

Mental and Emotional Health Education Implementation Plan



State Board of Education Rule:	6A-1.094121 Mental and Emotional Health Education
Name of the School District	Gilchrist County School District
Superintendent of the School District	Rob Rankin
Implementation Period: (MM/YY – MM/YY)	11/2019 – 05/2020
Submission Date to the Commissioner	11/20/2019
Direct URL to the Implementation Plan as posted on the school district website	https://www.gilchristschools.org/
School District Contact(s) for this Plan <i>(name and email address)</i>	Terri Crawford- Director of Mental Health Services (crawfordt@myqcsd.org)

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input type="checkbox"/> Computer Education	<input type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input type="checkbox"/> Research/Critical Thinking	
<input type="checkbox"/> Drama – Theatre Arts	<input checked="" type="checkbox"/> Mathematics	<input checked="" type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input type="checkbox"/> Florida Certified Teacher			
<input checked="" type="checkbox"/> Community-based Expert			
<input type="checkbox"/> School Nurse			
<input type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input checked="" type="checkbox"/> Other			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
<p>6: Instruction during Science, English, Social Studies and other courses were selected based on a collaborative discussion with relevant stake holders (i.e. school administration, teachers, mental health counselors) regarding grade specific goals, availability, and needs. Gilchrist virtual school students will receive all 5 hours of online instruction, via full online versions of presented curriculums.</p> <p>7: Instruction during Science, English, Social Studies and other courses were selected based on a collaborative discussion with relevant stake holders (i.e. school administration, teachers, mental health counselors) regarding grade specific goals, availability, and needs. Gilchrist virtual school students will receive all 5 hours of online instruction, via full online versions of presented curriculums.</p> <p>8: Instruction during Social Studies, Science, English and other courses were selected based on a collaborative discussion with relevant stake holders (i.e. school administration, teachers, mental health counselors) regarding grade specific goals, availability, and needs. Gilchrist virtual school students will receive all 5 hours of online instruction, via full online versions of presented curriculums.</p> <p>9: Instruction during English, Social Studies, Math and other courses were selected based on a collaborative discussion with relevant stake holders (i.e. school administration, teachers, mental health counselors) regarding grade specific goals, availability, and needs. Dual Enrollment students may attend in person or receive instruction on line. Gilchrist virtual school students will receive all 5 hours of online instruction, via</p>			

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11: Instruction during English, Math, Ag, Physical Education and other courses were selected based on a collaborative discussion with relevant stake holders (i.e. school administration, teachers, mental health counselors) regarding grade specific goals, availability, and needs. Dual Enrollment may attend in person or receive instruction on line. Gilchrist virtual school students will receive all 5 hours of online instruction, via full online versions of presented curriculums.

12: Instruction during English, Math, Ag, Physical Education and other courses were selected based on a collaborative discussion with relevant stake holders (i.e. school administration, teachers, mental health counselors) regarding grade specific goals, availability, and needs. Dual Enrollment may attend in person or receive instruction on line. Gilchrist virtual school students will receive all 5 hours of online instruction, via full online versions of presented curriculums.

Please describe the methods for delivering the instruction for each grade level.

6: Grade-wide, developmentally appropriate instruction, based on *Edmentum's* Mental Health curriculum and *Project Elephant in the Room* suicide prevention curriculum will be provided by the district's Master level trained mental health counselors utilizing multimedia presentation materials including case studies, videos, and discussions. The curriculum will educate and engage students in conversations on stigma, prevention of suicide and mental health disorders, recognizing the signs and symptoms of mental health disorders, healthy coping skills, accessing treatment, ways to supports friends and loved ones facing mental health difficulties, and awareness of what resources are available in our school and community.

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Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

6: *Edmentum* will be used as a group- based, interactive, curriculum integrating multimedia resources and questions as format for education of pertinent concepts relative to mental health disorders, stigma, healthy coping skills, accessing resources for mental health difficulties, and supporting friends and loved ones facing mental health disorders. *Project Elephant in the Room* is a comprehensive, developmentally appropriate curriculum and video resource that empowers and educates students on how to recognize and prevent suicide. Students are given a resource card following completion of the training and also taught ways to seek help for their self and others. Both curriculums incorporate the use of developmentally appropriate activities, quizzes, and multimedia-based activities.

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