Columbia Elementary Virtual Learning Packet 5  
2019-20 First Grade  
Verification Sheet

*Return this packet to your teacher when you return to school*

<table>
<thead>
<tr>
<th>Activity</th>
<th>Max. Time</th>
<th>Actual Time</th>
<th>Parent Initials</th>
<th>Teacher Verification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Independent Reading</td>
<td>20 minutes</td>
<td></td>
<td></td>
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<tr>
<td><a href="http://www.abcya.com">www.abcya.com</a></td>
<td>20 minutes</td>
<td></td>
<td></td>
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<tr>
<td><a href="http://www.xtramath.com">www.xtramath.com</a></td>
<td>15 minutes</td>
<td></td>
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<tr>
<td>Reading Fluency (Paper copy)</td>
<td>15 minutes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Math Fact Fluency (Paper copy)</td>
<td>15 minutes</td>
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</tr>
<tr>
<td>Writing (Paper copy)</td>
<td>15 minutes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Special - PE (Paper copy)</td>
<td>30 minutes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Daily Homework</td>
<td>20 minutes</td>
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</tbody>
</table>

**Independent Reading:** Students must read independently for 20 minutes

**www.abcya.com:** Students go to ABCya and complete first grade letter work of their choice.

**www.xtramath.com:** Students sign in to Xtra Math and complete one round of math facts on their level.

**Reading Fluency:** Students must read the passage and answer the questions about the story.

**Math Fact Fluency:** Students must complete the math page (included in packet).

**Writing:** Students must complete the writing page. Students should write three, complete sentences using the sentence starter, and then draw an illustration in the box above.

**Specials Area Assignment:** (included in packet)

**Daily Homework:** Students must complete the regular daily homework.
Paquete de Columbia Elementary Virtual Learning 5
2019-20 Primer Grado
Hoja de verificación

*Regrese este paquete a su maestro cuando regrese a la escuela*

<table>
<thead>
<tr>
<th>Actividad</th>
<th>Max. Hora</th>
<th>Tiempo actual</th>
<th>Iniciales de los padres</th>
<th>Verificación del maestro</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectura independiente</td>
<td>20 minutos</td>
<td></td>
<td></td>
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</tr>
<tr>
<td><a href="http://www.abcyac.com">www.abcyac.com</a></td>
<td>20 minutos</td>
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</tr>
<tr>
<td><a href="http://www.xtramath.com">www.xtramath.com</a></td>
<td>15 minutos</td>
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<tr>
<td>Fluidez de lectura</td>
<td>15 minutos</td>
<td></td>
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<tr>
<td><em>Copia en papel</em></td>
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<tr>
<td>Fluidez en hechos matemáticos</td>
<td>15 minutos</td>
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<tr>
<td><em>Copia en papel</em></td>
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<tr>
<td>Escritura</td>
<td>15 minutos</td>
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<tr>
<td><em>Copia en papel</em></td>
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<tr>
<td>Especial - PE</td>
<td>30 minutos</td>
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<td><em>Copia en papel</em></td>
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</tr>
<tr>
<td>Tarea diaria</td>
<td>20 minutos</td>
<td></td>
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</tr>
</tbody>
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Lectura independiente: los estudiantes deben leer de forma independiente durante 20 minutos

www.abcyac.com: los estudiantes van a ABCya y completan el trabajo de cartas de primer grado de su elección.


Fluidez de lectura: los estudiantes deben leer el pasaje y responder las preguntas.

Fluidez matemática: los estudiantes deben completar la página de matemática (incluida en el paquete).

Escríbita: los estudiantes deben completar la página de escritura. Los estudiantes deben escribir tres oraciones completas con el iniciador de oraciones y luego dibujar una ilustración en el cuadro de arriba.

Asignación de área especial: (incluida en el paquete)

Tarea diaria: los estudiantes deben completar la tarea diaria regular.
Oh No, Not the Dentist!

Directions: Read the story 3 times. Then, answer the questions.

Meg is at the dentist with her mom. They wait for the dentist to come in.

"Is the dentist mean?" Meg asks. She taps her foot then bites her nails. Mom gives Meg a hug. "Don't fret," Mom says. "You will love your dentist!"

Just then, the door swings open. "Hi!" the dentist says smiling. "I'm Dr. Frog...like the animal! Ribbet! Ribbet!" Meg laughs. "Hi Dr. Frog!" she says.

"Let's look at your teeth," Dr. Frog says. He flosses her teeth and uses tools to clean them. After, he gives her some mouthwash. "Yum!" she says. "It's good!"

Dr. Frog gives Meg a tooth sticker. "I love my dentist!" Meg yells.

1. How does Meg feel about the dentist at first?
   A. happy
   B. nervous
   C. mad

2. What does fret mean?
   A. to worry
   B. to talk
   C. to go home

3. What did Meg get at the end?

4. How will Meg feel when she comes back to the dentist?
   A. happy
   B. nervous
   C. mad
13, 14, 15, ____  ____  ____  ____  ____  ____  ____
41, 42, 43, ____  ____  ____  ____  ____  ____  ____
44, 105, 106, ____  ____  ____  ____  ____  ____  ____

Write the number:

- Tens + 2 ones = ____
- Tens + 6 ones = ____
- Tens + 3 ones = ____

How many tens and ones?

____ tens  _______ ones
Kindergarten, 1st Grade and 2nd Grade P.E. E – Learning Lesson

For student e-learning credit students need to complete the log for Physical Education for the time slot provided. They may choose any of the following options to complete this. Make sure you have a parent sign off for you.

1) Students may play in the snow for 30 minutes.
2) Students may go for a walk for 30 minutes.
3) Students may play the Wii for 30 minutes playing a game that needs movement.
4) Students may also go on-line and follow work-outs for kids on u-tube. They have things like Just Dance videos and others on line.
5) If you are a Comcast customer you may go to On Demand to the fitness section and do a work-out video.
6) If you cannot do any of these then you may do the work-out provided below.

Do this work-out either by yourself or invite a family member to join you!!!!

➢ March in place for 1 minute or count each time a foot touches the floor and do 60 touches
➢ 10 push-ups
➢ 10 big arm circles forward
➢ March in place with high knees for 1 minute or 60 touches tapping the knee each time it comes up to hip level
➢ 10 sit-ups
➢ 20 Windmills. Stand with feet apart and arms straight out to the sides. Take right hand down to touch the left foot, keeping legs straight. Then do the same with the left hand down to the right foot. Every time you touch a foot count 1.
➢ 20 small arm circles forward and backward
➢ 20 Jumping Jacks
➢ Run in place for 2 minutes or as long as a commercial break takes on the T.V.

****All of these exercises have been taught during gym class.