

TRI-VALLEY HIGH SCHOOL

WEEKEND NOTE



Friday, December 13, 2019

Hello TVHS families,

The final week of the semester is upon us! Students and teachers are busily working to finalize projects and prepare for final exams. Semester exams will be next Wednesday through Friday and TVHS will be **Open Campus** on these 3 days. Open Campus means that attendance will only be taken at each assigned exam period. Students are not required to attend for any times in which they do not have an exam (study hall period, for example). Students will not need a note, or called in by their parents. During exam days, any student in the building not currently taking an exam are to remain in the Commons for study hall. Parents, if you have concerns about the open campus for your son or daughter and would like for them to remain in the building for the entire day, please notify the high school office. The full schedule for semester exams can be found in the app, on the website, and [HERE](#).

We know firsthand that semester exams can be a very stressful time for students! One suggestion for students is to start with the right mindset. Confidence and positive self-talk make a big difference! Needing more studying tips? Check out this article from Edutopia:

[5 Research-Backed Studying Techniques](#).

Ben Derges, Principal

Tri-Valley High School

WHAT'S HAPPENING AT TRI-VALLEY HIGH SCHOOL

- **MRS. BENTER'S CLASSES HOSTING ANNUAL BAKE-OFF:**

The annual Christmas Treat Bake-off will be during lunch on Monday. All students are encouraged to bring \$3 to load up on sweets during both lunches, vote on your favorite and help raise money for Adopt-A-Family.

- **12 EARN ILLINOIS STATE SCHOLAR RECOGNITION**

The State Scholar Program recognizes students attending approved high schools for outstanding academic achievement. State scholar designation provides honorary recognition with no monetary award. Approximately the top ten percent of graduates from approved high schools are announced as State Scholars each year. The Illinois State Scholar distinction is determined by the state's formula that uses sixth semester unweighted GPA, test scores, and class size. Our Illinois



State Scholars for the Class of 2020 are: **Bryce Bedillion, Nicholas Bierman, Lauren Carter, Jacob Corsaw, Brenna Donovan, Alexandria Jones, Sydney Nelson, Drew Rudsinski, Jacob Simpson, Ryan Steiner, Nathan Sutton, and Ella Wargo.**

- **MORGAN MOUSER & COLE NEUBAUER ADVANCE IN FFA PUBLIC SPEAKING CONTESTS**

Congrats to our very successful FFA public speaking and job interview competitors! **Cole Neubauer** will be moving on to District competition with a second place win in Extemporaneous Public Speaking, **David Knipp** took sixth place in Varsity Job Interview, **Audra Bakewell** placed fourth in Creed Speaking, and **Morgan Mouser** will be moving on to Districts with a FIRST place win in Creed Speaking. Congratulations to all!

- **OUTSTANDING CHRISTMAS CONCERT**

The High School Band performed for their family and friends at their 2019 Christmas Concert on Wednesday evening. It was a wonderful night of music. And a special shout

out to Adam Hopf for winning the annual Ugly Christmas Sweater contest by band students for the 2nd year in a row!



- **PARENT VOLUNTEERS NEEDED FOR HEART SCREENINGS**

Our school nurse, **Mrs. Goff** is looking for a few parent volunteers to help with the Young Hearts 4 Life cardiac screening that is scheduled for April 8th. This is a cardiac screening program that offers free ECG screenings for all high school students. The commitment would involve a couple of meetings prior to the event, promoting the event, and helping out during the event. If you are interested in helping, contact Amanda Goff at agoff@tri-valley3.org Visit <http://www.yh4l.org/> for more information about the program.

- **YOUR INPUT NEEDED: 5ESSENTIALS SURVEY**

The Illinois 5Essentials Survey for parents is now open for your feedback at <https://survey.5-essentials.org/Illinois/>. If at least 20 percent of Tri-Valley parents complete this survey, a parent supplement report will also be provided to us. The parent data will not be reported on the State Report Card. We however use this information locally to make improvements and steer our school improvement efforts. *We greatly value your input!*

Students and teachers will take their portion of the survey within



the next month. This survey is used by the state among other things the state designation for each school. Recently TVHS was designated with the state's top mark of "Exemplary" for the second year in a row ([Pantagraph article](#)). For more information about the Illinois 5Essentials Survey, or to view previous years' Reports, please visit <https://www.5-essentials.org/illinois>.