



NOVEMBER 2019



Mon	Tue	Wed	Thu	Fri
Low Fat White, Skim White Milk & Skim Chocolate Milk are offered everyday.				
French Toast Sticks Bagels Cereal	Breakfast Pizza Bagels Cereal	Pancake/Waffles Bagels Cereal	Blueberry Muffins Bagels Cereal	Breakfast Sandwich Bagels Cereal
4	5	6	7	8
Toasted Cheese w/Tomato Soup OR Cheeseburger Wrap OR Turkey & Cheese Sandwich	Meatballs w/Savory Sauce and Roll OR Cheese Quesadilla OR Egg Salad Sandwich	Spaghetti w/Meat or Plain Sauce & Roll OR Chicken Caesar Wrap OR Ham & Cheese Sandwich	Baked Breaded Fish Sticks OR Cheese Lasagna w/Roll OR Tuna Sandwich	Whole Wheat Pizza OR Raised Edge Crust Pizza OR Chicken Salad Sandwich
11	12	13	14	15
HOLIDAY NO SCHOOL	Popcorn Chicken OR Sweet & Sour Meatballs on Rice OR Turkey & Cheese Sandwich	Rotini Pasta w/Meat or Plain Sauce and Roll OR Rib-A-Que on a Bun OR Egg Salad Sandwich	Shepherd's Pie w/Roll OR Cheeseburger On a Bun OR Turkey & Cheese Sandwich	Whole Wheat Pizza OR Raised Edge Crust Pizza OR Ham & Cheese Sandwich
18	19	20	21	22
KFC Bowl w/Roll OR Chicken Pesto Flatbread OR Ham & Cheese Sandwich	BRUNCH Waffles w/Blueberries & Strawberries OR BBQ Chicken on a Roll OR Tuna Sandwich	TURKEY DINNER w/Potato, Gravy, Peas, Roll and Dessert OR BLTC Wrap	Hard Tacos w/Spanish Rice OR Chicken Cordon Bleu on a Roll OR Egg Salad Sandwich	Whole Wheat Pizza OR Raised Edge Crust Pizza OR Chicken Salad Pocket
25	26	27	28	29
Cheesy Bread w/Dipping Sauce OR Beef Burrito OR Ham & Cheese Sandwich	Chop Suey w/Roll OR Baked Potato w/Broccoli & Cheese OR Tuna Sandwich	NO SCHOOL	THANKSGIVING HOLIDAY	NO SCHOOL