

MARTIN J. RYERSON MIDDLE SCHOOL

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Dear Parent/Guardian:

The New Jersey School Health Law requires a screening for scoliosis be performed on all students in 7th grade. The scoliosis screening will be done by the school nurse. The purpose of a scoliosis screening is to detect possible curvature of the spine in children. If the condition is detected early and appropriately treated, progressive spinal deformity may be prevented. The test is very simple and can be performed in less than a minute. Your child's back will be examined while he/she is standing and bending forward. You will be contacted if there is any reason to have your child examined by your family doctor due to questionable results. To assure a view of the spine, we will request the student expose only their backs during the screening. Each child is screened privately. If you have your family physician do the exam, please return a copy of the results to the nurse's office.

Return this form only if you would like to opt out of the screening otherwise your child will be screened for scoliosis.

Child's Name _____ Grade _____

_____ No-Don't do the scoliosis exam

_____ I prefer my child's doctor to do the exam

Parent Signature _____

Thank you for your time and cooperation in this matter!

Sincerely,

Maria R. Castro, RN-BSN-CSN

Martin J. Ryerson Middle School Nurse

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