

December 2019

Three Forks Schools

Monday

2
Breakfast
 Pancake Wraps
 Cold Cereal
Lunch
 Hawaiian Haystacks
 Fixins
 Fruit

Tuesday

3
Breakfast
 Biscuits & Gravy
 Hot Cereal
Lunch
 Just Like "KFC" Bowls
 Corn
 Biscuit
 Fruit

Wednesday

4
Breakfast
 French Toast & Bacon
 Cold Cereal
Lunch
 Ravioli Bake
 Cheese bread
 Green Beans
 Fruit

Thursday

5
Breakfast
 Sausage Egg Crossiant
 Hot Cereal
Lunch
 Corn dogs
 Chips
 Fruit

Friday

6
 No School

9
Breakfast
 Breakfast Pizza
 Cold Cereal
Lunch
 BBQ Riblet Sandwich
 Tater Tots
 Fruit

10
Breakfast
 Sausage Egg McMuffin
 Hot Cereal
Lunch
 Quesadilla
 Refried Beans
 Salad
 Fruit

11
Breakfast
 French Toast & Bacon
 Cold Cereal
Lunch
 Hamburger
 Fixins
 French Fries
 Fruit

12
Breakfast
 Ham Egg Crossiant
 Hot Cereal
Lunch
 Chicken Fried Steak
 Mashed Potatos
 Green Beans
 Fruit

13
 No School

16
Breakfast
 Pancake Wraps
 Cold Cereal
Lunch
 Spaghetti w/ Meatsauce
 Garlic Toast
 Corn
 Fruit

17
Breakfast
 Biscuits & Gravy
 Hot Cereal
Lunch
 Fajitas
 Fixins
 Fruit

18
Breakfast
 French Toast & Bacon
 Cold Cereal
Lunch
 Turkey Bacon Subs
 Pickle
 Chips
 Fruit

19
Breakfast
 Sausage Egg Crossiants
 Hot Cereal
Lunch
 Chicken Ala King
 Biscuit
 Jello
 Fruit

20
Breakfast
 Long John's
 Cold Cereal
Lunch
 Pizza
 Salad
 Fruit

No School

No School

No School

No School

No School

No School

No School

Did You Know?

The first day of Winter is on either December 21 or 22. This is the shortest day of the year and the longest night. It is called the Winter or Southern solstice in the Northern Hemisphere.

Salad Bar

Is offered to students
 3rd Grade and Up!
 With any menu choice
 Remain Lettuce
 Caesar Salad
 spinach & Coleslaw Salads
 Cottage Cheese
 Veggies
 Fruit

Soup Pots are for 6th Grade & Up

Meal Prices

BREAKFAST
 K-12 \$2.50
 LUNCH
 K-5th Grade \$2.50
 6th - 12th Grade \$2.75
 Adults \$3.50

Sandwich Bar

Elementary
 Monday - Ham & Cheese
 Tuesday - Tuna & Cheese
 Wednesday - PB & Jelly
 Thursday - Turkey & Cheese
 Roast Beef, Turkey, Ham
 Tuna & Egg Salad
 Whole Grain Bread Choices
 Assorted Topping & Cheeses

Menu subject to change
 Notice given when possible