

Maine School Administrative District No. 11

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Angela Hardy
Director of Curriculum & Instruction

START SCHOOL LATER COMMITTEE MEETING

MERLE E. PEACOCK JR. BOARD ROOM

Tuesday, October 15, 2019

4:00-5:00 PM

MINUTES

Present: Julie Hallett, GRMS Nurse; Chad Kempton, GAHS Principal; RayeAnn DeSoto, GAHS REACH Educator; Rebecca McLaughlin, GAHS Parent; Tom Landberg, GRMS Assistant Principal; Kerri Malinowski, GRMS Parent; Kady Gould, HT Principal; Nichole Plummer, RV Teacher; James Lothridge, Board Member; Inez Kelly, Boys and Girls Club of Kennebec Valley

Absent: Hilary Belanger, GRMS Parent; Lily Belanger, GRMS Student; Sue Shephard, PRCS Title I Literacy Specialist, Nicole Madore, HT Parent

I. **Call to Order**

The meeting was called to order at 4:00 p.m. by Angela Hardy.

II. **Charge of the Committee: Purpose, Timeline, Outcome**

Committee members reviewed the 2019-2020 Overview document that described the purpose of the committee, the membership structure, the timeline, and the anticipated steps for the work of the committee this academic year. This provided members an opportunity to nominate individuals where vacancies currently exist (middle school teacher, high school counselor, high school student). Angela Hardy will follow up on the nominations.

Members read a brief article about recent legislation in California requiring all schools to start at 8:30 a.m. or later as of July 1, 2022. Two video clips were viewed as well from The Today Show and CNN regarding the legislation, including educator and family perspectives. Discussion centered around the text and videos and the relation to the purpose of this committee.

III. **Community Engagement Forum: World Café Event on October 29, 2019**

Angela Hardy shared the invitation crafted for the Community Forum focused on adolescent wellness and the impact of sleep on readiness to learn. Members helped initiate the guest list and additional members of our administrative leadership team and Board will add to the guest list with hopes of having diverse and active representation from our MSAD 11 communities at the event. Parents, Caregivers, Business and community leaders, school staff, Union representatives, and Board members are all critical stakeholders and will be represented in the guest list.

Members also previewed the participant and facilitator's agendas and intended outcomes for the event and offered feedback. Angela did ask members to consider acting as facilitators at the event.

IV. Student Dialogues: October at GRMS and GAHS

Members reviewed the overview document for student dialogues prepared by Angela and our community engagement specialist. Student dialogues will provide us an opportunity to bring diverse groups of students together to have meaningful and engaging conversations about schedule considerations for optimal learning. Students will draw connections between scheduling and health, academic, and social-emotional learning. The resulting data will be anonymized and organized by theme and trends.

Two groups will be conducted both at GRMS and GAHS with a total of 48 students representing the diversity present within our student body. Our community engagement specialist and Angela Hardy will co-facilitate the 80-90 minute sessions.

V. Athletes and Sleep: How to Improve Performance

As part of our next steps, Angela will reach out to Chris Sementelli to see if he can help us work with our coaching staff to raise awareness of the impact of sleep on athletic performance. Nate Stubbert, the Athletic Director, has agreed to support this learning experience. As we learn more, we'll bring it back to this group.

VI. Adjourn

The meeting was adjourned at 5:00 p.m. The Committee will meet again on November 12 from 4:00 p.m. until 5:00 p.m. to process the qualitative data from the Community Meeting and possibly data from the student focus groups.

Respectfully Submitted,



Angela Hardy
Director of Curriculum and Instruction