

MARTIN J. RYERSON MIDDLE SCHOOL

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Dear Parents/Guardians,

Welcome to a new school year at M.J. Ryerson Middle School. I would like to take this opportunity to share with you some information regarding the Health Office.

- Per District Policy, **students are not permitted to carry any medication**, prescription or over the counter, with the exception of EpiPens and Inhalers and only if the physician has authorized the child to carry such medications. Parents **must** bring all medications directly to the school nurse with the corresponding forms. If your child needs to have an EpiPen or Inhaler in school, a current “Emergency Action Plan” **signed by the physician and the parent** must be attached.
- If your child needs prescription medication while at school (other than an EpiPen or Inhaler), the “Prescription Medication Authorization” form **must** be completed, signed and stamped by the Health Care Provider and signed by the parent. You can access this form via the below link:

Prescription Medication Authorization Form: [CLICK HERE](#)

- Additionally, the “Student Health Information” and “Emergency Contact Information” forms must be filled out by ALL parents and brought in the **first day of school**. The “Student Health Information” form also allows the nurse to administer over the counter pain medication. Please note that **no pain medication will be administered without this form**. You can access these forms via the below links:

Student Health Information Form: [CLICK HERE](#)

Emergency Contact Information Form: [CLICK HERE](#)

I am here to assist you and your child in order to ensure a healthy and successful academic year. Please do not hesitate to contact me should you have any questions or concerns.

Sincerely,

Mrs. Maria R. Castro, RN-BSN-CSN
(973) 962-7063 Ext. 27