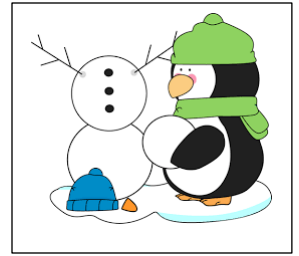




Do you want to build a SNOWMAN?

Let it go ~ it's only snow!

**Show your Christmas Cheer
and wear your Christmas Bling!**



C4K Jingle Bell 5K Run / Walk

Saturday, December 14 9:00 a.m.

Registration / Start / Finish: Buchanan Auto Park Stadium

750 East Second Street, Waynesboro

Registration begins at 8:00 a.m. Race begins at 9:00 a.m.

Join us for a refreshing run and make someone else's Christmas brighter! This 5K will begin and end at the High School Track. The course is mostly off road and will cover property at the Middle School and Renfrew Park. All proceeds will benefit disadvantaged students at WAMS.

C4K 5K Run/Walk Cost

5K Run/Walk Adult: \$25.00

5K Run/Walk Student: \$15.00

Hot Cocoa and Runner's Treats after the Race!

Pictures with Santa, Frosty, Rudolph, Snow Queen & Snow Princess!

Join us for a FUN & FESTIVE morning!

C4K Mission: To show caring by providing material and financial support for the betterment of needy students in order to demonstrate our belief that each individual is a valued and important part of the WAMS learning community.

Name _____ Age (on race day) _____

Street Address _____ City/State _____

T-Shirt Size (Adult sizes only) S _____ M _____ L _____ XL _____

All runners pre-registered by November 30th are guaranteed a C4K Jingle Bell 2019 T-Shirt

Phone: _____ Gender: M ___ F ___

RELEASE & CONSENT FORM: In consideration of the acceptance of my entry/my child's entry to the 2019 Jingle Bell 5K Run, I for myself or my child, our executors, administrators, and assignees...do hereby release and discharge the organizers of this race and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. Further, I hereby grant full permission to any all of the foregoing to use my/my child's name, photographs, or any other record of this event for any legitimate purpose without compensation or remunerations.

Athlete Signature: _____

(parent/guardian must sign for runners under 18 years of age)

Mail Completed Form and Payment to:

C4K Jingle Bell Run/Walk

Waynesboro Area Middle School

702 East Second Street

Waynesboro, PA 17268

Make Checks Payable To: C4K Jingle Bell Run/Walk