Access To Recreation

Access to Recreation programs are specifically for people with disabilities. Staff ratio is 1:4. Clients who need one-on-one assistance may bring their own caregiver, or register for Inclusion Services. Registration for all activities is required a minimum of five business days before the event in order to ensure adequate staffing. For some classes registration is required six business days due to C-Van scheduling. If this is your first time and wish to be on the event ride please notify our office 6 days in advance at 360-487-7058. You are required to call and check ride times prior to class. Complete an Inclusion Intake/Assessment form in person or at cityofvancouver.us/inclusion.

To use DDD family support/respite money to pay for classes, notify your caseworker of the classes you want. Provide them with the barcode #, class name and fee. They will send us your registration. If you are unable to attend a class, you must notify your caseworker at 360-418-6108 and our office at 360-487-7058.

For special modifications, contact Inclusion Services at 360-487-7057. See page 39 for more information.

Leisure counseling is available to assist in planning recreation activities. To schedule an appointment call Debbie Gibbs at 360-487-7058 or Teresa Williamson at 360-487-7060. LC: Luepke Center MCC: Marshall Center FCC: Firstenburg Center

Friday/Saturday Dances

5-7pm

Tu/Th 10:30-11:15am

6037 5/9-5/25

Ages 18+. Dance to your favorite music

and meet new friends. Includes hot dog,

chips and pop. Drop off west side. \$8

(assisting staff for \$4). LC Community

Ages 18+. An exercise class for people

with or without cognitive developmental

disabilities. \$37/\$45. MCC Gym.

5950

5953

6/9

8/11

6038 6/6-6/25

Please schedule arrivals and pick-ups no earlier than 30 minutes before or after the activity. If attendee is dropped off too early or not picked up, we are required to report to child/adult protective services.

SOCIALIZING

Room.

5949 5/12

5951 7/21

Fitness for All

F

Monday Funnites

Ages 18+. Registration is per session. This popular program is a great opportunity to make new friends. **LC Community Room**.

6706

Μ	3:30-5pm	\$16/\$18
5/8	Karaoke	
5/15	Bingo	
5/22	Sharing	
6/5	Movie pizza and	popcorn
6/12	Water games	
6/19	Charades	
6/26	Karaoke	
7/3	Celebrate the 4th	ı
7/10	Outside sports	
7/17	Take a nap with .	lolene
7/24	Karaoke	
7/31	Water games	
8/7	Bingo	
8/14	End of the summe	r party

Recreational Bowling

Ages 15+. Includes two games per week and staffing. Lanes are categorized by age. Allen's Crosley Lanes, 2400 E. Evergreen Blvd.

₩ 6447	9:30-11am 5/10-6/7	\$60/\$71 6449 6/14-7/12	6451	7/19-8/16
W 6448	3:30-5pm 5/10-6/7	\$60/\$71 6450 6/14-7/12	6452	7/19-8/16

ENRICHMENT

Ages 18+. Trips accommodate up to 11 participants, including only two who use wheelchairs. **Must pre-register to attend**. Staff ratio is 1:3. Participants must stay with staff at all times. Each group/foster home/day program is limited to three people per trip. If personal care is needed, caregivers must attend with participant. Caregiver is responsible for their admission fee. Bring \$20 for meal unless noted otherwise. **Meet in Luepke Center lobby**.

TRIPS

-		
Μ	9:30am	-2:30pm \$37/\$45
5960	5/8	Bonneville Dam and lunch. Bring \$15.
5961	5/22	Shopping and lunch in Longview. Bring \$20.
5962	6/12	Take Max to downtown Portland for a walk around the city. Bring
		\$15 and bus pass or \$4 for Max.
5963	7/3	Rainbow Trout Farm and lunch. Bring \$20.
5964	7/24	Casino trip for a buffet lunch and slots. Must be 21 yrs and have
		photo ID. Bring \$25.
5965	8/14	Lewisville Park for a hike and lunch at Rocky's Pizza. Bring \$15.
F	4-7pm	\$25/33
5956	5/19	Dinner at Red Robin. Bring \$20.
5957	6/16	Dinner at Sonic Drive-In and shopping. Bring \$15.
5958	7/14	Dinner at Billigan's Roadhouse. Bring \$20.
5959	8/18	Dinner at The Rock Wood Fired Kitchen. Bring \$20.

All Supplies are included in the fee. Must pre-register to attend.

Cooking for Fun

Ages 18+. You'll be guided through the preparation, cleanup process and work on table skills. **MCC Oak Room**.

Τυ	9:15-10:15am		\$46/\$53
6015	5/9-5/23	6016	6/6-6/20

Arts and Crafts

Ages 18+. Learn new skills and create projects for gift giving and personal enjoyment. **MCC Arts and Crafts Studio**.

Th	9:15-10:15a	\$46/\$53	
5945	5/11-5/25	5946	6/8-6/22

Fees listed as: City Resident/ Non-Resident

For other fitness activities, please see Fitness pages 12-15