East Noble Nutrition Connection

MIDDLE SCHOOL/November 2019

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday |  Thursday |  Friday |
|  |  |  |  | 1Scheduled**E-LEARNING DAY!****PROFESSIONAL DEVELOPMENT DAY** |
| 4Sloppy Jo /bunMuffin LunchPeas Cherry TomatoesPea Salad | 5Beef NachosHam/Cheese WrapCornFresh CeleryLine Salad | 6Breaded Pork SandwichCereal LunchPotato WedgesFresh BroccoliSliced Cucumbers | 7Chicken DrumstickTurkey/Cheese SandMashed Potatoes/ GravyPetite CarrotsCherry TomatoesDinner Roll | 8Cheese Quesadilla/ Salsa/Tortilla ChipsBurritoRefried BeansBlack Bean RelishBell Pepper Strips |
| 11Hot Dog on BunFruit Yogurt ParfaitTaco SoupPetite CarrotsPotato Salad | 12Chicken Tenders/BBQMuffin LunchSeasoned CornCherry TomatoesCelery w/ Peanut Butter | 13Potatoes and HamTurkey/cheese wrapLine SaladSliced CucumbersDinner Roll | 14Grilled Cheese &Tomato SoupCereal LunchGreen BeansBroccoli FloretsGarbanzo Beans | 15Teriyaki Chicken/ RicePBJ BroccoliPetite CarrotsFresh CauliflowerDinner Roll |
| 18 Meatloaf/gravyPBJMashed PotatoesCherry TomatoesCarrotsDinner Roll | 19Baked Fish/ Tartar SauceCereal LunchCandied CarrotsCole SlawCelery/ Peanut butter | 20Rotini/breadstickCereal LunchGreen beansLine SaladSliced Cucumbers | 21Cheeseburger BarHam and Cheese SubPotato WedgesCarrotsCherry Tomatoes | 22Chicken NuggetsPBJBaked BeansPotato SaladBell Pepper StripsDinner Roll  |
| 25Corn DogFruit Yogurt ParfaitBaked BeansPetite Carrots Cucumbers | 26Turkey/NoodlesMashed PotatoesGreen Bean CasseroleLine SaladCherry TomatoSpiced Apples | 27 | 28   |  |

* ***LUNCH PRICES FOR: GRADES K – 12: $2.45 ADULTS: $3.30***
* **Milk 1%, Chocolate 1% Milk, Strawberry 1% Milk, Skim Milk, Fresh Fruit and Chilled Fruit, Daily**
* **Homestyle Cheese and Pepperoni Pizza Served Daily Assorted Salads Served Daily**
* Online Payment Program: <https://www.sendmoneytoschool.com> **Register now.**
* ***View lunch & breakfast menus at: www.eastnoble.net/lunch***
* ***Menu subject to change without notice***