

# IB INFORMED!

## What is CAS?

### SCHEDULING

Beginning on January 28th, students will have an additional opportunity to meet with school counselors to ensure they are making the correct selections for next year. These meetings will take place from January 28th- February 28th. The portal will be open for one final time for parents to review these course requests from February 15-28th.

Please contact your child's counselor or the IB Coordinator if you have specific questions related to IB programming.

#### **School Counselors:**

Sydney Hewitt (A-K)  
hewitts@greenvillecsd.org  
518-966-5070 x. 412

Ken Landversicht (L-Z)  
landk@greenvillecsd.org  
518-966-5070 x. 413

#### **IB Coordinator:**

Nicole Mahoney  
mahoneyn@greenvillecsd.org  
518-966-5070 x. 441



### CREATIVITY—ACTIVITY— SERVICE

Creativity, activity, service (CAS) is one of the three core components that every student must complete as part of the full Diploma Programme (DP). It is the IB mission in action and allows students to showcase their non-academic talents, try new things and become a well-rounded human being.

- **Creativity:** arts and other experiences that involve creative thinking. (Ensembles, musicals, art classes, cooking classes, etc.)
- **Activity** - physical exertion contributing to a healthy lifestyle - BREAK A SWEAT! (Sports teams, running, hiking, skiing, etc.)
- **Service** - an unpaid and voluntary exchange that has a learning benefit for the student. (School and community volunteer efforts, fundraising, giving back, etc.)



#### CAS PURPOSE:

- Increase awareness of your strengths and areas for growth
- Take on new challenges
- Gain knowledge by planning and initiating experiences
- Work collaboratively
- Show perseverance in and commitment to your experiences
- Engage in issues with global implications
- Consider ethical implications of your experiences

**“...if you believe in something, you must not just think or talk or write, but must act.” (Peterson, 2003)**



GREENVILLE CENTRAL SCHOOL DISTRICT

**Spartan STRONG**

*Where everyone learns, teaches, and belongs.*