

We serve heart healthy whole grains.

1% white and chocolate milk are served with each meal. Extra milk can be

Purchased for $ .30

Be kind, Be thoughtful

Be genuine, but most of all

Be Thankful

Chicken Drumstick

Cheesy Potatoes

Lima Beans, Peaches

Bread/butter slice

No

School

Thanksgiving Meal

Turkey

Potato/gravy, stuffing

Green Beans w/bacon

Cranberries, Dinner Roll

Pumpkin Bars

Eggo Mini Pancakes/syrup

Sausage Patty

Hash brown

Juice Box, Banana

Nacho Supreme

Chips, Meat, Cheese

Sour Cream, Salsa

Mixed Vegetables

Pears

Chicken Patty/ bun

Seasoned Potatoes

Peas/carrots

Mandarin Oranges

Cheese Pizza

Green Beans

Fruit, Bag of Chips

Oreo/ ice cream

Chili/Crackers

Toasted Cheese Sandwich

Carrot Sticks

Red/green pepper strips

Orange Wedges

Hot dog/bun

Kraft Mac and Cheese

Peas, Mixed Fruit

Walking Taco

(Dorito, Meat, Cheese)

Lettuce, Sour Cream, Salsa

Mixed Vegetables

Pears

Rice Krispie Treat

No School

Veteran’s Day

Pizza Calzone

W/ Marinara cup

California Blend Veg.

Pineapple

Vanilla Pudding

W/wafers and cool whip

Tenderloin/bun

Shoestring Fries/cheese cup

Dill Pickle Spear

Corn, Apricots

Chicken-Noodles

Potato/gravy

Green Beans, Dinner Roll

Fruit

Chicken Burrito

W/ cheese cup

Spicy Pinto Beans

Side Salad/dressing

Mixed Fruit,

Corn Dog

Emoji Fries

Country Trio Vegetables

Bag Apples/caramel dip

Round Cheese Pizza

Munchie Kid Mix

Carrots/Celery Sticks

Pepper Strips/ranch

Fruit,

Ice Cream Treat

**NOVEMBER 2019**

Home of the Tornadoes K-8

Cheese Quesadilla

Tortilla Scoops

Corn

Side Salad/ranch

Baked Apples

No

School

No

School

No

School