

# Lebanon Middle School

*"Panther Pride"*

## From the Principal's Desk



### Season's Greetings!

November was a busy month with many field trips and activities. The 5<sup>th</sup> grade class went to Plymouth and 7<sup>th</sup> grade finished their Project O Triad trips. Students gained a great deal of hands-on learning and had great experiences on these trips!



The Student Council has resumed working with the Lebanon Senior Center. Students go to the center and serve lunch and mingle with the guests. All report that it is a great experience had by all!

I hope everyone has an enjoyable Thanksgiving weekend. The atmosphere here at school indicates that our students are ready for the holidays. Our Band and Chorus are prepared to give an outstanding combined performance in the coming weeks. The Winter Concert will take place on Thursday, December 12<sup>th</sup>. The show will begin promptly at 6:30 PM and, as in the past; the Lebanon Parent Organization will conduct the Homeroom Theme Baskets Raffle and Bake Sale. There are a number of well-stocked baskets available for you to place chances on and the drawing of tickets will occur after the concert. Winners do not need to be present at the drawing. As always, we appreciate all of the donations and support our parents provide LMS students and our Parent Organization during our events.

Finally, I want to extend my best wishes for an enjoyable and restful holiday season. School will be closed on December 23rd and re-open on January 2<sup>nd</sup>.

Sincerely,

*Robert M. Laskarzewski*

Robert M. Laskarzewski

Principal

**\*\*\*\*\*Absence Reporting\*\*\*\*\***

Please remember to call the Attendance Line in the morning if your child will not be in school, or even if they will be tardy

**860-642-5626**

**Letting us know about your child's symptoms (vomiting, soar throat, etc.) helps us to track illness in the building.**

If you wish to directly tell your child's teacher about an absence, please remember to also notify the office! Thank you for your cooperation



## **Reminder From The Nurse**

To ensure a smooth transition and appropriate care, any student returning to school after hospitalization/emergency room care of any type must present a note from the hospital/doctor to return to school.

This note must include the following: student diagnosis, a date student may return to school, and any restriction/limitations/assistive services (SLINGS, CASTS, CRUTCHES, ACE BANDAGES, STITCHES, CONCUSSIONS, ETC).

No student will be allowed to attend school using an assistive device without written doctor's authorization and guidelines.

## **!!Attention!! Parents of 6<sup>th</sup> Grade Students**

The state of Connecticut requires that all students in 6<sup>th</sup> grade have a physical and that a state of CT physical form be provided to the school nurse before the first day of school in the 7<sup>th</sup> grade.

### **Requirements:**

- Parent completes 1<sup>st</sup> page of state physical form
- Health care provider completes page 2. Be sure all areas with \* are filled in.
- Dental exam on page 3 is NEW. It can be completed by the health care provider. If they will not do it, you may need to take the form to the dentist as well.
- Immunizations can be listed on page 4 or they may attach a separate page of immunizations. Do not accept "up to date". We at least need the dates the Tdap, meningococcal vaccines, and varicella vaccine or history of disease, Hepatitis A.

### **Immunization requirements to enter 7th Grade:**

- One dose Tdap vaccine (combined tetanus, diphtheria and pertussis)
- One dose of Meningococcal vaccine
- Second dose of Varicella vaccine or proof of Chickenpox disease
- Hepatitis A-2 doses

If your child has a fever or has been vomiting, please keep them home from school for 24 hours after the fever has gone down or vomiting has stopped. Thank you for your cooperation on this matter.

## *More from the school nurse...*

### **WHEN TO KEEP YOUR CHILD HOME**

**Fever** If your child's fever is 100 or above, keep them home until their temp has been below 100 for 24 hours without fever reducing medication.



**Vomiting/Diarrhea** Keep your child home for 24 hours after the last time they vomited or diarrhea stops and they are able to keep food down.

**Sore Throat** If your child has a sore throat and no other symptoms, they may go to school. If they have a fever, white patches on the back of their throat, or it is severe enough to interfere with swallowing, keep them home. If they are diagnosed with strep, keep them home until they have been on an antibiotic for 24 hours and are comfortable enough to attend school.

**Cold/Flu symptoms** If your child has a fever, sore throat, constantly running nose or thick yellow or green discharge, exhaustion, head ache or body aches or uncontrollable continuous cough, keep them home until symptoms improve.

**Pink eye** If the whites of the eyes are completely red or there is thick yellow or green discharge, crusting in the eyelashes in the morning, keep them home. They should see a doctor and may return to school after being on an antibiotic for 24 hours.

**"Not sick enough to stay home"** Students with no fever or vomiting, mild cold or allergy symptoms, should be encouraged to come to school and try to push through the day. I advise that you not promise to pick them up if they go to the nurse because they will often come here *right off of the bus* with "My mother said I could go home if I didn't feel good." I often tell students that that they are not sick enough to go home and to try to push through the day, BUT if they feel that they cannot, to return and we will re-evaluate. Students should not bypass the nurse and text their parent to and get them if they are not in the nurse's office. Learning to push through minor illness now will help when they become employed.

*Cold weather is here.  
Please remember to  
dress appropriately for  
the weather, including for  
the bus rides.*



## TOP CATS

September-November

### SEPTEMBER

- 5<sup>th</sup>-Grace Dunnack & Jackie Amberg  
6<sup>th</sup>-Olivia Goderre & Nick DiPiano  
7<sup>th</sup>-Erica Arpin & Nicholas Chalifoux  
8<sup>th</sup>-Kyle Franchi & Rylee Pannone**



### OCTOBER

- 5<sup>th</sup>-Tyler Gendron & Cayleigh Petrucci  
6<sup>th</sup>- Niko Chaviaras & Liliah Nowosad  
7<sup>th</sup>-Josh D'Atri & Kayla Osga  
8<sup>th</sup>-Hunter Sanchez & Katie Gomes**

### November

- 5<sup>th</sup>- Tilden Reinckens & Marissa Litwin  
6<sup>th</sup>-DJ Medina & Nora Rogers  
7<sup>th</sup> Sara Bunnell & Kevin Botticello  
8<sup>th</sup>-Steven Vega & Jalynn Gardner**



### YEARBOOKS!

It is time to place your order for the 2019-2020 Lebanon Middle School Yearbook!

Order before Dec. 31<sup>st</sup>, 2019 - \$25

Order between Jan. 1<sup>st</sup> and Feb. 1<sup>st</sup>, 2020 - \$30

**NO Yearbooks will be ordered after February 1<sup>st</sup>, 2020!**

Students can get an order form from Mr. Orsini or Ms Morse.

Please complete the form and return it to Mrs. Morse along with your payment. All checks can be made out to Lebanon Middle School. You may also order online by going to [www.jostens.com/yearbooks](http://www.jostens.com/yearbooks) and searching for Lebanon Middle School.

## 5th Grade Honor Roll

### First Quarter

#### First Honors

Mackenzie Christensen  
Tyler Gendron  
Marissa Litwin

Isabelle Christina  
Hayden Haggett  
Cayleigh Petrucci

Grace Dunnack  
Lucas Judd  
Tilden Reinckens

#### Second Honors

Jacqueline Amberg  
Chase Goins  
Nathan Holbrook  
Adam Lake  
Ava-Rose Nissen  
Ava Percy  
Calvin Sammarco  
Owen Sehl  
Cole Valente  
Caleb Wiriya

Addison Cone  
Gage Hassler  
Kellen Johnson  
Ryan Lake  
Evan Osga  
Addison Perry  
Sawyer Sanchez  
Isabella Shuckerow  
Shawn Wales

Rachel Cone  
Brady Hayward  
Gianna Kovach  
Abigail Landry  
Aubrey Pechka  
James Pierce  
Laila Sedgwick  
Jacob Smith  
Joshua Willis

# **6th Grade Honor Roll**

## **First Quarter**

### **First Honors**

**Joshua Cady**

**Olivia Goderre**

**George Kowalyshyn**

**Clark Smithwick**

**Nicholas DePiano**

**Talia Hiltz**

**Lilah Nowosad**

**Caroline Goderre**

**Kaytlyn Howard**

**Eleanor Rodgers**

### **Second Honors**

**Ethan Adams**

**Hazel DeLucia**

**Colby Dunnack**

**Skyler Jadczak**

**Haley Saltonstall**

**Jayden Swidrak**

**Nikolas Chaviaras**

**Ayanna Dillman**

**Izabella Garceau**

**Elizabeth King**

**Brandon Simeone**

**Marli Colby**

**Gabriella DiNapoli**

**Sylvie Hiltz**

**Abigail Laws**

**Alexander Svedarksy**

## 7th Grade Honor Roll

### First Quarter

#### First Honors

Naomi Andrews-Kowal  
Amelia Curtis  
Ellie Harmon  
Jackson Ladegard  
Roman Maglio  
Christian Soriano

Erica Arpin  
Megan Geier  
Juliana Haynes  
Emelia Lally  
Emily Pomerleau  
Addison Ziegler

Sara Bunnell  
Hannah Gonzalez  
Kiersten Kulman  
Holden LeMay  
Cody Rahmann  
Becca Ziegler

#### Second Honors

Shelby Ballou  
Kevin Botticello  
Nicholas Chalifoux  
Ian Foster  
Barry Greene  
Ethan Hitchcock  
Jenny Lopez  
Kayla Osga  
Brody Raymond  
Justin Valquette

Hannah Barnes  
Lena Byers  
Samuel Cunningham  
Jordan Franklin  
Lukas Hazzard  
Rowan LaFleur  
Josue Morales  
Morgan Petrucci  
Yandel Rivera  
Valeria Vega

Ethan Benoit  
Phoebe Carpenter  
Joshua D'Atri  
Nina Fusco  
James Hiltz  
Hailey Litwin  
Alana Nowosad  
Christina Pineault  
Kayla Savitsky  
Avery Volle

## **8th Grade Honor Roll**

### **First Quarter**

#### **First Honors**

**Madeline Archer  
Benjamin D'Aloisio  
Katie Gomes  
Kathryn Laibrandt  
Cameron Sammarco  
Natalie Tingley**

**Avery Brooks  
Nora Erismann  
Sadie Holley  
Lauren Lambert  
Sadie Seagrave**

**Catelen Christina  
JaLynn Gardner  
Garrett Kalpin  
Jared Russo  
Loretta Svedarsky**

#### **Second Honors**

**Jeremiah Bobbi  
William Daniels  
Kyle Franchi  
Abigail Hundley  
Kyla McKinney  
Joseph Michele  
Rylee Pannone  
Hunter Sanchez  
Jacob Shaner  
Ian Tardif  
Amelia Wentworth**

**Aden Collins  
Naomi Duhaime  
Genevieve Gardella  
Allyssa Judd  
Lukas McKusick  
Noah Nelson  
Laura Purvins  
Elizabeth Scala  
Stella Shaw  
Steven Vega  
Christian Zaprianov**

**Rhian Cronin  
Kelsey Dunnack  
Layla Hayward  
Grace Kelley  
Emma Melia  
Sophia Palombizio  
Zachary Rebello  
Kyla Scott  
Aurora Smithwick  
Mason Volle  
Alexis Zimnoch**

## 5<sup>th</sup> Grade News

**READING:** The fifth grade has learned many strategies in reading class, and we are working with the students to fully elaborate their answers to comprehension questions. In addition, students continue to work on various reading strategy skills using the CARS assessments. We are reading our novel, *The Sign of the Beaver*, and will be assessing students' comprehension of the novel throughout the book through short reading quizzes, and use "pause points" to assist them with comprehension.

**LANGUAGE ARTS:** Language arts this month will be finishing our focus on narrative writing. We also will be writing our "One Wish" essays. Grammar focus will be on punctuating dialog and reviewing parts of speech. Please assist your child in studying their spelling words for biweekly tests on Wednesdays.

**SOCIAL STUDIES:** We are currently studying Colonial living, focusing extensively on English settlers in the Southern, New England, and Middle Colonies.

**Science:** This month, 5th grade scientists will be exploring matter. We will learn about properties of matter through many hands-on labs and explorations. The unit will continue after winter break.

**MATH:** We just finished up our unit on decimal place value along with adding and subtracting decimals. In December we will be working on multiplying decimals.

**GRADE FIVE NOTES:**

- . Please be sure that students are dressed appropriately for school for the cold weather, we go outside for recess. Coats, hats, gloves and scarves are recommended. Shorts will not be acceptable.



## 6<sup>th</sup> Grade News

Sixth grade **ELA** classes are currently mastering their understanding of all of the different types of pronouns in the English language. They should all be able to identify and explain what subjective, objective, interrogative, reflexive, possessive and indefinite pronouns are.

We continue to build our vocabulary investigating a different root word each week and applying those new words to our writing. In the coming weeks, we will move on to another literary device, idioms, and discuss how including them, as well as other examples of figurative language can make written pieces much more vivid and interesting.

### Social Studies:

Sixth grade SS classes wrapped up their ancient China unit by watching the movie *Mulan* to identify the historically accurate and inaccurate information found in the movie. Did you know the ancient Chinese invented many things we still use today like paper, wheelbarrows and toothbrushes?

Next, we will move onto the civilization of ancient Egypt. We'll begin by studying the geography of the area and how it impacted the lives of the people living there. Students will also learn about the Egyptians' ancient tombs, the mummification process and their belief in the afterlife.

**MATH:** Sixth grade students are finishing up their study of expressions and equations. Next we will be beginning to work with negative numbers. In this second major unit we will explore how negative numbers are used to represent real world situations, how to compare and order integers, and how to graph integers on a number line and on a coordinate plane.

Parents are reminded that they can keep an eye on their student's grades using the Powerschool app or website. This is a way to see all of your child's graded assignments, current grades, missing assignments, and comments at any point during the year. If you do not have a Powerschool account, please contact the main office for assistance.



### Science

Our sixth grade scientists have begun their unit on matter by using links to represent the different types of matter (elements, compounds & mixtures).



## 7<sup>th</sup> Grade News

In **Language Arts**: students just finished up their first oral presentations of the year on their Independent Reading/SSR books. We will be working with Ms. DeLong in the month of December on a Career Research Unit. Students will be introduced to a variety of research methods as they examine multiple careers that they find interesting. The unit will culminate with an oral presentation and research paper just before the holiday vacation.

In **Social Studies**: class, we will be beginning our unit on North America. In this unit, we will look at the physical and cultural geography of the region. In addition, we will have the opportunity to view and analyze primary source immigration documents from the early 1900s and will run our Ellis Island simulation on one of the half days in January.

**Science:** In December we will be continuing our exploration of Earth's various processes that occur both above and beneath the crust. This will prepare students for our reanalysis of disaster movie trailers through a scientific lens. Could they really happen??

**Math:** In 7<sup>th</sup> grade students are continuing Expressions and Equations Unit. Students will be able to simplify variable expressions, create equivalent expressions, use distributive property, combine like terms and factor expressions. Later students will be working on modeling real life situations using algebraic equations and inequalities and solve one-, two-, and multistep equations and inequalities.

Next Unit is “Analyze and Use Proportional Relationships”. Students encounter many different types of situations involving ratios. They use ratio reasoning to solve real-world problems. They compute unit rates associated with ratios of fractions, including ratios of lengths, area, and other quantities measured in different units. They also use proportional relationships and reasoning to solve multi-step problems.

### Intervention Reading 5-8

Students in Intervention Reading classes are catching the reading bug. Students in Grades 6-8 are completing their class novels and have shown real interest in characters and plot. They have made real connections with their characters, who are their age, and are able to analysis theme as related to their characters' struggles and present-day events. Fifth graders are starting their colonial era novel, in conjunction with their work in Social Studies and ready to use background knowledge to increase their comprehension. Ask your student about their novel and the connections they have made to our world!

## 8<sup>th</sup> Grade News

### CIVICS

The eighth graders will be reviewing the different types of government. We will be examining how nations like North Korea and Russia operate and contrast that to republics. The eighth graders will also be learning about the political spectrum and the non-stereotypical difference between Democrats and Republicans. We will examine a range of political issues many of which will be the topic of discussion in the upcoming election and kids will start to feel out their viewpoints about some of these issues. Students will also take an on-line quiz to see which presidential candidate most closely fits their views on some of the major issues. Students should try to get a daily dose of national news in. If you have any questions, feel free to email me at [erin.gaucher@lebanonct.org](mailto:erin.gaucher@lebanonct.org)

### LANGUAGE ARTS

Students are finishing up looking at primary sources from the Civil War era. Moving forward, we will be working on our research papers looking at discrimination. Students will choose a topic surrounding discrimination and workshop in class through the month of January through our paperless unit.

Students should be continuing their Job Shadow projects. By now, a contact should have been made and the student should have filled out the Contact form on Google Classroom. Students should be going on their job shadows. They need to make sure to bring their question packets and a camera to take pictures with them to the job site.

### SCIENCE

This month we will be transitioning from genetics and into the study of evolution. We will examine how Charles Darwin came up with his groundbreaking theory, why it is controversial, and the science behind it. We will learn what natural selection entails, and why "survival of the fittest" doesn't necessarily mean what you think.



Challenge your student this winter break with this Reading Bingo! Students who complete one line of the bingo card will win a small prize. Students who complete the whole card will receive a larger prize



## Winter Break Reading

<b>Read a recipe</b>	<b>Read an online blog about a topic you are interested in.</b>	<b>Read a graphic novel</b>	<b>Read a newspaper article</b>	<b>Read a poem</b>
What was the hardest step in the recipe?	What was one thing you learned?	What was the conflict about?	What was the article about?	What was the name of the poem?
<b>Read a fiction book with an animal as the main character</b>	<b>Read a nonfiction book about a topic you want to learn more about.</b>	<b>Read a menu</b>	<b>Read a book of your choice</b>	
What things made the main character (an animal) seem human?	Two facts I learned were:	An item I'm interested in eating is:		What was the title?
<b>Read a book that's title starts with any of the letters in the word W-I-N-T-E-R</b>	<b>Read a book with adventure</b>	<b>Read a book from your favorite genre</b>	<b>Read an award winning book</b>	<b>Read a book from a series</b>
What was the title?	What was the title?	What was the genre?	What was the title?	What was the title?

**FREE  
SPACE**

Student's First & Last Name: \_\_\_\_\_

Homeroom Teacher: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

\*\*\*Please return to Ms. Picard or Mrs. Cofrancesco by Friday, January 3.\*\*\*



## Curling Up with a Good Book

By Ms. Picard

As we look for holiday gift idea, why not add a good book to the list? There's nothing like getting wrapped up in a good book on a cold winter's day and the holiday season is a great time to start a reading tradition. The sites below have wonderful book ideas for middle school readers, with a little something for everyone.

*Brightly – a reading site with links to all the major on-line book seller. This link shares new titles, some by favorite authors:*

<https://www.readbrightly.com/best-young-adult-books-fall-2018/>

*Time Magazine – this well-respected weekly magazine has compiled a list of the best young adult books of the last three decades. You'll find classics and newer titles on a wide range of topics and interest levels.*

<http://time.com/100-best-young-adult-books/>

*Barnes and Noble – this popular book store has a whole teen blog about what books kids are reading. This list shows the best books from the last year, with many award winners included:*

<https://www.barnesandnoble.com/blog/teen/the-best-young-adult-books-of-2017/>

*American Library Association/Newbury Honors – Their ALA site lists the Newbury honor books for 2018. A link for Amazon which goes directly to these titles is also below.*

<http://www.ala.org/alsc/awardsgrants/bookmedia/newberymedal/newberymedal>

<https://www.amazon.com/b?ie=UTF8&node=6288855011>

*Family Reading Partnership – This website has ideas for incorporating the love of books and reading into your family traditions. This is the program shared each holiday season in the "Ask Amy" advice column.*

<http://www.familyreading.org/great-ideas/a-book-on-every-bed/>

# Exploratories

## Library Media Exploratory

### Library Media Exploratory

6th grade students begin each class by practicing their typing skills in [typing.com](http://typing.com) with 10 minutes of quiet typing lessons. Students have also reviewed how to find books by searching the [library's catalog](#) and finding the book on the shelves; then they practiced reading for specific information with the help of the table of contents, index, and glossary. Now, sixth graders are applying these skills to find information for the public service announcement that they're creating.

8th grade students brainstormed and selected research topics and are working on their initial research in books. They're citing their sources in MLA format and taking organized notes on important aspects of their topics. Once students have information from a few different print sources, they'll move on to learning about digital sources in the [state library's databases for middle school students](#) and searching for more in-depth information.

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## COMPUTERS

### COMPUTERS

In the second quarter, students will be working on a variety of skills, topics, and projects.

**5th and 6th Grade** - In our 5th and 6th grade classes we are beginning our work on coding ([www.code.org](http://www.code.org)) and keyboarding ([www.typing.com](http://www.typing.com)). Your child can use the LMS Computer Lab Home Page to log into [code.org](http://code.org), or their login ID for typing. Both coding and typing are valuable skills that will serve your child well. In 5th grade we are beginning our work on both Google Docs and Google Slides. Each program will be used for computer class, but also throughout their time at LMS. We shall do small projects to show mastery of each of the programs. Sixth graders will be doing a refresher assignment in Google Slides before moving into our work in Google Sheets.

**7th and 8th Grade** - In our 7th and 8th grade classes, we continue the work begun in the earlier grades on coding, but we have left keyboarding behind. That said, if students are struggling with their keyboarding skills, it would be a wonderful use of their time to work to get better at typing. In 7th grade we are creating a country web page in Google Sites. This project ties into the work 7th graders are doing in their Social Studies classes on the 5 Themes of Geography. Eighth graders are working in Google Drawings, and will soon begin our work on animated presentation in a program called Moovly.

As always, please contact me with any questions or concerns.

John Klosowski

## Exploratories

*Continued....*

### **5th Grade Music Exploratory**

Students are applying the musical concepts of form and texture using the *Incredibox* Software. They have made their own songs on it using pre-existing loops, and will soon be creating their own music loops using the Music Lab song maker application. They have also learned about different instrumentation and chords and are looking forward to applying all of these skills in their final Bandlab project!

### **Band**

Concert Season is upon us! The winter concert for all Band and Chorus students is coming up on Thursday December 12th at 6:30 PM. Band students are expected to arrive at 5:45 PM with their instruments and in proper attire. Concert attire is the LMS Music shirt tucked into black pants with dark shoes and socks. We will have a dress rehearsal for all performing students during school hours that day, and will also perform the program Friday morning for the whole school. Please come and listen to some beautiful music performed by our talented students!

We wish all of our students auditioning for the Eastern Region Music Festival good luck! We are very proud of the hard work you have done.

Finally, our Otis Spunkmeyer fundraiser is expected to arrive during the second week of December. Please be on the lookout for an email specifying the pickup date!

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## Studio Art Happenings

December 2019

Currently in art class students are:

**Eighth graders** are working on a still life drawing of their shoes. They are learning the grid method for enlarging an image, contour and will eventually add value (highlight and shadow). The goal is to make a realistic rendering using value to create the illusion of 3D form.

**Seventh graders** are working on a linocut printmaking project. Students first learned about printmaking as an art making process studying all four methods: relief, intaglio, silkscreen and lithography. Linocut is a style of relief printmaking in which the artist uses a block of soft linoleum to cut and carve a design. Students are choosing their favorite animal or food as the subject matter and will print in various colors. The elements of art; texture, line, shape, space and pattern are our focus.

**Sixth graders** are working on an Egyptian portrait. They first learned about the artwork of ancient Egypt, specifically how people were depicted. Their portraits are in profile view and will include clothing, jewelry and accessories authentic to ancient Egyptian culture. They will be using mixed media to apply color (i.e. oil pastel, paint, markers). They will include their names in hieroglyphics along the border. The art elements; pattern, color, contrast, balance and emphasis will be our focus.

**Fifth graders** are working on an interdisciplinary unit combining library media and reading/writing comprehension. Students are developing a short story that they will eventually illustrate. Drawings will be applied to scratch art paper and carved away. This unit will focus on line, shape, space, texture and emphasis.

## The Lost & Found pile continues to grow at an **alarming** rate!!

Be sure to check in with your child on locating missing apparel! All items can be found in the CAFETERIA!!

**Unclaimed clothing WILL be donated**



## **COUNSELOR'S CORNER**

Please check out Ms. DeLong's webpage, which can be accessed from the LMS website. Find copies of important guidance notices, resources, tips, and up-to-date guidance information.

**6th grade news:** Ms. DeLong went into 6th grade science classes a few weeks ago to talk about options after high school. We discussed what options are available for students after high school, including the workforce, military, technical training and college options. We discussed how important it is to really start exploring careers and ideas for what they might like to do one day as a job. We also discussed what their high school options will be and that some may want to start thinking about the possibility of attending a technical high school, the agricultural science program at Lyman or the Arts at the Capitol Theater school in Willimantic. Parents can help their children by talking about their own careers, what they do, the benefits of their career and encouraging students to choose a path that aligns with their strengths and interests.

**7th grade news:** Ms. DeLong will be co-teaching the 7th grade career research unit with Mr. Andrews in Language Arts classes during the month of December. Students will be taking an interest inventory through O\*Net and then initially exploring three careers. They will then narrow it down to one where they will do a research paper and Google Slide show on the career of their choice. Students will also get a Cost of Living Lesson as well as some information on sports and social media careers.

**7th & 8th grade news:** Ms. DeLong went into 7th and 8th grade classrooms to give the Signs of Suicide (SOS) prevention lessons. Eighth graders received a refresher lesson and seventh graders received the initial lesson. Students learn about the acronym A.C.T. (acknowledge, care and tell) so they know what to do in the event they or someone they know may be contemplating suicide. They also learn what the warning signs of depression are. Students also took the Brief Screen for Adolescent Depression (BSAD) and support staff followed up with any students and their parents who may have appeared at risk for depression based on the screen. Students have already been using what they've learned and reporting information that needs to be reported to an adult.

**8th grade news:** Tech school applications were due on November 27th, but if there are still students wanting to apply to the Tech Schools they can still turn them in to Ms. DeLong. Agricultural Science applications are due to Ms. DeLong by December 18th. If you have any questions, please feel free to contact Ms. DeLong at [virginia.delong@lebanonct.org](mailto:virginia.delong@lebanonct.org) or 860-642-5627.

*More from the School Counselor, Ms. DeLong.***Talking About Kindness**

Lately, there have been a lot of students, across all grade levels, that have been really unkind to one another. Whether it be verbal, physical or socially emotionally, students have not been treating each other the best. This creates a negative school environment for both students and staff. Staff have been working with students in talking about kindness, why the language we use with one another is important and how treating each other with kindness can change the environment that we are all in. However, in order for the message to be received fully by our students, it is incredibly important to have parental support from home. We want to work in a "co-parenting" type relationship where we work together (school and home) to help educate our kids on the importance of kindness and ultimately respect. The two really go hand in hand. Teaching kids to be kind can help not only with the overall school climate but can help to reduce the acts of mean spirited behavior and sometimes bullying. Teaching our kids to be kind also helps them to build good character.

It is often assumed that kids just know how to be kind. However, in the world that we currently live in, we can no longer assume that kindness is intrinsic for all people. Kids often need to be educated on not only how to be kind, but why it's important. Kids learn best from adults, so it is also important that as adults we are modeling kindness in our everyday interactions with others - how we speak to others or about others, what we do for others and how we help others. All of this matters.

We hope to continue to work towards a culture of kindness, respect and tolerance in our Lebanon School Community and we hope that parents will help us to continue to create this culture. [\*\*Here is a great article\*\*](#) on how you can help your children to learn to be kind. I hope you'll take a few minutes to read it and have a conversation with your child. You are an important part of your child's education and we greatly appreciate you and all your help.



The following students submitted original, creative writing pieces to the Mission Contamination Creative Writing Contest:

Brandon Hancock

Morgan Petrucci

Olivia Goderre

Eleanor Rodgers

Owen Sehl

Laura Purvins

We are anxiously awaiting results!

## Some helpful information from our School Social Worker, Sabena Escott...

### A Growth Mindset

Sabena Escott, MSW

District Social Worker

Research by American psychologist Professor Carol Dweck, has shown that how we view ourselves as learners has a huge impact on what we are able to achieve. She suggests that people broadly fall into one of two categories: those with a fixed mindset and those with a growth mindset.

**Fixed mindset:** Belief that we have a predetermined amount of intelligence, skills or talents which cannot be changed

- Fear of failure and therefore a refusal to take risks
- The belief that if you have to work for success you are not clever
- A desire to blame others or outside circumstances when things don't go your way
- Being motivated by reward and praise from others

**Growth mindset:** Belief that we can develop our abilities, intelligence or talents with persistence, effort and a focus on learning.

- A love for learning and self-improvement
- A desire to be challenged
- A willingness to work for positive results
- A belief that you can control the outcomes in your life, with effort and practice
- The ability to learn from mistakes and failures
- Emotional resilience
- Being self-motivated

### How can we help our children develop a growth mindset?

Praise for effort (process not outcome)

Encourage children to stretch themselves with challenging tasks

Teach children to think positively and to believe in themselves

Start using the word YET to shift thinking from being in a fixed mindset to being in a growth mindset. When you hear... "I can't do it" ... rephrase and add "yet". "You can't do it yet. Is there anything I can do to help you?"

[Growth%20Mindset/Growth\\_Mindsets\\_\\_leaflet.pdf](#)



## FREE LIVE ONLINE PARENTING CLASSES

Sponsored by Lebanon CT Public Schools

- ✓ Build Strong Connections
- ✓ Reduce Family Stress
- ✓ Get Kids to Listen and Cooperate  
*Without Raising Your Voice!*

A full list of classes can be found at [PeaceAtHomeParenting.com](http://PeaceAtHomeParenting.com)



**Register at: [PeaceAtHomeParenting.com/Lebanon-PS-login](http://PeaceAtHomeParenting.com/Lebanon-PS-login)**

	ON-DEMAND CLASS RECORDINGS	
	OCT	NOV
Tuesday 10/1 Noon	EAT, PLAY, SLEEP: Help infants & toddlers grow into cooperative kids	
Tuesday 10/1 8:15 pm	Effective behavior support for your child with ADHD	
Monday 10/14 8:15 pm	Positive Discipline For Toddlers And Preschoolers: Challenging Behaviors And Setting Limits	
Wednesday 10/16 8:15pm	Help your child find balance with extra activities	
Monday 10/21 8:15pm	FREE: How To Take The Stress Out Of Parenting	
Tuesday 10/22 8:15pm	Tweens and teens: Planning for independence	
Wednesday 10/23 8:15pm	Be Your Child's Emotions Coach: Manage & Communicate Emotions	
Monday 10/28 8:15pm	Positive Discipline for Peace at Home	
Tuesday 10/29 8:15pm	FREE: Q&A	
Tuesday 11/5 Noon	Sibling connections: Help Young Children Connect in Positive Ways	
Tuesday 11/5 8:15pm	Managing Screen Time: End the Power Struggles	
Wednesday 11/6 8:15pm	Build extraordinary relationships with your child through daily conversation	
Thursday 11/7 8:15pm	Talking to teens: Communication for connection and safety	
Tuesday 11/12 8:15pm	Raise happy children: Parenting for optimism and resilience	
Monday 11/18 8:15pm	Picky eating 101: Make mealtimes enjoyable again	
Tuesday 11/19 8:15pm	Free Class: How To Take The Stress Out Of Parenting	
Wednesday 11/20 8:15pm	Meaningful holidays: What do kids really want?	
Monday 11/25 8:15pm	FREE: Q&A	
Tuesday 12/3 Noon	Taming tantrums: recognize triggers and plan ahead	
Tuesday 12/3 8:15	Parenting children with special needs: Anxiety, ADHD and Autism	
Wednesday 12/4 8:15pm	Parenting Digital Natives in the Information Age	
Monday 12/9 8:15pm	Inspire independence and sustain love of learning	
Tuesday 12/10 8:15pm	Free Class: How To Take The Stress Out Of Parenting	
Wednesday 12/11 8:15	Parent self-care: Take a careful look	
Monday 12/16 8:15	Putting it All Together: Parenting Checkup	
Tuesday 12/17 8:15	Parenting teens: Power struggles or effective discipline?	
Wednesday 12/18 8:15pm	FREE: Q&A	

**ALL CLASSES both LIVE & RECORDED are FREE and include ongoing support. Flash Classes are 15 min or shorter for parents on the go!** Participants are invited to join our private Facebook group to connect with other parents working on similar issues. Teachers are available to comment and answer questions. **BONUS:** Participants have access to free monthly online Q&A sessions. Teachers provide follow-up and guidance as parents apply new approaches. Next Q&A Sessions are listed above. Class tests and certificates of participation available.

For more information, email us at [info@peaceathomeparenting.com](mailto:info@peaceathomeparenting.com).

- ON-DEMAND CLASS RECORDINGS**
- Birth - 5**
  - EAT PLAY SLEEP: Help Infants & Toddlers Grow In Positive Ways
  - Infant Toddler Brain Development: Why Parents Matter So Much
  - Taming tantrums: Recognize triggers and plan ahead
  - Positive discipline for toddlers and preschoolers
  - ABC's of potty training (18 mos- 4 yrs)
  - Sibling connections - for parents of infants and toddlers with older siblings
- School Age (6 – 12 years old)**
  - Positive Discipline for Peace At Home
  - Be your child's emotions coach: Manage and communicate emotions
  - My Child Struggles in School: How Can I Help? (K – 8th grade)
  - Raise happy children: Parenting for optimism and resilience
  - Manage Screen Time: End the Power Struggles
- Tweens, Teens & Young Adults**
  - Parenting teens: power struggles or effective discipline?
  - Tweens & teens: Planning for independence
  - Talking to Teens for Safety & Connection
- Children with Special Needs**
  - Parenting children with special needs: Anxiety, ADHD and autism
  - Be Your Child's Calm Center
  - Anxious Children: What Really Helps?

## MY GROWTH MINDSET STATEMENTS

I can CHANGE my MINDSET with my WORDS!



### INSTEAD OF:

- |                                    |                       |  |
|------------------------------------|-----------------------|--|
| I am not good at this.             | <input type="radio"/> | I am not good at this YET, but I will learn.                     |
| I am great at this.                | <input type="radio"/> | I practiced and learned how to do this.                          |
| This is too hard.                  | <input type="radio"/> | This will require effort and finding the right strategy.         |
| This is too easy.                  | <input type="radio"/> | How can I make this more challenging?                            |
| I am afraid I will make a mistake. | <input type="radio"/> | When I make a mistake, I will learn from it and get better.      |
| I give up.                         | <input type="radio"/> | I will succeed if I put forth effort and find a better strategy. |
| I can't do this.                   | <input type="radio"/> | I need some feedback and help from others.                       |
| This is good enough.               | <input type="radio"/> | Is it my best work? Can I improve it?                            |
| I won't try because I might fail.  | <input type="radio"/> | If I fail I can try again until I succeed.                       |
| I am not as smart as my friend.    | <input type="radio"/> | I am in charge of how smart my brain is by learning hard things. |



### I CAN SAY:

PRINTABLE

# PARENT'S GUIDE TO A GROWTH MINDSET

**PRAISE**

FOR:  
EFFORT  
STRATEGIES  
PROGRESS  
HARD WORK  
PERSISTENCE  
  
RISING TO A CHALLENGE  
LEARNING FROM A MISTAKE

**NOT FOR:**  
BEING SMART  
BORN GIFTED  
TALENT  
FIXED ABILITIES  
NOT MAKING MISTAKES

SAY:

"YOU TRIED VERY HARD AND  
YOU USED THE RIGHT  
STRATEGY!"  
"WHAT A CREATIVE WAY TO  
SOLVE THAT PROBLEM."

**THE POWER OF "NOT YET"**

SAY:  
"YOU CAN'T DO IT YET".  
"YOU DON'T KNOW IT YET."  
"BUT IF YOU LEARN AND PRACTICE, YOU WILL!"

## Big Life Journal

[www.biglifejournal.com](http://www.biglifejournal.com)



YOU CAN  
GROW YOUR  
INTELLIGENCE

VS

FIXED MINDSET  
YOU CAN'T  
IMPROVE  
NATURAL ABILITIES  
YOU WERE  
BORN WITH



### BRAIN CAN GROW

SAY:

"YOUR BRAIN IS LIKE A MUSCLE.  
WHEN YOU LEARN, YOUR BRAIN  
GROWS. THE FEELING OF THIS  
BEING HARD IS THE  
FEELING OF YOUR BRAIN  
GROWING!"



**RECOGNIZE YOUR OWN MINDSET**  
BE MINDFUL OF YOUR OWN THINKING AND  
OF THE MESSAGES YOU SEND WITH YOUR  
WORDS AND ACTIONS.

### FAILURES AND MISTAKES = LEARNING

SAY:

"YOU CAN LEARN FROM YOUR MISTAKES."  
"MISTAKES HELP YOU IMPROVE."  
"LET'S SEE WHAT OTHER STRATEGIES  
YOU CAN TRY."

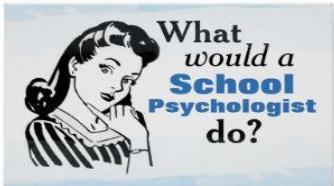


### ASK

"WHAT DID YOU DO TODAY  
THAT MADE YOU THINK HARD?"  
"WHAT NEW STRATEGIES DID  
YOU TRY?"

"WHAT MISTAKE DID YOU MAKE  
THAT TAUGHT YOU  
SOMETHING?"  
"WHAT DID YOU TRY HARD AT  
TODAY?"





The holiday season can be a stressful time—whether you are dealing with family or mingling at work holiday parties. Try these mindfulness strategies to reduce stress and bring a calm and attentive approach to your holiday this year.

Mindfulness is a way to be open and aware of what is happening in the moment—being present both internally and externally. Mindfulness has been shown to improve relationship satisfaction, reduce stress in relationships, and increase empathy. Mindful practices can also help reduce internal stress and anxiety.

1) Practice active listening. It's easy to tune out during holiday dinners and get-togethers, but try being attentive by using active listening. You might be surprised how rewarding and also how much more you will observe and hear. Active listening works best when you minimize distractions, so put away your smartphone, turn off the TV, and turn down the music so that you can hear what people are saying.

2) Be open to a range of emotions in yourself. Holidays can bring up a whole host of different emotions—and not all of them happy or celebratory. For many, the holidays can be reminders of loss, grief, or loneliness. You might experience these difficult feelings, especially when loved ones are absent, so allow yourself to make space and acknowledge whatever emotions come up for you rather than try to get rid of them.

3) Let go of old habits or patterns that might be holding you back. Holidays come with traditions and memories but, sometimes, old patterns can perpetuate negativity. It's easy to fall into familiar patterns. Perhaps you're annoyed with your in-laws repeating the same story at the dinner table or anxious around a competitive coworker vying for attention. Notice these thoughts and feelings that are happening now, and try to be curious about what is happening, rather than being stuck in thoughts or feelings you might be carrying from the past. This opens the possibility of a new experience in your interactions and can reduce feelings like frustration or boredom for you.

4) Let go of judgment—both for yourself and others. Conflict with family and friends during the holidays can lead to judgment and self-criticism. Whether you're blaming your partner for not helping you prepare the holiday dinner or feeling disappointed in yourself when looking back at your year, notice when you're making judgments. Take a step back and try to loosen those feelings of being "bad," "wrong," or "inadequate." Even if it's hard to let go of criticism completely, simply notice when it is happening and let those thoughts be without entangling yourself in them to give yourself distance from the feeling.

5) Balance the "should's" with awareness of your own needs. Holiday obligations can be important but be sure to balance them with awareness of your own needs. Operating on obligations alone and trying to please everyone's expectations can lead to resentment and burnout. Rather than focus solely on planning the perfect dinner or getting perfect gift, observe how these expectations affect you. Make sure to take the time and space you need to nourish yourself in the meantime.

6) Practice self-compassion. During a busy holiday season, don't forget to take care of yourself and be good to yourself. Get regular sleep and exercise, and take time to do relaxing or fun things so that you can recharge. Taking care of yourself allows you to be able to be more attentive and calmer when you're with others during the holidays. You may even find that when you take care of yourself, it is possible to be kinder and more giving to others—all keeping in the holiday spirit.

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\*\*Please check Athletics Updates on the LMS School website for more information throughout the year\*\*

## LMS SCHOOL SPORTS

Students in grades 6-8 are eligible to participate in all three seasons of school sports.

**Fall sports:** Girls and boys soccer and cross country.

**Winter sports:** Girls and boys basketball and wrestling.

**Spring sports:** Girls softball, boys baseball, girls and boys track and field.

When sign-ups are announced, all interested students should sign up in the gym. If they miss that sign up they can sign up in the nurse's office. It is important to sign up. If their name is on the list, we can try to contact them about missing physicals and paperwork needed for clearance.

What is needed for sports clearance?

A physical from your health care provider dated within the past 2 years on file with the nurse.

A three page sports packet completed once a year. This includes:

- An emergency form
- A contract signed by the player and parent
- An annual health update (not the physical)

A permission slip each time the player tries out for a new season of sports.



All paperwork should be turned in to the school nurse.

When everything is in, the player can pick up a clearance slip from the school nurse to give to the coach.

Questions? Call the school nurse at 860-642-5630 or email holly.parker@lebanonct.org



On November 13, students from around eastern Connecticut were honored at the Ct. Association of Public Schools Superintendent's award ceremony. Representing LMS, Benjamin D'Aloisio and Madeline Archer were both recognized for their community service, loyalty, leadership and academic achievements. Way to go Ben and Maddie!



## Notes from the Music Department



Students auditioning for the Eastern Region Music Festival on Saturday, December 7<sup>th</sup>:

For Band:

Noah Nelson

For Chorus:

Amelia Curtis (grade 7)

Hannah Gonzalez (grade 7)

Abigail Hundley (grade 8)

Morgan Petrucci (grade 7)

Alexis Zimnoch (grade 8)

Let's all  
wish them  
Good Luck



Mrs. MacKenzie is also excited to announce the spring musical for the middle school, which will be Beauty and the Beast. Auditions are in the first week of December, and the show will be May 15th and 16th. Information packets are available in the main office and the chorus room, if you have further questions, please email Mrs. MacKenzie at [emily.mackenzie@lebanonct.org](mailto:emily.mackenzie@lebanonct.org)

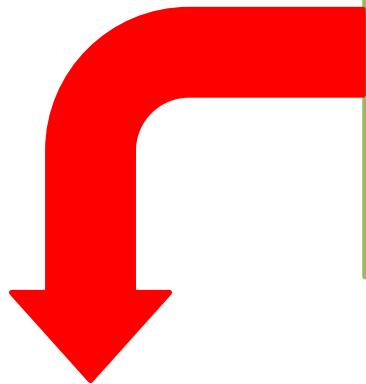


## Winter Band and Chorus Concert!

Thursday, December 12<sup>th</sup> @ 6:30pm

## 2019-2020 Winter Sports Schedule

For the complete schedule, Please visit  
The Lebanon Middle School Website under the tab titled:  
“Calendars and schedules” Follow the link to:  
“LMS Athletics Calendar”



### Washington D.C. Fundraisers:

#### Poinsettia Fundraiser:

The 8th grade class is holding its annual Poinsettia sale!

Orders are due by Wednesday, December 4th.

Pick-up will be Tuesday, December 10th from 3:00-5:00 PM.

\*\*Payment #2 (\$118 +deposit) was due 11/26, next payment #3 (\$118) due 1/28\*\*

#### ShopWithScrip Fundraiser:

We have a new fundraiser this year that doesn't require any selling!

Just purchase gift cards at face value and a percentage will go towards your student's trip!

Orders for this one are also due by Wednesday, December 4th.



### Scrip is fundraising while you shop



(Your 64 characters will go here. Your 64 will go characters here.)

## "There's an APP for that"



### EARN CASH FOR OUR SCHOOL NO MORE CLIPPING. ALL YOU NEED IS YOUR SMARTPHONE.

The NEW and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to our school's earnings online.

LOOK FOR  
THE NEW  
LABEL:



### HERE'S HOW IT WORKS:



#### BUY BOX TOPS PRODUCTS

You can find Box Tops on hundreds of products throughout the store.



#### SCAN YOUR RECEIPT

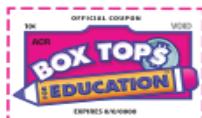
Use the app to snap a photo of your receipt within 14 days of purchase.



#### EARN CASH FOR OUR SCHOOL

Box Tops earnings are identified and automatically updated at BTFE.com.

You do not need to clip or send Box Tops labels to school.



### BOX TOPS CLIPS ON PACKAGES

Traditional Box Tops clips are being phased out of production but may continue to be found on many products throughout the store as packages transition to the new Box Tops labels. You can still clip these and send them to school. Please make sure each clip has a valid expiration date.



#### BUY BOX TOPS PRODUCTS



#### CUT OUT THE BOX TOP FROM EACH PACKAGE



#### SEND YOUR BOX TOPS TO SCHOOL

SEE PRODUCTS & LEARN MORE ABOUT  
THE BOX TOPS APP AT [BTFE.COM](http://BTFE.COM)

© General Mills

THE ALL-NEW BOX TOPS IS HERE!  
DOWNLOAD THE APP:



### Box Tops for Education

Thank you for your support! So far this school year, LMS earned \$42 from paper Box Tops that were sent into school and \$43 from the Box Tops app, for a total of \$85. Please keep clipping the print and digital Box Tops!

**Lebanon Middle School PTO Happenings**

# **Winter Concert Raffle & Bake Sale!**



Each homeroom collects items for a themed basket.  
These baskets are raffled off at the Winter Concert on December 12th.

5th Grade Homerooms	6th Grade Homerooms
<b>McLean:</b> Gift Cards <b>Ms. Amy Reynolds:</b> Lottery Tickets <b>Mr. Reynolds:</b> Collect Them All Toy Basket	<b>Huntington:</b> Baking Basket <b>Archer:</b> Football Basket <b>Violette:</b> Chocolate Basket
7th Grade Homerooms	8th Grade Homerooms
<b>Morse:</b> Pet Basket <b>Kadlof:</b> Italian Dinner Basket <b>Korzhoff:</b> First Aid Basket <b>Andrews:</b> Tea & Coffee Basket	<b>Gaffinet:</b> Snack Food Basket <b>Halbrooks:</b> Sports Basket <b>Strong:</b> Movie Night Basket <b>Gaucher:</b> Candy Basket

Each homeroom has a labeled box for donations.  
Please send them in **BEFORE Friday, December 7th.**  
You can also send in cash or check donation to LMS PTO  
and we will do the shopping for you. *Thank you!*



## **Bake Sale!**



**There will also be a bake sale the night of the school concert,  
December 12th. Please help us by bringing a baked good.**

*The process from raffle ticket sales and the bake sale are used to benefit the whole school  
and every child. Please help us make this a great event!*



Spread **HOLIDAY KINDNESS** with  
LES, LMS and LMHS along with M&J Bus Inc.

## FAMILY MOVIE NIGHT DONATIONS



PLEASE CONSIDER DONATING AN ITEM FOR  
FAMILIES IN LEBANON TO ENJOY THE SEASON  
TOGETHER!



### Items Recommended

Popcorn, Blankets, Snacks/Candy, Candles, Fuzzy Socks/Cozy slippers, Hot Cocoa, Marshmallows, Mugs, Cozy Pillows, Baskets for Items



New unwrapped items can be dropped off in the lobby area of each school or given to your child's bus driver. The last day for collection is 12/9/19. Items will be given to Lebanon Social Services for delivery.

# Tween Thursdays at the Jonathan Trumbull Library

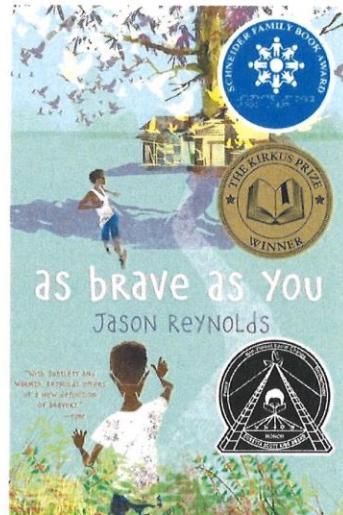
Come join other middle school students and grow at the library!

Thursday afternoons at 4:30

## Thursday, December

### 5th: Book Club!

Come discuss Jason Reynolds' *As Brave As You!* Two brothers spend a month in the country with their grandparents— you'll never guess what happens next! Come check out a copy at JTL!



## Thursday, December 12th: Mindfulness!

Come talk about ways that you feel stress and how you can learn to cope with it and be successful!



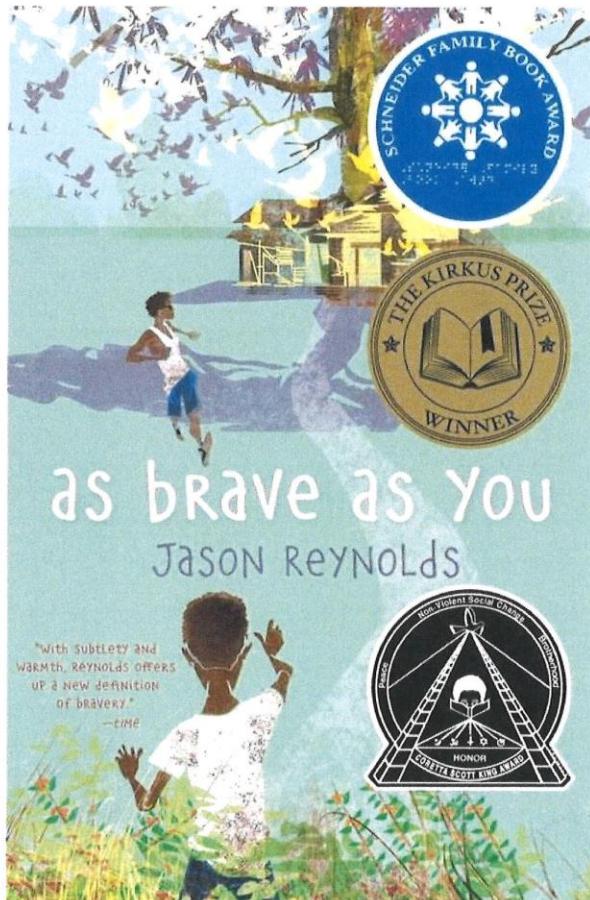
## Thursday, December 19th: Writing Group!

Come brainstorm, draft, edit, or share a piece of writing with like-minded students!

# Tween Thursdays

## Book Club!

When Ernie  
and Genie, two  
brothers, try  
to prove how  
brave they are,  
everything  
backfires...



Check out a  
copy at  
your local  
Jonathan  
Trumbull  
Library!

Come Thursday, December 5th at 4:30  
to discuss Jason Reynolds'

*As Brave As You!*

**Snacks will be served.**

## News from Lyman Memorial High School



### Lebanon Regional FFA Winter Holiday Sales Order Form

Lyman Memorial High School  
917 Exeter Road Lebanon, CT 06249

For questions please contact Megan Grogan

E-mail: [Megan.grogan@lebanonct.org](mailto:Megan.grogan@lebanonct.org) Phone 860-642-7759

\*\* Pictures to the right are samples of items for sale. Floral centerpiece is in a different container.

<b>Poinsettia</b>	**Limited quantity	<u>Indicate quantity for each color</u>	<u>\$ TOTAL</u>
6 ½"	\$10.00	<input type="checkbox"/> Red <input type="checkbox"/> White <input type="checkbox"/> Marble	_____



<b>Wreath with Bow</b>	<u>Indicate quantity for each bow color</u>
12" ring size \$18.00	<input type="checkbox"/> Red <input type="checkbox"/> White <input type="checkbox"/> Burgundy <input type="checkbox"/> Purple



<b>Decorated Wreath</b>	<u>Indicate quantity for each bow color</u>
12" ring size \$20.00	<input type="checkbox"/> Red <input type="checkbox"/> White <input type="checkbox"/> Burgundy <input type="checkbox"/> Purple

Please choose (circle one): Natural w/ pine cones & berries **or** decorated w/pinecone & ornaments



<b>Kissing Ball</b>	<u>Indicate quantity for each bow color</u>
18" diameter \$25.00	<input type="checkbox"/> Red <input type="checkbox"/> White <input type="checkbox"/> Burgundy
	<input type="checkbox"/> Ivory <input type="checkbox"/> Gold <input type="checkbox"/> Plaid
	<input type="checkbox"/> Red w/ gold trim <input type="checkbox"/> Ice Blue



<b>Cemetery Box</b>	<u>Indicate quantity for each bow color</u>
With handle \$20.00	<input type="checkbox"/> Red <input type="checkbox"/> White <input type="checkbox"/> Burgundy
	<input type="checkbox"/> Red w/gold trim <input type="checkbox"/> Ivory



**Centerpieces** \*\* Pick up/take home only December 18<sup>th</sup>-20<sup>th</sup> Indicate quantity for each candle color

Evergreen \$15.00       Red       White       Burgundy



Floral Centerpiece \$20.00      Indicate quantity for each candle color

Red       White       Burgundy

\*\*\*Please make checks payable to: Lyman Memorial High School    **Grand Total:** \_\_\_\_\_

Name/Business: \_\_\_\_\_ Date Ordered: \_\_\_\_\_

Business Address: \_\_\_\_\_ Town: \_\_\_\_\_

Contact e-mail: \_\_\_\_\_ Contact phone #: \_\_\_\_\_

**PICK-UP OPTIONS:** \*\* all orders need to be picked up by 3pm on pickup day except on Dec. 5<sup>th</sup>

**Student take home/ pick up day:** \_\_\_\_\_ \*\* all orders need to be picked up by 3pm

**Late Pick-up day:** Thursday December 5th 2:05-4pm **Pick up time:** \_\_\_\_\_

**Centerpiece pick up (please circle):** Wed. Dec. 18<sup>th</sup> 2:05-3pm **OR** Thurs. Dec. 19<sup>th</sup> 2:05-4 **OR** Fri Dec 20<sup>th</sup> 11:55- 1pm

\*\*\*\*

**Ordered items can be sent home with student's any day after school. A confirmation email will be sent acknowledging date and time for pickup.**

For office use only	Payment: <input type="checkbox"/> Cash <input type="checkbox"/> Check # _____	Amount: \$ _____

## LCCW & Edible Arrangements Fundraiser



We have vouchers for sale for one dozen Gourmet Dipped Apple Wedges or Strawberries from Edible Arrangements.

With every \$25 voucher sold (a \$29.99 value), the LCCW receives \$10.

To purchase arrangement vouchers, please email [lebanonccw@gmail.com](mailto:lebanonccw@gmail.com)

Are you going to a holiday party and don't know what to bring?

Do you need a present for that person on your list who already has everything?

The Lebanon Children's Clothing Wardrobe has the perfect solution for you!

Proceeds from this fundraiser will be utilized to support ongoing needs of the organization.

## 2<sup>nd</sup> Annual Indoor Tag Sale

**Benefiting the Lebanon Children's Clothing Wardrobe**

The LCCW is an organization, comprised solely of volunteers, that collects and distributes free, gently used children's clothing and other items for families in the area.

Proceeds from this event will be utilized to support ongoing needs of the organization.

A space at the tag sale can be rented for \$20, with a table rental for an additional \$5. This must be reserved in advance by contacting [lebanonccw@gmail.com](mailto:lebanonccw@gmail.com)

**January 4, 2020**

**9 am – 2 pm**

**Snow Date: January 11**

**Redeemer Lutheran Church**

**321 Village Hill Road, Lebanon**

The LCCW will be holding a bake sale during this event with a variety of baked goods and beverages available for purchase.

**Lebanon Children's Clothing Wardrobe**

**Important December Dates**

We are accepting donations on Thursday, December 5, from 4-6 PM (no appointment needed).

We are scheduling appointments for families to pick up clothes on the following dates:  
Wednesday, December 11, at 9 or 10 AM  
Saturday, December 14, at 9 or 10 AM

Families can make appointments by emailing [lebanonccw@gmail.com](mailto:lebanonccw@gmail.com). Please include your name, phone number, child(ren)'s gender/sizes, and your preferred appointment day and time.

We will have Thank God It's Infant Friday, (TGIIF) on Friday, December 13 from 8:30-11 AM (no appointment needed). This day is for maternity and infant clothes shopping only.

## DECEMBER EVENTS CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6 Panther Den 7:00pm
19	10 <b>Board of Ed Meeting 7:30pm</b>	11 <b>PTO Meeting 6:30pm</b> LMS Cafeteria	12 <b>Winter Band &amp; Chorus Concert 6:30</b>	13
16	17	18	19	20 <b>½ Day 12:10 Dismissal</b>
23 <b>VACATION NO SCHOOL</b>	24 <b>VACATION NO SCHOOL</b>	25 <b>VACATION NO SCHOOL</b>	26 <b>VACATION NO SCHOOL</b>	27 <b>VACATION NO SCHOOL</b>
30 <b>VACATION NO SCHOOL</b>	31 <b>VACATION NO SCHOOL</b>	1	2	4 Panther Den 7:00pm

**HAPPY HOLIDAYS!!  
FROM THE STAFF AT LMS**

