



## **Bathroom Etiquette**

Please encourage these good restroom rules with your child:

- Go, Flush, Wash, & Leave
- Do NOT play in restrooms
- Clean up your own mess-nobody likes to clean up someone else’s mess, and so it makes sense for everyone to clean up after themselves throughout the day to maintain a high standard of hygiene and cleanliness
- Practice good toilet etiquette-teach children to use toilets and urinals correctly—always FLUSH
- ***Do NOT wipe “soiled” hands on walls***, etc-teach children that if hands accidentally become soiled while using the restroom to wipe hands with toilet paper, complete their task, flush and wash hands with soap and water ‘several’ times
- Do not litter the restrooms
- Respect the rights of others to privacy
- Don’t peek under the stall doors
- Remind boys to pay attention when using the urinals or toilets making sure their “aim is true”
- Remind girls that personal sanitary items should NOT be flushed down toilet, but instead wrapped and disposed of in the sanitary pad disposal unit or thrown in trash can
- Remind your child to never sit purses, backpack or other items on bathroom floors
- If bathrooms are out of soap or toilet paper or need cleaning attention, immediately tell an adult
- **AND ALWAYS WASH YOUR HANDS THOROUGHLY** after your bathroom business-regardless of what it was.

Good personal restroom hygiene plays a critical role in reducing illnesses and reinforces healthy habits. We encourage these good hygiene strategies at school and encourage you to do the same at home.