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Dufur High School Journalism

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Special points of interest:

- Homework
- Football
- Welcome new teachers

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The Effect of Homework for Students

By Brandon

Many people have very mixed opinions on the effect of homework, and whether or not it actually proves useful, or just causes more stress and negative habits on students. Many teachers look at homework with very mixed views as well. Some teachers are more lenient with how they distribute homework, some teachers have separate assignments meant only for sending home, some have it so whatever you do not get done in class becomes homework, and some have so much work piled onto students, that they have no choice but to stay up late until it's completed.

Now, of course as a student, I am more against the use of homework, so I will be looking at more negative affects it has caused, and go over some positives on the way.

Now, a major mention in a study done by Oxford Learning, is that homework is very good for kids because it teaches many lessons in on itself: time management, organization, and how students think to themselves outside of class periods. Now, as true as that may be, there are a lot of other variables to consider when giving homework to students to prompt management of time. Students have other things going on in their lives aside from school, so for example, giving homework that will take two hours to complete, when they have five hours of the day left,

while balancing a healthy sleep schedule, can be stressful. Do schools ever question the simple fact that students have other things going on in their lives? Though that plays into the organizing aspect a lot, it's very hard for students to find mental motivation to continue on with the organization when they dedicate their entire time and lives to studies.

Let's talk about the effect on health. According to studies done by Oxford Learning, "Students who spend too much time on homework are not always able to meet other needs, like being physically and socially active." Overall, that is a generalization for mentioning the effect of homework. But, let us dig a little deeper. Denise Pope, a scholar at Stanford University, took samples from high income families from 10 schools in California, and sampled 4,317 students. She found that the average amount of time dedicated to homework each night for these students was an, "Average of about 3.1 hours of homework..." She also found from surveying the students, "56 percent of the students considered homework a primary source of stress. 43 percent viewed tests as a primary stressor, while 33 percent put the pressure to get good grades in that category. Less than one percent of the students said homework was not a stressor."

And, that is only putting stress as a factor. I'd like to mention that stress may cause the following: depression, anxiety, personality disorder, headaches, high blood pressure, insomnia/decreased energy, appetite changes/digestive issues, and countless other major problems, ranging from headaches to heart failure. Health-wise physically, she found students very loosely said homework stress caused weight loss/gain, sleep deprivation, and migraines/headaches.

This mostly loops around to what was first mentioned about life outside of school, but she also found most students tend to drop extracurricular activities, time with friends and family, and personal hobbies. Most students' personal opinions of homework is that it is primarily "pointless" or "mindless" and is so weighted onto their shoulders that they tend to not develop any other skills in their lives. It also happens to discourage them from learning more due to the fact it's already thrown onto them enough.

So, furthermore, the point of homework is to implement time management, organization, and retain knowledge given in school, but to what cost is that? For health reasons and future goal reasons, I think it's a major issue that should be addressed and controlled.

“I’m so glad that I live in a world where there are Octobers.”
-Anne of Green Gables

Pros and Cons of Watching Football: in Person vs. on Television

By Mya

A lot of people I would say enjoy watching football. Maybe they like to do it while they’re at home on TV, or maybe they would rather watch it in person. Everyone is unique and enjoys different things. For football, there are quite a few reasons why someone may like one more than the other. Let’s explore some of the pros and cons of

either watching football in person or at home.

As a football fan, I personally think that enjoying the game in person is more exciting. You get to see it first-hand and be a part of the fun. Some good things that come from being present is giving support to your team. If they need to hear some uplifting

words to boost their confidence, then you can be there to deliver. Also, if you have a family member that is playing on the team, then if anything were to happen, you could be there right away to make sure that they are alright.

As much fun as it sounds to be at a football game, there are some downsides to it as well. (See “Football” on p.

Music Becoming it’s Finest

By Fergie

Mr. Andrea is new to our school district this year. He’s come here to expand more greatness in our music program. He wants you to get to know him! He just turned 27 on September fourth. He has taught at two schools; Dufur is lucky #2. He taught in Spray the last two years as part of the Americas Program. This is his first year as an official full-time music teacher.

He’s originally from Cincinnati, Ohio. He lived there with his family until he was eight. Then, he spent the next 17 years in Florida. He lived in four different towns in Florida: Tambo for one year, Orlando for ten years, St. Augustine for a short time,

and Tallahassee. He also studied at Florida State University. He moved to Oregon two years ago, and he REALLY doesn’t want to go back to Florida.

When asked why he moved to Oregon, he said that’s where the job was. Which, money talks. He graduated in December of 2016, and he floundered a bit for six or seven months because he didn’t really have a plan. He said it was an extremely low point in his life. He was working at a car wash and a country club for a couple months after he graduated. He didn’t do anything but music the last 12 or 13 years, so it was a wake up call for him. He cast the net as far as he could, because he didn’t just want a job in

his town, but he needed help getting a good job. It took going to Spray, a town of 150 people. When you go from the Jacksonville area, which is the 12th largest city in America, load up your car with no money and drive 2800 miles to a little town for a job you’ve never done before, and for very small pay, it is definitely a crazy experience. He worked extremely hard for very little pay.

Now, he’s here! He actually originally didn’t want to be a music teacher. When he was in sixth grade band, he knew early on he wanted to be a performer. He had no dreams of being a teacher. Now, he thinks performing wasn’t his destiny. He wanted to use music to help build people up.

(See “Music” on pg.)

New Kindergarten Teacher

By Ashley

Thinking back to Kindergarten, some things that people remember from here include the color tables, watching the shows during nap time, two stuffed bears that you could take home for the weekend and counting to 100. We remember time out, drawings, shaving cream art, snack time and playing with blocks. Who else remembers brownies? Because, some seniors remember getting brownies from Ms. Brown. Learning the days of the week, playing with the kitchen play set, doing the date in the morning and painting. Doing the line leaders and the person in the back, someone was assigned to hold the day that week. The color loops projects for 100 days of school. Getting a bear shirt on your birthday and walking in the homecoming parades with our parents.

A day in Ms. Flores' room is breakfast while watching the ABC's video to help them learn them. Then after breakfast it's ECRI, which is phonics, and they write, too. Recess, number corner (math through calendar activities) and more math with math centers. Lunch, and after lunch they have either P.E., music, art, or library. Then, they have a snack time and resting time. Recess again,

ending with reading centers and small group reading. During the day there are lots of singing and dancing activities with stories.

Ms. Fores is the new teacher in town, and we don't get new teachers often. What I found out about her is that: she was born and raised in Beavercreek, Oregon. Her mom was born and raised in Parkdale. She spent most of her young life traveling up and down the Gorge to visit her grandparents until they passed away when she was 18. After graduating for Oregon City High School, she furthered her education at Clackamas Community College, transferring to Concordia University. After graduating college, she went back to her hometown and started teaching at the elementary school. Her main hobby is traveling. Don't mistake her. She is a traveler and foodie; she loves cooking and eating, while also enjoying reading and watching movies. Her favorite thing is to hang out with her family.

This year will be 30 years of teaching for her. She found Dufur "by accident" while visiting in February. Falling completely in love with the community, she purchased the historical Heisler House on Main Street. She went looking for a job as a teacher. Her dreams came true when

she was offered a job at our school, which was her first choice. Teaching kindergarten was also her first choice, making icing on the cake for this new teacher. She has taught the 2nd, 3rd, 1st, 4th, Pre-K, Kindergarten, Reading Intervention, and also she has subbed. She also relocated to Italy and taught all ages of people ranging from preschool to adults.

She married her high school boyfriend and had two kids: Jake and Jena. She got divorced after 15 years of marriage. She met her current husband in Italy in 2008 and "dated" looooooong distance until 2012 when she relocated to Italy, and they got married. Her son, Jake, is married, and he has a step-daughter that just turned seven years old. We welcome Ms. Flores to our school, and hope that she has a good year.

“Autumn
is a
second
spring
where
every leaf
is a
flower”
-Albert
Camus

Football (Ctd. From page 2)

Let’s say that while your out, it’s extremely hot. Some people don’t enjoy the warmer weather or it might give them headaches or irritate them. Another weather problem is what if there is an unexpected rain shower you weren’t prepared for? Or maybe you have social anxiety. If you were invited or expected to be at a game, but you don’t do okay with crowds, you would probably feel uncomfortable and not have a very good time.

Now, if you’re not a social butterfly, or don’t enjoy being outdoors, or you just straight up prefer a screen over a live game, then here are some good things that come from watching football on television. If you don’t have much money or don’t want to spend

it on concession food, then you can just make something you have at home. Also, if you have a DVR, you can pause the game if needed or even record it if you are busy during the time of the showing. The last thing that might benefit you is having an easier access to the bathroom. If you’re at home, you don’t have to wait in line or use a dirty toilet.

Now, for the downside of being at home and watching a football game on TV. We talked about how being able to record the game for later viewing might be a good thing, but for some, what if it’s not? Let’s say you hang around friends or coworkers that watch football as well and they already saw the game when you weren’t able

to. Well, you might not like it if they were to gossip or share their opinions about the game or what happened. Also, what if you were in the middle of the game and the power went out? You would probably miss some of the game and possibly get irritated that you didn’t see what happened.

In the end, watching both football on TV and in person can have their ups and downs. There are many things that can affect the way you feel about which way is better. Again, everybody is dissimilar and has different views on certain things such as football. There is no right or wrong way to watch the game, it just depends on who you are and what you prefer to do to have a good time and be comfortable.

Birthdays

By Fergie

9/1: Happy birthday to Liz Bullock! Welcome to the adult life. Hope you enjoy it!

9/11: Happy birthday to Juliet Ancheta! Hope your sweet 16 treats you amazingly. GET YOUR LICENSE!

9/20: Happy birthday to Peyton Neal! Hope 17 treats you

well!

9/24: Happy birthday to our amazing school president, Katie Beal! Hope adult life treats you well. Enjoy the somewhat more freedom you have now!

Music (Ctd. From page 2)

Mr. Andre’s favorite childhood memory relates to what he does now. When he was a kid, he went to a summer camp. It was called Camp Boggy Creek, and in the dining hall, people would make music during meals, and the spirit of it was incredible. He really wants to bring that to Dufur. He loves being here in Dufur. He loves the nature he

sees outside his classroom windows, and it’s not what he got to see in any other places he’s been to.

He went to Florida State, and got his bachelor’s degree in musical performance in 2015. In 2016, he got a Master’s Degree in Art. Now, he can’t imagine not being a music teacher or not being here. So,

I hope we all give him a great welcome. Let’s help the music program expand to welcome him to the Dufur area the right way! Hope you enjoy your year(s) here, Mr. Andrea!

FUN FALL WORD SEARCH

Find each of the fall words hidden below.



WORDS TO FIND:

- pumpkin
- yellow
- scarecrow
- autumn
- leaves
- sunflower
- acorns
- corn
- harvest
- apples
- hayride
- red
- Thanksgiving
- football
- orange



Dufur High School Journalism

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Ms. Boles leads her class in some fun games.



Hallway fun with Thomas and Jerry.



The cheer team gets the crowd into it at the Enterprise game



Vivan and Kierstin pose for a team photo with their soccer team.



Paul with his cross country team.



Mikayla with a killer jump serve and Reghan prepares to play defense.



Maddie shows her steer at fair.



Allie sets one up during warm-ups.



#31 Trey makes the tackle vs. Enterprise.