SHAC Meeting Minutes on Wednesday March 27, 2019 3:40 PM.

SHAC members

Katie Fostel, Cody Bob Williams, Joye Fuller, Sue Pounds, Melissa Brooks, Becky Cauthen and Kortni Collins

Joye Fuller Chairman called to meeting to action

The following are the topics discussed:

- 1. The committee reviewed and assessed the district wide Wellness Policy. Discussion and questions by the Council were answered. No changes were made to policy and will be presented as that way to the School board at the Annual 2019 SHAC report to the Board.
- 2. March is National Nutrition Month. The Council discussed a possible Nutrition Day in March and could include some type of contest. A Healthy Menu Contest was suggested.
- 3. The Committee reviewed the Eula Wellness Policy and received updates from Sue Pounds Director of Food Services. She also mentions a possible Cafeteria Audit in the fall of 2019 and that we had a High rating from the Health Inspectors onsite visit. Of both cafeterias.
- 4. A food drive for the Eula Food Bank was set for October 7th through October 17th.at the Eula Secondary School. Kortni Collins will contact Ray Brown and Jerry Bentley at the Eula Food Bank to set up delivery. The Elementary School is proposing a Food Drive headed by Katie Fostel for December and a spring drive will be held again sometime in April.
- 4. Possible fund raisers for Food Bank were discussed. Becky Cauthen advised that she is willing to direct any that are approved by the Council.
- 5 .Mrs. Fuller updated the new puberty curriculum
- 5. Report that Backpack for kids maybe sponsored by Taylor Telephone for the upcoming year.
- 6. Report on results of TEA Students Fitness Gram
- 7, Nurse reported the Eula ISD Health Services Report for 2018-19 and report it to the Eula Board of Trustees at the Annual SHAC Report in March 2019.
- 5. Adjourn 4:35
- J. Fuller

This year's SHAC Self- Assessment Survey was answered at the final SHAC meeting by the attending members. Results of this year's survey showed less strengths than weaknesses when evaluating the effectiveness of the SHAC in regards to doing what it is supposed to, meeting its objectives, and if so, to what extent will the objectives be accomplished by the target date?

When asked, members of the SHAC supplied the following responses:

Does SHAC membership represent key segments of the community? Are ethnic and economic groups adequately represented?

No. Committee recommends and requests more members

Are SHAC member roles and responsibilities clearly defined?

yes

Have members received sufficient orientation?

yes

Are members willing to devote the necessary time?

maybe

Do SHAC members have an understanding of the availability of resources for the SHAC?

yes

Is the structure of the SHAC clearly defined (for example, leadership roles and responsibilities, subcommittees, etc.)?

yes

Is an elected chairperson providing positive and productive leadership?

yes

Are procedures established and utilized for conducting business?

Are bylaws being followed?

yes

Are regular meetings occurring? Is the SHAC meeting at least four times per year? Are 50% - 75% of members attending?

maybe - this year the committee met 2 times and half the meetings were the percentage of members attending

Does the SHAC have knowledge of the techniques for managing controversy and how to utilize them?

question unanswered

Does the SHAC have a Vision Statement? A Mission Statement?

yes

Has the SHAC conducted an assessment with the district staff? Were needs identified? Were goals set based on those needs?

no. this year committee members changed and some will not return due to job change.

Do SHAC plans and activities focus on the goals and objectives set by the SHAC and have completion dates been set?

maybe. this year committee met less time than required and was able to set up activity but unable to complete.

Are efforts made to reach goals and objectives by the targeted completion dates?

yes

Does the SHAC implement activities to support coordinated school health programming?

maybe. this year committee attempted to repeat last year event.

Does the SHAC address all ten components of a coordinated school health program?

maybe.

Has an understanding of coordinated school health and its value to the community emerged as a result of SHAC activities?

maybe.

Are regular reports made to the district school board? Was the state-required annual report made to the board?

maybe and yes

Do SHAC members have an awareness of: The status of school health programs in the schools in their district?

maybe

Do SHAC members have an awareness of: The role of the school district liaison?

maybe

Do SHAC members have an awareness of: The school board's and school administration's knowledge about and support of school health?

maybe

Do SHAC members have an awareness of: The values and attitudes of the school/community including special interest groups?

maybe

Do SHAC members have an awareness of: The processes available for community and student input on school health issues and SHAC activities, as well as, processes for communication to the community from the SHAC?

yes

Do SHAC members have an awareness of: The current local and state legislative mandates and historical perspectives?

maybe

Do SHAC members have an awareness of: State and national developments in school health?

maybe

Does the school board and school administration recognize and support the SHAC's role in improving/promoting school health? For example; do district personnel or board members seek advice from the SHAC and act on SHAC recommendations?

yes

Do schools and the community recognize the SHAC as a valuable asset in promoting the health of students and school personnel?

maybe. this years committee recognizes an increased need for parent and community members.

Does the SHAC and its members receive recognition for their contributions in school publications, news releases, or other communication channels?

maybe

As a result of the Assessment data, the SHAC has set the following goals for the 2019-2020 school year:

- 1. Increase the number of members and participants
- 2. Meet the required meeting time and increase the percentage of attendees
- 3. Conduct an assessment with the district staff, identify needs, and set goals based on those needs

The SHAC committee will continue to address any further needs as well as assessments throughout the upcoming school year.