

## Available Daily MS/HS

Assorted Cereal, Cereal Bars, Muffins,  
Bagels, Pop Tarts

Minis: Cinnis, Bagels, Pancakes

### A Variety of Fruits:

Local Apples, Oranges, Bananas, 100% Juice

### Milk Choices:

Reduced-Fat White, Chocolate, & Vanilla

# BREAKFAST @SCHOOL

## For first-class learning!

BALD EAGLE AREA SCHOOL DISTRICT



## JANUARY 2020

Laura Frye, Food Service Director  
laura.frye@beasd.net 814.355.8068

This institution is an equal opportunity provider. Menu is subject to change.



*Welcome Back!*  
*We hope you*  
*enjoyed yourz bzeak!*

*Enjoy your*  
*Breakfast!*

Monday, January 6

**Cinni Minis  
or Mini  
Pancakes**

Tuesday, January 7

**Pancake &  
Sausage  
on a Stick**

Wednesday, January 8

**Whole Grain  
Cinnamon  
Roll**

Thursday, January 9

**Yogurt &  
Scooby  
Grahams**

Friday, January 10

**Cinni Minis  
or Mini  
Pancakes**

Monday, January 13

**Cinni Minis  
or Mini  
Pancakes**

Tuesday, January 14

**Fruit Muffin  
& String  
Cheese**

Wednesday, January 15

**Bagel  
& Spreads**

Thursday, January 16

**Breakfast  
Bread**

Friday, January 17

**Cinni Minis  
or Mini  
Pancakes**

Monday, January 20

**Cinni Minis  
or Mini  
Pancakes**

Tuesday, January 21

**Yogurt w/  
Cereal  
Bar**

Wednesday, January 22

**Breakfast  
Ring**

Thursday, January 23

**Cook's  
Choice  
Breakfast**

Friday, January 24

**ASSESSMENT/PARENT  
CONFERENCES  
NO SCHOOL FOR  
STUDENTS**

Monday, January 27

**Cinni Minis  
or Mini  
Pancakes**

Tuesday, January 28

**Breakfast  
Pizza**

Wednesday, January 29

**Pancake &  
Sausage  
on a Stick**

Thursday, January 30

**Whole Grain  
Cinnamon  
Super Bun**

Friday, January 31

**Cinni Minis  
or Mini  
Pancakes**

## Available Daily Elementary

Assorted Cereal, Toast

Minis: Cinnis, Pancakes

### A Variety of Fruits:

Local Apples, Oranges, Bananas, 100% Juice

### Milk Choices:

Reduced-Fat White, Chocolate, & Vanilla

*First things First*

**Choose at least ONE  
serving of FRUIT and at  
least THREE items TOTAL  
so your meal counts as a Complete Breakfast!**

**BREAKFAST@SCHOOL**  
**For first-class learning!**