

Wabaunsee High School Track & Field Results

At: Rock Creek Date: 4-14-202

Athletes of the Week:

Throws: Ava Huske

Jumps: Lauren Schutter

Sprints: Madison Schurle

Distance: Rebekah Stuhlsatz

School Records:

Payton Wurtz: 800 Run 2:27.30, 1600 Run 5:22.99

Personal Record Times & Distances:

Aubrey Imthurn: Discus 85'3, Javelin 80'8

Ava Huske: Javelin 91'9

Jenna Donaldson: 300 Hurdles 66.45

Emily Meyer: 100 Dash 14.92

Isabelle Stuhlsatz: 800 Run 2:59.95, 1600 Run 6:49.11

Payton Wurtz: 4X400 Relay 62.8

Madison Schurle: 4X400 Relay 71.1

Blake Murphy: Discus 91'4

Robert Potter: Javelin 48'6

Connor Strait: Triple Jump 33'3.25, High Jump 5'2

Miguel Hernandez: 300 Hurdles 45.70

Wyatt Wurtz: 800 Run 2:15.80, 4X400 Relay 56.6

Robert Potter: 800 Run 2:45.62, 1600 Run 6:36.31

Season Best Times & Distances:

Girls 4X400 Relay: Sophia Castillo, Payton Wurtz, Madison Schurle, Lauren Schutter 4:32.67

Lauren Schutter: Long Jump 17'5

Sienna Jones: Triple Jump 32'10

Sophia Castillo: 400 Dash 71.59, 4X400 Relay 71.8

Medals:

Team Scores: Boys: 23 pts, 9th place

Season Record: 7-26

Girls: 91 pts, 3rd place

Season Record: 30-3

Comments: With 24 more PR's and Season Bests, this was another successful meet. We're still trying out some new events as well, and now have some new marks to improve on. This meet included several 4A schools. We were the 2nd smallest school there, so it gave us a chance to face some stronger competition. At times that makes it hard to focus on times and distances instead of places, but we'll get better at focusing on improvement instead of place as the season goes on.

We're at a busy time of year. Our training is approaching its highest intensity of the year and we have 2 meets coming up this week as well. We'll need to be doing everything correctly outside of

practice (hydrating, eating well, getting enough rest,...) as well as putting the work in during practice so that we can be at our best on meet days.