

Below you'll see some sentences that are statements about a behavior. After reading the sentence, you get to decide how much that statement is really like you. Some you may really agree are like you, and others may not seem like you at all. No matter how you respond, you will be right, so do your best to be honest in your answers.

What grade are you in?

☐ 4th grade

☐ 7th grade

☐ 5th grade

☐ 8th grade

☐ 6th grade

☐ 9th grade

	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
1. I take steps to correct my mistakes.					
2. When I'm frustrated, I think of ways to change my situation.					
3. If I make a bad choice, I quickly blame someone else for my actions.					
4. I plan my time so I can finish homework and chores.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
5. I track my goals to see how I am doing.					
6. When I have achieved a goal, I set a new goal.					

	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
7. I follow through with my goals and plans.					

	Strongly disagree!	Disagree	Neutral	Agree	Strongly agree!
8. I don't need to be reminded to get things done at home.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
9. I waste time in the morning and end up in a rush to get to school on time.					

	No way!	Not really	Sort of	Mostly	Yes!
10. I eat vegetables every day.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
11. I give service to improve my school.					

	No way!	Not really	Sort of	Mostly	Yes!
12. I care about being healthy.					

The statements below are about how you work with others at your school. You may want to answer like you think you should; but remember, no one will see these answers, so it is important to answer based on what you really do on a day-to-day basis.

	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
13. I look for ways to include students who might be feeling left out.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
14. When I get into an argument with a friend, I solve the problem in a way that will make both of us feel good.					

	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
15. When I disagree with someone, I can share my point of view in a nice way.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
16. When I get into a disagreement with a sibling or someone at school, I first try to understand his or her view.					
17. I listen to my teacher's directions or instructions before I start an assignment.					
18. When a friend is having a problem, I listen first instead of telling him or her what to do.					
	Strongly disagree!	Disagree	Neutral	Agree	Strongly agree!
19. I don't like trying new things.					
20. Most groups at school can't do a job as well as I can by myself.					
	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
21. When I work with a group, I get upset when I don't get my way.					

The statements below are about how you work with others at your school. You may want to answer like you think you should; but remember, no one will see these answers, so it is important to answer based on what you really do on a day-to-day basis.

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
22. I wait before speaking to ensure I do not interrupt an ongoing conversation.					
23. When I greet someone, I look him or her in the eye.					
24. I say "excuse me" if I need to get someone's immediate attention.					
25. When people ask me questions about myself, I make sure to also ask them questions.					
26. When I greet someone, I give him or her a handshake.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
27. I ask people questions about themselves to show I care about them.					
28. When I greet someone, I introduce myself (if I do not already know the person).					

The statements below are about you and some of the choices you regularly make. You may want to answer like you think you should; but remember, no one will see these answers, so it is important to answer based on what you really do on a day-to-day basis.

	I totally disagree!	I Disagree	I'm not sure	I agree	I totally agree!
29. If a task is hard, I give up easily.					
30. Whenever I do something, I put all my effort into it.					

	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
31. I keep trying, even after I fail.					
32. I don't put things off for tomorrow if I can do them today.					

	No way!	Not really	Sort of	Mostly	Yes!
33. People can count on me to get things done.					
34. I am a hard worker.					
35. I feel excited about the work I do in school.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
36. I actively work toward my goals at school.					
37. I learn as much as I can from my classes.					

	I totally disagree!	I Disagree	I'm not sure	I agree	I totally agree!
38. You can learn new things, but you can't really change your basic intelligence.					
39. Your intelligence is something about you that you can't change very much.					
40. You have a certain amount of intelligence and you really can't do much to change it.					

	No way!	Not really	Sort of	Mostly	Yes!
41. I am involved in setting my own academic goals.					
42. I set deadlines to help me reach my academic goals.					
43. I track my progress toward my academic goals.					
44. There is at least one adult I talk to regularly about my progress toward my academic goals.					
45. I identify the steps I need to take to reach my academic goals.					

Do you have any comments you would like to share about *The Leader in Me* or the school?

