

## Profile of a Graduate

### *Graduates of Metuchen High School will be:*

- Self-Motivated Learners. They are autonomous, organized, resourceful learners who find motivation within, have a sustained love of learning, and think critically and creatively in their approaches to solving complex problems. They use their knowledge to set goals and develop plans for meeting them, as well as to make informed and ethical choices that align with their personal growth and development.
- Communicative. They are effective communicators who understand and express ideas and information confidently, clearly, and creatively in more than one language. They are discerning readers, and they actively listen to and openly receive ideas from others.
- Technologically Skilled. They effectively employ technology to enhance their learning and exercise moral and ethical decision-making around its use.
- Open-minded and Empathetic. They understand and appreciate their own cultures and personal histories and also are open to the perspectives, values, traditions of other individuals and communities. They are articulate in defending their beliefs and actively engage in the democratic processes.
- Principled. They act in accordance with fundamental principles of integrity, honesty and humility with a strong sense of fairness, justice and respect for the dignity of the individual, groups, and communities. They take responsibility for their own actions and their consequences.
- Aware Of Health And Wellness. They understand the importance of emotional and physical wellness and develop a healthy life style.
- Involved. They understand the importance of civic responsibility and are actively involved in their community. They also have a personal commitment to service, to making a positive difference in the lives of others, and to protecting the environment.
- Adaptable. They understand the changing nature of the workplace and realize that they must be flexible and open to change.
- Collaborative and Cooperative. They are effective when working with others to reach mutual goals and comfortably take on a leadership role. Through working with others they also learn tolerance and compassion.
- Reflective. They give thoughtful consideration to their own learning and experience. They are able to assess and understand their strengths and limitations in order to support their learning and personal growth and development