



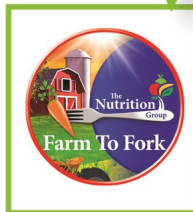
Farm to Fork

Connecting Local Farms to Your Cafeteria

The Nutrition Group's signature concept Farm to Fork offers fresh produce from local sources in school districts every year! We partner with local farmers to bring farm fresh produce into your cafeteria and incorporate them in to our delicious recipes.

We offer a different locally sourced menu item every week for the first nine weeks of the school year, culminating in a bountiful Harvest Feast around Thanksgiving time.

When planning Thanksgiving dinner, try adding new recipes using root vegetables (carrots, yams, sweet potatoes, beets, etc.). These items are great cut up into chunks, drizzled with olive oil, salt, and pepper, and roasted in the oven. The students at the East Palestine Elementary school tasted roasted sweet potatoes in November and will get to try oven roasted carrots in December.



Happy Thanksgiving from the best lunch ladies around. #thanksgivingdinner #feastday #school lunch

DISTRICT RESULTS

NEW MENU ITEM

210 vs 190
MEALS MEALS

A new twist on the classic burrito got the staff and students excited for lunch. Introducing the Burrito in a Bag! All the best burrito toppings in a bag of cool ranch Doritos!

WORLD KINDNESS DAY

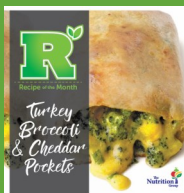
In a world where you can be anything, be kind!

On November 13th, in celebration of World Kindness day, the cafeteria staff spread simple reminders of kindness by writing kind notes on food item packages around the lunch rooms. Students and staff were given a cookie from the food service staff as a token of appreciation for their continued patronage to the cafeterias.



COMING SOON *To Your Cafeteria!*

RECIPE OF THE MONTH



A popular after school snack will now become a favorite school lunch! Turkey Broccoli & Cheddar Pockets are being served on December 5th in the middle and high school cafeterias.

WELLNESS WEDNESDAY



These amazingly delicious Oven Roasted Carrots are sure to be a school favorite. Keep an eye out for them in the elementary school on December 11th and say that you "Tried Something New!"

TASTY BITES



Enjoy a cup of hot chocolate on a cold December day in the high school cafeteria. Top this sweet treat with marshmallows, whipped topping, and crushed peppermints during the week of December 9th through 13th.

FOOD FUSION



The Quesadilla Burger is amazing! A yummy burger placed in the middle of a quesadilla, prepared with fresh toppings. Keep an eye out for it in the middle & high school cafeterias on December 12th.



CORPORATE SUPPORT

Marketing Department: Redesigning our cafeterias

TNG is excited to unveil our "**Fresh Eats**" concept - 3 new grade-specific levels of cafeteria enhancements that complement the progressive new foods we continue to introduce.

The **Fresh Eats Cafeteria** creates a fun and inviting dining experience for our elementary students. Bright colors with a playful twist on fresh fruits and veggies brighten coolers, serving lines, and walls craft an environment that is fun and welcoming.

Middle school students will gather in the **Fresh Eats Café**. At this level, designs are driven by bold colors and posters with positive messages.

When high school students enter the newly enhanced **Fresh Eats Bistro**, they're greeted with trendy chalkboard designs, fun typography, white-wood backgrounds and colorful bursts of green.

Testimonials!

"I love the new recipe idea of the Burrito in a Bag. It's my new favorite menu item!"

Bonnie Sansenbaugher
High School Teacher

"Thank you for a delicious Thanksgiving breakfast. The pumpkin pancakes were amazing; you keep outdoing yourselves!"

Elementary Staff

YOUR FOOD SERVICE TEAM

Jennifer Schiraldi
FOOD SERVICE DIRECTOR
330-426-4273
Jen.schiraldi@myepschools.org

Cathi Cassudakis
REGIONAL MANAGER
330-503-3913
ccassudakis@thenutritiongroup.biz

Corporate/Southwest Regional Office
580 Wendel Road, Suite 100, Irwin PA 15642