

My Name is
CORA CLEMENTINE

NOVEMBER

2019



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GOOD EATS AT

**The Wildcat
Café
Junior High
and High
Schools
Lunch**

SPECIAL ANNOUNCEMENTS

All students are offered a complete meal to include the five (5) food groups. Protein, Dairy, Vegetable, Fruit, and Grains. Students must choose three (3) of the five (5) to be considered a full meal, but are encouraged to take all five (5). One (1) of the items chosen must be a fruit or vegetable.

A Salad Bar is offered daily.

A choice of milk is offered daily. Menus are subject to change due to availability



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.

Oven Baked Chicken
w/Biscuit
Hot Dog
Fried Okra
Corn
Empire Apples

4

Beefy Nachos
Beefy Tornadoes
Refried Beans
Peppers & Onions
Orange Smiles

5

Ravioli w/Garlic Toast
Chicken Nuggets
w/Macaroni & Cheese
Italian Vegetables
Grapefruit Slices

6

Pulled Pork Or Beef
Sliders
Chicken Parmesan
w/Spaghetti Noodles
Green Beans
Fruity Jell-O

7

Pepperoni Pizza
Grilled Cheese
Sandwich w/Tomato
Soup
Peas
Sidekicks

1

Western Burger
Cheese Pizza
Hot Wings
Potato Wedges
Sidekicks

8

Street Tacos
Chicken Crisпитos
Charro Beans
Mexicali Corn
Sour Apple
Applesauce

11

Chicken Fried Steak
Wildcat Meatloaf
Scalloped Potatoes
Country Trio
Clementine
Oranges

12

Chicken Spaghetti
w/Breadstick
Calzone
Cheesy Broccoli
Gala Apples

13

Chicken Tenders
w/Roll
Hamburger
Curly Fries
Sidekicks

14

Sack Lunch:
Corn Dogs
Tostito Chips
Pear
Choice of Milk

Early Release Day 15

Beefy Spaghetti
w/Garlic Toast
French Bread Pizza
Broccoli Normandy
Grapes

18

General Tso's Chicken
w/Egg Roll
Beefy Broccoli Stir-Fry
w/Egg Roll
Fried Rice
Oriental Vegetables
Mandarin Oranges

19

Hamburger
Regular or Spicy
Chicken Sandwich
Crinkle Cut Fries
Sidekicks

20

Thanksgiving Lunch:
Turkey & Gravy
Mashed Potatoes
Stuffing
Green Beans
Rolls
Dessert

21

Sack Lunch:
Corn Dogs
Tostito Chips
Pear
Choice of Milk

Early Release Day 22

THANKSGIVING
BREAK

NO SCHOOL

25

THANKSGIVING
BREAK

NO SCHOOL

26

THANKSGIVING
BREAK

NO SCHOOL

27



28

THANKSGIVING
BREAK

NO SCHOOL

29

