



JANUARY 2020

COOK COUNTY VIKINGS

B LUNCH IS FOR THE
ELEMENTARY STUDENTS

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

1

A&B Lunch- Corn Dog,
Beans, Baby Carrots, Fruit
and Milk

A&B Lunch- Cheese or
Pepperoni Pizza, Romaine
Spinach Mix, Fresh Fruit and
Milk

3

A&B Lunch- Build your own
Cheese Burger with tomatoes,
lettuce, onions and pickles,
Fries, Fresh Fruit and Milk

6

A Lunch- Orange Chicken,
Fried Rice with Egg Roll,
B Lunch- Pizza Sticks with
marinara sauce, Baby Carrots,
Broccoli, Mandarin Oranges and
Milk

7

A&B Lunch- Homemade
Chicken Wild Rice Soup,
Bread Sticks, Baby Carrots,
Broccoli, Fresh Fruit and Milk

8

A Lunch- Meat loaf,
B Lunch- Chicken Patty
Mashed Potatoes, Gravy,
Dinner Roll, Steamed Carrots,
Fruit and Milk

9

A&B Lunch- Cheese or
Pepperoni Pizza, Romaine
Spinach Mix, Black Bean Salsa,
Fresh Fruit and Milk

10

A&B Lunch- BBQ Rib
Sandwich with tomatoes,
lettuce, onions and pickles,
Fries, Fresh Fruit and Milk

13

A&B Lunch- Taco in a bag
with tomatoes, lettuce, cheese
and black beans, Steamed Corn,
Pears and Milk
2nd grade Special Lunch

14

A&B Lunch-Homemade
Chicken Noodle Soup, Baby
Carrots, Broccoli, Fresh Fruit
and Milk

15

A&B Lunch- Turkey Gravy,
Mashed Potatoes, Dinner Roll,
Steamed Carrots, Fruit and Milk

16

A&B Lunch- Cheese or
Pepperoni Pizza, Romaine
Spinach Mix, Fresh Fruit and
Milk

17

NO SCHOOL

20

A Lunch- Lasagna with
Garlic Toast, **B Lunch-** Pizza
Sticks with marinara sauce,
Romaine Spinach Mix, Mandarin
Oranges and Milk

21

A&B Lunch- Chili, Bread
Sticks, Baby Carrots, Broccoli,
Fresh Fruit and Milk

22

A Lunch- Hamburger Gravy
B Lunch- Pizza Sticks,
Mashed Potatoes, Dinner Roll,
Steamed Carrots, Fruit and Milk

23

A&B Lunch- Cheese or
Pepperoni Pizza, Romaine
Spinach Mix, Fresh Fruit and
Milk

24

A&B Lunch- Build your own
Chicken Burger with tomatoes,
lettuce, onions and pickles,
Fries, Fresh Fruit and Milk

27

A&B Lunch- Taco Nachos
with tomatoes, lettuce, cheese
and black beans, Steamed Corn,
Pears and Milk

28

A&B Lunch- Tomato Soup
with Bosco Cheese Sticks,
Baby Carrots, Broccoli, Baby
Carrots, Fresh Fruit and Milk

29

A Lunch-Pork Roast,
B Lunch- Chicken Patty,
Mashed Potatoes, Gravy,
Steamed Carrots, Dinner Roll,
Cranberries, Fruit cup and Milk

30

A&B Lunch- Cheese or
Pepperoni Pizza, Romaine
Spinach Mix, Fresh Fruit and
Milk

31

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER