From the Principal’s Desk…

“Starting strong is good, finishing strong is epic.” ~Robin Sharma

“Doing the best in this moment puts you in the best place for the next moment.” ~Oprah Winfrey

Spring is known for new beginnings and with third trimester just around the corner there’s no better time to think about what is still to come. Throughout my nearly 25 years in education I have learned a few things that seem to hold true year after year.

For our freshman, they are starting to feel like they finally “get” high school and may just now be figuring out what it takes to be successful in the classroom. If this sounds familiar, and you have been battling your teenager around attendance and grades, I’m here to assure you IT’S NOT TOO LATE! Your student can still get back on track and have success from here on out. Encourage them to reach out to teachers if they need help, stay engaged in their new classes, and spend their days learning, not just existing at KHS.

Our sophomores and juniors are looking forward to the next school year and making plans for what needs to happen now, so they can find success in the fall. For some this may be running for club, class or ASB office or trying out for cheer; while for others it’s arranging community service hours to fulfill their graduation requirement. Every minute you can spare to talk to your student about their future will help them keep that future in focus—you are their first and best supporter. If your student is interested in school leadership direct them to visit with Mrs. Thomas in D-2.

Finally, seniors are coming to the end of their time with us which may surface new feelings ranging from excitement to anxiety as they think about what happens after June 6th, 2020. This can be a scary time for newly minted adults, who now more than ever, need reassurance and support from their families. If your senior doesn’t have a plan for “what’s next” reach out to our Career Center and partner with us to help them find direction for a bright and independent future.

Senior parents be on the lookout for the 2020 Senior Letter which outlines our last trimester expectations and important dates for all seniors.

Sincerely,

Christine McDaniel, Principal, Kelso High School
Thank YOU voters!

We are so thankful for the tremendous support for our schools, staff, and, most importantly, for Kelso kids.

The voter-approved levy will restore, sustain, and enhance essential educational programs, maintenance, and more.

Thank you!

WeAreKelso.org

MUSIC SHOWCASES

March 10th – District Choir Showcase, 7pm in KHS Gymnasium

March 10th – KHS Jazz plays with LCC Jazz, 7:30 pm at LCC

March 11th – District Band Showcase, 7pm in KHS Gymnasium

March 12th – District Orchestra Showcase, 7pm in KHS Gymnasium

March 31st – Jazz Concert, 7pm at LCC

After School A Cappella

Join us in G2 every Tuesday at 2:45pm for an advanced choir experience. We will focus almost entirely on pop a cappella music (think Glee, Pentatonix, Straight No Chaser, On the Rocks). This is a great opportunity for students who want to take music but have no room in their schedule, want to improve their singing skills in order to audition for Chamber or Show Choir, or just want more music in their week. This group will be singing on our concerts, joining us on our Portland Tour in May and our out-of-state tour in 2021. Contact Mr. Cossi (colin.cossi@kelsosd.org) with any questions.
NEED $ FOR YOUR POST-SECONDARY PLANS?
COMPLETE THE FAFSA!

FAFSA.ED.GOV

All Seniors & their parent(s) should fill out a FAFSA

FAFSA is available October 1. Some aid is awarded on a first-come, first-served basis. Apply ASAP!

You can fill out the FAFSA on a computer, mobile device, or myStudentAid mobile app.

Filling out the FAFSA is FREE. Never pay a company or service to process your FAFSA!

By completing FAFSA, you are automatically applying for a Pell Grant (FREE money)

Don’t let the FAFSA intimidate you, & don’t assume that you won’t be eligible for any aid.

FAFSA Fridays
All seniors are welcome to receive one-on-one assistance completing FAFSA during lunches and after school till 3:30 PM.
Every senior that completes FAFSA will be entered to win 1 of 3 prizes (winners announced on March 4th). Prizes include Dutch Bro’s gear and gift card, Red Leaf gear and gift card & a Sweet Spot Frozen Yogurt gift card!

FAFSA CHECKLIST
A list of what you need to fill out the FAFSA

If the student is a dependent, the following are needed for both student and parent(s).

☐ FSA ID TO LOG IN (do this first)
Create logins at FSAID.ed.gov

☐ SOCIAL SECURITY NUMBER
(if you’re not a US citizen, your Alien Registration #)

☐ DRIVER’S LICENSE NUMBER
(if you have one)

☐ FEDERAL INCOME TAX RETURN, W-2’S, AND OTHER RECORDS OF MONEY EARNED
The IRS Data Retrieval Tool can transfer your tax info into the FAFSA. If the “LINK TO IRS” button is available, click it.

☐ BANK STATEMENTS & RECORDS OF INVESTMENTS
(stocks, bonds, and real estate other than the home you live in)

☐ INFORMATION ON UNTAXED INCOME
(e.g., child support)

☐ LIST OF SCHOOLS BEING CONSIDERED

If you have all the above items ready, it takes about an hour to complete FAFSA

Career Center News & Events
Scholarship Workshop Wednesdays: March 4, 11, 18 & 25. Seniors will receive 1-on-1 assistance with scholarship applications. The Career center copy machine will be available (free of charge) to make copies.
March Scholarship Spotlight

Kevin Hanks Memorial Cross Country Scholarship
Due: 4/17

Kelso Cheer Boosters
Due: 4/30

Rick Roberts
Due: 4/17

Downtown Quarterbacks (DTO)
Due: 4/15

Maurice & Betty Cummings
Due: 4/17

Emmett & Opal Schroeder
Due: 4/17

Ryan Wolf Memorial Scholarship
(Kelso Youth Baseball)
Due: 5/1

Class of ‘45-Hilander Hall of Fame
Due: 4/17

Edgar Vazquez Soccer Memorial Scholarship
Due: 5/1

Kelso Recreation Council
Due: 4/15

Kelso Volleyball Boosters
Due: 4/17

Class of ‘45-Al Laakso
Due: 4/17

Gerald Bergquist Athletic Scholarship
Due: 3/31

Apply at: khscounselingcenter.com/scholarships

Attention
Student Leaders!

If you are interested in running for a class officer or ASB officer position see Mrs. Thomas in room D2 for an application.

ASB Application are due March 20th.
Class Officer Applications are due March 31st.

Attention Class of 2020 Seniors

Please stop by the Counseling Center to verify and sign off on your name that will be printed for your Kelso High School diploma. Please confirm by February 7th, 2020.

Sarah Rice
Registrar

Mar 8 Daylight Saving time
Mar 10 District Choir Showcase 7 PM KHS Gym
Mar 10 KHS Jazz plays with LCC Jazz, 7:30 PM @ LCC
Mar 11 District Band Showcase 7 PM KHS Gym
Mar 12 District Orchestra Showcase 7 PM KHS Gym
Mar 12 End of Trimester
Mar 13 No School - In-Service Day
Mar 16 No School - Trimester Break
Mar 18 Student Council Meeting 1 PM in Room D2
Mar 20 ASB Applications are due
Mar 27 ASB Elections Assembly
Mar 31 Class Officer Applications are due
Mar 31 Jazz Concert 7 PM @ LCC

Up Coming Dates
April 3 1:00 PM Dismissal
April 6-10 No School - Spring Break
May 25 No School Memorial Day
March 19th: Juniors are invited to **College Planning Day** at WSU Vancouver where they will get to explore college options by meeting with college representatives of their choice. Representatives from Washington public and private 4-yrs baccalaureates and area community colleges gather to give 30 minutes presentations on their institution and admission to their school. We are only taking 40 students total. Permission slips are available in the Career Center. A completed and returned permission slip will reserve the students spot on the bus.

April 1st: **Military Family Information Night** at Kelso High School. Students in grades 10-12 and their families are invited to this county-wide event that will focus on informing students about the military as a post-secondary option. Students will hear from each military branch, listen to a panel of recent recruits or graduates, and get the opportunity to speak one-on-one with our local recruiters to get their questions answered. Pizza and refreshments provided. To RSVP click on the link. [https://www.eventbrite.com/e/military-family-information-night-tickets-92407761101](https://www.eventbrite.com/e/military-family-information-night-tickets-92407761101)

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**World Language Credit Testing Timeline Spring 2020**

Kelso School District is sponsoring testing for 9th -12th graders within the Kelso School District who are bilingual or proficient in a second language, and would like to earn World Language credit towards their high school graduation requirements. If you are interested, please see Ms. Knowles in the Counseling Center for qualifications and an application. The following are languages that we offer testing credit. Arabic, Cantonese, English, French, German, Hebrew, Hindi, Italian, Japanese, Korean, Mandarin (Simplified & Traditional), Polish, Portuguese (Brazilian), Russian & Spanish.

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**MARCH 10 TIPS FOR A SUCCESSFUL SENIOR YEAR**

1. PLAN FOR GRADUATION! DO YOU HAVE YOUR CAP AND GOWN?
2. COMPLETE THE FAFSA OR WASFA
3. FILL OUT SCHOLARSHIP APPLICATIONS
4. THINK ABOUT YOUR SUMMER PLANS- MOVING? JOB? SUMMER SCHOOL?
5. CELEBRATE YOUR OFFERS OF ADMISSION
6. FINISH TRI 2 STRONG- YOUR GRADES STILL MATTER!
7. CHECK YOUR TRI 3 SCHEDULE- ARE YOU ON TRACK?
8. COMPARE FINANCIAL AID OFFERS- DO YOU NEED HELP UNDERSTANDING THEIR?
9. COMPLETE YOUR SENIOR HOURS AND WORK ON YOUR EXIT INTERVIEW
10. UPDATE YOUR RESUME! ADD ANY AWARDS OR NEW ACTIVITIES
Thank you to everyone that participated in our free heart screening. Preventative care is so important.

Mark your calendars for our next Play Smart Heart Screening scheduled for January 28 & 29, 2021. More information will be available fall of 2020.

Have you ever wondered why 241 people might fall unconscious at roughly the same time? We never wondered either, and now we wish we didn’t know. Don’t miss your chance to see the KHS theatre Winter Show (full title to be released soon). It’s a horror show that explores this unnatural phenomenon in a documentary theatre style. Tickets prices are: $12 for adults, $10 for students, and $7 for ASB, Senior Citizens, and thirteen and under. If you want to buy your tickets in advanced, the Advanced Theatre students are currently preselling tickets for $10 each. We hope to see you there!

Student Transfer to Nonresident District Forms

The enrollment period for parents wishing to apply for a Student Transfer to Nonresident District (Choice Form), for the 2020-2021 School Year is now. As a reminder, students who do not live within Kelso School District boundary, but wish to attend Kelso Schools, must have this form completed annually. To ensure consideration for the 2020-2021 school year, this form must be completed and returned to the Kelso School District Student Services Department (601 Crawford Street in Kelso) by 4:00 PM on Tuesday, March 31, 2020. Applications submitted after the deadline may not receive a decision until after the start of the 2020-2021 school year. Applications can now be completed online as well and the link is on the District Website.

Please note:
- Class size limits are one of the determining factors for denial of a nonresident student’s application. Class sizes do change yearly by grade and school, and may impact your student(s) ability to stay enrolled with your current school for 2020-2021.
- Transportation for students with a boundary exception is the responsibility of the parent.
- The Principal or Director of Student Services, under the guidance of the Superintendent, may rescind the acceptance of a non-resident student for any of the following reasons:
  1. Attendance, behavior, or disciplinary grounds: or
  2. The circumstances under which the nonresident student approval was granted have changed significantly; or
  3. The appropriate educational programs and/or services provided to or needed by the student have changed since the approval.

Parents who live in the Kelso School District but wish to have their children attend a school other than their neighborhood school will need to complete an In-District Boundary Exception, unless the child attended the desired school in 2019-2020, in which case the transfer will renew automatically. PLEASE NOTE: the automatic transfer can be revoked if there are any unresolved attendance to disciplinary issues. If your child is currently on a Choice transfer waiver you will be receiving a letter with detailed instructions. If you are new to the process or do not receive your letter, information can be found on the district website or by calling the Student Services Department at (360) 501-1905.
Miah’s colored pencil, *Make up Your Mind*, was chosen as the cover art for this year’s Regional Art Show. A few Kelso art students in the past have shared this honor, including Luis Gurrolla Villareal, Danielle Evans, and Manon Kaufmann. This piece of Miah’s also won 2nd place at last year’s US Congressional Art Competition and is hanging in Congresswoman Beutler’s office until June. Well done, Miah!

March is Youth Art Month and another show we will be exhibiting student artwork will be at the Tacoma Art Museum (or TAM) from April 15th to May 15th. This will be a new show Kelso High Students will be participating in.

Jazz Festival at Clark College

Congratulations to Joshua Dailey for receiving the Outstanding Soloist Award for his work on the piano.

ESD 112 chooses one (or more) works of art from the previous year’s Regional Art Show to use as advertisement for the current year. There were approximately 250 pieces of art at last year’s show.

Southwest Washington Regional High School Art Show

Art work is on display at the ESD 112 office from February 17th to March 18th. Winners will be notified March 4th – 6th and the awards ceremony will be on March 18th at the ESD 112 office.

Congratulations to these students for representing our district in these honor groups.

**WMEA All-State Treble Choir**
Sydnee Bossen (alto)

**WMEA All-State Symphonic Choir**
Brent Burkhartt (bass)
Phinnley Tokuoka (tenor)
Kaylee Woods (soprano)

**WMEA All-State Concert Band**
Jacob Bass (alto saxophone)
Natasha Rheaume (bass clarinet)
Unified basketball at Kelso has been playing for 6 years now. This years team was composed of old and new faces. It was a great opportunity for all students at KHS. We had students from the significant classroom as our athletes who were well supported by our partners during games and practice. Per our players they really enjoyed working together and helping give each other opportunities to score. It has been great to see students and staff support the team more and more each year. Unified was able to play games and tournaments at various Vancouver schools. Played in front of home crowd twice with Varsity K stepping up this year to recognize each player. All the team’s hard work finally paid off as Kelso unified took home a win to end their season. Unified is excited to continue to add more games in the future.

Coach Chaney
Wanted: Computer Programmers to Volunteer for Kelso High School Class

Kelso High School is participating in a great program that pairs computer science volunteers with teachers who are introducing computer science classes at the high school. If you have a degree in computer science or experience in computer programming and can dedicate about 1-2 hours a week (you’ll be done by 9:00 AM) please contact brenda.sargent@kelsosd.org for more information. We’d love to have you join our team as we prepare Kelso students for 21st century jobs. For more information check out https://www.tealsk12.org/volunteers/
DECA is a business and marketing club but it’s much more than that. In DECA students compete in role-plays and projects focused on business, marketing, and management. We also get to travel as our club visits Bellevue yearly and most recently went to Anaheim, CA and Orlando, FL for conferences. To find out more visit Mr. Beck in room MS2 (the DECA room) at the High School. You can also visit our school Marketing/DECA site @ https://sites.google.com/kelso.wednet.edu/marketing-101

Health Inventory Form
Kelso School District policy is to have a current form on file with the Health Specialist YEARLY. If you have not filled out or sent this form in for next year, please send this with your child to the office or Health room as soon as possible. If you have any question please contact Nicole at 501-1853.

Thank You
Nicole Nickel
KHS Health Care Specialist
360-501-1853
Nicole.Nickel@kelsosd.org

KHS Policy for checking students in/out

KHS is a closed campus. Once a student has arrived on campus, they are not allowed to leave campus without authorization; this includes going to the parking lot during the day. Students will not be released for the purpose of obtaining lunch off campus. Parents should not write notes or call in for this purpose.

All students who come to school after the bell has rung must get an “Admit Slip” from the Attendance Office. Students who leave during the day must have a “Permit to Leave” pass. The fastest way to have a student released from school is to have them bring a note from their parent/guardian to the Attendance Office when they arrive to school. The attendance office opens at 7:35 AM. They will immediately be given their permit to leave pass and will be able to leave promptly when the time comes. Parents/Guardians may call the Attendance Office at 360-501-1854 to release their student. This, however, is a slower method and may take considerable time. It is not always possible to get passes to students as fast as they may need them.

Please give the Attendance Office as much warning as possible, at least an hour. We understand when a last minute appointment or emergency arises but please make these the exception rather than the rule.
All Kelso schools take the Harassment, Intimidation and Bullying (HIB) of students very seriously. According to the most recent Healthy Youth Survey, the majority of students in Kelso schools indicate that they feel safe at school.

Any student, parent or other interested adult can report an incident of HIB using the Kelso Incident Report Form (which is available on the website and in the main office of all schools).

Harassment, Intimidation or Bullying (HIB) is an intentional electronic, written, verbal, or physical act that:

- Physically harms a student or damages the student's property.
- Has the effect of substantially interfering with a student's education.
- Is so severe, persistent, or pervasive that it creates an intimidating or threatening educational environment.
- Has the effect of substantially disrupting the orderly operation of the school.

If you have any questions about this policy please contact the principal of your child's school, or the Director of Student Services, Don Iverson, at the Kelso School District office.

Kelso School District #458 complies with all federal rules and regulations and does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups listed in Title 36 of the United States Code. The following employee(s) has been designated to handle questions and complaints of alleged discrimination: Tim Peterson, Director of Human Resources, the school district's Title VII Officer and ADA Coordinator. People of disability may request reasonable accommodation in the hiring process by contacting, Tim Peterson, Director of Human Resources, 601 Crawford Street, Kelso, WA 98626 or (360) 501-1924. Inquiries regarding compliance procedures regarding students may be directed to Don Iverson, Director of Student Services, the school district’s Title IX Coordinator or Holly Budge Director of Special Programs, the school district’s Section 504 Coordinator, 601 Crawford Street, Kelso, WA.
Bus passes allow students to ride a bus other than their regular bus to or from school. Please send a note with your student to the Attendance Office that includes the student name, date of request and bus route, who are they going home with and address of that student. Bus passes will be issued before school and during lunch. The Attendance Office is closed after school.

**Low Cost Internet Access for Families**

If you looking for inexpensive Internet access for your family, you might want to check out [Comcast's Internet Essentials](https://www.comcast.com/internetessentials) program which provides Internet access for some families for as low as $9.99 a month. [Century Link's Internet Basics](https://www.centurylink.com/internet) is a similar program that's available for $9.95.

**WeAreKelso.org**

is where you can find out what's happening with the process or our improvements of our schools.

**Cell Phone Policy**

- Cell phones are permitted on campus.
- Cell phones may be used before school, between classes, at lunch and after school.
- Cell phones are to be turned off and put away out of sight during class time.
- Cell phones are not allowed in ISS.

  - If a student uses their phone during class time, the phone will be taken from the student. A telephone call will be made to the parent/guardian who must then pick up the cell phone in the main office at Kelso High School.
  - This policy is in effect for all students on or off campus, including those participating in community programs. Thank you for your cooperation and your commitment to quality learning time at Kelso High School.

**Parents, please support our cell phone policy by not CALLING or TEXTING your student during the school day.**

Please call 501-1800 to leave emergency messages. Your message will be taken to your student promptly. Thanks again for your support.

**SKYWARD FAMILY ACCESS**

Kelso High School recognize that parents would like to play a greater role in their student's education. To make it easier for you to get involved, we are providing you with the ability to access information anytime, day or night, as it relates to your student. We believe this access will be a benefit to you and your student.

Click below to access your child’s information on Family Access.
Here are some things 18-20 year-olds should know about the new law:

My local store will probably keep selling to me if they want my business. 😊

They won't continue selling to you because the law says they can't. Selling tobacco or vapor products to people under age 21 is a gross misdemeanor and may result in criminal charges, fines, or both. Clerks and store owners are required to follow the law.

I vape now, but might want to quit. How can I do that? 😔

Go to doh.wa.gov/quit. Remember, the nicotine in tobacco and vapor products is extremely addictive, like cocaine or even heroin. That's why it can take several attempts to successfully quit tobacco. However, the more times people try to quit, the more likely they are to succeed on their next try.

You can download an app to help you quit, plus learn about other options:

- Talk with a Quit Coach. Call the Washington State Tobacco Quitline or register at quitline.com.
- WASHINGTON STATE TOBACCO QUITLINE 1-800-QUIT-NOW 1-800-784-8669 | quitline.com

In addition to self-help materials like the app, and counseling resources like the Quitline, medication and other quitting resources may be available to you. Visit: doh.wa.gov/quit
TOBACCO & VAPOR 21

21 IT'S THE LAW

Here are some things 18-20 year-olds should know about the new law:

I'm 18 and I vape. What happens to 18-20 year-olds who smoke or vape now?

As of January 1, 2020, it is illegal for stores to sell you tobacco or vapor products if you are under 21, even if you have been buying since you were 18. This law does not change penalties for purchase, possession, or use. If you are 17 or younger, you will continue to face fines and penalties for purchase, possession, or use.

UNDER 21: It is now illegal for stores to sell you vapor devices, e-liquid or pods.

21+: New legal age for stores to sell you vapor devices, e-liquid or pods.

UNDER 21: It is now illegal for stores to sell you: cigarettes, smokeless tobacco, cigars, dissolvables, roll-your-own, hookah & pipe tobacco, nicotine gels

21+: New legal age for stores to sell you: cigarettes, smokeless tobacco, cigars, dissolvables, roll-your-own, hookah & pipe tobacco, nicotine gels

Why did Washington pass this new law?

More than 8,000 Washingtonians die each year due to tobacco use, and most people who smoke begin using before age 21. This law will help protect young people from the health consequences of using tobacco and vaping.

PEOPLE WHO USE TOBACCO ARE:

25 TIMES more likely to develop lung cancer.

12 TIMES more likely to die from pulmonary disease.

2-4 TIMES more likely to have heart disease or stroke.

Vaping has not been proven effective as an aid to quitting smoking, and many people vape in addition to smoking cigarettes. E-liquids can contain nicotine and substances known to cause lung disease. They also pose a poisoning risk to young children.

30% of high school seniors in Washington vaped in 2018.

100% of JUUL pods contain nicotine levels equal to a whole pack of cigarettes.

???? E-liquids can contain unknown chemicals and compounds.
Quit Vaping

An App For Teens And Young Adults

Private · Personalized · Effective

Are you looking for help to quit vaping? Learn different ways to deal with the urge to vape that will make quitting easier.

Free to residents of Washington State.

To get access to the app, sign up at doh.wa.gov/quit

About the Program
- Core lessons and exercises
- Bonus lessons
- Practice awareness and take action
- Receive text-based messages
- Earn a certificate of completion

For people with disabilities, this document is available on request in other formats.
To submit a request, please call 1-800-525-0127 (TDD/TTY call 711).
Snow, ice and wind can impact our ability to conduct school activities as planned. Depending on the road conditions, any one of the following may happen:

1) **School is delayed two hours.**
   Buses pick up students two hours later than normal; no breakfast or AM preschool.

2) **School is canceled for the day.**
   All schools, activities, and athletics are canceled for the day.

3) **School is dismissed early.**
   All activities and athletics are canceled.

**How we decide**
Before deciding to close schools, district officials consult county road crews and our own employees who are out driving the roads in the early hours of the morning.

Our district covers a large region with steep terrain in places. While roads may be passable in town, conditions may be different just a few miles away. Before we close schools we seek answers to the questions below:

- Can we ensure that buses can navigate streets safely?
- Will students be safe waiting for buses, driving or walking to school?
- What are the predicted weather conditions later in the school day so we can also ensure students a safe return home?
- Will conditions be substantially improved if we start school late?
- Will we have heat and lights in our schools?

**How we inform you**
We attempt to provide you with as much prior notice of school closures as possible. We make every effort to announce changes by 6 AM and we use a variety of methods to get the information to parents and staff.

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**Flash Alert**
Subscribe to FlashAlert to receive weather-related schedule changes by email and/or text messages. Push notification is available by downloading the FlashAlert app for iOS & Android smartphones. To subscribe to this free service, go to our website:
kelso.wednet.edu

**Radio/Television**
Portland TV stations will carry basic information about school closures. For more detailed information, especially about changes in bus routes, please listen to local radio stations.

- KLOG 1490 AM • KUKN 105.5 FM
- KRQT 107.1 FM (Rocket 107) • KEDO 1400 AM
- KLYK 94.5 FM or 97.9 FM • KBAM 1270 AM
- KPPK (The Peak) 98.3 FM • KZOE 90.3 FM

**Twitter & Facebook**
You can also follow us on Facebook and Twitter @KelsoSchools for updates on school closures and bus routes.

For a recorded message of changes in bus routes and/or school closures, call: **(360) 501-1990.**