











LOCKLAND CITY SCHOOLS - OCTOBER 2019

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Grilled Cheese Sandwich is offered daily as an alternative entrée</p>	<p>1 Choice of Grilled Hamburger or Grilled CheeseBurger on Bun Baked Tater Tots Lentil Pasta Salad Self Serve Fruit & Vegt. Bar Milk</p> 	<p>2 Chicken Sandwich topped with cheese on Whole grain Bun Baked Waffle Fries Self Serve Fresh Fruit & Vegt. Bar Treat: Mini Rice Krispie Treat Milk</p>	<p>3 Personal Pan Cheese Pizza Baked Spiral Potatoes Seasoned Carrots Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>4 Breaded Mozzarella Cheese Sticks with marinara sauce for dipping Seasoned Green Beans Fresh Caesar Salad with croutons Self Serve Fresh Fruit & Vegt. Bar Milk</p>
<p>7 Chicken Fajita Wrap with lettuce, cheese & salsa Steamed Vegetable Rice Seasoned Black Beans Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>8 Italian Mini Cheese Ravioli served with Garlic Bread Seasoned Green Beans Fresh Caesar Salad w/Croutons Self Serve Fresh Frt & Vegt. Bar Milk</p>	<p>9 Stuffed Crust Cheese Pizza Baked Potato Wedges Mixed Garden Salad w/dressing Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>10 Spicy Chicken Tenders  Whole Grain Dinner Roll Whipped Potatoes with Gravy Seasoned Carrot Coins Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>11 Bosco Cheesefilled Breadsticks Served with marinara sauce Seasoned Broccoli Florets Self Serve Fresh Fruit & Vegt. Bar Treat: Box of Raisins Milk</p>
<p>14 Baked Mini Corn Dogs Whole Grain Dinner Roll Seasoned Carrot Coins Fresh Caesar Salad with Croutons Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>15 Italian Steak Hoagie w/ marinara served on a WG Hoagie Bun Seasoned Corn Edamame Beans Self Serve Fresh Frt & Vegt. Bar Milk</p>	<p>16 Mozzarella Cheese Sticks served with marinara sauce Seasoned Broccoli Florets Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>17 Baked Chicken Nuggets Whole Grain Dinner Roll Whipped Potato with gravy Seasoned Broccoli Florets Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>18</p> <p>NO SCHOOL </p>
<p>21 Italian Meatball Sub Sandwich Seasoned Green Beans Mixed Garden Salad with Dressing Self Serve Fresh Fruit & Vegt. Bar Milk</p> 	<p>22 Soft Taco with let, cheese, salsa Baked Refried Beans Seasoned Corn Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>23 Baked Chicken Drumstick Whole Grain Dinner Roll Baked Straight Cut Potatoes Seasoned Carrots Coins Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>24 Pulled BBQ Chicken Sandwich Fun Size Rold Gold Pretzels Home-style Potato Salad Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>25 Famous Tony's Cheese Pizza Baked Potato Wedges Mixed Garden Salad with Dressing Self Serve Fresh Fruit & Vegt. Bar Milk</p>
<p>28 Cincinnati Chili Cheese Coney (served with a beef hot dog) Baked Potato Coins Home-style Baked Beans Self Serve Fresh Fruit & Vegt. Bar Milk</p>	<p>29 Double Crust Pizza (chs or pepp) Baked Crinkle Cut Potatoes Seasoned Broccoli Florets Self Serve Fruit & Vegt Bar Milk</p>	<p>30  Sloppy Joe Sandwich Seasoned Corn Assorted Baked Cheetos Creamy Potato Salad Self Serve Fresh Fruit & Vegt Bar Milk</p>	<p>31 HAPPY HALLOWEEN Popcorn Chicken with BBQ Sauce Roasted Potato Chunks Seasoned Carrot Coins Self Serve Fresh Fruit & Vegt. Bar Happy HALLOWEEN Treat  Milk</p>	

This institution is an equal opportunity provider

