

# Lead-Deadwood “Golddiggers”

2019-2020

## High School/Middle School *Handbook and Guidebook*

### Athletics and Activities.... The Other Half of Education

***Schedules are posted on the Lead-Deadwood School District webpage.  
Go to [www.lead-deadwood.k12.sd.us](http://www.lead-deadwood.k12.sd.us) Click on the activity schedule link. Schedules  
can also be picked up in the Activities Director's office.***

- Go to <http://www.lead-deadwood.k12.sd.us/>
- Click on activity schedule.
- Web page is updated daily.

**Lead-Deadwood School District Activity Web Page  
Includes:**

Bus times  
Cancellations/postponements  
Sports/activity schedules listed by sport  
Sportsmanship Guidelines  
Event locations and times

# Lead-Deadwood Activities Handbook and Guidebook

## Table of Contents

Activities Staff.....	1
Membership & Affiliation.....	2
Eligibility Rules.....	3-4
Training Rules.....	5-7
Participation.....	7
Lettering & Awards.....	8
School Absences & Practice Regulations.....	9
SDHSAA Behavior Policies/Suspensions-Participation.....	10
Parent, Coach Responsibilities & Grievance Procedure.....	11
Activities Travel Policies.....	12
Travel Guidelines.....	12
Twin City Athletic Booster Club.....	13
Sportsmanship Guidelines (Codes of Conduct).....	14-16
OCR VOC/ED Guidelines.....	16
Concussion Fact Sheet for Athletes.....	17
Concussion Fact Sheet for Parents.....	18
Regional Sports Medicine ImPACT Testing Protocol.....	19

# Lead-Deadwood

High School/Middle School Coaching/Advisor Staff  
Activities Department: Activities Director Dr. Dan Leikvold  
Phone: 717-2814 (Office) 717-2813 (FAX)  
E-mail: dan.leikvold@k12.sd.us

## Football

Head Coach	Tom Tieszen	605-641-0983
Assistant	Kip Mau	605-920-0086
Assistant	Mark Jacobs	605-641-6378
Assistant	Bailey Norton	
Head Middle School	Philip Thomas	
Assistant Middle School	Josh Thompson	

## Volleyball

Head Coach	Kim Hansen	605-929-6607
Assistant	Brooke Kappen	605-490-8020
Assistant 9 <sup>th</sup>	Kaali Allmendinger	
Head MS 8 <sup>th</sup>	Sam Grant	605-490-8020
Head MS 7 <sup>th</sup>	Gracie Kosters	

## Cross Country

Head Coach	Will Malde	605-890-6550
Assistant	Tami Bischoff	

## Golf (Boys-Fall, Girls-Spring)

Head Boys Coach	Tim Hansen	605-321-1060
Head Girls Coach	Kim Hansen	605-9296607

## Boys Basketball

Head Coach	Travis Rogers	605-920-3966
Assistant		
9 <sup>th</sup> Grade		
8 <sup>th</sup> Grade	Josh Morovits	605-210-2416
7 <sup>th</sup> Grade	Darren LaCroix	605-580-0436

## Girls Basketball

Head Coach	Tim Hansen	605-321-1060
Assistant	Sam Grant	605-490-8020
9 <sup>th</sup> Grade		
8 <sup>th</sup> Grade	Josh Morovits	605-210-2416
7 <sup>th</sup> Grade	Darren LaCroix	605-580-0436

## Wrestling

Head Coach	Philip Thomas	701-210-0454
Assistant	Bailey Norton	605-580-1125
Middle School	Kip Mau	605-920-0086
Assistant Middle School	Tom Tieszen	605-641-0983

## Track and Field

Head Coach	Will Malde	605-890-6550
Assistant	Lenessa Keehn	605-722-2061
Assistant	Tony Althoff	605-216-0906
Assistant	Travis Rogers	605-920-3966
Head Middle School	Josh Morovits	605-210-2416
Assistant	Rob Lester	605-580-6129
Assistant	Bonnie LeCates	

## Cheerleading/Drill Team

Football Cheerleading	Wendy Rogers	701-770-6566
Basketball Cheerleading	Wendy Rogers	701-770-6566
Dance Team	Sam Rogers	701-609-8066
MS Dance Team	Samantha Rogers	

## Debate/Oral Interp/Student Congress

Head Coach	Bree Oatman	605-641-2843
Assistant Coach	Gwen Hess	

## Music

Instrumental/Pep Band	Mick Dragoo	605-717-3899
Vocal Music	Kari Owens	605-717-3899

## Drama/One Act Play/Musical

Director	Eli Corbett	
Technical Director		

## Publications (Yearbook/Nugget)

Advisor	Kim Loeffen	605-584-1243
---------	-------------	--------------

## Student Council

High School	Gary Linn	605-584-1260
Middle School	Becky Kosters	605-707-3899

## Knowledge Bowl

Advisor	Jaci Pearson	605-641-0286
MS Advisor	Jaci Pearson	605-641-0286

## Prom Advisor

Gary Linn	605-584-1243
-----------	--------------

## **SOUTH DAKOTA HIGH SCHOOL ACTIVITIES ASSOCIATION**

The State of South Dakota (SDCL 13-36-4) authorizes schools to delegate control, supervision and regulations of any and all high school interscholastic activities to a high school activities association. South Dakota school districts jointly and cooperatively, created and developed a voluntary nonprofit association for the advancement of interscholastic activities. The purpose of the South Dakota High School Activities Association (SDHSAA) is to direct and coordinate interscholastic activities that are conducted by member high schools. The SDHSAA sanctions and regulates activity programs for athletics, music, publications, speech and student council through a Board of Directors and an executive staff. Each article of the constitution and bylaw, rule and regulation of the SDHSAA, however, was ratified by member schools.

When a high school elects to become a member school, it adopts the SDHSAA rules as its own rules. The activities director is Lead-Deadwood High School's official representative to the SDHSAA and is responsible to the Association for the administration and supervision of the entire activities program. In order to insure compliance, each high school activity director should become and remain knowledgeable of the contents of the SDHSAA Rules and Administration Handbook. A copy of the handbook is available in the activity director's office at the high school. Program heads are supplied with copies of the section that governs their particular activity as well as sections on general topics such as student eligibility, contest regulations, and regular and out-of-season rules so that they are prepared to supervise their program.

### **BLACK HILLS CONFERENCE**

Lead-Deadwood High School is also a member of the Black Hills Conference. Other member schools include: Belle Fourche, Custer, Douglas, Hot Springs, St. Thomas More, Hill City, Spearfish, Sturgis and Red Cloud. Member schools participate in a variety of different sports for both boys and girls.

### **PRESEASON RESPONSIBILITIES**

It is the responsibility of the activity participant and the parent to make sure that the following is completed before the student participates in ATHLETICS at Lead-Deadwood High School. (This includes cheer, dance and club sports.) Students may not practice until all forms are signed and turned in.

1. The student must have a physical examination completed before the beginning of the activity. A copy of the exam must be on file in the high school activities office. If a student does not have a physical, he/she will NOT BE ALLOWED TO PRACTICE.
2. The student must have the PARENT APPROVAL FORM completed, signed and on file in the activities office. This form includes vital information, such as medical consent, insurance carrier, activity transportation approval, participant's pledge, medical history and emergency contacts if needed. If this form is not on file in the activities office, the student WILL NOT BE ALLOWED TO PARTICIPATE IN ANY INTERSCHOLASTIC COMPETITION.
3. The student and one (1) parent must attend a Preseason Meeting to be informed of rules and regulations that govern the activities program. If the student and one (1) parent or a designated representative is not present, the student and parent will be responsible to read the Lead-Deadwood Activities Handbook and agree to comply with all rules and policies contained therein.

### **OUT-OF-SEASON CONTACT RULES**

The Lead-Deadwood School District will adhere to all SDHSAA rules and regulations pertaining to student-athlete contact time. In addition, there will be no organized contact, including practice or competitions or open gyms or camps in the Lead-Deadwood School District the following dates:

- December 23-27
- July 1-7
- The first full week after the State Track Meet
- Upon completion of each sport, there will be a one month dead time for that sport.

The administration at Lead-Deadwood High School may make exceptions to the rules if circumstances warrant.

### **LEAD-DEADWOOD HIGH SCHOOL ACADEMIC ELIGIBILITY**

The primary function of educational institutions is to help students achieve success in the classroom through teaching. A major component of student success is the acceptance of responsibility for their own learning through commitment and dedication towards academics. As a student participant, academic eligibility is of utmost importance in order to maintain the privilege of being involved in extra-curricular activities.

For students to be eligible for activities at Lead-Deadwood High School, the following criteria must be followed. This applies to students in Grades 9-12 or middle school students involved in high school programs.

1. To be eligible to participate in extra-curricular activities at Lead-Deadwood High School students must pass six classes the previous quarter or midterm. If a student does not pass six for the quarter or midterm, he/she will sit out 4 ½ weeks until the next quarter or midterm. You may also become eligible at those same times (qtr. /midterm) by passing 6 classes. As per South Dakota High School Activities Association Criteria: SDHSAA By-Laws Chapter 1, Part IV, If a student passes 6 courses for the 2<sup>nd</sup> or 4<sup>th</sup> quarter but fails to pass at least four courses for the semester he/she will sit for the entire next semester. If a student does not pass six classes in the 4th quarter, he/she will be permitted to make up one class during summer school. This class will be added to the six passed classes needed to be eligible, thus allowing the student to be eligible at the start of the fall season. Academically ineligible students will be allowed to practice provided reasonable progress is being made in the classroom. The Activity Director and Principal will determine reasonable progress.

All activities are subject to the eligibility rule, including all SDHSAA activities, NFL speech, club sports. Within activities of band and vocal music, students will be eligible to participate in local concerts and performances during their ineligibility suspension. (Those concerts and performances are considered part of the curriculum. This does not include contests and other extra-curricular performances.)

### **LEAD-DEADWOOD MIDDLE SCHOOL ACADEMIC ELIGIBILITY**

All Middle School students will be eligible at the beginning of each school year. With that in mind, grades would be checked during each midterm and at the end of each quarter. Middle School students must be passing all classes to be eligible for activities. Grades checked during Midterm would be treated the same way they are after each quarter. Those students who have failed one or more classes at midterm, or the end of the quarter, will be able to practice, but not perform, travel, or compete during a 2 week period. At the end of the 2 weeks, a grade check will be done and all classes must have passing grades before the ineligible student can participate in competition. Core and exploratory classes will all be checked at midterm and quarter.

It is the coach's, activities director's and instructor's responsibility to communicate with the students bi-weekly eligibility. The activity week will be defined from Wednesday to Wednesday. Grade checks will be completed every other Wednesday on student participants who failed one

or more classes at midterm or the end of the quarter. Lead-Deadwood Middle School students who participate at the high school level are required to follow high school eligibility requirements.

## **LEAD-DEADWOOD EXTRA-CURRICULAR ACTIVITY TRAINING RULES**

The following constitute a violation of this policy:

- a student shall not have in possession, use, or have been charged by law enforcement with the possession, use or consumption of a beverage containing alcohol.
- have in possession, use, or have been charged by law enforcement with possession, use, or consumption of tobacco products;
- have in possession, use, or have been charged by law enforcement with possession, use, or consumption of electronic cigarettes, vaping, juuling, or other similar offenses;
- or have in possession, use, or have been charged by law enforcement with possession, use, or consumption of an illicit drug as defined by law.

### **Guidelines and Clarification:**

1. Any quantity of the aforementioned substances is a violation.
2. This policy pertains to any violation on any day of the year (calendar year-- defined as Jan 1<sup>st</sup> through Dec 31<sup>st</sup>), regardless of whether or not school is in session.
3. No distinction will be made between any of the extra-curricular activities sponsored by this school district. This also involves club sport activities that carry the Lead-Deadwood High School name.
4. Violations will not carry over from middle school to high school unless the student participant participates at the high school level as a 7<sup>th</sup> or 8<sup>th</sup> grader.
5. Violations and penalties apply to each activity in which the student participates.
6. Offenses are cumulative over the high school career.
7. Despite the differentiation in length of suspensions depending on what the violation is for, all accountability for second and third violations will be based on aggregate violations of all types, not violations of a particular sort. Three violations of any sort will lead to loss of eligibility for the remainder of their high school career.
8. All disciplinary actions may be appealed to the Superintendent of Schools.
9. School Administrators reserve the right to review each situation on a case-by-case basis.
10. When serving a suspension, a student must complete the season. The student athlete must finish the season for the suspension to be recognized. Suspensions will be carried over from one sport to the next sport season if the entire suspension has not been served.
11. Students who are on suspension for having violated co-curricular regulations may practice but cannot participate in extra-curricular activity competitions or performances during their suspension. They may not "sit on the bench," "dress out," or "travel with the team"

### **Confirmation**

Confirmation of a co-curricular regulation violation by the school administration can occur through the following methods:

- Admission from the student participant or the student's parent or guardian;

- Release of names to the school district from law enforcement of students violating this policy;
- A school district administrator has factual proof that a violation has occurred.

**Penalties and Recommendations for violations not under SDCL 13-32-9 Violations for the following:**

- have in possession, use, or have been charged by law enforcement with possession, use, or consumption of tobacco products;
- have in possession, use, or have been charged by law enforcement with possession, use, or consumption of electronic cigarettes, vaping, juuling, or other similar offenses;

**First Violation:**

After confirmation, by the school administration, of the first violation, the student shall lose eligibility from competition for 40% of the regularly scheduled season. For activities with multiple contest events, such as a volleyball or wrestling, each tournament/event will be computed into the length of suspension, not the number of games or matches played during the tournament/event. If less than 40% of the season is left at the time of the violation, the appropriate number of post season contests will be applied to the suspension to complete the 40%. Suspensions will be carried over from one sport to the next sport season if the entire suspension has not been served.

Said suspension may be reduced to 20%, of the regularly scheduled season if the student chooses to enroll in a chemical health awareness assistance program through a certified chemical dependency counselor. Evidence of said enrollment must be verified by school administration before suspension will be reduced. The student must comply with the coordinator's recommendations. The student will be responsible to cover costs of the program.

**b. Second Violation:**

After confirmation, by the school administration, of the second violation, the student shall lose eligibility from competition for 80% of the regularly scheduled season. For activities with multiple contest events, such as a volleyball or wrestling, each tournament/event will be computed into the length of suspension, not the number of games or matches played during the tournament/event. If less than 80% of the season is left at the time of the violation, the appropriate number of post season contests will be applied to the suspension to complete the 80%. Suspensions will be carried over from one sport to the next sport season if the entire suspension has not been served.

Said suspension may be reduced to 40%, of the regularly scheduled season if the student chooses to enroll in a chemical health awareness assistance program through a certified chemical dependency counselor. Evidence of said enrollment must be verified by school administration before suspension will be reduced. The student must comply with the coordinator's recommendations. The student will be responsible to cover costs of the program.

The student must comply with the coordinator's recommendations. The student will be responsible to cover costs of the program.

**c. Third Violation:**

After confirmation by the school administration of the third or subsequent violation the student shall lose eligibility for the remainder of their high school career. It is recommended that the student complete an out-patient or in-patient treatment program.

**Penalties and Recommendations for violations not under SDCL 13-32-9 Violations for the following:**

- a student shall not have in possession, use, or have been charged by law enforcement with the possession, use or consumption of a beverage containing alcohol.
- or have in possession, use, or have been charged by law enforcement with possession, use, or consumption of an illicit drug as defined by law.

**a. First Violation:**

After confirmation, by the school administration, of the first violation, the student shall lose eligibility from competition for 50% of the season. For activities with multiple contest events, such as a volleyball or wrestling, each tournament/event will be computed into the length of suspension, not the number of games or matches played during the tournament/event. If less than 50% of the season is left at the time of the violation, the appropriate number of post season contests will be applied to the suspension to complete the 50%. Suspensions will be carried over from one sport to the next sport season if the entire suspension has not been served.

Said suspension may be reduced to 25%, if the student chooses to enroll in a chemical health awareness assistance program through a certified chemical dependency counselor. Evidence of said enrollment must be verified by school administration before suspension will be reduced. The student must comply with the coordinator's recommendations. The student will be responsible to cover costs of the program.

**b. Second Violation:**

After confirmation, by the school administration, of the second violation, the student shall lose eligibility from competition for 100% of the season. For activities with multiple contest events, such as a volleyball or wrestling, each tournament/event will be computed into the length of suspension, not the number of games or matches played during the tournament/event. If less than 100% of the season is left at the time of the violation, the appropriate number of post season contests will be applied to the suspension to complete the 100%. Suspensions will be carried over from one sport to the next sport season if the entire suspension has not been served.

Said suspension may be reduced to 50%, if the student chooses to enroll in a chemical health awareness assistance program through a certified chemical dependency counselor. Evidence of said enrollment must be verified by school administration before suspension will be reduced. The student and or family will be responsible for costs associated with programs.

The student must comply with the coordinator's recommendations. The student will be responsible to cover costs of the program.

**c. Third Violation:**

After confirmation by the school administration of the third or subsequent violation the student shall lose eligibility for the remainder of their high school career. It is recommended that the student complete an out-patient or in-patient treatment program.

**Penalties and Recommendations for violations under SDCL 13-32-9 Violations**



## **Marijuana and Other Drug Adjudications, Convictions, Diversions, or Suspended Sentences**

Any person adjudicated, convicted, the subject of an informal adjustment or court-approved diversion program, or the subject of a suspended imposition of sentence or suspended adjudication of delinquency for possession, use, or distribution of controlled drugs or substances or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substances as prohibited by § 22-42-15, is ineligible to participate in any extracurricular activity at any secondary school accredited by the Department of Education for one calendar year from the date of adjudication, conviction, diversion, or suspended imposition of sentence. The one-year suspension may be reduced to thirty calendar days, if the person participates in an assessment with a certified or licensed addiction counselor. Only days that fall within the approved school calendar will be counted. If the assessment indicates the need for a higher level of care, the student is required to complete the prescribed program before becoming eligible to participate in extracurricular activities.

Upon a second adjudication, conviction, diversion, or suspended imposition of a sentence for possession, use, or distribution of controlled drugs, substances, or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substance as prohibited by § 22-42-15, by a court of competent jurisdiction, that person is ineligible to participate in any extracurricular activity at any secondary school accredited by the Department of Education for one year from the date of adjudication, conviction, diversion, or suspended imposition of sentence. The one-year suspension may be reduced to sixty calendar days. Only days that fall within the approved school calendar will be counted. If the person completes an accredited intensive prevention or treatment program.

Upon a third or subsequent adjudication, conviction, diversion, or suspended imposition of sentence for possession, use, or distribution of controlled drugs or substances or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substances as prohibited by § 22-42-15, by a court of competent jurisdiction, that person is ineligible to participate in any extracurricular activity at any secondary school accredited by the Department of Education.

A suspension begins on the day following the notification to a school administrator by the Unified Judicial System that a student has been adjudicated, convicted, the subject of an informal adjustment or court approved diversion program, or the subject of a suspended imposition of a sentence or a suspended adjudication of delinquency for possession, use, or distribution of controlled drugs, substances, or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substance prohibited by § 22-42-15 and the school administrator gives notice to the South Dakota High School Activities Association and the students.

### **ELEVATING ACTIVITY PARTICIPATION**

1. An I.A.P. (Individual Activity Placement) must be discussed when:
  - a. A student in 7<sup>th</sup> or 8<sup>th</sup> grade is being considered for elevation to any level of high school participation or competition when a middle school program is provided.
  - b. A student in 7<sup>th</sup> or 8<sup>th</sup> grade participating in an activity not offered as a separate middle school program is being considered for elevation to varsity participation or other non-athletic high school participation.
  - c. Request for elevation will be considered in the following activities: Cross Country, Boys and Girls Golf, Wrestling, Boys and Girls Track and Field, Boys and Girls Basketball, and Football.
2. Student/participant elevation will be considered when a recommendation for elevation is presented and supported by the parent/guardian and the head advisor/coach of that activity.

3. An I.A. P must be held within five (5) school days of receipt of the recommendation for elevation.

People voting on the I.A.P. include:

Participant's parents or guardian; Head Coach/Advisor of the activity; AD. A unanimous vote is required.

Participant and parents – 1 vote

Head Coach – 1 vote

Assistant Principal/Activities Director – 1 vote

Administrators may designate a representative in order to facilitate the five (5) school day deadline.

3. An elevated student/participant will become subject to all rules and regulations applicable to high school inter-scholastic participation and competition as per the activity handbook and SDHSAA constitution and by-laws.

*Once elevated to a high school activity, a participant will not participate in that middle school activity without a placement decision by the I.A.P. committee.*

*Students below the 7<sup>th</sup> grade are not eligible for high school competition. Students below the 7<sup>th</sup> grade are eligible to compete in wrestling, drill team, and cross country at the middle school level.*

*7<sup>th</sup> grade students who are elevated will be eligible for participation at the middle school level during their 8<sup>th</sup> grade year*

### **DUAL ATHLETIC PARTICIPATION**

A student/participant may participate in two activities during the same season provided that the practice times for both were not in conflict so that a student may not miss any regularly scheduled practice or contest in an activity; thus, eliminating another student from participation in one of the activities.

### **LETTERING**

1. All awards will be recommended by the head coaches/advisor to the activities director.
2. Coaches/advisors may letter deserving student/participants who have not fulfilled their requirements, but deserve to wear the "L". Regular, conscientious attendance at practice or injury/illness that prevent participation are among criteria to be considered even though failing to meet the listed requirements as established by the coaches/advisors, explained to the student/participants and on file in the activity director's office. Only varsity level student/participant can earn an "L".
3. A student/participant may receive only one letter from the school; subsequent awards will be recognized by certificates and pins reflecting the sport in which the student has lettered.
4. Dismissal from or quitting an activity forfeits receiving the "L" and all other honors or recognition.
5. Students may only receive their letter after all school issued uniforms and equipment have been turned in to the head coach/advisor.

### **ATHLETIC AWARDS**

Athletes must complete the season in “good standing” in order either to be eligible for any award or to earn special awards. If either hardship case or special situations arise that warrant consideration of whether or not an athlete should or should not receive an award, the head coach and/or staff will make a recommendation to the activities director for a final decision.

Each athlete will receive a varsity letter when they first meet the requirements to letter in any VARSITY SPORT. Corresponding letter will be represented by the student receiving a pin, which reflects the sport in which he/she lettered. The student may only receive this pin at the end of season awards banquet that will be sponsored by the Booster Club.

## **ATHLETIC AWARDS THAT A STUDENT IS ELIGIBLE FOR AT LEAD-DEADWOOD HIGH SCHOOL**

1. Participation Award—Award given to a participant who has not met the criteria for lettering but completed the season in good standing.
2. Varsity Letter—as determined by the coaching staff.
3. Seaton Award—Major award given to individual who exemplifies leadership, citizenship, academics, and sportsmanship as determined by the head coach.
4. Special Awards—Special awards for a sport can be given by the head coach with consultation with the activities director.
5. LDHS Gold Letter Award—Plaque given to student who has PARTICIPATED in three different sports sponsored by the SDHSAA for all four high school years. Those seasons are defined as for Boys: Fall (Football, Golf or Cross Country), Winter (Basketball, Wrestling), Spring (Track). Girls: Fall (Cross Country, Volleyball, Dance, and Cheer), Winter (Basketball), Spring (Track or Golf). Club Sport activities currently eligible for letters are boys/girls soccer, baseball, and boys/girls swimming.

## **ACTIVITY AWARDS**

1. **Activity Letter**—Activity letters may be awarded to students who participate in *non-athletic* activities. The criteria for receiving an activity letter will be determined by the advisor and submitted to the Director of Activities. Those non-athletic activities in which a student can earn an activity letter are as follows: Knowledge Bowl, and Debate (Oral Interp, Student Congress). Recipients will receive a certificate and an activity letter for first time recipients.

## **STUDENT ABSENCES FROM SCHOOL**

Students who participate in extra-curricular activities/ club sports at Lead-Deadwood Schools are expected to be students first. Therefore, there is an expectation that students who wish to participate in activities need to be in school to do so. The building administration realizes that at times situations arise that dictate students missing class.

Therefore, the following guidelines will be used:

- A. Students who miss class on the day of an activity due to an appointment must provide notification to the school at least one day prior to the events in order to participate in the activity.
- B. For students who are ill or are gone for personal reasons on the day of an activity, they must be in attendance for at least one full block prior to departing on a road event or in attendance for at least the last two blocks for a home event in order to participate.
- C. Students going on school-sponsored trips will be granted an excused absence.

Students who are going to be absent from school due to an activity are responsible for securing assignments and completing work. The coaches/advisors must submit a list of

students/participants who will be absent due to an activity to the office at least one day in advance of the event. Students/participants may be kept “home” from activities by the principal or activities director if deemed necessary.

## **SUNDAY/WEDNESDAY EVENING PRACTICES**

Practices on Wednesday evening and on Sunday should be avoided if at all possible. The following should be the procedure when practicing on Wednesday evening and Sunday.

### **I. Wednesday Evening**

High School:

- a. All practices should be completed and student out of the school building by 6:00 p.m. on Wednesday evenings.

Middle School:

- a. All practices should be completed and students out of the school building by 5:00 p.m. on Wednesday evenings.

### **II. Sunday Practices**

- a. Practices will not occur in school facilities on Sunday morning or on Sunday evening.
- b. Practices may occur on Sunday afternoon in or on school facilities if at least one (1) of the following conditions are met:
  1. The practice must be at the varsity level team only. No Sunday practice for sub varsity middle school teams or programs.
  2. The practice may only occur if there is a scheduled or rescheduled event on the next day (Monday).
  3. The practice may occur if the team is currently involved in State level competition (i.e. Football Playoffs, District/Regional Tournaments, etc.)

In addition, the Ministerial Association must be notified and permission from the Ministerial Association must be granted for said practice to occur. Contact with the Ministerial Association will be made by the superintendent.

## **RACIAL HARASSMENT, VIOLENCE AND TAUNTING IN SDHSAA SPONSORED ATHLETIC AND FINE ARTS ACTIVITIES**

### **I. General Statement of Policy**

The South Dakota High School Activities Association believes that all individuals should be treated with respect and dignity. Students should be able to participate in SDHSAA sponsored activities in an environment that is free from racial slurs, racial harassment and racial discrimination. Furthermore the SDHSAA disapproves of any form of taunting which is intended or designed to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender or national origin. It shall be a violation of this policy for a participant in SDHSAA activities to engage in racial harassment, racial violence or taunting.

### **II. Definitions**

**A. Racial Harassment:** Racial harassment consists of conduct related to an individual's race when the conduct:

1. has the purpose or effect of creating an intimidating, hostile or offensive environment; or
2. has the purpose or effect of emotionally or unreasonably interfering with an individual's performance.

**B. Racial Violence:** Racial violence is a physical act of aggression or assault upon another because of, or in a manner reasonably related to race.

- C. Taunting:** Taunting includes any actions or comments by coaches or players which are intended to bait, anger, embarrass, ridicule or demean others.

## **STUDENT CODE OF ETHICS AND RESPONSIBILITIES**

The member schools of the South Dakota High School Activities Association believe that participation in interscholastic activities is a privilege, which is accompanied by responsibility.

- I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- I will be fully responsible for my own actions and the consequences of my actions.
- I will respect the property of others.
- I will respect and obey the rules of my school and the laws of my community, state and country.
- I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country.

## **STUDENT/COACH EJECTION PROCEDURES**

SDHSAA By-Laws state “Any student or coach ejected from an interscholastic contest by game officials will be ineligible for the next regularly scheduled game/meet at that level of competition and all other games/meets in the interim at any level of competition.”

If there is an ejection the following procedure must be followed:

1. The local administration (where the student is enrolled or coach is employed) must file a written report, using the appropriate form, notifying the SDHSAA of the ejection.
2. The SDHSAA Office will contact the official involved with the ejection and ask for a written report.
3. A copy of the Official's report will be forwarded to the school's activities director for their review.

A student must appeal his/her ejection to the SDHSAA if it can be verified that his/her actions did not contribute to the disqualification. This applies only to the student athlete who was wrongfully ejected due to recording of an incorrect number by the officials. A basketball coach may appeal the penalty only when he/she is disqualified for indirect technical fouls.

If there is an appeal the following procedure must be followed:

1. The student must make the appeal to the SDHSAA, not the coach/activities director on the student's behalf.
2. If the appeal is granted, the SDHSAA must file a written report explaining their decisions why the appeal was granted.

## **Student Suspension from School**

A student receiving a disciplinary suspension from school (in school suspension) can practice; however, cannot compete, participate, or attend any extra curricular activities during the day(s) of the suspension. A student receiving an out of school suspension is not allowed to practice, compete, participate, or attend any extra curricular activities during the out of school suspension.

## **PARENT/COACH COMMUNICATION**

Parenting and coaching are both extremely difficult vocations. Mutual understanding and respect contributes to the acceptance of the action of both parties for the greater benefit of the student. As parents, you need to understand the expectations of specific programs. YOU CAN

#### EXPECT YOUR CHILD'S COACH TO COMMUNICATE:

1. Philosophy
2. Expectations of your child as well as all squad members
3. Risk Management procedures
4. Student conduct responsibilities and consequences

As your child becomes involved in student activities, he/she will expect some very rewarding moments and have the opportunity to learn some of life's lessons. There may be times when your child and/or you may be disappointed. The COACH has the knowledge of and experience in the activity, but YOU know the child. At times a positive dialogue is beneficial. COACHES EXPECT PARENTS TO COMMUNICATE.

1. Concerns directly to them
2. Advance notification of conflicting schedules
3. Specific concerns regarding coaching philosophy or expectations
4. About treatment of the child, mentally or physically
5. About ways that a child can improve performance
6. Concerns about the child's behavior or attitude

Coaches are professionals who are involved in highly *competitive*, interscholastic activities. They are expected to make team decisions, based upon what they believe is best for all participants. Certain issues must be left to the discretion of the COACH. SOME TOPICS ARE NOT APPROPRIATE TO DISCUSS WITH THE COACH:

1. Playing Time
2. Team Strategy
3. Play Calling
4. Other Students

Hopefully, your child will feel free to communicate with his/her coach. Interaction between parent and coach is also encouraged. IF A PARENT DESIRES A CONFERENCE WITH A COACH, THE FOLLOWING PROCEDURE SHOULD BE USED.

1. Call the coach at school in order to arrange an appointment. If the coach is not at school, the coach should supply a phone number to the students where he/she can be reached.
2. If the coach is unavailable, please leave a message with the school secretary.
3. PLEASE DO NOT CONFRONT A COACH BEFORE OR AFTER A CONTEST OR PRACTICE. THESE TIMES CAN BE EMOTIONAL FOR BOTH PARENTS AND COACHES. IN ADDITION, THESE SITUATIONS CAN BE DIFFICULT FOR STUDENTS TO OBSERVE AND UNDERSTAND. MEETINGS OF THIS NATURE DO NOT PROMOTE RESOLUTION.
4. Wait 24 hours from the time of the situation that constitutes a parent meeting.

On occasion, a parent-coach meeting does not provide satisfactory resolution. If that is the case, the parent is welcome to schedule a meeting with the activities director by calling 717--2814. If a complaint concerning a coach is made, the activities director will attempt to bring the parent and coach together for the purpose of resolution.

#### **PUBLIC AND STUDENT GRIEVANCE PROCEDURE**

The Board of Education recognizes the rights of individuals and groups to present constructive complaints and/or ideas concerning school personnel, the curriculum, instructional materials or concerning school services and school facilities.

In the interest of handling all complaints and/or ideas fairly, expeditiously and at the lowest level, the Board has established the following guidelines:

1. Whenever a complaint or idea is offered directly to the Board as a whole or to an individual board member, the individual or group involved will be advised to take their concern to the appropriate school staff member. This could be a coach, an advisor, the activities director, a principal or the superintendent. The superintendent should try to be, to all intents and purposes, the ultimate authority in the complaint/idea procedure. The superintendent should always immediately be made aware of any complaint/idea being offered. The superintendent should also refer the party to the appropriate level person.
2. The individual or group will be advised of the proper channeling of complaints and ideas, which is as follows:
  - a. Coach/Advisor
  - b. Activities Director
  - c. Superintendent
  - d. Board of Education

A complaint should be resolved within ten (10) working days of receipt if it must reach the superintendent level.

A complaint that cannot be resolved at an administrative level may be placed on the agenda for the next regular board meeting.

### **MEALS/LODGING**

The school district will provide meals for students and coaches/advisors at season culminating, state sponsored competitions. Lodging will also be provided at all season culminating, state sponsored competitions as well as two-day events such as tournaments where the distance is too great to return the same day. Coaches/advisors will be provided meal compensations in such an instance, but not students.

Policy DLC-R

### **RIDING TO AND FROM SCHOOL ACTIVITIES**

1. Students are to ride to/home from a game or contest in school vehicles; under certain circumstances, with permission of the Director of Activities and approval of the parent and coach/advisor, it would be possible to travel to or from a game or contest other than in a school vehicle. Students must ride home with their own parent, unless prior permission is granted from the AD. All parties must sign approvals one (1) day in advance. Extenuating circumstances may be considered by the administration.
2. Pupils must be on time. The bus cannot wait beyond its regular schedule for those who are tardy.
3. Pupils should never stand in the roadway while waiting for the bus.
4. No smoking on the bus at any time. Students are allowed to eat on the bus as long as it gets cleaned up.
5. Unnecessary conversation with driver is prohibited.
6. Classroom conduct is to be observed by pupils while riding in the bus, except for ordinary conversation. No "horseplay" permitted.
7. Pupils must not at any time extend arms or head out of bus windows.
8. Pupils must not try to get off the bus or move about within the bus while it is in motion.
9. Pupils must observe instructions from driver when leaving bus.
10. Any damage to a bus by a student must be paid for by the student responsible for the damage.
11. The driver will not discharge riders at places other than the regular bus stop near the home, or at school, unless by proper authorization from parent, the superintendent or principal of the school.

Note: Failure to follow these regulations may result in the suspension from the school bus.

## **Twin City Athletic Booster Club**

The Twin City Athletic Booster Club is a non-profit organization dedicated to promoting the efforts of the Lead-Deadwood student athletes participating in high school sports which are sponsored by the South Dakota High School Activities Association.

The TCABC and its officers work tirelessly to provide funding for non-budgetary items and specific special event needs of our programs and student-athletes.

You as parents and fans of the 'Diggers can support and assist the TCABC in a variety of different ways. The Booster Club asks for your help with the following:

1. Assisting in the selling of merchandise or working at a special promotion-such as game admissions or end of season banquets.
2. Purchasing merchandise/items at a home athletic contest.
3. JOINING THE TWIN CITY ATHLETIC BOOSTER CLUB SPONSORSHIP PROGRAM. An individual or business can donate to a variety of different clubs or levels. Your name or business will appear in all home athletic programs as well as receiving a certificate and game passes, depending on which level you choose to join. (Please see enclosed page #29) If your desire is not to participate at current levels, ANY donation would be welcomed and appreciated.

Your assistance and support of the Twin City Athletic Booster Club is greatly appreciated. Your generosity has been a major factor in keeping the Lead-Deadwood facilities and athletic programs among the best in the state. Thank You!!!!!!

Please contact a Booster Club member or contact the Lead-Deadwood Activities office for more information.

**GO DIGGERS!!!!!!!**

### **Sportsmanship Guidelines**

As adults, teachers, coaches, students, and parents we have the responsibility to ensure that the lessons learned from participation in sports are positive ones. Through competition, young people should be taught the values of trustworthiness, respect, responsibility, fairness, caring and citizenship- not selfish or win at all costs attitudes toward competition.

Our school hopes that coaches, teachers, students, and parents will use the following sportsmanship codes of conduct pages to improve the character of student athletes, fans and programs.

#### **Teacher-Coach's Code**

- Enthusiastically support and practice Pursuing Victory with Honor.
- Win and lose graciously.
- Winning is only part of youth sports. Be sure your players enjoy the experience. Don't let anyone yell at them or mock them.
- Generously praise your athletes when they deserve it.
- Set a good example. Young people need a teacher-coach they can respect.
- Be reasonable in your demands on young athletes' time, energy and performance on the playing field.
- Teach your players to honor the rules of the game at all times.
- Foster respect among your athletes for the judgment of referees and opposing teacher-coaches, and for the ability of opponents.
- Let a physician determine when an injured child is ready to play again.



- Stay informed about sound coaching principles and the physical, mental, and emotional development of young people.
- Enlist parents to help instill proper attitudes in your players.
- Routinely check your equipment and facilities. They should meet safety standards and be appropriate for the age and ability of your players.

### **Player's Code**

- Play by the rules and Pursue Victory with Honor.
- Remember, the goals of the game are to have fun, improve skills and feel good.
- Don't play just to please your parents or teacher-coach.
- Win and lose graciously.
- Treat all other athletes as you would like to be treated.
- Cheer good plays by either team.
- Play the game with your best effort.
- Don't be a showoff or a me-first player. Work as hard for your team as you do for yourself.
- Cooperate with your teacher-coaches, teammates, opponents and the officials.
- Don't argue with officials or complain about calls.
- Control your temper. Never retaliate when you feel wronged.

### **Parent/Guardian's Code**

- Remember, young people play for their own enjoyment, not yours.
- Don't force an unwilling athlete onto the field or court.
- Applaud good plays by opposing players as well as your own.
- Set a good example. Young people learn best by imitation.
- Teach your child always to play by the rules.
- Show your child that hard work and an all-out effort can matter more than victory.
- Help your child improve skills and sportsmanship in every game. Your child will then be a winner, even in defeat.
- Never ridicule or yell at your child for making a mistake or losing a game.
- Support all efforts to remove verbal and physical abuse from high school sports.
- Do not publicly question a referee's judgment or integrity.
- Recognize the value of volunteer teacher-coaches, referees and officials and give them clear signs of respect.

### **Eight Steps of Decency Toward Officials**

Officiating is tough work. It demands deep knowledge of the game, keen eyesight, and quick sound decision making. But the toughest part of the job is enduring abuse from fans, teacher-coaches and players. As a result, fewer and fewer people are entering the profession. Here are eight steps you can take to help foster respect for the officials and create a better game climate overall:

1. Greet officials personally. Do what you can to make them feel comfortable.
2. Introduce officials to the players and staff and, through the P.A. system, to fans. Add biographical details –such as “Bill Davis has 13 years of officiating experience and was recognized a League Referee of the Year in 2001” – to humanize them for fans.
3. Cooperate with officials throughout the game.

4. Avoid confrontations. During a game, only request information. Never argue or become emotional with officials. Never let your players see you complain about missed calls or blame an official for a loss.
5. Be appreciative and pleasant after the game. Thank officials and make sure they have easy access to their lockers.
6. If you are unhappy about an official's performance, wait two or three days to cool off, then see if your league has an evaluation form to fill out.
7. Know the rules as well as the officials do.
8. Attend meetings of local and state officials where they discuss the rules and how to interpret them. You'll see the game from their perspective.

*Inspired by "Respecting the Ref," by Keith Mano, Athletic Management, Aug./Sept. 2002, p.26.*

### **ANNUAL PUBLIC NOTIFICATION:**

1. Prior to the beginning of each school year, a public announcement must be issued which advises students, parents, employees, and the general public that education programs or activities and employment opportunities will be offered without regard to gender, race, color, national origin, age, or disability. The public announcement shall contain the address, and telephone number of the person designated to coordinate Title VI, Title IX and Section 504 compliance activities at the local school and shall reference the Regional Director, U.S. Department of Education, Office for Civil Rights, 8930 Ward Parkway, Suite 2037, Kansas City, MO 64114-3302. Phone: (816) 268-0550; Fax: (816) 823-1404; TDD: (877) 521-2172; Email: [OCR.KansasCity@ed.gov](mailto:OCR.KansasCity@ed.gov)
2. This notice must be available to persons with limited English language skills in the community's own language.
3. This notice must be available to persons who are visually or hearing impaired.
4. This notice must contain a brief summary of CTE program offerings and admission criteria, if such criteria exist.
5. This notice should appear in: LOCAL NEWSPAPERS; ANNUAL SCHOOL PUBLICATIONS

### **CONCUSSION POLICY**

The Lead-Deadwood School District desires the safe return to activity for all student/athletes participating in extracurricular physical activities following an injury, but particularly after a concussion. The goal of this policy is to ensure that coaches, school staff, volunteers, student/athletes, and their parents or guardian are aware of the short-term and long-term effects of concussions. That concussed student/athletes are identified, removed from play or practice immediately, and given proper medical attention. Finally, this policy is set so concussed student/athletes can return to play only after receiving appropriate medical care, which may include taking the ImPACT test, given time to heal, and are symptom free.

Parents/Guardians, along with all student/athletes in grades 7-12 who participate in SDHSAA sanctioned extracurricular activities will be required to sign concussion awareness forms each year. If they do not, they may not participate.

Any student/athlete who suffers a concussion will be required to have a "Return to Competition, Practice Form" signed by a health care professional, their parents/guardian, and a school administrator before returning to action. A healthcare provider trained and experienced in the

evaluation, management, and care of concussions includes a M.D., P.A., N.P., or an Athletic Trainer certified in ImPACT testing. The ImPACT test will continue to be a key component in determining a base line for our athletes if they do suffer a possible concussion. Student athletes who do not participate in the ImPACT test will not receive care related to concussions, other injury related care, or preventive care from the Regional Certified Athletic Trainer regardless of when or where the concussion or other injury occurs. Student athletes who do not participate in the ImPACT testing, will still be subject to all other requirements of this policy.

### **RETURN TO COMPETITION, PRACTICE OR TRAINING**

This form is to be used after a youth athlete is removed from, and not returned to, competition, practice, or training after exhibiting concussion symptoms. The youth athlete should not be returned to competition, practice, or training until written authorization is obtained from an appropriate health care professional and the parent/guardians. A licensed health care provider is a person who is (1) Registered, certified, licensed, or otherwise recognized in law by the State of South Dakota to provide medical treatment; and (2) Trained and experienced in the evaluation, management, and care of concussions. This form should be kept on file at the school and need not be forwarded to the SDHSAA Office.

Athlete: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

Sport: \_\_\_\_\_ Date of Injury: \_\_\_\_\_

### **REASON FOR ATHLETE'S INCAPACITY**

---

---

---

### **Guidelines for returning to competition, practice, or training after a concussion**

Note: Each step should be completed with no concussion symptoms before proceeding to the next step.

1. No activity, complete rest with no symptoms.
2. Light exercises: walking or stationary cycling with no symptoms.
3. Sport specific activity without body contact and no symptoms.
4. Practice without body contact and no symptoms. Resume resistance training.
5. Practice with body contact and no symptoms.
6. Return to game play with no symptoms.

Note:

1. If symptoms return at any time during the rehabilitation process, wait until asymptomatic for 1 full day, then re-start at the previous step.
2. Never return to competition with symptoms.
3. Do not use "smelling salts".
4. When in doubt, sit them out.

### **HEALTH CARE PROFESSIONAL'S ACTION**

I have examined the named student-athlete following this episode and determined the following:

\_\_\_ **Permission is granted** for the athlete to return to competition, practice, or training.

\_\_\_ **Permission is not granted** for the athlete to return to competition, practice, or training.

COMMENT: \_\_\_\_\_

\_\_\_\_\_  
Health Care Professional

Date: \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian

Date: \_\_\_\_\_

\_\_\_\_\_  
School Administrator

Date: \_\_\_\_\_

## CONCUSSION FACT SHEET FOR ATHLETES

### ***What is a concussion?***

A concussion is a brain injury that:

- Is caused by a bump, blow, or jolt to the head or body
- Can change the way your brain normally works
- Can occur during practices or games in any sport or recreational activity
- Can happen even if you haven't been knocked out
- Can be serious even if you've just been "dinged" or "had your bell rung"

All concussions are serious. A concussion can affect your ability to do schoolwork and other activities (such as playing video games, working on a computer, studying, driving, or exercising). Most people with a concussion get better, but it is important to give your brain time to heal.

### ***What are the symptoms of a concussion?***

You can't see a concussion, but you might notice one or more of the symptoms listed below or that you "don't feel right" soon after, a few days after, or even weeks after the injury.

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Bothered by light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Difficulty paying attention
- Memory problems
- Confusion

### ***What should I do if I think I have a concussion?***

- **Tell your coaches and your parents.** Never ignore a bump or blow to the head even if you feel fine. Also, tell your coach right away if you think you have a concussion or if one of your teammates might have a concussion.
- **Get a medical check-up.** A doctor or other health care professional can tell if you have a concussion and when it is OK to return to play.
- **Give yourself time to get better.** If you have a concussion, your brain needs time to heal. While your brain is still healing, you are much more likely to have another concussion. Repeat concussions can increase the time it takes for you to recover and may cause more damage to your brain. It is important to rest and not return to play until you get the OK from your health care professional that you are symptom-free.

### ***How can I prevent a concussion?***

Every sport is different, but there are steps you can take to protect yourself.

- Use the proper sports equipment, including personal protective equipment. In order for equipment to protect you, it must be:

- The right equipment for the game, position, or activity
- Worn correctly and the correct size and fit
- Used every time you play or practice
- Follow your coach's rules for safety and the rules of the sport
- Practice good sportsmanship at all times

**It's better to miss one game than the whole season.**

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's/Guardians Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**THIS FORM MUST BE SIGNED ANNUALLY AND MUST BE AVAILABLE FOR  
INSPECTION AT THE SCHOOL**

**CONCUSSION FACT SHEET FOR PARENTS**

***What is a concussion?***

A concussion is a brain injury. Concussions are caused by a bump, blow, or jolt to the head or body. Even or what seems to be a mild bump or blow to the head can be serious.

***What are the signs and symptoms?***

You can't see a concussion, Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days after the injury. If your teen reports, one or more symptoms of concussion listed below, or if you notice the symptoms yourself, keep your teen out of play and seek medical attention right away.

Signs Observed By Parents or Guardians	Symptoms Reported by Athlete
<ul style="list-style-type: none"> <li>• Appears dazed or stunned</li> <li>• Is confused about assignment or position</li> <li>• Forgets an instruction</li> <li>• Is unsure of game, score, or opponent</li> <li>• Moves clumsily</li> <li>• Answers questions slowly</li> <li>• Loses consciousness (even briefly)</li> <li>• Shows mood, behavior, or personality changes</li> <li>• Can't recall events prior to hit or fall</li> <li>• Can't recall events after hit or fall</li> </ul>	<ul style="list-style-type: none"> <li>• Headache or "pressure" in head</li> <li>• Nausea or vomiting</li> <li>• Balance problems or dizziness</li> <li>• Double or blurry vision</li> <li>• Sensitivity to light or noise</li> <li>• Feeling sluggish, hazy, foggy, or groggy</li> <li>• Concentration or memory problems</li> <li>• Confusion</li> <li>• Just not "feeling right" or is "feeling down"</li> </ul>

***How can you help your teen prevent a concussion?***

Every sport is different, but there are steps your teens can take to protect themselves from concussion and other injuries.

- Make sure they wear the right protective equipment for their activity. It should fit properly, be well maintained, and be worn consistently and correctly.
- Ensure that they follow their coaches' rules for safety and the rules of the sport
- Encourage them to practice good sportsmanship at all times.

***What should you do if you think your teen has a concussion?***

1. **Keep your teen out of play.** If your teen has a concussion, her/his brain needs time to heal. Don't let your teen return to play the day of the injury and until a health care professional, experienced in evaluating for concussion, says your teen is symptom-free and it's OK to return to play. A repeat concussion that occurs before the brain recovers from the first – usually within a short period of time (hours, days, or weeks) – can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in edema (brain swelling), permanent brain damage, and even death.
2. **Seek medical attention right away.** A health care professional experienced in evaluating for concussion will be able to decide how serious the concussion is and when it is safe for your teen to return to sports.
3. **Teach your teen that it's not smart to play with a concussion.** Rest is key after a concussion. Sometimes athletes wrongly believe that it shows strength and courage to play injured. Discourage others from pressuring injured athletes to play. Don't let your teen convince you that s/he's "just fine".

4. **Tell all of your teen's coaches and the student's school nurse about ANY concussion.** Coaches, school nurses, and other school staff should know if your teen has ever had a concussion. Your teen may need to limit activities while s/he is recovering from a concussion. Things such as studying, driving, working on a computer, playing video games, or exercising may cause concussion symptoms to reappear or get worse. Talk to your health care professional, as well as your teen's coaches, school nurse, and teachers. If needed, they can help adjust your teen's school activities during her/his recovery.

Parent's/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

### **Regional Sports Medicine ImPACT Testing Protocol**

#### **Baseline testing in schools for contact and collision sports**

- **Football, volleyball, wrestling, basketball, pole-vaulters**

#### **1. If injury sustained:**

#### **2. ImPACT test within 72 hours of initial injury**

- **If asymptomatic- (and) didn't pass ImPACT- minimum 24 hours until retest**
- **If symptomatic- (and) didn't pass ImPACT- don't retest until asymptomatic for at least 24 hours, or at 1 week of post-injury test if symptoms are significantly improved.**

#### **3. If symptoms have little/no improvement after 1 week-referral to ImPACT trained physician.**

#### **4. Progression to exercise exertion testing only after asymptomatic for 24 hours and passed ImPACT testing within 95% of baseline.**

**\*\*Have athlete complete post-symptom score with every test\*\***

### **Regional Sports Medicine Concussion Communication Protocol:**

If academic accommodations for student-athletes are needed:

1. Fill out state form
2. Fax to guidance office at school
  - a. Lead-Deadwood High School..... (P)(605)717-3711  
(F)(605)717-2818
3. Follow-up with physician:
  - a. By appointment in 1 week-write date on state form
  - b. By guidance counselor in 1 week after speaking to teachers

If accommodations continue- update physician weekly by guidance counselor until accommodations are no longer needed.

4. Final clearance paperwork faxed to guidance office and given to athletic trainer.

