2019-2020 Focus Areas; Tier 1 Core Instruction and Tier 1 Interventions

December 2019 "Central News"

Central Elementary

- "We Soar in Academics and Character"
- Mission
- At Central Elementary we ensure high levels of learning for all students.
- Vision
- We build supportive relationships and provide a safe and positive learning environment.

Calendar:

12/4 - Early Release
12/4 - Parent/Teacher Committee 1:00 pm
12/6 - Assembly 1:30 pm
12/10-- Central Elementary presents at the School Board meeting 5:00 pm
12/11 - 12/18 - Illuminate Quarter 2 Testing
12/13 - District Spelling Bee
12/14 - Friendship Club Caroling @ Belen Meadows 2:00 p.m.
12/18 - End of 2nd 9 weeks
12/19 - Winter Wonderland 1:30 - 3:00 pm
12/20 - Gratitude Student Lunch
12/20 - Early Release—dismissal at 12:30 pm
12/23 - 1/6 - Winter Break
1/7 - Students return

Welcome

Please join us in welcoming our new 5th grade Educational Assistant Maria Gonzales! She will solely be working with 5th grade supporting homeroom teachers and all students. We are thrilled to have her on our team !

Congratulations to our Spelling Bee Winners!

1st Place - Gilbert Ortega

2nd Place - Luis Aguilar-Perez

3rd Place - Cassius Martinez

4th Place - Mareli Murillo

5th Place - Karli Lawson

6th Place - Kylee Kaiser

Alternates:

7th Place - Ricky Prieto

8th Place - Kane Jaramillo

DISTRICT SPELLING BEE: December 13th at Belen High School Auditorium 9:30 am

Library Lines

Happy Holidays!

December is a great time for reading! You can cozy up by a fire with some hot chocolate and a good book and go on an adventure. There is no limit to the places that you can go in a book.

Just a reminder:

There are several free periods available in the library every week when students can come in to research projects using books and the computers.

Parents and students:

Books are being returned to the library damaged. Please take care of the books that you check out. There could be fees to replace the book if the damage is significant.

Enjoy your winter break,

Ms. Vannah

Music Notes

Mrs. Gonzales' Music Notes

We are "wrapping" (pun intended) up our time in music this December with units on the recorders and Orff instruments (see November newsletter for pictures of what in the world those are). Students are connecting all that they have learned so far into songs that incorporate reading and playing music. Students are also working on choosing songs and dances that we have learned throughout the semester to perform for the "Performing" standard in our class. Parents and family members are invited to attend these short performances (2-3 songs), which will happen the week of December 9th-13th. A schedule of performances is below!

I have enjoyed making music with your students this semester and look forward to another Fall semester of music-making next year! Enjoy your holiday season, and students—come back ready for Art Class with Ms. Castillo in January!

Music Performance Schedule:

Tuesday, Dec. 10th
~9:20 Morris will perform for Office in Office
~10:40 Cruz will perform for Miller in Music Room

Wednesday, Dec. 11th
~11:25 Salazar will perform for Cooke in main foyer

Thursday, Dec. 12th
~2:20 Hedrick will perform for Office in Office

Friday, Dec. 13th
~9:20 Cordova will perform for Miller in Miller's Room
~11:00 Law will perform for Cooke in Cooke's Room
~1:00 Lovato will perform for Hedrick in Music Room
~1:40 Mosimann will perform for Office in Office
~2:25 Cooke will perform for Cruz in Music Room

Nurse's News

Season's Greetings to Everyone!!

Winter season is nearly here which will be followed by colds, coughs and runny noses. One of the best ways to avoid all those yucky illnesses is good handwashing! This year December 1-7 has been designated as National Handwashing Awareness Week. Personal hygiene begins and ends with our hands. And though we're taught as youngsters to wash our hands before dinner, it's important to remember that germs don't care what time of day it is. Clean hands prevent sickness, so it's especially important to learn the basics about hand hygiene so that you, too, can become a champion hand washer! Experts recommend washing your hands with soap and clean water for at least 20 seconds. Be sure to get a good lather going and clean the back of the hands, between the fingers and under the nails. Dry them using a clean towel. There is a lot of science behind these recommendations, so be sure to follow them each time you wash your hands.

We wish for you all a Happy and Healthy Holiday Season.

Let's Go For It!
Perfect Attendance in December!
We Can Do It!
GO EAGLES!!!!!

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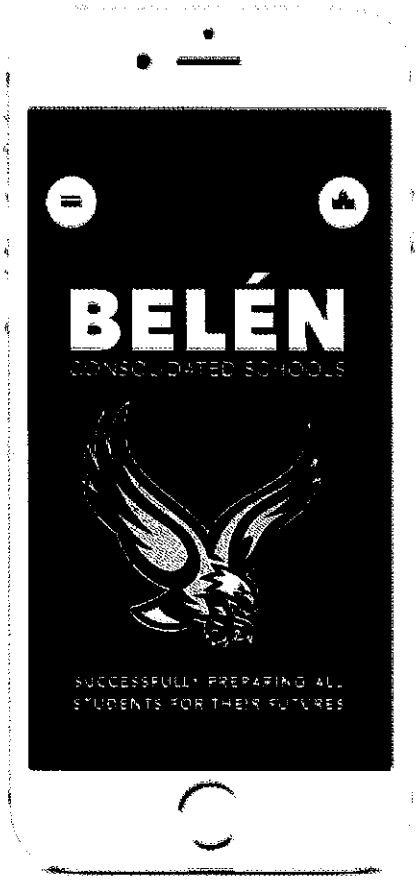

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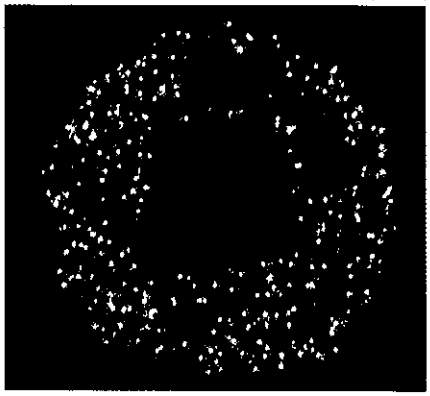


On another "note," Mrs. Gonzales and her husband sing in an auditioned community choir in Albuquerque called *Coro Lux* (which means "Chorus of Light"). On December 6th, we will be presenting a Christmas concert and want to reach out to students who are interested in music and want to attend, who may not otherwise have the opportunity to attend a music performance of this nature.
The choir is providing 5 free student tickets for me to give to interested students. If you are able to attend and would like a free ticket, please contact me at 966-1200 or gonzalesar@beleneagles.org with your student's name no later than Wednesday, December 4th. Students to receive a free ticket will be chosen Thursday morning.
Adult tickets are $25, seniors are $20, and students are $15. All proceeds from this concert will benefit the New Mexico Chapter of the National Federation of the Blind. Please see www.abqcorolux.org and the flyer below for additional details.

CORO LUX

Chorus of Light

Music Of The Season

by John Rutter and Bradley Ellingboe

Friday, December 6, 2019 7:00 pm
St. Paul Lutheran Church of Albuquerque
1100 Indian School Road, NE
$25 adults / $20 seniors / $15 students

Winter Wonderland

Parent Help Needed!!

Central Elementary will be holding its Winter Wonderland event on Thursday, December 19th from 1:30-3:00.
We are looking for several parent volunteers who can lead/assist small-group winter craft stations with the students and help in other areas as needed.
Craft ideas will be appreciated ☺
Parent volunteers would need to arrive at 1:15 to set up and stay until 3:15 to tear down.
Please contact Liz Cordova at 966-1216 or cordovae@beleneagles.org if you are able to help!

Thank you!!

Volunteers Needed!

We are looking for at least two parent volunteers from each class. If you can come and help run a craft station, please fill out this form and turn it in to your child's teacher by 12/13/19. Thank you!

*Name:*_____
*Phone:*_____
*Idea for a craft:*_____

Also, we are looking for supplies for our craft stations, we would greatly appreciate any donations!

Christmas Caroling at Belen Meadows

Who: Central Elementary Friendship Club
What: Caroling and spreading holiday cheer to the folks in the Belen Meadows nursing facility
When: Saturday, December 14th from 1:45-2:30 pm. Parents are responsible for drop off/pick up of their child at the nursing home and are invited to stay and watch!
Where: Belen Meadows Nursing and Rehabilitation Center
1831 Camino Del Llano (just east of I-25)

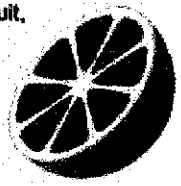
Please feel free to wear any holiday apparel (hats, sweaters, lights, etc.) but please be aware that we will be caroling inside and we don't want anyone to get overheated.

Health-e LIVING

December 2019

In Season Grapefruit

In just 1/2 (100g) of a grapefruit, there's roughly 60% daily value for vitamin C! That's more than half of your daily need in less than a cup!



Monday	Tuesday	Wednesday	Thursday	Friday
2 CEREAL, Alpha Bits Cheese Stick, Mozz Kiwi Applesauce Cup	**3** PB&J Uncrushables Orange Juice Banana	**4** EGG /CHEESE SANDWICH XL Apple	**5** BOSCO CHEESE STICK (Cin/Sug) Celery Sticks Grape Juice	**6** FRENCH TOAST MINIS, CINN Frozen Fruit CUP
9 MINI DONUTS Mixed Fruit Apple Slices	**10** FRUDEL, APPLE Apple Crisps Orange Pineapple Juice	**11** CEREAL, Honey Nut Cheerios Celery Sticks Peanut Butter PC Orange slices	**12** BREAKFAST BAGELER XL Apple	**13** WAFFLES, SNACKN Craisins Grape Juice
16 BANANA BREAD SLICE Seasonal Fruit Apple Juice	**17** CEREAL, CT CRUNCH Applesauce Cup Fresh Fruit	**18** BREAKFAST BURRITO Baby carrots Orange Juice	**19** APPLE CINN CRUMBLE XL Apple	**20** COOKS CHOICE Apple Slices Fruit Punch Juice
23	**24**	**25**	**26**	**27**

Enjoy Your Winter Break!

Happy Holidays!

SEE YOU BACK JANUARY 7th

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Announcements

VIEW MENUS AND NUTRITIONAL INFO AT: http://belen.healtheliving.net All meals are served with choice of milk; 1% White Milk, or Fat Free Milk or Strawberry or Chocolate. (Soy Milk is available for students with doctor's note.)

Menus are subject to change due to food availability/shortages from our distributors.

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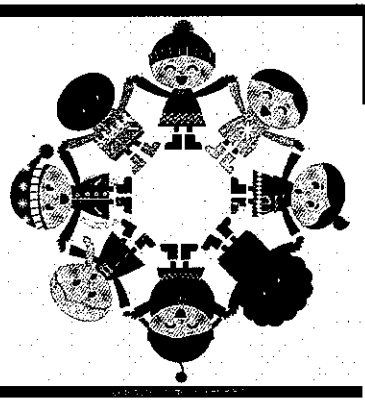

ELEMENTARY BREAKFAST

BELEN HIGH SCHOOL

Health-e LIVING

December 2019

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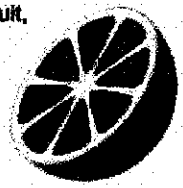

Monday	Tuesday	Wednesday	Thursday	Friday
2 MANDARIN ORANGE CHICKEN Oriental Vegetables Steamed Rice w/Roll Fortune Cookie Fruit Bar	**3** CHICKEN ENCHILADAS Pinto Beans Fresh Fruit Veggie Bar	**4** HAM & CHEESE Fries, Veggie Sticks Chocolate Chip Cookie NATIONAL COOKIE DAY Fruit bar	**5** FRITO PIE Fruit Smoothie, Sidekick Veggie Bar	**6** SPAGHETTI w/meatballs Breadstick Broccoli Fruit & Veggie Bar
9 MAC-n-CHEESE Veggie Sticks Roll Fruit Bar	**10** BEEF & BEAN BURRITO Spanish Rice Orange Veggie Bar (salsa)	**11** PIZZA, Meateaters Broccoli Carrot Sticks Fruit bar	**12** BBQ PORK SANDWICH Grapes Veggie Bar	**13** CORN DOG Baked Beans Fruit & Veggie Bar
16 NACHOS Garnish Refried Beans Fruit Bar	**17** TURKEY & CHEESE Crinkle Fries Diced Pears Veggie Bar	**18** HAMBURGER SLIDERS Broccoli & Veggie Sticks, Ranch dressing Fruit Bar	**19** POSOLE WG Crackers Fruit Jello Veggie Bar	**20** COOKS CHOICE Fruit & Veggies
23 Enjoy Your Winter Break! Happy Holidays!	**24**	**25**	**26**	**27**

SEE YOU BACK on JANUARY 7th

☺

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ELEMENTARY LUNCH