answer explanations. 2) My SAT Study Plan – a customized SAT study plan based on student PSAT/NMSQT test performance, highlighting skills for review and practice. 3) My Personality – a detailed personality test that helps students better understand their own strengths and interests. 4) My College Matches – A starter list of colleges based on the student's state and indicated choice of major. 5) My Major and Career Matches – Major and career matches that are compatible with the student's general interests and personality type. Access is available using the access code printed on the student's paper score report, and the tool can be utilized throughout high school. Using My College QuickStart together with your child is a great way to introduce and guide your child through important aspects of the college process. Visit www.collegeboard.org/quickstart. Students also have SAT prep material available through Method Test Prep (through the student Castle Learning account).

COLLEGE ENTRANCE EXAMS: All college-bound juniors should be planning to take the SAT and/or ACT in the spring. The registration deadline for the May 2nd SAT exam is April 3, 2020. The SAT exam will be held in Lowville on May 2, 2020. The registration deadline for the June 13th ACT exam is May 8th. The ACT Exam will be held June 13, 2020 at Lowville Academy. Registration forms are lengthy and must be submitted by the registration date. Juniors are encouraged to take both the SAT and the ACT. You should register online for the SAT at www.collegeboard.com and for the ACT at www.actstudent.org.

JUNIORS will receive their PSAT test scores during class presentations in January. Parents - please ask your child about his/her results and what they mean.

SOPHOMORES: will be visiting BOCES on January 14th. Interested students will visit two BOCES technical programs on this day. In December, students selected the programs they wanted to visit, after viewing a presentation. In order to attend BOCES, students must complete and return an application by April 1, 2020 to the School Counseling Office. Students must have completed 10 credits, English 9 and 10, and Global 9 and 10 in order to be eligible to apply.

SCHOLARSHIPS

On the following pages is scholarship information for college-bound seniors. If interested in any scholarship, please stop in the School Counseling Office for more information.

Be sure to give your teachers and counselors two weeks' notice when asking for a letter of recommendation.

Please bring the completed scholarship applications in before their due date so we can make sure you have everything you need. Deadlines are very important. Snow days do not give you extensions.



2020 ELKS LEGACY AWARD is open to any child or grandchild (step-child or step-grandchild) of an Elks member who entered the order on or before January 31st. Applications are completed entirely online and are due on or before February 1st. For more information and the application, please visit the following website: <http://www.enf.elks.org/leg>
Deadline: January 31st



2020 SOUTH LEWIS LIONS CLUB SCHOLARSHIP is awarded to a senior who is continuing their education in special, corrective, or remedial education. Students must be entering one of the following areas of study: Sight or Work with the Blind, Hearing or Speech, Physical Therapy and Social Services.
Deadline: April 3rd

AMERICAN LEGION AUXILIARY SCHOLARSHIPS are open to children and grandchildren of veterans who served in the armed forces during WWI, WWII, Korean Conflict, Vietnam War, Grenada/Lebanon, Panama and the Persian Gulf. There are several different scholarships available.
Deadline: March 1st

ASSOCIATION OF FIRE DISTRICTS OF THE STATE OF NEW YORK'S NED CARTER SCHOLARSHIP is open to students entering a career of service to the community (fire service related major, nursing, social work, health related services, teaching, librarian, etc.). The student must be related to or be a firefighter to apply for this award. You can pick up an application in the School Counseling office or download an application at www.firedistnys.com.
Deadline: TBD

BIG SUN ORGANIZATION offers an annual scholarship to a deserving student who is currently involved in some sport. Visit <http://www.bigsunathletics.com> to learn how to apply.
Deadline: June 19th

ELKS EMERGENCY EDUCATIONAL GRANTS are available to any child of a disabled or deceased Elk member. These grants can be up to \$4,000 per year. If you qualify, please go to: www.enf.elks.org

FIREMAN'S ASSOCIATION OF THE STATE OF NEW YORK SCHOLARSHIP is open to an actively participating volunteer firefighter or junior firefighter, including BSA Explorer posts, Venturing Crews and RAMS – or participate in a volunteer EMS program. Applications are online at www.fasny.com
Deadline: TBD

JOHN WALSH FAMILY SCHOLARSHIP is open to students who plan to pursue a degree in education, participated in extracurricular activities, demonstrated character and intellectual ability and exhibited a willingness to help others in the school and in the community. Students should write a 200-word essay explaining reasons they decided to enter the field of education and submit at least two letters of recommendation from faculty members.
Deadline: January 31st

NEW YORK FARM BUREAU offers a scholarship to students who are a member of the Family Farm Bureau or Student Farm Bureau. Information and applications are available at www.nyfb.org or by calling 1-800-342-4143.
Deadline: April 20th

NEW YORK WATER ENVIRONMENT ASSOCIATION offers several scholarships. They are Green, applications are only online. Go to nywea.org/scholarship.
Deadline: February 28th

NORTHERN FEDERAL CREDIT UNION SCHOLARSHIPS is open to graduating seniors who belong to the credit union. Applications are available in the School Counseling Office or you can download one at www.northernfcu.com. It is very easy to join the credit union.
Deadline: January 10th

NORTHERN NEW YORK COMMUNITY FOUNDATION, INC. SCHOLARSHIPS is open to residents of Jefferson and Lewis Counties who will be full-time undergraduate students. Applications are online at www.nnycf.org ALL STUDENTS PLANNING TO ATTEND COLLEGE SHOULD COMPLETE THIS APPLICATION. Students attending any type of college, including technical schools are eligible. This is a one year award. Give as much information as you can on your application. Provide specific details in the work experience, school & community activities, and any unusual hardships or special family or personal circumstances sections of the application. (Tell your story.) Promote yourself by telling them what you want to study and why. Describe your career goals and aspirations. What makes you, you?

You will be required to complete the application, write an essay, have two appraisal forms completed and submitted, and your official transcript must be included in your application packet. Start now; it takes some time to complete all of this.

There are many different scholarships available through the NNYCF so please apply! They cannot consider you for an award if they do not have your information.

The entire packet must be assembled and turned in to Mrs. Bronson in the School Counseling Office by April 1, 2020. We will forward your completed application to the Northern New York Community Foundation office.

Deadline: April 1st

ROME TEACHERS FEDERAL CREDIT UNION SCHOLARSHIP is open to all high school seniors who are members of the credit union. It is very EASY to become a member and all you need is \$2.00 to start an account and you can do that right here at South Lewis. Applications are available in the School Counseling Office.

Deadline: January 10th

SUNY Oswego has the Possibility Scholars program for students interested in the STEM area, who qualify academically and economically, and are interested in attending Oswego. The application is available online through the SUNY Oswego website (go to admissions > cost/financial aid > scholarships).

COMMUNITY SERVICE AWARDS

(Awarded to BOTH non-college bound and college bound students)

LINDA PAYNE COMMUNITY SERVICE AWARD is presented by the Constableville Fire Department to a graduating senior boy and girl living in the Constableville fire district who has contributed to their community. The application is available in the School Counseling office.

Deadline: February 28th

JENNIFER LYNN KRAEGER COMMUNITY SERVICE AWARD is presented by the family of Jennifer to a graduating senior boy and girl living in the Constableville area. The application is available in the School Counseling office.

Deadline: February 28th

MICHAEL PEVNY COMMUNITY SERVICE AWARD is presented by the Lyons Falls Fire Department to a graduating senior boy and girl living in the Turin, 3-G or Lyons Falls fire district who has contributed to their community. The application is available in the School Counseling office.

Deadline: February 28th

CAITLIN BORELLI COMMUNITY SERVICE AWARD is presented by the J.S. Koster Hose Company to a graduating senior boy and girl living in the Port Leyden fire district who has contributed to their community. The application is available in the School Counseling office.

Deadline: February 28th

We are available to assist you with your scholarship applications, essays, and recommendations.

SOUTH LEWIS ATHLETE OF THE MONTH

The South Lewis Varsity Club and Girls' Athletic Association is once again sponsoring the Athlete of the Month Program at the South Lewis High School. Varsity coaches are given the opportunity to submit an athlete's name with a brief description of the excellent things that the athlete has accomplished. Each month, deserving athletes from each team are recognized on the school bulletin board and are given an Athlete of the Month shirt.

The following athletes are the South Lewis Athletes of the Month for the Fall Season:

Sophomore, Shaylagh Randall is a third-year varsity swimmer. Shaylagh worked extra hard during the preseason and during the regular swim season. Her effort led her to have outstanding swims in the 500 freestyle and the 200 freestyle, as well as in the 200 freestyle relay and the 400 freestyle relays. Shaylagh is a quiet leader in the practice pool where she pushes her teammates to do better, swim harder, and improve their times. Shaylagh is the daughter of Tom and Becky Randall, Constableville.

Senior, Cory Millard is a fourth-year varsity soccer player. This year Cory assumed goal tending duties after three years on the field. He accepted his new role and worked diligently every day to become a better keeper. He understands the concept of team!! Although he would rather be on the field, he knows where his team needs him. Cory is the son of Gerald and Tracy Millard, Constableville.

Senior, Kathryn Reid is a third-year varsity soccer player. Kathryn earned the right to be called a captain for the varsity team. Kathryn keeps the formation in line and holds her teammates accountable, while respecting the game of soccer and putting forth her best effort on and off the field. Kathryn is "South Lewis Strong". Kathryn is the daughter of Andrew and Kristine Reid, Constableville.

Junior, Hannah Ielfield is a fourth-year varsity cross country runner. Hannah won two of the first three invitationals this season. She had the fastest time of the day at EJ Herrmann Invitational. Hannah is the daughter of Greg and Julia Ielfield, Glenfield.

Eighth Grader, Collin Stafford is a first-year varsity cross country track runner. As a rookie, he led the team in two invites and placed 6th at the EJ Herrmann Invitational. Collin is the son of Nathaniel and Aime Stafford, Lyons Falls.

Senior, Brady Vosburgh is a third-year varsity football player. Brady was a team captain this season and was a leader on and off the field. In the first two games, Brady rushed for 354 yards on 33 carries. He scored four touchdowns and had eight tackles. In addition, Brady played on all the special teams. Brady is the son of Nicole and Chucky Kraeger, Port Leyden.

Freshman Abigail Litts is a first-year varsity swimmer. As a rookie, Abby has already made her impact on the Frontier League swimming community as a premier distance swimmer, and has contributed to the Falcon relay teams as well. In the League swimming championships, held in late October, Abby placed 11th in the 200 freestyle and 6th in the 500 freestyle. Because of an injury to one of her teammates, Abby was moved up to the 200 Freestyle relay A-Team, where she helped the team place 4th, with a season best time of 1:54.95. Abby is a quiet leader who pushes herself tremendously hard during practice and it shows during the meets. Abby is the daughter of Samantha Richards, Turin.

Sophomore, Cody Spann is a first-year varsity football player. During the month of October, Cody passed for nine touchdowns and rushed for another eight touchdowns in four games. He also led the team in tackles for one of those games. Cody is a leader for the team on and off the field. Cody is the son of Matt and Toni Spann, Glenfield.

Sophomore, Lexi Bernard is a fourth-year varsity cross country runner. Lexi is a dedicated runner who won the 2019 Plattsburgh Pre-state meet earlier this season. She was also named to the Frontier League All-star team. Lexi is the daughter of Jack and Lori Bernard, Glenfield.

Freshman, Noah Edick is a second-year varsity cross country runner. At the time of selection, Noah was the 2nd man on the boys' team. He was an integral part of their 2nd place finish in the Frontier League and 2nd place finish in the championship meet. Noah was also named to the Frontier League All-Star team. Noah is the son of Sarah Coe and Joe Edick, Glenfield.

Eighth grader, Brynn Bernard is a second-year varsity cross country runner. As a young runner, Brynn placed 2nd in the New York State Class C Championships and 5th in the NY Federation meet. She was named first team All-State in cross country and named to the All CNY team. In addition, Brynn is the highest placing female runner at the NY Federation meet in South Lewis history. Brynn is the daughter of Jack and Lori Bernard, Glenfield.

Senior, Jeter Dorrity is a third-year varsity cross country runner. Jeter competed in his last year of cross country. He is a great leader for a young team that set many personal bests this year. Jeter was the 5th man on a team that only lost one dual meet and finished 2nd as a team, in the Frontier League Championships. Jeter also ran a personal best time in sectionals. Jeter is the son of Jamie Dorrity, Rome and Buffy Genter, Constableville.



Shaylagh Randall



Cory Millard



Kathryn Reid



Hannah Ielfield



Collin Stafford



Brady Vosburgh



Abigail Litts



Cody Spann



Lexi Bernard



Noah Edick

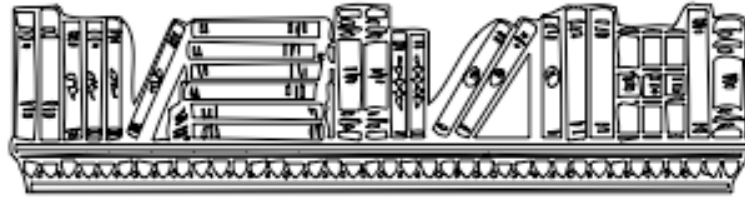


Brynn Bernard



Jeter Dorrity

South Lewis Middle & High School Library



With Sora, elementary, middle and high school students can borrow ebooks and audiobooks from our digital library for **FREE**.

How students can access Sora:

1. Go to <https://soraapp.com/library/southlewisny>

You can also install the Sora app from the Apple App Store or Google Play Store.



2. To sign in:

Username is the first part of your South Lewis email (ex: 18smithj@southlewis.org would be 18smithj)

Password is the corresponding password (Network not Google).

3. Browse the *Explore tab* and borrow a book. Your book will open so you can start reading right away.
4. Close the book and go to your *Shelf* to see all your books.
From there, you can:
 - Tap *Open Book* or *Open Audiobook* to read or listen to the book.
 - Tap *Options* to renew or return the book, get to your notes and highlights, and more.

5. If you have a public library card you can add North Country Library System under *Add a public library* to borrow even more books!

Questions? Contact Mrs. Monks at lmonks@southlewis.org.



Dear Parents, Residents, and Community Members,

A lot of great things have been happening in the Middle School so far this year. We are currently in the midst of reading Out of My Mind by Sharon M. Draper as part of our One School, One Book initiative. It is the story of Melody Brooks, an eleven-year old girl with cerebral palsy. Melody's body is stiff and uncooperative, forcing her to use a wheelchair. Her mind works well, but she cannot speak. She hates that she cannot make her thoughts and opinions known, even to her parents. Hence Melody has to fight to get what she wants.

We had a kick-off assembly in January and students are answering daily questions about what they've read, to enter a raffle to win Falcon Cash. Conversations about the book remind students the importance of finding ways to include people with disabilities in all activities, and remembering that a person is so much more than the name of a diagnosis on a chart. Guest readers have read each chapter of the book and the videos can be found on the district website. We're planning a closing assembly the week after February break.

Many students have been active in the modified sports program this year. This is a new opportunity for our seventh grade students and it's great to see so many of them participating. Athletics teach students how to manage their time so they can complete their schoolwork and duties at home, while also fulfilling their responsibilities to their team. Additionally, playing sports improves students overall physical and mental health and builds confidence.

Student attendance is a focus area for the middle school. The vast majority of our students have excellent attendance and I'd like to thank our families for making their children's attendance a priority. Students who miss 10% of the school year (18 days) or more are considered chronically absent and at risk for future challenges. If your child has had poor attendance in the past, middle school is the time to correct it because students who are chronically absent are at risk for dropping out in high school. Following the guidelines below can help improve your child's attendance:

- Expect your child to attend school every single day. He/she should only miss school if there is a family emergency or he/she is ill.
- Talk to your child about school and what he/she is learning every day. Sometimes parents ask their middle school child about their day and they get a one-word answer. The following questions might elicit greater detail:
 - What was the best part of your day?
 - What was the hardest thing you had to do today?
 - Who did you sit with at lunch?
 - What is the biggest difference between this year and last year?
- Tell them that education is important to your family, and it will give them more opportunities when they are older. Whether they decide to learn a trade, go to college, enter the workforce, or join the military, having a high school diploma is essential. It is never too early to have conversations about career goals and what it will take to achieve them.
- Tell your child that you believe in him/her and expect him/her to always do his/her best.

Thank you for working closely with middle school faculty and staff members to achieve greater student success. We appreciate your ongoing support, and look forward to seeing you throughout the remainder of the year.

Best regards,

Judith A. Duppert
Middle School Principal

NEWS FROM MIDDLE SCHOOL GUIDANCE

MRS. JULIE KRAEGER, SCHOOL COUNSELOR AND MS. AMANDA BOLICH, GUIDANCE SECRETARY

Middle school is supposed to be about making mistakes and bouncing back from disappointments. Some kids navigate turbulence with spunk; some struggle with self-awareness and assertiveness. We can't expect them to figure everything out for themselves with little adult supervision.

Middle-schoolers are embarking on a journey and they will come out transformed. Whether they are changed for the better is largely up to you, the parents. Here are some of the challenges middle school kids face and how to help.

Expressing Individuality. At the end of the summer, sit down with your child and make a list of words that describe who he/she is. Do this every year before heading back to school to remind your student that he/she has interests and he/she is allowed to like whatever he/she chooses. This list will evolve over the years, and that's great, too.

Expanding Learning Abilities. Middle school is an opportunity to try new ways of learning. Kids will get to do science labs, peer edit each other's writing, work on projects with partners or in groups. Talk to your kids about how they are adjusting to these new learning modes.

Dealing with Social Pressures. Tons of social pressure exist in middle school and parents should be ready to troubleshoot. Middle school is a great time for kids to learn how to say, "You do things your way and I'll do things mine."

Keeping Up with School Assignments and Project Deadlines. Kids tend to procrastinate. Some have trouble understanding that projects and papers must be worked on incrementally. A little bit of planning support helps tweens get the hang of due dates.

Navigating the Online World. Your child may be carrying a phone, a camera and a computer in his/her pocket. Giving kids too much responsibility too soon can lead to extra expenses and shaken confidence. Trust your instincts – you will know when your child is ready for a phone.

Finding Healthy Groups. No parent wants their child hanging out with a bunch of "troublemakers". Your child's peer group has a huge influence. Teach your kids to choose friends wisely and to distance themselves from those who make unhealthy choices.

Communicating with Teachers and Coaches. Encourage your child to step up and converse with authority figures. You can support him/her, but let him/her do it or he/she won't learn how.

Conflict Resolution. Resolving conflicts with classmates often requires one to stand up for themselves when someone is being mean to him/her, regardless of whether his/her friends will back him/her up or not. Let your kids know you expect them to stand up for themselves and for others in need of assistance and watch them do it.

Becoming a Positive Contributor. There may be some people that we come across that we may not particularly like, but guess what? It doesn't matter because we are expected to be kind and respectful to everyone at school, including teachers and substitutes. Furthermore, students should actively contribute in their classes.

Bouncing Back from Failure and Disappointments. Perhaps the toughest days in middle school are the not-making-the-cut days or the performing-poorly-on-the-test days or the getting-sent-to-the-principal days. How you respond is important. Kids need to process their feelings before they can bounce back and do the right thing. Being calm and patient as you help them figure it all out is best.

Prioritizing Needs. Kids have needs and those needs matter even when life



maybe she/he needs you to sign a field trip form and write a check. Having a regular plan-the-week meeting on the weekend can help to avoid last-minute crunches that create needless stress and bickering.

Learning About the World. Your child is old enough to start learning about the world's complexities. It's a great time to teach your child about respecting diversity, tolerating differences, and envisioning a more peaceful world. Kids can practice all of these principles in middle school.

Remembering to Rest. Pulling the black-out curtains for an afternoon nap. A binge-watching TV session to recover from the sniffles. Growing kids need to unwind sometimes, but they may have trouble recognizing this. When this happens, give them a nudge to decompress.

Shining Despite Speedbumps. Your kid is going to stumble, fall and maybe even face-plant in middle school. But he/she will still have plenty of shining moments. If your child isn't having enough moments like these, call a family meeting, put your heads together, and look for new opportunities where he/she is likely to succeed.

How Parents Can Help Kids in Middle School

- Be there.
- Listen.
- Talk with them.
- Appreciate them.
- Relax with them.
- Encourage them.
- Set clear limits.
- Help them prioritize.
- Discuss expectations.
- Touch base daily.
- Monitor online life.
- Notice what's emerging.
- Keep them active.
- Ignore unhelpful people.
- Applaud progress.
- Address over-commitment.
- Tackle tough topics.
- Be approachable.
- Hug them often.
- Celebrate proud moments.



When Issues Arise

If your child has a misstep, try your best to stay calm. Never focus on what others will think. In fact, you may want to detach yourself from well-meaning friends for a time, as you address your child's needs. Is your child getting as much attention and support as he/she needs?

Sometimes problems are "by-products" of the company your child keeps. Is your child getting mixed up with kids who thrive on acting out?

If your child is in trouble at school, it is best not to make school professionals into enemies. Work with them to make sure your child has all the academic and creative outlets he/she needs.

Kids who get in trouble at this age are often bored and craving outlets. Keeping kids engaged, challenged, and in healthy routines can ensure they stay safe and productive in the middle school years.

Adapted from the *Atlanta Parent* (2017) article by Christina Katz.

STUDENT OF THE MONTH

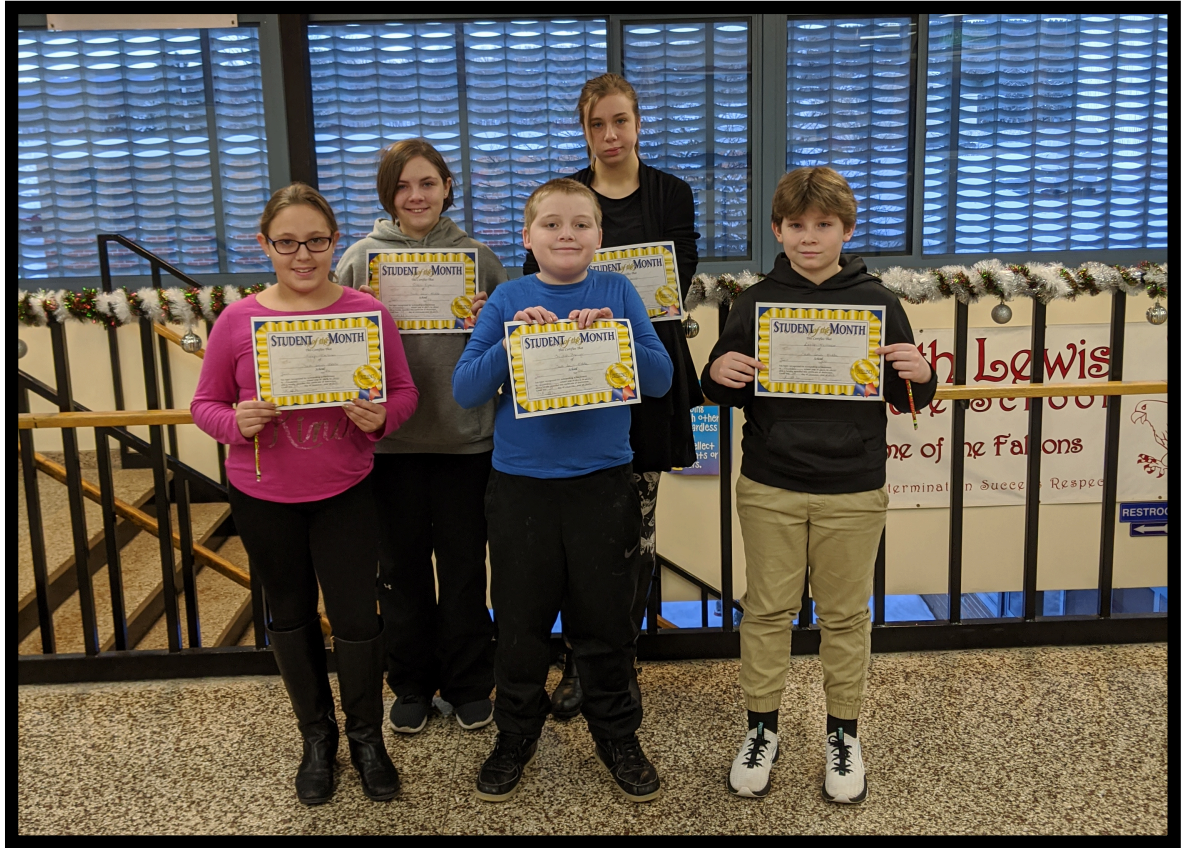
October



Faculty members have selected five students for the October 2019 “Student of the Month” program. This program is sponsored by the National Junior Honor Society and recognizes students who demonstrate a strong work ethic, positive attitude, and good citizenship in our school and community. Jayden Zucarro, son of Andrew & Megan Zuccaro of Lyons Falls, is the fifth grade recipient of this award. Katelyn Gigliotti, daughter of Thomas & Tina Gigliotti of Glenfield, is the sixth grade recipient. Michael Sage Jr, son of Britany Sage of Port Leyden is the seventh grade recipient. Marcos Myers, son of Mickey and Kelly Myers of Boonville, is the eighth grade recipient of this award. The Related Arts “Student of the Month” for October is Kiera Carman, daughter of Amber Farr of Port Leyden. Congratulations to each student and their family.

The students from left to right are: Kiera Carman, Katelyn Gigliotti, Michael Sage Jr, Jayden Zucarro, and Marcos Myers.

November



Faculty members have selected five students for the November 2019 “Student of the Month” program. This program is sponsored by the National Junior Honor Society and recognizes students who demonstrate a strong work ethic, positive attitude, and good citizenship in our school and community. Kailyn Markham, daughter of Cortney & Kerin Markham of Constableville, is the fifth grade recipient of this award. Christian Barriger, son of Rachel & Mike Barnhart Boonville, is the sixth grade recipient. Alexis Egnew, daughter of Samantha Egnew of Constableville and Jeremy Sullivan of Port Leyden is the seventh grade recipient. Marlaina Warcup, daughter of Noah & Teresa Warcup of Lyons Falls, is the eighth grade recipient of this award. The Related Arts “Student of the Month” for November is Lachlan McAleese, son of Todd & Jennifer McAleese of Glenfield. Congratulations to each student and their family.

The students from left to right are: Kailyn Markham, Alexis Egnew, Christian Barriger, Marlaina Warcup and Lachlan McAleese.



Ms. Fitzgerald, Ms. Still, Mrs. Kraeger, Mrs. Horn

We are always amazed at how quickly the beginning of the school year seems to pass by! Students are quickly and successfully adjusting to their new environment and challenges in the Middle School.

In Math, students and teachers have been working hard to meet the expectations set forth by the New York State Math Modules. These modules are New York State's interpretation of the Common Core Learning Standards. Students have been working on fluency activities that help their day-to-day math fact recall. They are doing well with developing a more sophisticated understanding of numbers, so they can more deeply understand math concepts. Students are working in more complex ways in order to be successful on the New York State Math Exam.

Fifth Graders have been reading a variety of challenging texts in Literacy. They have thoroughly examined human rights challenges, such as first-hand accounts of past and present situations in the world. We are currently reading *Esperanza Rising* by Pam Munoz Ryan. The culminating product of this unit will be an essay analyzing the character of Esperanza and how she changed as a person during challenges she faced in her life. Later in the year, we will integrate science topics with literacy as we learn about rainforest scientists and their research and the biodiversity of the rainforest. The 1:1 technology is also being utilized this year as students have access to a variety of other texts. Our school district has memberships to several different reading sites. These sites offer a diverse category of topics for students to choose from, and each reading offers practice of literacy skills being taught in the classroom. It has been a great tool for students and teachers!

The science curriculum focuses on several units of study. Fifth grade science is implementing the Next Generation Science Standards using four big mysteries. Mystery 1: Web of Life - Ecosystems and the Food Web. Mystery 2: Watery Planet - Water Cycle and Earth's Systems. Mystery 3: Spaceship Earth – Sun, Moon, Stars, and Planets. Mystery 4: Chemical Magic – Chemical Properties and Properties of Matter.

Within the social studies curriculum, students have been exploring the Western Hemisphere. We started off the school year learning what the Western Hemisphere is and where it is located. This set us in motion to learn about different time periods and events that have occurred in the Western Hemisphere. We are currently studying the early peoples of America and how complex civilizations developed in Mesoamerica. Later this year we will study how slavery drove the production of sugar, New France and its explorers, and the Declaration of Independence.

With the continued increase in rigor throughout all areas, attendance is vital. Class discussions play a key role in fostering a deeper understanding of the skills and concepts needed to be successful in fifth grade. As a fifth grade, we continue to grow both as individuals and intellectuals and look forward to sharing and growing even more with one another this school year.

Grade 6

With Ms. Gerber, Mrs. Martin,
Mrs. Mooney, Mr. Niles

In the sixth grade science classrooms students have been very busy learning process skills that scientists perform in the laboratory setting. Students have been engaging in many hands-on lab activities that make learning fun and exciting. We will be studying structures and properties of matter, waves and electromagnetic radiation, space systems, interdependent relationships in ecosystems, and human impacts. Along with completing labs in each unit, we also read and discuss informational text, watch educational video presentations, and engage in many other learning activities. As part of the NYS Common Core expectations, ELA reading and writing skills, as well as math skills are incorporated into the sixth grade science curriculum, and students are expected to utilize these skills when completing assigned tasks.

In English 6 with Ms. Gerber and Mrs. Martin, students have been working hard to improve their reading and writing skills. There are four modules, each having a central text and other supporting texts.

Module 1 – The Lightning Thief

Module 2 – Bud, Not Buddy

Module 3 – Flush

Module 4 – Frightful's Mountain

Students are also interacting with supplemental texts of various genres that support the major ideas within each central text. Each unit incorporates a major writing piece as well. These pieces will focus students on various elements of writing such as theme, plot, paragraph formation, introductions, conclusions, main/central idea, and character development. In the future units, students will be working on research projects, writing evidence-based claims, and taking their analytical skills to a higher level. These topics will incorporate many non-fiction pieces. Students will make connections between major themes in the novels they have read this year. The ELA units are fast-paced, exciting, and challenging us to do our best thinking each day. This is in preparation for our NYS ELA Assessment in March 2020.

In Math 6 with Mr. Niles and Mrs. Mooney, we are busy working through the modules in order to prepare them for the NYS Math Assessment in April. The modules 1-6 contain notes, examples, and practice problems that the students are expected to complete in order to fulfill the Common Core expectations.

Module 1 – Ratios and Unit Rates

Module 2 – Arithmetic Operations Including Division of Fractions

Module 3 – Rational Numbers

Module 4 – Expressions and Equations

Module 5 – Area, Surface Area, and Volume

Module 6 – Statistics

Along with our daily lessons, the students have been taking benchmark assessments. This allows us to monitor the progress of each student since the beginning of the school year. The data we get gives a quick snapshot of student's strengths. We've had a great year so far and look forward to seeing what successes the rest of the school year brings!

Sixth Grade Social Studies is based on the geography and history of the Eastern Hemisphere, including the development of cultures, civilizations, and empires; interaction between societies; and the comparison of trends in government and economics. The course began by examining the Eastern Hemisphere today and geographical skills. This provides the foundation to make connections between the past and the present. The remainder of the course is divided into seven key ideas that cover a span from pre-history into the 1300's. Students are provided the opportunity to explore belief systems across time and to examine the foundations of democracy. The seven key ideas for 6th Grade Social Studies include: Eastern Hemisphere Geography, The First Humans through the Neolithic Revolution, Early River Valley Civilizations, World Religions, Classical Civilizations, Mediterranean World and Feudal Western Europe, and Interactions across the Eastern Hemisphere. Sixth Grade Social Studies is an exciting course, where students will read, analyze, compare and contrast major themes and characteristics of several ancient civilizations. In addition, students will continue geography, apply map skills, and complete inquiries. It is great to see the students so eager to learn about ancient civilizations! We thank you for your continued support.



7th Grade



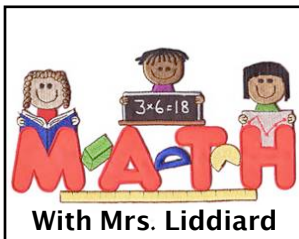
We are at the end of our third unit called the formation of the thirteen colonies. During this unit, the students learned about how companies of the 1600's made money by participating in our modern day version of the stock market game, learning how to survive in the new land America, and designed

brochures to attract settlers to their colony.

These activities are designed to help students understand what life was like during the colonial time period and relate it to their lives. We also are using many primary sources from the time period to help students cite examples from the documents to support their knowledge of the time period.

Our next unit is on the Revolutionary War. In this unit, students will research a patriot, design a slide show, and give a presentation. This activity is designed to help students learn about the people that were instrumental in winning the war.

Our remaining units are the Constitution, moving west, the Civil War, and Reconstruction. I look forward to working with your children throughout the year.



September was a busy month in the Math 7 classroom! Students worked on the first module: Operations with Rational Numbers. They discovered rules for adding, subtracting, multiplying, and dividing positive and negative

whole numbers. They then applied these rules to positive and negative fractions and decimals. Students used these rational numbers to describe situations involving temperature, elevation, bank accounts, spelunkers, mountain climbers, and the stock market.

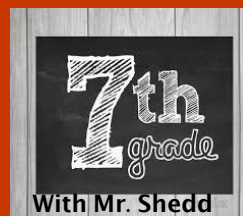
In October, students started the second module: Algebraic Reasoning. In the first part of the module, students learned about polynomials. We added, subtracted, multiplied, and divided polynomials. In the second part of the module, students will extend their understanding of solving equations and inequalities from sixth grade to include solving equations using the distributive property and combining like terms. Lastly, students will explore concepts about circles including, radius, diameter, circumference, and area. They will be able to use formulas to calculate the circumference and area of any circle. Please note that in seventh grade, students are not allowed to write a numerical representation for pi. They must use the pi button on their calculator for all computations.



It's a new year with a new teacher for 7th grade science!

Mr. Alsup has moved from 8th

grade down to 7th and is bringing his fun-filled (and project-filled) curriculum with him. This year students started off learning about how experiments are constructed and constructed one of their own (including one based on the gum under the tables). Now we're working our way through all of the different kingdoms of life and examining the systems in each kingdom. Students recently made their own cell models and are currently working on what to do with Fungi! Next up are plants and animals where we start seeing some more complex systems. When we finish with the animals, we'll move into physics in order to take a break from biology for a bit. We're all looking forward to more fun and MORE SCIENCE!



Students recently completed our first novel of the school year, A Long Walk to Water, by Linda Sue Park. During this module, students explored the experiences of people of Southern Sudan during and after the Second Sudanese Civil War. They built proficiency in using textual evidence to support ideas in their writing, both in shorter responses, a two-voice poem and in an extended essay. Students also read closely to practice citing evidence and drawing inferences from this compelling text to analyze and contrast the points of view of the two central characters, Salva and Nya. They also read informational text to gather evidence on the perspectives of the Dinka and Nuer tribes of Southern Sudan.

Our next module is Lyddie, by Katherine Paterson. The main character, **Lyddie Worthen**, and her family must face a lot of hard things living on a farm in Vermont in the 1840s. One of these things is Lyddie facing off with a bear! She has to scare the bear away to protect her mother and siblings: Charles, Rachel, and Agnes. Throughout the book, Lyddie compares her incident with the bear to many challenges on her journey from the country life in Vermont to the city life in Massachusetts. During this module, students will debate whether Lyddie is a Slave or a Free person, compare and contrast the working conditions from the 1800s (Lyddie), 1900s (Cesar Chavez), and today (Wegmans). Students will also research current working conditions in developing and undeveloped countries, which opened their eyes to, "Who really makes our clothing?" From this research, they will create a brochure of their findings.

Please contact me anytime at cshedd@southlewis.org



With
Mr. Reid

Having reviewed the 7th grade curriculum, we are tackling the Industrial Revolution, exploring how technology changed our nation's economy and impacted society, and how we continue to see the affects today, both positive and negative. We will then look at social reforms and America's growing imperial might before the First World War, which then leads us into the Second World War, the Cold War, and modern American culture and history. Alongside the content of the New York Social Studies curriculum, we spend time on the skills that accompany them. We spend a good amount of time on graphs, charts, and visual information sources such as political cartoons, photographs, and the arts, as well as using graphic organizers to plan written responses. A lot of our activity takes place in Google Classroom and Nearpod – ask a student to show you!



English

With
Mr. Gibson

This year students in 8th grade ELA have been working hard developing their skills in reading and writing. Students have spent time learning where our food comes from. The students were introduced to four food chains (industrial, industrial organic, local sustainable and hunter-gatherer) and learned the benefits and shortcomings of each. It was fun seeing the students' reactions to finding out exactly where a fast food hamburger or chicken nuggets came from. At the end of this unit of study, students had to use their critical thinking skills to determine which food chain would be best to feed their family in an ideal world. They had to use evidence from the novel The Omnivore's Dilemma and other articles that were read to support their choice.

Currently students are learning about the theme of Taking a Stand. We have read speeches by Sojourner Truth, Lyndon Johnson and Shirley Chisholm to see people who have taken stands in the past. We also have looked at other sources of media including photographs and videos to discuss the topic. Ultimately this unit leads to the students reading the classic novel To Kill a Mockingbird where they will see a man who chooses to take a stand even while putting his family in danger. The students will have to decide whether or not they thought it was worth it for him to do so.



With
Mrs. Vaerewyck

In eighth grade science, we *flew* straight into an investigation looking at how weight affects how far a paper airplane can fly to learn all about the scientific method. Then we studied matter, molecules, and the periodic table and the students were excited to *periodically* do some experiments! The students just *lit up* when we explored the many types of energy and made series and parallel circuits. We have also been learning some “*Out of This World*” facts about the universe and can't wait to dive into Earth Science, Forces, and Genetics later this year. But don't worry, not all of our favorite science puns *Argon* yet!



With
Mr. Kilburn

Is our ability to do math inherited? Am I only going to be good at math if my parents were good at math? The answer to both questions is definitely, no. Now, we may inherit strengths or weaknesses with respect to various gifts and talents, and that may include math, which is certainly a strength for some, and a weakness for others. However, just because something is an area of strength or an area of weakness does not mean that it will always be that way. The question is how badly do you want to improve? Hard work and perseverance are the only way to improve, regardless of your past math experiences, and *every* student has the ability to do both.

I never expect a student who hates math to come into my classroom and leave loving math, although that has happened. My goal is to have students improve not only their math skills, but also their ability to learn. Sometimes that means that a higher achieving student achieves even more. Other times it means a student who hates math leaves at the end of the year hating math a little bit less. One quote written on the wall by my desk sums it up well: “*You made math class a little better than terrible.*” Success? Definitely.

MIDDLE SCHOOL CHORUS BAND WITH MR. MULLER



Eight amazing students represented South Lewis at the Fall Jefferson/Lewis Bi-County Music Festival, on Saturday November 2nd, in Lowville. Each ensemble made for a wonderful afternoon concert. Both Mrs. G and Mr. Muller, as well as all parents/guardians, were very proud!!

The 5th/6th Grade Chorus was lead by Mrs. Shelly Peck. Mrs. Peck teaches Vocal Music at LaFargeville. Representing South Lewis in this HUGE chorus were Sopranos Allison Becraft and Lana Whalen, and Altos Callie Brown, and Elyse Siegrist. They performed “Medieval Gloria” by Vijay Singh, “Foreign Lands” by Kathleen Ballantyne, “Promised Land” by Natalie Sleeth, “Shoshone Love Song” arranged by Roger Emerson, and “You’ve Got A Friend In Me” arranged by Mac Huff.

The 7th/8th Grade Band was lead by Mrs. Megan Harvey, who teaches Instrumental Music at Copenhagen. Representing South Lewis were Clarinetist Grace Bailey, and Trombonist Conner Whalen. They performed “Sunburst” by Gene Milford, “Abandoned Treasure Hunt” by Rob Grice, “Black Is The Color” by Robert Sheldon, and “Afterburn” by Randall Standridge.

The Senior High Choir was lead by Dr. Brian M. Stevens, Director of Choral Activities at Nazareth College, in Rochester, NY. Representing South Lewis were Soprano Izabelle Liendecker and Alto Katie Vito. They performed “Jabula Jesu (Zulu Folk Song)” arranged by Stephen Hatfield, “Earth Song” by Frank Ticheli, “O Love” by Elaine Hagenberg, and “Let Everything That Hath Breath” by Jeffrey L. Ames, which was a fabulous Gospel Song, that featured a terrific solo by Katie Vito. Congratulations to all Falcons for representing South Lewis with your talents!!





With Mr. Liddiard

Introduction to Technology is offered all three years of middle school. Students in 6th grade take 10 weeks of Technology every day. Students take a half year (20 weeks) of Technology every other day in 7th and 8th grade. All of the classes focus on hands-on project based learning. The students learn concepts and skills, then apply them to the completion of a project or activity. Safety is always stressed when using tools and equipment. The students should enjoy the projects and activities while meeting the curriculum goals and New York State Standards and help with the common core and 21st Century Goals.

The 6th grade focuses on introducing technology and what we use it for and how it effects our lives. They have learned about Technology and its seven resources. The students use the computers to do a presentation to the class. They also learn measuring and drawing to gear up towards their wood project, safely using hand tools and basic machines.

The 7th Grade looks into transportation. They also learn orthographic drawing that will help us design a CO2-powered dragster. They study and test aerodynamic ideas using the wind tunnel and computer for their prototypes. They then build and race the car they designed with tools and machines.

The 8th grade focuses on manufacturing. They are learning about power tools and manufacturing to safely build projects of their own design. We will transform the laboratory into a factory to build a class set of the same project quicker, easier and better. The students will be learning about what it is like working the same job every day in a factory as well as design and choosing resources.

Also we have our Tech Plus class. The students are working on computer mystery. They are learning about evidence and collecting and analyzing it to try and find the culprit.

With Mrs. Vargo



We're full of energy this year in room 112! After a busy open house in September, students hosted a make your own trail mix activity in October during the Annual Fall Festival at South Lewis. Families and friends enjoyed stopping in to color and decorate fall themed snack bags before stirring up some crazy trail mixes! Thanks to all the student volunteers and FCCLA members who assisted with the festival planning and cleanup.

Sixth grade Home and Career students are preparing to hand sew. This unit focuses on safety, proper tool use, and learning basic stitches to repair clothing and create useful items. Projects in this unit include felt holiday ornaments and keychains. After hand sewing, students will move onto basic machine sewing skills. Students will be challenged to design and construct a custom pillow, drawstring bag, or other upcycled item.

Seventh grade students are currently conducting online research to compare and contrast fast food nutrition facts from various restaurants. They are tasked with calculating total calories, fat, sodium, and sugar in some of their favorite fast food treats. They admit, the results are a bit of a shock! In the food lab, they will attempt a smoothie makeover by creating a tasty but healthier version of a strawberry banana smoothie found on the menu of a popular fast food restaurant.

Eight graders are having fun while learning the importance of cultivating strong communication skills while putting their current nonverbal and written skills to the test in a series of communication-based workplace scenarios. In December, students began exploring banking basics with help from a local guest speaker. They also used online software created to help teens better understand the value of a dollar. Banzai is a free, interactive, and fun financial literacy tool designed to help students appreciate, experience, and understand real-world scenarios including creating a budget, paying for auto insurance, and saving for emergencies.

Special Education Update from Mr. Oakes and Ms. Paluck

Mr. Oakes' 5th and 6th grade class has just started some intriguing stories. Fifth grade students are reading Esperanza Rising and are exploring the fundamentals of Human Rights. Sixth graders are reading Percy Jackson and the Lightning Thief. Students are building background knowledge about Greek Gods and how they connect to Percy Jackson and the Lightning Thief. Throughout the year, students will be working on skills to help increase comprehension. As a whole group, we are building decoding skills, reading comprehension skills and fluency with a reading program called LightSail. This program aligns with the common core standards and helps all students to connect with reading at their proficient reading level.

Ms. Paluck's 5th and 6th grade math programs implement Common Core Learning Standards using Math Modules. There are six modules in all. Topics of study are as follows: Place Value and Decimal Fractions, Multi-Digit Whole Number and Decimal Fraction Operations, Addition and Subtraction of Fractions, Multiplication and Division of Fractions, Decimal Fractions, Ratios, Addition and Multiplication with Volume and Area, Problem Solving with the Coordinate Plane. Students will achieve much this year in terms of academic growth, greater self-confidence, and improved social skills. I plan to do several new and exciting activities this year to improve academic performance through the use of technology. I am looking forward to a great school year!

Technology:

Students are enhancing their learning as they routinely use their new Chromebooks everyday. They have been trained with several extensions from Google to practice ELA and Math skills. These extensions include Read and Write, Fluency Tutor and Equatio. Read and Write is an extension that allows students to access grade level text by having the computer read an article to them, highlight important information and define words with a definition or picture. Fluency Tutor allows students to record themselves reading a text and then send the recording to the teacher for review. Students use Google Classroom to access all of our class notes and assignments. Equatio allows students to record their answers on the computer using appropriate math symbols.

What can Parents do?

Students are encouraged to pick literature that interests them outside of school. Reading should be fun and enjoyable. Parents, read with your children two to three times a week to foster literacy and build grade level comprehension. Parents are also encouraged to practice basic math facts with their children. Use flash cards or anything that fosters learning their basic math facts. Please teach your children the importance of coming to school everyday. This will foster good citizenship and allow them to stay up to speed with classroom content and materials.

Special Education Update from Mrs. VanBrocklin and Mrs. Helser

ELA with Mrs. VanBrocklin: Mrs. VanBrocklin's 7th and 8th Grade ELA classes will complete a lot of reading and writing this year! Seventh grade students are currently reading A Long Walk to Water and learning the struggles of children in Sudan. They will be learning about Cesar Chavez and poor working conditions for migrant farm workers and how he brought about change. They will finish the year reading Lyddie. Eighth grade students have been reading Omnivore's Dilemma and enjoy learning about where their food comes from. They will be starting To Kill a Mockingbird later in the year and learning about the importance of taking a stand. Students will continue with the modules throughout the year as well as several smaller-skills-based units to help increase their comprehension of a text. Some of the topics that will be taught include reading comprehension, decoding skills, test-taking strategies, and ELA reading and writing assignments across content while supporting the grade level NYS module lessons.

Math with Mrs. Helser:

Mrs. Helser's 7th and 8th Grade Math classes have been busy. Seventh grade students have learned the integer rules. They have learned how to add, subtract, multiply and divide integers. We are learning how to write and solve equations. In addition, we will learn how to write and solve ratios and proportions, and solve percent problems. Eighth grade students have learned the exponent rules and how to solve problems that contain numbers written in scientific notation. We have also worked on translating objects on a coordinate plane. We will be working on writing and solving linear equations. In addition, both classes will be working on test-taking strategies to help students prepare for the state test in mathematics.

Special Education Information - Structured Lessons:

The 15:1 classes are designed to provide grade level module instruction with some modifications based on specific student needs. Resource classes deliver direct instruction and practice skills which were identified as needs in a student's IEP. During this time, teachers also re-teach and pre-teach module material covered in class. Lessons in the special education classroom consist of modeling, guided practice, and independent practice.

Technology:

Students are using their Chromebooks for several in-class activities. They have been trained on using several extensions to assist them with their reading and writing. These extensions include text to speech, word prediction and voice typing. We have the programs Read&Write for Google and EquatIO to assist with giving students online accommodations. Students use a variety of websites and interactive activities, such as virtual tours, to further their understanding of content. Some of our favorite websites are www.newsela.com, www.spellingcity.com, www.mathsisfun.com, Reflex math and Prodigy. Many of these websites they can access at home to get additional practice.

What can Parents do?

ELA: Students should be encouraged to read at least 20 minutes per day outside of class to improve their reading skills. We have an online reading program called LightSail that students can access at home. It is important for students to choose books/articles/magazines at their reading level and find readings that are interesting to them. You can have them read the newspaper, captions on a T.V. show, mail, recipe directions or road signs. Any reading outside of school will be very beneficial for them!

MATH: In addition to making sure students complete their homework, students should be encouraged to practice math facts every day outside of class to improve their math skills. Students can also go online to play math games. These math games will help them become more fluent in math and make math more fun for them.

BOXTOPS for Education:

Don't forget to clip your boxtops and send them in to school to Mrs. VanBrocklin. You can also scan your receipts online and earn money at www.btf.com. Every boxtop earns \$0.10 for our school. Boxtops are located on General Mills products.



UPDATES FROM MS. MASTERPOL & MS. VALIS

Middle School Special Education Teacher

This school year has been full of learning and special events. We have been doing a variety of learning activities and lessons involving reading, math, social studies, science, social skills and life skills. In reading this year we are reading/comparing fiction and non-fiction books, working on environmental print in the community, and typing and learning a variety of comprehension skills. In math we are working on counting and making change, word problems, multiple step problems, and fractions. This year in social studies our class has been learning about communities, geography, and timelines. This year in Science we will go over states of matter, magnetism, forces, the seasons, human bodies, plant/animal life cycles and a variety of labs and fun experiments! One of those experiments was making applesauce, making sure to highlight how a solid apple can become a liquid.

This year we've been working on social and life skills. One of the ways we have been doing that is by working with the high school class. So far we hosted two fundraisers, a bake sale and frozen hot chocolate sale. We raised enough money to be able to visit The Wild Zoo to learn about endangered animals and we were able to go watch "Frozen Two" as part of our Winter season unit.

South Lewis Central Schools District Newsletter Request Form

If you would like a hard copy of each issue of the South Lewis Central School District newsletter mailed to you please complete this form and return it to the address below. You can also call the District Office at 315-348-2500 and provide the needed information.

South Lewis Central Schools
ATTN: Douglas Premo
4264 East Road
PO BOX 10
Turin, NY 13473

DATE: _____

Name: _____

Mailing Address: _____

Phone Number: _____



Breakfast \$1.25

Lunch \$2.75

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
			2 BREAKFAST Breakfast Break LUNCH Chicken Tenders, French Fries, Seasoned Carrots, Veggie Beans, Fresh Fruit, Fruit Choices	3 BREAKFAST Assorted Bagels LUNCH Grilled Cheese Sandwich, Tomato Soup with Crackers, Potato Chips, Pickles, Carrots with Dip, Fruit Choices, Fruit Juice
6 BREAKFAST Assorted Bagels with Cream Cheese LUNCH Hot Meatball Sub on Whole Wheat Roll, Shredded Mozzarella, French Fries, Tossed Salad with Fresh Veggies, Seasoned Green Beans, Fresh Fruit, Fruit Choices	7 BREAKFAST Sausage, Egg, and Cheese Muffin LUNCH Loaded Nachos with Taco Meat, Bacon Bits, Shredded Cheese, Seasoned Broccoli, Seasoned Rice, Veggie Beans, Fruit Juice, Fruit Choices	8 BREAKFAST Breakfast Break LUNCH Chicken Nuggets with Dipping Sauce, Tator Tots, Buttery Brussel Sprouts, Seasoned Corn, Fruit Choices, Fresh Fruit	9 BREAKFAST Assorted Mini Donuts LUNCH Hamburger or Cheeseburger on a Whole Wheat Roll, Macaroni Salad, Pickle Spears, Baked Beans, Fruit Juice, Jell-O with Topping	10 BREAKFAST Bacon, Egg, and Cheese Muffin LUNCH South Lewis Pizza, Cucumber and Tomato Salad, Homemade Cook's Choice Soup, Glazed Carrots, Fresh Fruit, Fruit Choices
13 BREAKFAST Breakfast Break LUNCH Deli Sandwich Day - Turkey, Tuna, or Ham, Chicken Noodle Soup, Potato Chips, Pickle Chips, Leafy Lettuce with Sliced Tomatoes, Fresh Fruit, Fruit Choices	14 BREAKFAST Egg and Cheese Muffin LUNCH French Toast Sticks with Syrup, Sausage Patty, Hash Browns, Sliced Carrots, Orange Juice, Applesauce	15 BREAKFAST French Toast Sticks with Syrup LUNCH Mini Corn Dogs, Tator Tots, Seasoned Spinach, Sliced Beets, Fresh Fruit, Fruit Choices	16 BREAKFAST Assorted Bagels with Cream Cheese LUNCH Lucky Plate Day, Baker's Surprise, Fruit Choices	17 BREAKFAST Sausage and Cheese Muffin LUNCH Hot Dog on a Whole Wheat Roll, Cheese Fries, Veggie Beans, Celery with Dip, Fruit Juice, Fresh Fruit
20 Martin Luther King Day No School	21 BREAKFAST Breakfast Pizza LUNCH Buffalo Chicken Sandwich on Whole Wheat Roll, French Fries, Buttered Corn, Brussel Sprouts, Shredded Lettuce, Fruit Choices, Fresh Fruit	22 BREAKFAST Bacon, Egg, and Cheese Muffin LUNCH Penne Pasta with Homemade Meat Sauce, Fresh Green Salad with Fresh Veggies, Garlic Bread, Seasoned Peas, Roasted Chick Peas, Fruit Choices, Fruit Juice	23 BREAKFAST Assorted Bagels with Cream Cheese LUNCH Beef Tacos on a Soft Shell, Shredded Lettuce, Chopped Tomatoes, Shredded Cheese, Sour Cream, Salsa, Refried Beans, Seasoned Rice, Fresh Fruit, Fruit Choices	24 BREAKFAST Breakfast Break LUNCH Grilled Ham and Cheese Sandwich, Tomato Soup, Potato Chips, Carrots with Dip, Fruit Juice, Fruit Choices
27 BREAKFAST Sausage, Egg, and Cheese Muffin LUNCH Loaded French Fries or Hot Dog on a Whole Wheat Roll, Cheese Sauce, Bacon Bits, Seasoned Broccoli, Veggie Beans, Fruit Choices, Fresh Fruit	28 BREAKFAST Breakfast Break LUNCH Popcorn Chicken with Dipping Sauce, Tator Tots, Seasoned Cauliflower, Seasoned Peas and Carrots, Fresh Fruit, Fruit Choices	29 BREAKFAST Assorted Bagels with Cream Cheese LUNCH Oven Baked Chicken, Mashed Potatoes, Buttered Corn, Sliced Beets, Fresh Fruit, No Bake Cookies	30 BREAKFAST Bacon, Egg, and Cheese Muffin LUNCH Dunkers with Dipping Sauce, Beef, Tomato, and Macaroni Soup, Fresh Veggie Cups with Dip, Seasoned Carrots, Fruit Juice, Fruit Choices	31 BREAKFAST Assorted Mini Donuts LUNCH BBQ Ribs on a Whole Wheat Roll, Coleslaw, Seasoned Wedges, Seasoned Green Beans, Fruit Choices, Fresh Fruit

DAILY ENTREES: MIDDLE/HIGH SCHOOL

Large & Small Cafe - Choice 1 - Daily Menu Choice

Salad Plate

Yogurt Parfait

Large & Small Cafe - Monday, Wednesday, and Friday - Subs

DAILY ENTREES: ELEMENTARY SCHOOLS

Monday, Tuesday, Thursday, and Friday

Choice 1 - Daily Menu Choice

Choice 2 - PBJ Sandwich



HAPPY

NEW

YEAR!