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SOUTH LEWIS CENTRAL SCHOOL DISTRICT



NEWSLETTER







Featuring
New Staff
Introductions
and Glenfield
and Port Leyden
Elementary



Dear Parents, Residents, and Community Members:

The 2019-20 school year is off to a wonderful start. As always it was great to see so many of you at our Fall events such as Open House, Grandparents' Day, Fall Festival and the many athletic events we hosted. As we begin November it is a time of thanks and appreciation. Therefore, I wanted to take time to say thank you to a few groups of people.

First, at the October 15th Board of Education meeting we took the time to celebrate volunteerism and recognized our South Lewis Board of Education members. It was with sincere thanks that we showed our appreciation to our nine elected officials who give so much of their energy and efforts to make our school and community a better place. Collectively, the South Lewis Board of Education has 66 years of service. Below is a list of our BOE members along with their years of service.

- •Andrew Liendecker (President) 7 years
- •Dawn Ludovici (Vice-President) 2 years
- •Tom Burmingham 6 years
- •Paul Campbell 20 years
- •Jessica Carpenter 3 years
- •Christine Chaufty newly elected in May
- •Michael Lisk 19 years
- •Justin Szucs newly elected in May
- •Rich Ventura 9 years

We also all need to thank the many Veterans who serve and have served our country. School will not be in session on Monday, November 11th in celebration of Veteran's Day. This day is in honor of the countless fine men and women who have made sacrifices to protect our way of life.

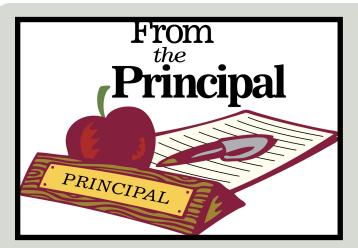
Lastly, I would like to thank our School Related Personnel (SRP) staff. This group of support staff does an amazing job and we are lucky to have each one of them. We will formally recognize this group which includes bus drivers, aides, food service workers, building and grounds staff, and keyboarding specialists among many other titles on SRP Recognition Day on Tuesday, November 19th. These individuals help to make our school district inviting, safe, and a great place for kids.

We hope to see all of you in the coming weeks and months as we have many school events that highlight the great work of our students and staff. May you all have a wonderful holiday season. Please do not hesitate to contact me if you have any needs, questions, or concerns.

Sincerely,

Mr. Douglas Premo

Superintendent of Schools



GLENFIELD ELEMENTARY PRINCIPAL'S NOTES BY MRS. CHRISTINE SOBEL

The 2019-2020 school year has gotten

off to an amazing start at Glenfield Elementary this year! There's been lots of exciting things happening inside our walls, and we've done a lot of exploring outside of them too! Many of our classes have already taken field trips this fall; some to The Wild Animal Park in Chittenango, some to Bald Mountain in Old Forge, and some to Wonder Works in Syracuse. In school, grade level teams continue to find new and exciting ways to help students learn, and to work together to help all students succeed.

Moving forward this school year, students will have many opportunities to participate in various activities. All elementary students will once again participate in our One District, One Book reading program in January. This year's book is extra special because last year's fourth graders helped pick it out. We thank our Glenfield and Port Leyden PTOs for their continued monetary support of this program! Third and fourth graders will again have an opportunity to learn about Archery and to participate in Junior Lego League. All students will have different assemblies and field trips over the course of the year, as well as exciting activities within their classrooms. We continue to have Spirit Days every other Friday, with the classroom showing the most school spirit (by wearing red or South Lewis clothing) earning the spirit banner and a chance to host our school hamster, Humphrey. We are all looking forward to a terrific school year!

Please don't forget that we are using PeachJar to send home school-wide information. You should receive flyers right in your email. We are also using FamilyID to sign up for field trips and for many forms that need to be returned to school. If you have any questions about either of those programs, please don't hesitate to call us. We also seem to have a large collection of 'Lost and Found' items piling up this year. Writing your child's name on the inside of their clothing, especially sweatshirts and jackets, would help us identify who belongs to what. We do try our best to get things back to their owners. Again, please feel free to call us with any questions or concerns.

SOUTH LEWIS WELCOMES ...

Please welcome the following staff who joined us during the 2018-2019 or at the start of the 2019 school year.



Alisa Andre' has joined the South Lewis Team as the Student Assistance Substance Abuse Counselor. Mrs. Andre' graduated from Utica College of Syracuse University with a Bachelor of Science in Criminal Justice. She is also licensed through the New York State of Alcoholism and Substance Abuse Services as a Credentialed Prevention Professional. Mrs. Andre' has worked in the South Lewis School District in several capacities over the years as a Youth Advocate, elementary Home School Coordinator and Student Assistance Counselor. Mrs. Andre' lives in Brantigham and enjoys spending time with family and friends, as well as hiking, reading and traveling. She is appreciative of the opportunity to become a part of the South Lewis family.

Eric Baird grew up in the Utica area and after high school he enlisted in the Army where upon after completing 20 years of service he retired. He attended Jefferson Community College then transferred to Utica College where he completed his BA in History. Subsequently, he attended SUNY Cortland and completed his MSed in 2013. After teaching in Utica as an Adult Literacy instructor, he made his way to South Lewis. He and his wife, Ellen, bought the former "Allen's Jewelry" in Lowville in December, 2012. He loves spending time in the woods hunting deer in the fall. He likes to fish and wishes he made more time to do that. He enjoys finding and reading a good book on historical events and the occasional model aircraft. He is looking forward to this school year and working with the awesome staff and students.



Beth Brown joins the staff at Glenfield Elementary as an Aide this year. She spends her mornings in the UPK classroom and helps out around the building in the afternoons. Mrs. Brown is a mother of five South Lewis students and is very excited to be part of the South Lewis family! She is looking forward to watching the students that she works with grow and to make an impact.





Amanda Bolich joined the South Lewis family in June 2019 as the Middle School Counseling Secretary. After graduating from South Lewis, Amanda earned a Bachelor's Degree in Human Development at SUNY Oswego and is currently finishing a Master of Science in Education degree in school counseling at St. Bonaventure University. Amanda has spent the past five years working in Lewis County agencies including the Department of Social Services and Transitional Living Services of Northern New York. Amanda is very excited to return to South Lewis and is eager to serve the students and families of the district.

David Boyle joined the South Lewis family in April 2019 as a Bus Dispatcher/Bus Driver. David married South Lewis Graduate Somer Boyle (Reardon) while stationed at Fort Drum, NY as a Flight Operations Specialist (Aircraft Dispatcher) in the United States Army. David was then informed that he is now a permanent resident of Lewis County! David and Somer are the proud parents of Sophia (PL 4th grade) and Aubrey Boyle (PL K). When not dispatching buses, Dave and his family love to travel. He has lived in or visited 38 countries and set foot on every continent except Antarctica. Dave says as a parent of two students of South Lewis he is proud of the hard work each and every member of the South Lewis family



students of South Lewis he is proud of the hard work each and every member of the South Lewis family puts in everyday to give our children the best education possible.

We are pleased to announce the return of Melanie Bush as the new Home School Community Coordinator. Melanie is a 1997 graduate of South Lewis and is very excited to return to her alma mater. Miss Bush previously held a similar position for many years while employed with Lewis County Department of Social Services. Following the completion of her Master's in Social Work from the University at Albany, Miss Bush went on to practice clinical therapy at Lewis County Community Mental Health where she was able to continue her relationship with the South Lewis District, providing counseling services to its students. With the closure of LCCMH Melanie accepted a position with



Carthage Area Hospital to provide counseling services in their School Based Health Clinics. Upon learning of the District's plan to develop their own home-school liaison position, Miss Bush was very enthusiastic about this opportunity, recognizing the value in being able to provide social emotional support to students within the academic setting. Melanie is passionate about her work and strives to strengthen the relationship shared between the school and home. She further states that having a partnership and mutual respect between caregivers, staff and support services is critical in a child's success. In her new role, Melanie is able to educate and link families to services and supports within Lewis and neighboring counties. She is forming close working relationships with community agencies and serves as a point person in the referral and collaboration process. During her free time Melanie enjoys being with family and friends and attending her nieces and

nephews' sporting events. She also is a huge Syracuse University fan and will attend basketball games any chance she gets. Miss Bush asked that we share she is very grateful and proud to return to South Lewis and she hopes that when seeing her you say hello. If wishing to speak to Miss Bush, contact her at the high school/middle school office.



At Glenfield Elementary, we welcome Miss Jolene Carpenter as an AIS Teaching Assistant. Miss Carpenter lives in Boonville and recently graduated from Utica College with a Bachelor's Degree in Psychology-Child Life. She has also started pursuing her Master's in Education at Liberty University. Jolene hopes to become an elementary teacher in the future. In addition to learning, Miss Carpenter enjoys spending time with her family, kayaking, volunteering, and shopping! She enjoys working with children and is looking forward to meeting new people, having a great year, and learning from her students at Glenfield Elementary!

In June, Taylor Church joined the South Lewis Family as the new Keyboarding Specialist in the Middle School Office. Taylor is a 2011 graduate from Copenhagen Central School and now resides in Croghan with her boyfriend, Caleb, and their dog, Luna. She previously worked as a Customer Service Representative at the Foy Agency. She enjoys all outdoor activities, watching football, and spending time with her family and friends. Taylor absolutely adores children and is very thankful for the opportunity to work for such a great district!





South Lewis welcomes Cleaner, David Gaylord. He is married with four children and eight grandchildren and is a graduate of Lowville Academy. His hobbies are sports and wood working.



Kari Gehrke joins South Lewis this year as the Port Leyden Elementary Physical Education Teacher. She grew up in Belleville, NY and attended Belleville-Henderson Central School. Miss Gehrke completed her Associates degree at Jefferson Community College where she played on the women's soccer, softball and basketball team. She then transferred to The College at Brockport to complete her Bachelor's Degree in Physical Education as well as continuing on with her soccer career. Kari is an avid sports fan and enjoys participating in outdoor activities. She previously taught Physical Education in Rochester, NY as a PE teacher for the past three years. Miss Gehrke is quoted as saying, "I am very excited to be a member of the South Lewis Family and look forward to taking advantage of all that South Lewis offers."

I'm Jolene Higby and I'm working in the Glefield Cafeteria. I enjoy seeing the children every day and how polite they are in the lunch line. I live in Constableville and have been married for 39 years. I have three grown children and eight grandchildren which I love spending time with.



Andrew Krokowski returned to South Lewis this past April as the Transportation Supervisor. Andrew was a bus driver for the district before going to work for Jefferson-Lewis BOCES in the Health & Safety Department. Andrew, a South Lewis graduate, is excited to return to his alma mater and says it feels great to be "home" again. When Andrew isn't at the Transportation Department he enjoys traveling with his wife, Megan, and spending time with their two huskies.





We are pleased to announce Jim Lamell has joined the Transportation Department as a bus driver. Jim joins South Lewis after driving for First Student for 15 years. When Jim isn't working, he enjoys auto-racing and is an official for Thunder Road race track in Barre, Vermont. Other than driving a school bus, Jim helps deliver products from Black River Naturals. Jim will be driving the Snake bus this year.



We are pleased to welcome Tim McDonald to the position of Owner Project Representative/Clerk of the Works for the duration of the capital project. Tim is a lifelong resident and graduate of the South Lewis School District. He currently lives in Turin, NY. Tim has two sons that graduated from SLCS that own and operate their own businesses within the district. Tim has worked in the construction field all over NY State for 40 years and is looking forward to working with South Lewis Central Schools on our capital project. Tim mentioned he has never had the opportunity to work on a project of this magnitude so close to his home and is very excited to be part of such an important project.



Britney McHugh joined our District late in the Fall of 2018 as a 4th Grade AIS Teacher at Port Leyden Elementary. She grew up in Pleasant Valley, NY and attended Arlington High School. Miss McHugh later went on to earn a Bachelor's Degree in Early Childhood and Elementary Education from SUNY New Paltz. Britney enjoys helping on the family dairy farm, horseback riding, and loves history. Miss McHugh is quoted as saying, "I am looking forward to another exciting school year as part of the South Lewis Family!"



In July, Ms. Lynnette Parker joined the South Lewis family as the CSE Secretary for the district. Lynnette is a South Jefferson graduate and has been working in all areas of the administrative field for over 30 years. Lynnette moved to the South Lewis district over six years ago with her two sons and is an active member in some of the schools clubs and organizations. Lynnette enjoys golfing, bowling, camping and cooking. Lynnette loves being a "Falcon" member and looks forward to many successful years at South Lewis.

We welcome Kimberly Pate to the Transportation Department as a bus driver. Kim resides in the Turin area where she operates a logging business with her husband. Becoming a full time bus driver at the start of this school year, Kim enjoys driving the Butterfly bus. When Kim is not working, she enjoys spending time with her family.





Hannah Scheer graduated from South Lewis in 2009. While in high school she attended BOCES, where she took the two year Culinary Arts program. After high school she moved on to college - The Culinary Institute of America. She received her associates degree in Baking and Pastry Arts. From there she moved back home and started working in bars and restaurants cooking; it hasn't been easy to find baking jobs. In 2013 she had her son Julian. She has been trying to stay local ever since. Besides working at South Lewis, she is also baking for Cummings Farm.

Sue Smith is our new Safety Monitor. She is a lifelong resident of Lewis County and a graduate of South Lewis. She lives in Turin with her husband and two children, both students at South Lewis. Prior to working at South Lewis, she operated a family business in Constableville with her two brothers. She has been a substitute in the district since March 2016. She is happy and grateful to be a part of the South Lewis Staff/family.



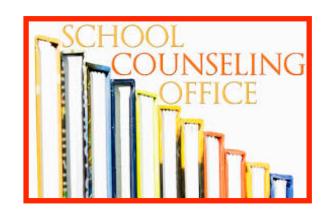


Liz Vaerewyck is the new 8th Grade Science teacher and High School Robotics coach. She and her husband just moved to the area from Ohio, moving to New York for her husband's job as a USDA Wildlife Technician. Shortly after moving to Carthage, they welcomed their first son, Benjamin. Liz earned her degree in Chemistry from Duquesne University in Pittsburgh, Pennsylvania and her Masters in Secondary Education from the University of Akron in Akron, Ohio. This is her 6th year in the classroom, and she has previously taught a variety of classes in Ohio including Algebra, Physical Science, Engineering and International Baccalaureate Chemistry. Liz has been absolutely enjoying the

energy and enthusiasm of Middle Level students and is loving becoming a part of the South Lewis family.

We welcome Custodian, Jason Walters who is a resident of Beaver Falls. He's been married for 18 years and has an 8-year old daughter Jenna that attends the 3rd grade. Jason attended Paul Smiths college and graduated with a degree in Landscape Architecture and Urban Forestry. His family enjoys camping and boating on Lake Ontario and the St. Lawrence river during the summers. He enjoys fishing and hunting and anything outdoors. He likes hiking the back country and loves the Adirondacks and being off the grid in remote locations trout fishing whenever possible.





Elementary School Counseling Office with Mrs. Whalen

We have been very busy in the Elementary School Counseling department this year! Character Education is going strong in our schools, as we have reintroduced the Six Pillars of character this year: Responsibility, Respect,

Caring, Trustworthiness, Fairness and Citizenship. Classroom lessons began with a getting-to-know the counselor activity and we dove right into lessons on our feelings and emotions. In October we focused on being responsible at home, school, and the community and during the months of November and December we learn all about respect.

Random Acts of Kindness Week "RAK" will be celebrated at our elementary schools during Valentine week, as we celebrate the Character Counts character trait of Caring. RAK week is planned in hopes that we can continue to inspire our students to do kind things for others in their homes, school, and community.

Falcon Friends meetings are in full swing at our elementary schools where High School student mentors, "Bigs," come to our elementary schools to have lunch with their "Littles," and read books and participate in fun activities together. An upcoming after-school event we have planned for our Falcon Friends is dinner (pizza) and a show (Frozen/ Middle School Play) in November.

We have many upcoming events planned for the year. We will continue our focus on Character Education and the remaining pillars of character. Red Ribbon Week, a nationally celebrated week to raise awareness of the dangers of alcohol, tobacco, drugs, and violence, will be celebrated in

April. Planning Your Future Day, a day where our 4th grade students will spend the day at the Middle School to begin preparing for 5th grade, will be in May. KidsKamp and Challenge Week are week-long programs offered in August to fifth and eighth grade students where they engage in future-minded activities, attend Beaver Camp and tour a college campus.

If you would like to keep up-to-date on the happenings in the Elementary School Counseling department, please consider liking our Facebook page by simply searching, "South Lewis Elementary School Counseling," or feel free to contact me at the school.





Glenfield Elementary Pre-Kindergarten With Mrs. Baxter and Mrs. Loomis

We have had a busy and exciting school year so far! From the beginning of the year, when we were meeting new friends, to now when we are gaining independence and able to do many things on our own, we have learned many new things.

Our class loves using Class Dojo. Class Dojo is an internet-based platform that allows the parents to "see" within our classroom. We post videos and pictures of our daily learning. This really helps the parents know what is happening at school. We have 100% participation, thank you Parents, and I know I enjoy the connection between home and school that ClassDojo helps with.

Our days our short, but we accomplish so much. Through hands-on learning, discovery, play, technology, and teacher-student interaction, the UPK are prepared and ready to move into Kindergarten.

Thank you for sharing your children with me and allowing me the opportunity to be their first experience at school.

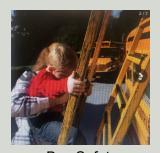


Playing with balloons to I e a r n h a n d - e y e coordination.





Building Core Strength through Morning Exercise



Bus Safety





Introduction to Handwriting and letters using Playdough.



Field Trip: September: The Wild





WITH MRS BROWN AND MRS. BERNARD

The Kindergarten classes at Glenfield have been very busy so far this year both in and out of the classroom. We start each day with OT bins to work on our fine motor skills. The development of fine motor skills helps our

students to complete important tasks such as writing, coloring, cutting, fastening buttons and zipping zippers. We then move on to foundational exercises. These exercises strengthen core muscles. They also help with coordination, balance, and the ability to cross the midline.

We have been beginning to learn our letters, letter sounds, and numbers 0-10. We have also learned all about safety in and out of school. In September, our school bus drivers shared their knowledge of bus safety with us. We also have been busy practicing fire drills, safety on the playground and safety in our very own classrooms. We are looking forward to a year full of learning!























Glenfield Elementary 1st Grade

Ms. Brown, Mrs. O'Dell, and Ms. Barber



We can't believe how quickly the year is going! We have learned so much this year and have lots more to learn too! In Guided Reading, students were given the Observation Survey and Fountas & Pinnell Benchmark assessments. We group students homogenously into groups so that each child is being given daily reading instruction on their own level. Students read aloud daily working on phrasing, fluency and comprehension. We also focus on word work and phonics skills. Students are flexibly grouped and move groups throughout the year based on their individual growth. Due to more rigorous curriculum, you will notice we have increased the expectation in Guided Reading levels each quarter. See below for the South Lewis expectations:

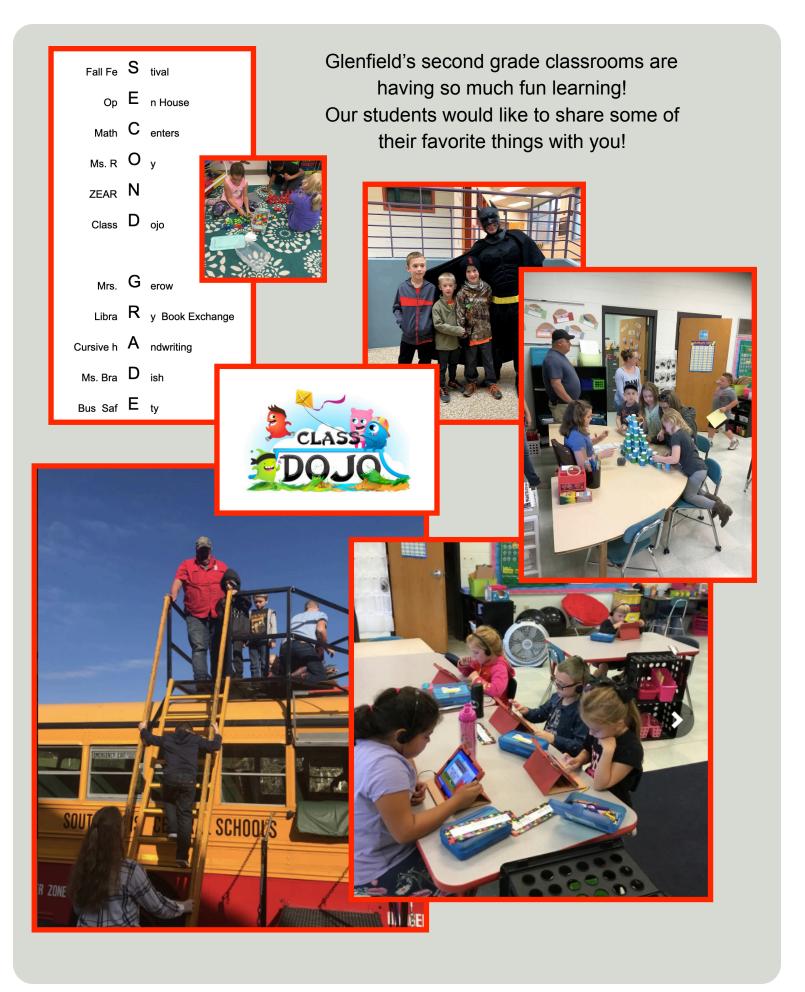
	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter
South Lewis Expectations	Е	G	I	J

This year we continue teaching the domains from the Common Core Curriculum. Students have really impressed us with their higher level thinking. So far we have learned about Fables and Stories, Early World & American Civilizations, and The Human Body. Next we tackle Different Lands, Similar Stories, Astronomy, and The History of the Earth. Students participate in daily discussion and listening comprehension. Students seem to be excited about the new topics we are learning about. Remember to ask them to share some fun facts they have learned!

We continue to teach the Common Core Math Modules in 1st grade. We have completed Math Modules 1 and 2 so far this year. These modules have focused mostly on addition and subtraction strategies as well as measurement. Students have been introduced to new math strategies such as: number bonds, counting on, making and taking from ten and drawing a math picture. We continue working on word problems daily. Students work hard on the RDW method, where they Read, Draw, & Write (a number sentence & statement) to solve the problem. We have also tried a new math approach to daily instruction similar to Guided Reading where students benefit from whole group and small group instruction based on needs. Our students continue to exceed our expectations and are doing more advanced math earlier in the year. Thank you for your continued cooperation and support at home.

The Skills Strand is our phonics program that was designed by the New York State Education Department. So far, we have completed the first two Skills Units. Unit 1 introduces students to vowel sounds, capital and lower case letters, nouns, digraphs and double consonant sounds. In Unit 2 we work on tricky words, various vowel digraphs and continue with nouns and proper nouns. Unit 3 will introduce verbs, vowel combinations and then move into work on past and present tense.

With the 1:1 Technology initiative, students have had all sorts of opportunities to integrate technology into our daily learning. Students are learning important skills for the future. Another program that we are utilizing this year is Class Dojo. The first grade students AND teachers LOVE IT!!!! It has been a great way to communicate with parents about upcoming class events, curriculum and assignments. Parents are also able to see pictures and videos of the kids and our various activities. We have really enjoyed working with our classes so far this year and look forward to more growth as the year progresses!



Mrs. Peck and Mrs. Schaefer's Third Grade Classes



Third Grade is off to an exciting start! We have been exploring the world through Social Studies, Science, Math and our English Language Arts program. It has been exciting building foundational knowledge within the Common Core. We have traveled around the world reading stories that have taken place in Africa, Afghanistan and the United States. In the world of math, we are currently learning about the properties of multiplication and division. Students are having a blast in science learning about the forces in physics and doing experiments. We will soon travel to WonderWorks for our science field trip. Our third graders are blossoming into strong scholars that are learning how to become responsible learners.













Mrs. Leichty, Mrs. Paulsen, Ms. Lehman, Mrs. Carvel, Mrs. Compo, Ms. McHugh

Fourth grade has been busy so far this year. Some of the many things that we have learned about are plants and animal classifications, crayfish, geography, and Native Americans. In math, we've worked on place value, measurement, and multiplication and division. The next module we will be working on is geometry. We are using all of these skills to solve multi-step, real life problems. We had the opportunity to run a cross-country race and climb Bald Mountain in September! In October we went to The Wild in Chittenango. We will be creating longhouses in November to go along with our Native American unit.

THE IMPORTANCE OF GRIT IN CHILDREN

BY REBECCA MARINO

Through research and clinical studies researcher Angela Lee Duckworth determined that **Grit** is a better indicator of future success than IQ or talent. **Grit** is a combination of determination, focus, passion, goal setting, and resilience. It's the ability to persevere in the face of challenges and failure. It is a driver of achievement and success, independent of and beyond what talent and intelligence contribute. She states "being naturally smart and talented are great, but to truly do well and thrive, we need the ability to persevere. Without grit, talent may be nothing more than unmet potential. It is only with effort that talent becomes a skill that leads to success." (Duckworth 2016).

If you want to help your child develop the all-important tool of grit, here are six ways to do it:

1. Be a positive role model

Children are often mirrors of their parents, so model "grittiness" for your child. Here's how:

- Handle your mistakes with positivity and/or humor.
- Demonstrate a willingness to face challenges and persevere.
- Discuss mistakes and setbacks with your child, even asking your child for advice when appropriate.

2. Allow your child to make mistakes, and teach them to accept them

It's tempting to cushion our children from failure, but doing so only prevents them from learning valuable coping skills. Instead of preventing your child from failing, teach them how to handle failure appropriately.

• Teach your child that failure is only an opportunity to go back to the drawing board and devise new and better strategies. "What went wrong this time? How can we prevent that from happening next time?"

3. Help your child set goals

Work with your child to set at least one long-term goal, and then help them stick with it.

4. Teach your child to problem solve

When your child does struggle with problems or setbacks, brainstorm ways to solve the problem. You can offer suggestions like, "What if you stayed after school to get some extra help from your teacher?" or, "What if you started your homework a little earlier?"

5. Praise effort, not ability

When you praise effort, your child learns that they can achieve anything through hard work and practice.

When you praise ability, your child receives the message that traits like intelligence are "fixed." If they encounter a setback, they'll feel that they have reached the limit of their ability and are more likely to give up instead of exerting increased effort.

6. Nurture your child's passions

Passion is a major component of grit, so help your child find and pursue their passions. By using these strategies, you'll help your child develop the powerful tool of grit!

"It's hard to beat a person who never gives up."-Babe Ruth





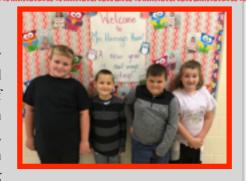
Welcome back to school from Mrs. Winslow's Resource Room

I like to begin the school year with teaching students to have a positive mindset. The author, Julia Cook wrote the book, *Bubble Gum Brain Ready, Get Mindset Grow!* Meet Bubble Gum

Brain and Brick Brain: two kids with two VERY different mindsets. Bubble Gum Brain likes to have fun adventures, learn new things, and he doesn't worry about making great mistakes. Brick Brain is convinced that things are just fine the way they are and there's not much he can do to change them, so why try? When Bubble Gum Brain shows Brick Brain how to peel off his wrapper, Brick Brain begins to realize just how much more fun school and life can be. This children's book provides a great platform for me to encourage students to be open minded and practice a growth mindset. I use this resource to explain to students how one's brain can be too rigid and how it might be better to "unstick" it and learn to be flexible. This takes practice and mistakes are all necessary in order to move forward. My students have enjoyed the book and we continue to talk about using our Bubble Gum Brain in order to be more flexible so we can learn and grow each day!

FROM MRS. HERRING'S CLASS

The year has started off wonderfully. We dove right into instruction and have already covered so much. We have enjoyed learning about school and classroom rules, being good citizens, our five senses, being a scientist, and improving on our goals in the areas of reading, writing, and math. This year, we still have many topics to cover including Earth and space, the holidays, the history of our country, geography, light and sounds, economics, and life science. We work hard to accomplish our monthly unit along with working each day to achieve our own personal goals. All of the students have been working hard to get all this done.



With all the academic gains we are striving to achieve this year, we will also manage to squeeze in some fun! We have enjoyed meeting each other and settling in for the beginning of the school year. We all look forward to the upcoming holidays and can't wait to celebrate each one! Our class also enjoys wearing red on our "Spirit Days" while competing for the school pet. We have not been able to have Humphrey stay with us yet but we are going to keep trying. With all the fun we have

already had this year, we cannot wait for the remainder of the year! What a great start to t h e 2019-2020 school year so far!



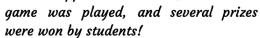




Glenfield Elementary PTO News

We've had a great start to the school year so far! Our first PTO meeting in September drew in 17 parents and staff members. We hope to have such incredible attendance at more of our meetings! Our meetings are held around the second Tuesday of every month at 3:15 pm in the Art Room. Come get more involved in your child's school, volunteer for events, and/or simply offer your input. We'd love to see some new faces and hear some new ideas!

Our Open House had a great turnout by our families! Fresh apples were served, a corn hole





Grandparent's Day was once again a big hit, with cookies and cider provided! Our holiday shopping event called Grandma's Attic is returning to Glenfield in December, giving our students an opportunity to purchase Christmas gifts (for only 25 cents each) for their family members. Look for more information to come about that. The 3G Firehall Christmas party, featuring crafts with Mrs. Sobel, will be the first weekend in December. Hope to see you there!

We're looking forward to a great remainder of the school year! We will not be hosting a book fair at Glenfield Elementary this year, so please utilize your childs' classroom book orders to purchase books. Our upcoming events include a winter fun trip- either tubing or bowling - depending on the snowfall; the one district, one book reading event; and the yearbook creation and distribution.

Our members this year are Tina Gigliotti-President, Becca Houser-Vice President, Marcia McDonald-Secretary, and Heather LeVan-Treasurer. If you would like to help out with any events, please contact one of our members or Mrs. Sobel. We can also be reached by messaging us on Class Dojo or on our Facebook page.

We are still collecting Box Tops for Education. Physical Box Top clips are being phased out of production, but may continue to be found on many products throughout the store. Send any unexpired clipped Box Tops to school in a baggie labeled with the student's name and teacher's name. Box Tops can be sent in anytime throughout the year. However we will have another contest in the spring, and the class that

brings in the most will get a special prize. Thank you for your continued support. *Download the BTFE app today, scan your receipts, & keep earning cash for our school!*



The Old Box Top Clips

The New Box Top Labels

Port Leyden Elementary Principal Notes Mr. Villiere

I hope everyone is enjoying the school year thus far as we begin the 2nd marking period. The early years of a child's life are so important in regards to the years that follow.

It is a very important time for us as parents to instill important habits and behaviors in our children that will help them to succeed through the rest of their life. These behaviors could involve academics, social skills, health and fitness, and character traits.



As we think about academics, it is important to motivate our children to take ownership of their education. Help them to understand the importance of their education. Talk to your children frequently about what they would like to be when they grow up and discuss the education that will be required to reach that goal. Set aside time each night to work on reading, writing, and math skills that are age appropriate. In that time, read with your son or daughter for 20 minutes each night.

When we focus on social skills, talk to your children about how to properly greet another person with "hello," "good morning," "good afternoon," etc. Also, discuss the importance of making eye contact when talking to an adult or a peer. These are skills that do not come naturally for most children and we can help them as adults to improve upon them.

Sound health and fitness habits are another area to focus on in children in their early years. Create the foundation to make healthy eating choices. Foods high in sugar, such as candy and sugary drinks, should be very limited, and help them to understand how foods high in nutrients can help fuel them through their days. Encourage your child to go outside and play when appropriate. Children can have both fun and improve their fitness when riding their bikes, playing tag, playing kickball, throwing a ball, dribbling, running, etc. The key factor is to encourage them to be physically active whenever possible.

As I begin to close, I would like to remind everyone the importance of having discussions with your children on the importance of good character. It is essential that children understand such concepts as respect, responsibility, trustworthiness, caring, citizenship, and fairness and how these qualities can impact their lives.

I hope that everyone has a great rest of the school year as we continue to work together to provide a great education for our children. Please feel free to always call me at Port Leyden Elementary with any questions.



Port Leyden Elementary Kindergarten Classes





















Kindergarten is up and running at Port Leyden Elementary! The students have worked hard to learn the classroom rules and procedures, make new friends, and settle into classroom routines.

We have been enjoying our Listening and Learning Domains. Topics covered up to this point include: Nursery Rhymes/ Fables and The Five Senses. Some other domains this year will be: Stories, Plants, Farms, Native Americans, Kings & Queens, and Seasons & Weather.

In Skills Strand, we have been very busy learning the prewriting strokes, tracking, letters, and sounds.

In our first Math Module, students are learning to order, count and write numbers up to 10. Our next Modules will include shapes and measurement.

Kindergarteners recently had the opportunity to make applesauce in honor of Johnny Appleseed's birthday. In the spring, we are anticipating a fun-filled field trip to Old McDonald's Farm in Sackets Harbor!

We are looking forward to the rest of the school year. We would like to thank parents for your continued support!



Port Leyden Physical Education With Ms. Gehrke

Over the past two months of school, students have participated in a variety of different activities in Physical Education. The third and fourth graders started off the school year with our football unit. Kindergarten, first and second grade began the first month with working on underhand and overhand throwing as well as basic motor development activities. The month of September concluded with two fun events for the fourth graders. They participated in the annual cross-country race at the high school as well as hiking Bald Mountain with the Glenfield Elementary Students. In October, students participated in the soccer unit. We also started our first ever Fall Fitness Challenge; this challenge was optional for students. The challenge encompasses a variety of different fitness movements that students can complete at home. The goal of this challenge is to promote a healthy lifestyle both in and outside of school. Any student who completes the full challenge will have the chance to win an autographed football from NY Giants Football Player, Janoris Jenkins.











Mrs. Maurer & Mrs. Petrus

We are having another fantastic year in Pre K! The students are working hard and making lifelong friends. We are off to a great start, with our AM and PM classes. The two classes and their families enjoyed a wonderful day at "THE WILD", for our first field trip. We also had some High School students come and help us learn how to make apple cider, with a real cider press. We shared our YUMMY apple cider with our Grandparents during their visit with us on Grandparent's Day. This year we will continue to have many other great learning experiences.

Thanks again for trusting us with your children.









Field Trip to "The Wild"



























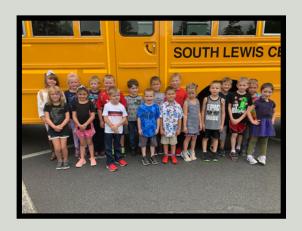


Port Leyden 1st
Grade News
Mrs. Arrigo, Mrs.
Cornish, and Ms.
Finley

Bus Safety: In September the transportation department came to Port Leyden to teach the students the importance of being safe on the bus. The students learned how to exit a bus in case of an emergency. The best part was being able to go out the roof hatch.



Mrs. Arrigo's Class



Mrs. Cornish's Class

The first grade classes started the year off reading books to help reinforce the six pillars of good character.

The six pillars are: Citizenship, Respect, Responsibility, Trustworthiness, Fairness, and Caring.

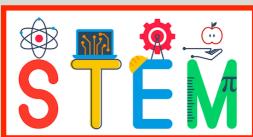


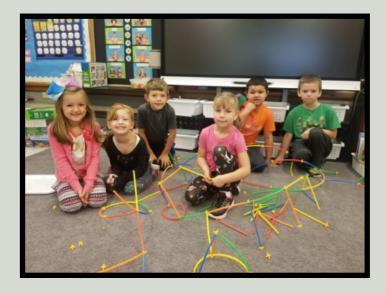




The first grade classrooms at Port Leyden Elementary have started using morning tubs as a way to begin our day. The tubs are S.T.E.M. based (science, technology, engineering, and math). The students walk through the door excited to start the day. This program is a play-based opportunity for students to explore, create, and communicate with one another. After creating and working together, students are ready to learn.

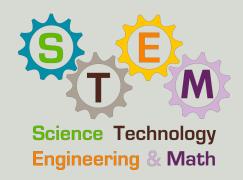














PORT LEYDEN SECOND GRADE MRS. KEMPNEY, MRS. ROCKWOOD AND MRS. SMITH

Second grade is off to a great start this year! We have 45 bright, eager students that are learning the ropes of a new grade. Our days are spent improving reading, writing and math skills.

In math, the students reviewed basic addition and subtraction facts and are now learning "tricks" to use when working with bigger numbers. We have also been learning to measure in centimeters and inches.

The second graders have already completed several writing pieces in the short time we've had together. Each child has a journal and is learning to write using the friendly letter format. We have already noticed an improvement in both the neatness of their handwriting and their understanding of how to write a sentence!

Reading is the area encompassing the majority of our day. While learning to read more challenging books, they are also learning to read so that they sound interesting to a listener. We have been stressing to everyone that the only way to improve reading is with practice. Please help your child to become a successful reader by reading with them every day.

In closing, we'd like to thank everyone for all they have done to make the beginning of our year go so smoothly. We look forward to meeting with you at conferences in November and working with your children throughout the rest of the year.



Mrs. Kempney's Class



Mrs. Rockwood's Class

AIS in Third Grade at Port Leyden Elementary with Mrs. Abrial

The third grade team at Port Leyden Elementary collaboratively works to meet the needs of all our students. Mrs. Abrial works with all students to give extra support in ELA, Math, Science, and Social Studies. She works with small groups of students to improve their English Language Arts and Math skills. AIS can be displayed in many ways; using a small group or incorporated into a whole group setting using a co-teaching model. In Port Leyden we use a mix of each method.

In small groups, students work to become stronger students with the content that is being taught within the classroom. The students are given opportunities to move around within the classroom and interact with their materials and peers.

Skills that students use in their regular classroom are practiced and/or re-taught in the AIS classroom. Every teacher works together to assess and monitor skills that most challenge our students. Our students' needs are the driving force in our educational decision making.

Below are some photos with students working collaboratively.

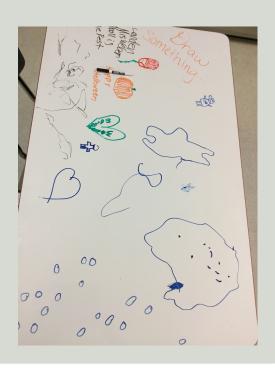


Working in small groups to read texts and answer questions.





The students use white board tables to demonstrate their knowledge (and imagination)!





MRS. MARKHAM AND MRS. ARTHUR AT PORT LEYDEN

The 3rd grade team at Port Leyden has had a busy but exciting school year so far. In ELA, we have been reading about several characters and their love of reading. We have practiced strategies to become text detectives and critical thinkers. Soon, our reading adventures will take us to other countries. We will be researching the many ways people around the world access books. Our students will discover that some people have their books delivered to them by camel, elephant, or boat! We are using our Social Studies unit about Geography to help us understand some of the challenges other countries face to access books.

Our Math topics began with exploring the properties of multiplication and division. We have been learning several strategies to help us to better understand the operations we are performing. Our new Guided Math lessons are interactive and keep students engaged! Every day students begin Guided Math learning a new skill or concept. Then they break into groups and move through fun and engaging Math centers. Our students are really enjoying this new way of learning math!

In Science, we are learning about Forces in Physics and how forces affect the world around us. We have been conducting investigations and making observations about forces. Students have been very excited about the engaging hands-on experiments with magnets, scooters, matchbox cars, weights and more.



In the Elementary Art Room with Ms. Murrock

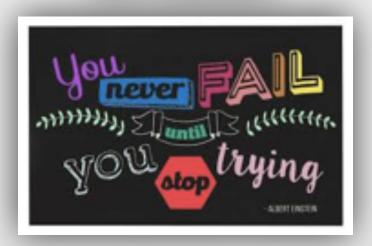
Students have been on a roll learning and creating this year in the art room. Students have already participated in an art show this year, and have three more coming up throughout the year. In the fall of 2019, 30 elementary students' art works were selected to be shown at the Harvest of the Arts festival located at the beautiful Maple Ridge Wind Farm. Congratulations to the students who had their artwork selected; it was a great show! Students are all working hard on their artwork and continue to progress and amaze me with their talented skills!

Students are continuing creating art works with an art history background. Some master artists that we have touched on this year so far are Pablo Picasso-Cubism, Vincent Van Gogh-Expressionism, Claude Monet-Impressionism, Eric Carle-Children's book author and illustrator, and Georgia O'Keeffe-Abstraction. Fourth graders and third graders have been diligently working on pencil and ink drawings of trees, and I can respectively say how impressed I am with their talents! In their drawings they have been demonstrating their knowledge of shading and value.

During the year I will be displaying student art throughout the school, so be sure to stop by as the artwork will change frequently. Always feel free to visit your child's art class. Our door is always open! It is going to be a fantastic year in the art room and I am looking forward to the many creations we make!

"I've been absolutely terrified every moment of my life - and I've never let it keep me from doing a single thing I wanted to do." – Georgia O'Keeffe

Resource Room Port Leyden Elementary Mrs. Boucher



At Port Leyden Elementary, the <u>resource room</u> is a classroom for the student who qualifies for regular class placement, but needs some special instruction in an individualized or small group setting for a portion of the day where learning strategies are provided. <u>Individual needs</u> are supported in resource rooms as defined by the Individual Education Plan (IEP). The IEP is a specialized plan developed by both the special education team and parents to identify a student's academic goals and the tools and actions needed to help achieve those goals. The child receiving this type of support will spend some time in the resource room, but the majority of time is spent in the general education classroom with modifications and/or accommodations. Please check out my website for printable Dolch sight words that we are working on in grades 2-4! Feel free to contact me any time with questions regarding your child's needs and educational program at oboucher@southlewis.org.

Tips to help your child with an IEP feel more successful:

- 1. Ask your child how their day went.
- 2. Read to your child.
- 3. Practice what they are learning in the resource room.
- 4. Support them with homework. Remember, it is their homework, not yours.
- 5. Listen to your child read aloud. Have them reread the same story over and over to increase their fluency.
- 6. **Be involved.** Review progress reports, review work sent home with your child, and communicate with me!

Computer Applications

Glenfield & Port Leyden Elementary Mrs. Zehr

K-4 students continue to work hard in the computer lab staying abreast of the ever changing technology. Here are some of the things students are learning and becoming more proficient in:

- Keyboarding students complete lessons in a web based program called Typing Club. This program challenges students to increase speed while maintaining accuracy.
- Coding Computer code is a set of rules or instructions. It is made up of words and numbers and when
 put in the right order it will tell the computer what you want it to do. You can program lots of things
 with code. Students use several tools and resources to code including: code.org, kodable.com, Bee Bots,
 ozobots, Dash the robot, and Sphero.
- Google Docs and Google Slides becoming familiar with each program and the many tools they can use to create projects.
- · Animation using the Stop Animation App on iPads and Google Slides to create animation.
- Students create QR (Quick Response) codes that integrate what they are learning in their classrooms.
- Digital Citizenship students are learning what it means to be a good digital citizen. This can be defined as engaging in appropriate and responsible behavior when using technology.

Internet Safety Tips

Children use a variety of online services, and each of these services can have different safety concerns. However, there are some basic tips, which you can employ no matter how your children use the Internet.

- Keep the computer in a high-traffic area of your home.
- · Establish limits for which online sites children may visit and for how long.
- Remember that Internet technology can be mobile, so make sure to monitor cell phones, gaming devices, and laptops.
- Surf the Internet with your children and let them show you what they like to do online.
- Know who is connecting with your children online and set rules for social networking, instant messaging, e-mailing, online gaming, and using webcams.
- Continually talk with your children about online safety.



Music Notes from Ms. Chamberlain: We are off to a great start in music classes so far! The following is an up-date to let you know what we will be working on in music class this year.

Kindergarten: Students in Kindergarten will be learning the difference between singing voice, speaking voice, whispering voice and shouting voice. Once students understand the concept of singing voice they will learn about pitch direction and working on matching pitch when singing with other students. Students will learn how to keep a steady beat and demonstrate this on rhythm sticks and classroom percussion instruments. They will learn to echo simple melodies and simple rhythms. The kindergarten students will have a busy year learning all of the patriotic songs that we sing together at school. America, America the Beautiful, The Star Spangled Banner, and Grand Old Flag are just a few. We will also work on songs like the alphabet song, Twinkle, Twinkle and Mary Had a Little Lamb. We will do listening activities and movement activities to round out our music studies. Also, kindergarten students are learning about instruments in the different instrument families.

The following pictures are of our newest South Lewis musicians. Welcome to this year's kindergarten classes!









First Grade: In addition to practicing the skills learned in kindergarten, students in first grade will learn to read simple rhythms using quarter notes and eighth notes. They will learn about rests and start learning to read and play pitches on bells and xylophones. They will practice improving their reading skills using classroom percussion instruments. Students will learn a variety of songs in class including rounds and partner songs. Listening and movement activities are also an important part of first grade music class. They will learn about dynamics (volume) and tempo (speed) as well.

Second Grade: Students in second grade will continue to improve their singing voices while singing in unison, rounds and partner songs. Students will work on their music reading skills while they learn to play mallet instruments like bells and xylophones. They will also start learning about musical "road map" symbols needed to follow along and read sheet music. Some of the "traffic" signs they will learn are coda, repeat signs, first and second endings, D.S. signs and dynamic markings. In addition to working on dynamics and tempo, they will also work on articulation.

Third grade: Third grade students will take their music reading skills to a new level while learning to play the recorder. They will learn how to read notes using the treble clef. They will apply their rhythmic reading skills to sustaining pitches for the correct amount of beats. They will have to work on breathing and phrasing skills in order to do this. They will learn how to play together in a group by following the conductor and keeping a steady beat to count rhythms. They will learn how to evaluate their own performances so they know what they need to practice more in order to improve.

Fourth Grade: Fourth grade students will continue to develop all of the skills previously mentioned. All fourth grade students will work on improving their singing skills and recorder performance skills. In addition, some students choose to participate in band and chorus. Students are off to a great start in chorus and band. Band students need to make sure to practice daily. It takes consistent practice to train muscles to play instruments! Chorus meets on day one at Port Leyden and day three at Glenfield. Band meets on day two at Port Leyden and day five at Glenfield.

All of our students are working on being "professional" musicians! They have learned that this means they are focusing their eyes and ears on the speaker, using a clear voice that everyone can understand, and that they are demonstrating their best posture. We also have been emphasizing how important observing the pillars of character is in our class, in our school, and in our community. We sing the song "South Lewis Has Character" to remind us of all of the pillars:

South Lewis Central School, we really play it cool!

Trustworthy citizens, respectful of our friends!

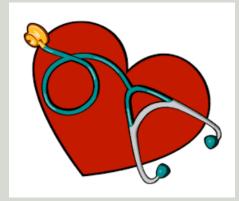
We play the game fair. We always show we care.

We are responsible, and give our best, best, best!

(Sung to the tune of Say, Say Oh Playmate)

Please visit my website to get more information about our music students and our music program. My website can be found by going to the South Lewis website and clicking on menu, then student resources, then teacher webpages. You will have to select teacher webpages again and choose either Port Leyden or Glenfield, then classrooms, then Chamberlain. Happy surfing!

Ms. Chamberlain is at Port Leyden school on days 1, 2, and 4. She is at Glenfield school on days 3, 5, and 6. Since she is not in each building each day, sometimes the best way to contact her is via e-mail. schamberlain@southlewis.org Please feel free to contact her with questions or concerns!



Health News from the South Lewis Nurses...

Another school year is in full swing! And unfortunately so is the spread of sickness! Lots of children together in one building provides the perfect environment for germs to spread quickly, especially when flu season is upon us. Remind your child(ren) to always be aware that germs are likely to be on every surface they touch and some of those germs have the potential to cause illness. Talk about the steps they can take to prevent themselves from getting sick, or spreading their germs to others:

- •Keep hands away from mouth, nose and eyes.
- Wash hands frequently throughout the day, especially before eating and after using the bathroom. Reinforce good hand washing practices at home.
- Cover their mouth when coughing or sneezing.
- Get a good night's sleep. Stick to a bedtime schedule that allows for at least 10 hours of sleep per night.
- Drink plenty of water throughout the day. Bring a water bottle to school (but bring it home daily to get washed).
- Keep their personal space.
- Don't share drinks or food.

Please keep your child home if they have a fever or have a contagious illness. Your child should be fever free for 24 hours (without a fever reducing medicine) before returning to school.

Head lice is another potential issue to always be mindful of. Instruct your child not to share hats, hair brushes/combs, or headbands. If at any time during the school year you find that your child has lice, please do not send them to school. They need to be treated, all nits removed, and then brought into school to be checked by the school nurse.

Don't forget to sign your child(ren) up for our School Based Health Center, if you haven't already. It's a doctor's

office/ urgent care clinic for only South Lewis students, where they can receive well check-ups, vaccinations, and/or treatment for illness. If your child has symptoms of common ailments such as ear infections, strep throat, pink eye, etc, we can refer them to the health center for testing and treatment. This saves our students from missing too much of the school day, and it saves parents when they are unable to take time away from work. For elementary students, we will always call parents first to make sure it's agreed that the child should be seen. Then school transportation will be arranged with an aide that will escort the student to and from the health center. The total instruction time missed is only about an hour. The school practitioner, Kim Leibelsperger, RPAC will call you to discuss diagnosis and treatment. For questions, call your school nurse at one of the numbers below, or call the SBHC nurse Heather Kent, LPN, at 315-348-2585.

*Visit the CDC website, <u>www.cdc.gov/healthyschools</u>, for some great resources to help support your child's health and learning!

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South Lewis Central Schools

District Newsletter Request Form

If you would like a hard copy of each issue of the South Lewis Central School District newsletter mailed to you please complete this form and return it to the address below. You can also call the District Office at 315-348-2500 and provide the needed information.

South Lewis Central Schools ATTN: Douglas Premo 4264 East Road PO BOX 10 Turin, NY 13473

DATE:		SOU	TH LEWIS	
Name:				J
Mailing Address:				
Phone Number:	_			
	Thank You!			

South Lewis Middle School "Student of the Month" for September 2019

Faculty members have selected five students for the September 2019 "Student of the Month" program. This program is sponsored by the National Junior Honor Society and recognizes students who

demonstrate a strong work ethic, positive attitude, and good citizenship in our school and community. Carter Tittle, son of Nichole Darling and Stony Tittle of Lyons Falls, is the fifth grade recipient of this award. Jackson McCall, son of Ted and Molly McCall of Boonville, is the sixth grade recipient. GracieLynn Black, daughter of Harry and Miranda Black of Lyons Falls, is the seventh grade recipient. Faith Malott, daughter of Heather Clemons of Glenfield and John Malott of Port Leyden, is the eighth grade recipient of this award. The Related Arts "Student of the Month" for September is Marcos Myers, son of Mickey and Kelly Myers of Boonville. Congratulations to each student and their family.

The students from left to right are: Marcos Myers, Jackson McCall, GracieLynn Black, Carter Tittle, and Faith Malott.



THE SOUTH LEWIS MIDDLE SCHOOL PARENT TEACHER GROUP (PTG)

We would like to thank everyone who helped us with our basket raffle fundraiser during the Middle School Open House program on September 19, 2019. Faculty and staff donated items to create seven theme baskets that were raffled off. Following is the list of winners:

Fifth Grade Team "Lottery" Basket: Mrs. Mooney (accepted by her son Matthew Marks)

Sixth Grade Team "Halloween" Basket: Trenton Satterly

Seventh Grade Team "Pasta" Basket: Mrs. Poore (accepted by Dakota Ludwikowski)

Eighth Grade Team "Movie" Basket: Heather Kent (accepted by Noah Dailey)

Related Arts Team "South Lewis Strong" Basket: Teresa Warcup(accepted by her daughter Marlaina Warcup)

Middle School Office "Chocolate" Basket: Grace Smith (accepted by Mason Krokowski)

Library "Reading" Basket: Mary Hughes (accepted by her son Max Sampson)

The PTG earned \$343 on the basket raffle!

We also awarded four gift certificates from Marinos Pizzeria to a student at each grade level selected as winners of the Open House "Scavenger Hunt". The winners are as follows:

Grade 5: Lili Cihocki

Grade 6: Trenton Satterly Grade 7: Arianna Fox

Grade 8: Marlaina Warcup

Thank you to everyone who helped to make the fundraiser a success!!! Our middle school PTG also sponsored a Gertrude Hawk Chocolate Fundraiser in October. All funds raised will be used to support middle school student programs. We greatly appreciate the parent, staff and community support!!







South Lewis High School "Student of the Month" September 2019

The faculty and staff of the South Lewis High School have selected two students for the September 2019 "Student of the Month." Students are nominated and chosen based on their character, respect for their school and peers, citizenship, work ethic and overall positive attitude. This month's recipients are Courtney D'Ambrosi and Garrett Patterson.

From left to right are: Courtney D'Ambrosi and Garrett Patterson.





HIGH SCHOOL GUIDANCE INFORMATION

Seniors

By now you should have met with your school counselor regarding your future plans. Reminder for Seniors - Get your college application transcript requests to the Counseling Office before Thanksgiving (Friday, Nov. 22nd)! Consult the information in your senior packet. If you are still searching for colleges, please contact your school counselor and ask for help. You will apply online to colleges through their websites (www.suny.edu) or (www.suny.edu) or (www.suny.edu)

Financial Aid Forms

- 1. The FAFSA is available online after October 1, 2019. Students planning to attend college must complete this form online at www.fafsa.ed.gov. ID numbers must be obtained at www.fsaid.ed.gov in order to complete the FAFSA. Students and parents are encouraged to file as soon as possible after October 1, 2019. It helps to organize records prior to sitting down to complete the FAFSA.
- 2. Be sure to click on the TAP (New York State financial aid) button on the FAFSA application. It will automatically fill in your TAP form for you.
- 3. The CSS Profile, available at www.collegeboard.com, is a financial aid form that many private schools require. CSS profile is not free. Go on the website to see if your colleges require it.

Scholarships

Seniors are encouraged to take responsibility for seeking out scholarships for which they may be eligible. Local scholarships are posted on the School Counseling Office page on the South Lewis website. Scholarship bulletins are distributed to seniors each month in government and economics classes. Many have early deadline dates. Sources of aid are available in your senior packet and on the web at www.fastweb.com. The High School Counseling Office will be emailing the scholarship bulletin, to the email address of the contact parent in Schooltool, each month.

ASVAB Test – Juniors and seniors considering entering the military should take the ASVAB on November 14th. The ASVAB is required by all branches of the military for entrance. The results tell students where their skills lie, what interests them, if they are "college-ready," and what careers (both military and civilian) match both their skills and their interests. This is a great way for students to start planning the rest of their lives. The ASVAB will be offered again to all interested juniors and seniors at Howard G. Sackett Technical Center (BOCES) in the spring.

10th & 11th Grade - Students should continue their college research using the resources available to them on the internet. Parents who would like to discuss their child's future plans may phone Mrs. Burmingham or Ms. Green for an appointment at 348-2530. Visit colleges this year! It is considered a legal absence if a child goes on an official college visit.

Juniors will review their PSAT scores in class with their school counselors in January. Scheduling for senior year will also begin in January. You should be researching college and career options now. Please visit college campuses this spring and summer so that you will be prepared to complete college applications when you return to school next fall.

The High School Counseling Office has many resources to assist you with your college selection. Please use the following "tips" to help you prepare for college and careers:

- Attend class every day.
- Use activity period to work with your teachers.
- Do all homework and make sure it is handed in on time.
- Take challenging courses.

Sophomores - Representatives from the Howard G. Sackett Center in Glenfield (BOCES) will be at South Lewis in December to speak to tenth grade students about programs that are available at BOCES. Students who would like more information about BOCES will visit the technical center in January. The following criteria must be met prior to enrolling in a BOCES program:

- Successful completion of ninth and tenth grade English and Social Studies
- Earn at least ten academic credits prior to attending BOCES
- Junior or senior standing at South Lewis
- Completed application for BOCES with parental consent

These guidelines have been established to ensure that students who attend BOCES will be successful in their program. Students will only have the option to enroll in a BOCES program once they have met their requirements. Sophomore orientation at BOCES will be in January 2020.

Freshmen have had time to become familiar with high school expectations. If you have any questions or concerns about academic, social, or career issues, please contact Ms. Green or Mrs. Burmingham. If you are considering college, you should begin your research. We are happy to assist you. "CHOICES" - It is important to set college and career goals based on solid information. The High School Counseling Office has many college and career planning resources available to high school students. We have a career exploration program called "Choices" which is available to all students through our school network. Remember students can use the internet during study halls and activity periods. To access "CHOICES" use the following: www.bridges.com. Create a new portfolio site, I.D. 0100987, Password N8c9m2R4. In October ninth graders participated in Manufacturing Day by visiting two local paper plants: Johnson Lumber & Neenah Paper. Hopefully, this visit gave students ideas about future career goals.

Below are the Elks Scholarships which will be due in November (with the exception of the Legacy). Those students interested must apply online. More information is available in the High School Counseling Office. Online deadline is November 15th for the MVP Elks Scholarship. DO NOT WAIT UNTIL THE LAST DAY TO TURN THESE IN AND ASK FOR HELP IF YOU NEED IT. Please print out a copy of the application you submit and give it to Mrs. Bronson by November 1st.

The 2020 Most Valuable Student Award, which is open to any senior student and is due to your local Elks Lodge on or before NOVEMBER 5th. For more information and to download the application please visit the following website: http://www.enf.elks.org/mvs

The 2020 Elks Legacy Award is open to any child or grandchild (step-child or step-grandchild) of an Elks member who entered the order on or before February 1st. Applications are completed entirely online and are due on or before February 1st. For more information and the application please visit the following website: http://www.enf.elks.org

If you are applying for the NYS Elks Scholarship, please complete the MVP application, print it out, complete the NYS Elks Scholarship application cover page, and give the entire scholarship application to Mrs. Bronson before November 1st. These applications will be forwarded to the local Elks Lodge.

Lastly, there is the New York State Elks Association Scholarship which is open to a senior student who is a child or stepchild of an Elk member in good standing. The application is the SAME as the Most Valuable Student Application, with the only difference being a cover page which you can obtain in the High School Counseling Office.

www.southlewis.org

SOUTH LEWIS CENTRAL SCHOOL

Breakfast: \$1.25

November 2019

Lunch: \$2.75

Menu subject to change by Food Service Manager

5 KFAST e, Egg, and Cheese H Lewis Pizza, Tossed vith Fresh Veggies, Beef, h, and Macaroni Soup, ed Summer Squash, ruit, Fruit Choices 12 KFAST d Mini Donuts H n Pattie on a Whole	BREAKFAST French Toast Sticks with Syrup LUNCH Chicken Nuggets with Dipping Sauce, Potato Wedges, Seasoned Carrots, Garlic Roasted Broccoli, Fruit Choices, Fruit Juice 13 BREAKFAST Breakfast Break	7 BREAKFAST Assorted Bagels with Cream Cheese LUNCH Ham, Tuna, or Turkey Sub, Chicken Noodle Soup, Leafy Lettuce, Sliced Tomatoes, Carrots and Dip, Potato Chips, Fresh Fruit, Fruit Choices 14 BREAKFAST Bacon, Egg, and Cheese Muffin	Tassorted Mini Donuts LUNCH Hot Dog or Chili Dog on a Whole Wheat Roll, Baked Beans, Shredded Cheese, Pickled Beets, Fresh Fruit, Fruit Juice 8 BREAKFAST Bacon, Egg, and Cheese Muffin LUNCH Hamburger or Cheese Burger on a Whole Wheat Roll, French Fries, Pickle Chips, Veggie Beans, Oatmeal Raisin Cookie 15 BREAKFAST Assorted Bagels with Cream Cheese
KFAST e, Egg, and Cheese H Lewis Pizza, Tossed vith Fresh Veggies, Beef, to, and Macaroni Soup, ed Summer Squash, ruit, Fruit Choices 12 KFAST d Mini Donuts	BREAKFAST French Toast Sticks with Syrup LUNCH Chicken Nuggets with Dipping Sauce, Potato Wedges, Seasoned Carrots, Garlic Roasted Broccoli, Fruit Choices, Fruit Juice 13 BREAKFAST Breakfast Break	BREAKFAST Assorted Bagels with Cream Cheese LUNCH Ham, Tuna, or Turkey Sub, Chicken Noodle Soup, Leafy Lettuce, Sliced Tomatoes, Carrots and Dip, Potato Chips, Fresh Fruit, Fruit Choices 14 BREAKFAST Bacon, Egg, and Cheese	Assorted Mini Donuts LUNCH Hot Dog or Chili Dog on a Whole Wheat Roll, Baked Beans, Shredded Cheese, Pickled Beets, Fresh Fruit, Fruit Juice 8 BREAKFAST Bacon, Egg, and Cheese Muffin LUNCH Hamburger or Cheese Burger on a Whole Wheat Roll, French Fries, Pickle Chips, Veggie Beans, Oatmeal Raisin Cookie 15 BREAKFAST Assorted Bagels with Cream
12 KFAST d Mini Donuts	BREAKFAST Breakfast Break	Fresh Fruit, Fruit Choices 14 BREAKFAST Bacon, Egg, and Cheese	Raisin Cookie 15 BREAKFAST Assorted Bagels with Cream
KFAST d Mini Donuts H	BREAKFAST Breakfast Break	BREAKFAST Bacon, Egg, and Cheese	BREAKFAST Assorted Bagels with Cream
d Mini Donuts H	Breakfast Break	Bacon, Egg, and Cheese	Assorted Bagels with Cream
Reall, Shredded Lettuce, ots, Seasoned Spinach, ed Cauliflower, Fresh ruit Choices	LUNCH Beef Taco on a Soft Shell, Shredded Lettuce and Cheese, Diced Tomatoes, Sour Cream, Salsa, Refried Beans, Celery Sticks with Dip, Fruit Juice, Fruit Choices	LUNCH Macaroni and Cheese, Stewed Tomatoes, Peas and Carrots, Assorted Muffins, Fresh Fruit	LUNCH BBQ Pork on a Whole Wheat Hamburger Roll, Coleslaw, Pickled Beets, Fruit Juice, Fruit Choices
19	20	21	22
KFAST ast Break	BREAKFAST Assorted Bagels with Cream Cheese	BREAKFAST Breakfast Pizza	BREAKFAST Assorted Breakfast Breaks
H rger in Gravy, Mashed s, Dinner Roll, Seasoned Beans, Seasoned Carrots, hoices, Fruit Juice	LUNCH Dunkers with Marinara Sauce, Tossed Salad with Fresh Veggies, Homemade Cook's Choice Soup, Celery Sticks with Dip, Fresh Fruit, Fruit Choices	LUNCH Lucky Plate Day, Chocolate Chip Cookies, Fruit Juice	LUNCH Chicken Tenders, Seasoned Rice, Garlic Roasted Broccoli, Roasted Chick Peas, Fresh Fruit, Fruit Choices
26	27	28	29
KFAST Egg, and Cheese Muffin H Cheese Sandwich,	No School	No School Thanksgiving	No School
r S H	ger in Gravy, Mashed s, Dinner Roll, Seasoned leans, Seasoned Carrots, loices, Fruit Juice 26 GFAST Egg, and Cheese Muffin Cheese Sandwich, Soup, Potato Chips,	LUNCH Dunkers with Marinara Sauce, Tossed Salad with Fresh Veggies, Homemade Cook's Choice Soup, Celery Sticks with Dip, Fresh Fruit, Fruit Choices 26 ZFAST Egg, and Cheese Muffin Cheese Sandwich, LUNCH Dunkers with Marinara Sauce, Tossed Salad with Fresh Veggies, Homemade Cook's Choice Soup, Celery Sticks with Dip, Fresh Fruit, Fruit Choices No School	LUNCH Dunkers with Marinara Sauce, Tossed Salad with Fresh Veggies, Homemade Cook's Choice Soup, Celery Sticks with Dip, Fresh Fruit, Fruit Choices 26 27 28 CFAST Egg, and Cheese Muffin Cheese Sandwich, Soup, Potato Chips,

DAILY ENTREES: MIDDLE/HIGH SCHOOL

Large & Small Cafe—Choice 1—Daily Menu Choice Salad Plate Yogurt Parfait Large & Small Cafe—Monday, Wednesday, and Friday—Subs Large & Small Cafe—Tuesday and Thursday—Pizza

DAILY ENTREES: ELEMENTARY SCHOOLS

Monday, Tuesday, Thursday, and Friday Choice 1— Daily Menu Choice Choice 2— PBJ Choice 3— Tuna Sandwich Choice 4—Yogurt Meal

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SOUTH LEWIS CENTRAL SCHOOL

December 2019 Lunch: \$2.75 Breakfast: \$1.25

Menu subject to change by Food Service Manager

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
BREAKFAST Assorted Bagels with Cream Cheese	BREAKFAST Breakfast Break	BREAKFAST Sausage, Egg, and Cheese Muffin	BREAKFAST Assorted Whole Wheat Mini Donuts	BREAKFAST Bacon, Egg, and Cheese Muffins
LUNCH Chili with Beans, Corn Muffins, Coleslaw, Seasoned Brussel Spouts, Fresh Fruit, Fruit Choices	LUNCH Crispy Chicken Ranch Wrap, Potato Chips, Fresh Veggie Cups, Homemade Cook's Choice Soup, Oatmeal Raisin Cookie, Fruit Juice	LUNCH South Lewis Meat Sauce over Spaghetti, Tossed Salad with Fresh Veggies, Garlic Bread Stick, Seasoned Green Beans, Fresh Fruit, Fruit Choices	LUNCH Hamburger or Cheeseburger on a Whole Wheat Roll, Tator Tots, Fresh Veggie Cups with Homemade Hummus, Pickle Chips, Fruit Juice, Fruit Choices	LUNCH Grilled Ham and Cheese Sandwich, Tomato Soup with Crackers, Carrot and Celery Cups with Dip, Potato Chips, Pickle Chips, Fresh Fruit, Fruit Juice
9	10	11	12	13
BREAKFAST Breakfast Break	BREAKFAST Bacon, Egg, and Cheese Muffin	BREAKFAST Assorted Whole Wheat Mini Donuts	BREAKFAST Sausage, Egg, and Cheese Muffin	BREAKFAST Assorted Bagels with Cream Cheese
LUNCH Chicken Fajita, Shredded Lettuce and Cheese, Salsa, Sour Cream, Seasoned Rice, Chick Peas, Seasoned Corn, Fresh Fruit, Fruit Juice	LUNCH Dunkers with Marinara Sauce, Homemade Macaroni, Beef and Tomato Soup with Crackers, Tossed Salad with Veggies, Fruit Choices, Fruit Juice	LUNCH Steak-Um on Whole Wheat Roll, Onions and Peppers, Cheese Sauce, Veggie Beans, Seasoned Broccoli, French Fries, Fresh Fruit, Fruit Choices	LUNCH Lucky Plate Day, Baker's Surprise, Fruit Choices	LUNCH BBQ Ribs on Whole Wheat Roll, Mashed Potatoes, Seasoned Carrots, Seasoned Cauliflower, Fresh Fruit, Fruit Choices
16	17	18	19	20
BREAKFAST Sausage, Egg, and Cheese Muffin	BREAKFAST Assorted Bagels with Cream Cheese	BREAKFAST French Toast Sticks with Syrup	BREAKFAST Bacon, Egg, and Cheese Muffin	BREAKFAST Assorted Breakfast Breaks
LUNCH Soft Tacos, Shredded Lettuce and Cheese, Diced Tomatoes, Sour Cream, Salsa, Refried Beans, Seasoned Rice, Fresh Fruit, Fruit Choices	LUNCH Hot Dog on a Whole Wheat Roll, Pasta Salad, Baked Beans, Pickle Chips, Celery and Carrot Cups with Dip, Fruit Choices, Fruit Juice	LUNCH Turkey and Gravy, Mashed Potatoes, Cranberry Sauce, Green Beans, Butternut Squash, Iced Pumpkin Cookies, Fresh Fruit	LUNCH Chicken Nuggets with Dipping Sauce, Cook's Choice Veggies, Seasoned Potato Wedges, Carrots with Dip, Fruit Choices, Fruit Juice	LUNCH Grilled Cheese Sandwich, Tomato Soup with Crackers, Carrot Sticks with Dip, Pickles, Potato Chips, Fresh Fruit, Fruit Choice
23	24	25	26	27
•		No School Christmas		•
		Break		
28	29	30		
•	No School Christmas Break			

DAILY ENTREES: MIDDLE/HIGH SCHOOL

Large & Small Café—Choice I—Daily Menu Choice Salad Plate Yogurt Parfait Large & Small Café—Monday, Wednesday, and Friday—Subs Large & Small Café—Tuesday and Thursday—Pizza Large & Small Café—Hot Choice Offered

DAILY ENTREES: ELEMENTARY SCHOOLS

DALLY ENTREES: ELEMENTARY S.I Monday, Tuesday, Thursday, and Friday Choice I.— Daily Menu Choice Choice 2— PBJ Choice 3—Tuna Sandwich Choice 4—Yogurt Meal Wednesday—No Sandwiches



Disney's Frozen Jr. will be on December 5 & 6 at 7pm and on December 7th at 2pm. Tickets will be: \$6 adults, \$5 Seniors/Students, Or they can buy the "Build A Snowman Pass" for all three shows, \$15 for Adults and \$12 Seniors/Students.

Frozen Jr. is the on-stage version of the popular Disney Animation Movie, Frozen! Come see your favorite characters, Elsa, Anna, Kristoff, Sven, and Olaf come to life on the South Lewis Stage!