

Below you'll see some sentences that are statements about a behavior. After reading the sentence, you get to decide how much that statement is really like you. Some you may really agree are like you, and others may not seem like you at all. No matter how you respond, you will be right, so do your best to be honest in your answers.

What grade are you in?

- | | |
|------------------------------------|------------------------------------|
| <input type="checkbox"/> 4th grade | <input type="checkbox"/> 7th grade |
| <input type="checkbox"/> 5th grade | <input type="checkbox"/> 8th grade |
| <input type="checkbox"/> 6th grade | <input type="checkbox"/> 9th grade |

	Strongly disagree!	Disagree	Neutral	Agree	Strongly agree!
1. When I am in a bad mood, there is nothing I can do about it.					

	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
2. If my friends were running in the halls at school (against the rules), I would run too.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
3. I look for ways to help other students at school without being asked.					
4. When I have a lot of homework and other activities, I create a plan to get things done.					

	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
5. I think about who I want to be and what I want to do when I grow up.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
6. I write my goals down.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
7. I use a planner or another tool to track my assignments and goals.					
8. I organize my materials and school stuff the night before school.					
9. I miss important deadlines at school.					
10. I learn new things outside of school to improve myself.					

	No way!	Not really	Sort of	Mostly	Yes!
11. I eat fruits every day.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
12. I spend time with the people I love.					

The statements below are about how you work with others at your school. You may want to answer like you think you should; but remember, no one will see these answers, so it is important to answer based on what you really do on a day-to-day basis.

	Strongly disagree!	Disagree	Neutral	Agree	Strongly agree!
13. I don't always have to win. It's good to see other people or teams win too.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
14. When my parents and I disagree, we come up with ideas that benefit us both.					

	No way!	Not really	Sort of	Mostly	Yes!
15. If students are feeling left out at school, that's their problem not mine.					

	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
16. I'm not afraid to have conversations with adults.					
17. If I don't understand something at school, I ask questions to make things clear.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
18. Other people understand me when I express my thoughts to them.					
19. I get frustrated when someone shares ideas that are different from my ideas.					
20. When I'm working on a group project, I ask other students for their ideas.					
21. I keep my ideas to myself when working with others.					

The statements below are about you and how you feel about yourself. It is usually best to answer these questions based on what you first feel when you read each statement.

	No way!	Not really	Sort of	Mostly	Yes!
22. On the whole, I like myself.					
23. At times, I think I am no good at all.					
24. All in all, I am glad I am me.					
25. I feel I do not have much to be proud of.					
26. When I am an adult, I'm sure I will have a good life.					

Before you answer the questions below, try to remember the last time you gave a speech or presentation in public. This could be a report you gave in class, at a school assembly, or during after-school activities. Once you have that in mind, please answer the questions below.

	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
27. Before I give a presentation, I write it out to make sure it has a beginning, a middle, and an end.					

	Not like me at all!	A little like me	Sometimes like me	Mostly like me	A lot like me!
28. When I give a presentation, I look around at different people in the audience.					
29. When I give a presentation, I use hand gestures that help me express what I'm saying.					
30. When I give a presentation, I like to show my personality.					
31. I memorize most or all of my presentation so I don't have to read it.					
32. Before I give a presentation, I think about how to make it interesting for my audience.					

The statements below are about what it's like for you in your school. Think about experiences from this current school year as you answer.

	No way!	Not really	Sort of	Mostly	Yes!
33. My school has high academic expectations.					
34. My teachers encourage me to do my best.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
35. My teachers will make me keep trying when I want to give up on something hard.					

	No way!	Not really	Sort of	Mostly	Yes!
36. I play an important role in my class.					
37. I help other students in my class to learn.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
38. Students have a voice in decision making at my school.					
39. Adults at this school listen to students' ideas.					

	Almost never!	Hardly ever	Sometimes	Most of the time	Almost always!
40. I have the chance to make important decisions in my class.					
41. I have the power to make a difference in how things are done in my school.					
42. I can get teachers to help me when I get stuck on schoolwork.					
43. I can get another student to help me when get stuck on schoolwork.					
44. I can get adults to help me when I have a problem.					
45. I can get a friend to help me when I have a problem.					

Do you have any comments you would like to share about *The Leader in Me* or the school?

