

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY
					1 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk	2
					Corn Dog, Tater Tots, Baby Carrots, Fruit, Chocolate Chip Cookie, Milk	
3	4 French Toast Sticks, Link Sausage, Fruit, Juice, Milk	5 Bacon, Potato, and Cheese Omelet w/ Tomato Salsa, Graham Cracker, Fruit, Juice Milk	6 Breakfast Pizza, Fruit, Juice, Milk	7 Cinnamon Roll, Yogurt, Fruit Juice, Milk	8 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk	9
	Pork Rib Sandwich, Sweet Potato Fries, Lettuce salad, Sliced Tomato, Fruit, Milk	Baked Chicken Drumstick, Mashed Potatoes w/ Gravy, Peas, WW Roll 9-12, Lettuce Salad, Fruit, Milk	Hamburger on a bun, French Fries, Sliced Cucumbers, Slice Tomato, Fruit, Milk	Spaghetti w/ Meatsauce Garlic Bread Stick, Green Beans, Tossed Salad, Fruit, Milk	Chicken Crispito, Tortilla Chips Baby Carrots, Refried Beans, Fruit, Milk	
10	11 Egg & Sausage Biscuit, Fruit Juice, Milk	12 Cheese Omelet, Oatmeal Square, Fruit, Juice, Milk	13 Breakfast Pizza, Fruit, Juice, Milk	14 Pumpkin Muffin, Yogurt Fruit, Juice, Milk	15 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk	16
	Beef & Bean Burrito, Spanish Rice, Tomato Salsa, Refried Beans, Fruit, Milk	Chicken Wrap, Sun Chips, Toss Salad, Broccoli Florets Fruit, Milk	Chicken & Noodles, Mashed Potatoes, Peas, WW Roll 7-12, Baby Carrots, Fruit, Milk	Chili Dog w/ Cheese, Sweet Potato Fries, Cauliflower, Fruit Snickerdoodle, Milk	Country Steak, Mashed Potatoes & Gravy, Corn, Biscuit(9-12), Lettuce Salad, Fruit, Milk	
17	18 Pancakes, Patty Sausage Fruit, Juice, Milk	19 Bacon, Potato, and Cheese Omelet w/ Tomato Salsa, Graham Cracker, Fruit, Juice Milk	20 Breakfast Pizza, Fruit, Juice, Milk	21 Pancake on a Stick, Fruit, Juice, Milk	22 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk	23
	Pulled Pork Sandwich, Ranch Fries, Baked Beans, Cole Slaw, Fruit, Milk	Taco Burger on Bun, Hashbrown Rounds, Tossed Salad Fruit, Milk	Grilled Chicken Sandwich, Sweet Potato Fries, Red & Green Pepper Slices, Fruit, Milk	Turkey & Dressing, Mashed Potatoes w/Gravy, Green Beans, Fruit, Pumpkin Bar, Milk	Pepperoni Pizza, Lettuce Salad Carrots and Cucumber Slices, Fruit, Milk	
24	25 Blueberry Muffin, Yogurt Fruit, Juice, Milk	26 Cheese Omelet, Oatmeal Square, Fruit, Juice, Milk	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30
	Hamburger on a bun, French Fries, Lettuce Salad, Sliced Tomato, Fruit, Milk	Chicken Nuggets, Mashed Potatoes & Gravy, Corn, WW Roll (7-12), Fruit, Milk				