

# Mascoutah Wrestling 6th Annual "Pin Down the Holiday's"

## 5K/Run/Walk

**Saturday, November 23, 2019 (8:00 A.M.)**

<https://localraces.com/pindowntheholidays/6th-annual-pin-down-the-holiday-5k>



### Location:

Mascoutah High School  
1313 W. Main Street  
Mascoutah, IL 62258



### Entry Fee:

**\*Register before November 17, 2019:**

**\$30.00** Long sleeve shirt **WILL** be guaranteed.

**\*After November 17, 2019: \$30.00**

Long Sleeve shirt **NOT** guaranteed

### Medals:

Medals to top two males and females in these running age groups: 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

### Packet Pick-up: -

Mascoutah High School Field House

Friday 6:00–8:00 P.M. Nov. 22, 2019

Saturday 7:00-7:45A.M.

(Day of the Race)

### Time:

8:00 A.M. 5K Start (Rain, Snow, Or Shine) No Refunds

<https://localraces.com/pindowntheholidays/6th>



### Donations are Appreciated

Name: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City/ \_\_\_\_\_ State \_\_\_\_\_ /Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Age (on race day): \_\_\_\_\_

Circle T-shirt Size: YS YM YL AS AM AL AXL AXXL

Make Checks Payable to: **MHS Wrestling** Mascoutah High School  
1313 W. Main Street  
Mascoutah, IL 62258

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Circle Event: 5K Shirt only (\$15)

Waiver of Liability- In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all claims for damages, actions, and causes of actions against Mascoutah High School, Mascoutah, IL their affiliates, subsidiaries, officials, representatives, employees, successors, and assigns for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for the completions of the walk/run.

Participant's or Parent's signature: \_\_\_\_\_

**"Once you have wrestled everything else in life is easy "**

