East Noble Nutrition Connection

MIDDLE SCHOOL/November 2019

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  |  |  | 1  Scheduled  **E-LEARNING DAY!**  **PROFESSIONAL DEVELOPMENT DAY** |
| 4  Sloppy Jo /bun  Muffin Lunch  Peas  Cherry Tomatoes  Pea Salad | 5  Beef Nachos  Ham/Cheese Wrap  Corn  Fresh Celery  Line Salad | 6  Breaded Pork Sandwich  Cereal Lunch  Potato Wedges  Fresh Broccoli  Sliced Cucumbers | 7  Chicken Drumstick  Turkey/Cheese Sand  Mashed Potatoes/ Gravy  Petite Carrots  Cherry Tomatoes  Dinner Roll | 8  Cheese Quesadilla/ Salsa/Tortilla Chips  Burrito  Refried Beans  Black Bean Relish  Bell Pepper Strips |
| 11  Hot Dog on Bun  Fruit Yogurt Parfait  Taco Soup  Petite Carrots  Potato Salad | 12  Chicken Tenders/BBQ  Muffin Lunch  Seasoned Corn  Cherry Tomatoes  Celery w/ Peanut Butter | 13  Potatoes and Ham  Turkey/cheese wrap  Line Salad  Sliced Cucumbers  Dinner Roll | 14  Grilled Cheese &Tomato Soup  Cereal Lunch  Green Beans  Broccoli Florets  Garbanzo Beans | 15  Teriyaki Chicken/ Rice  PBJ  Broccoli  Petite Carrots  Fresh Cauliflower  Dinner Roll |
| 18  Meatloaf/gravy  PBJ  Mashed Potatoes  Cherry Tomatoes  Carrots  Dinner Roll | 19  Baked Fish/ Tartar Sauce  Cereal Lunch  Candied Carrots  Cole Slaw  Celery/ Peanut butter | 20  Rotini/breadstick  Cereal Lunch  Green beans  Line Salad  Sliced Cucumbers | 21  Cheeseburger Bar  Ham and Cheese Sub  Potato Wedges  Carrots  Cherry Tomatoes | 22  Chicken Nuggets  PBJ  Baked Beans  Potato Salad  Bell Pepper Strips  Dinner Roll |
| 25  Corn Dog  Fruit Yogurt Parfait  Baked Beans  Petite Carrots  Cucumbers | 26  Turkey/Noodles  Mashed Potatoes  Green Bean Casserole  Line Salad  Cherry Tomato  Spiced Apples | 27 | 28 |  |

* ***LUNCH PRICES FOR: GRADES K – 12: $2.45 ADULTS: $3.30***
* **Milk 1%, Chocolate 1% Milk, Strawberry 1% Milk, Skim Milk, Fresh Fruit and Chilled Fruit, Daily**
* **Homestyle Cheese and Pepperoni Pizza Served Daily Assorted Salads Served Daily**
* Online Payment Program: <https://www.sendmoneytoschool.com> **Register now.**
* ***View lunch & breakfast menus at: www.eastnoble.net/lunch***
* ***Menu subject to change without notice***