

# Help

## SEPAC can help you...

- ◆ connect with a supportive group of parents who “get it”
- ◆ figure out where to start when you have a concern
- ◆ understand the special education eligibility process, the paperwork, and the law
- ◆ find answers to your questions
- ◆ identify information and resources
- ◆ become a better, more informed advocate for your child
- ◆ make a difference in our schools and community!



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- ◆ **making progress in school?**
- ◆ **reading well?**
- ◆ **making and keeping friends?**
- ◆ **struggling to focus in class?**
- ◆ **having challenges with organization?**
- ◆ **anxious about going to school?**
- ◆ **having behavioral issues at school?**
- ◆ **having a harder time with school than their peers?**

If you have ever asked yourself questions like this, there is a group of parents who can help you learn more, direct you to resources, and provide support:

*the Maynard SEPAC*

# Support

**You are not alone.**



## SEPAC wants to help!

The Maynard Special Education Parent Advisory Council (SEPAC) is a group of parent volunteers who are committed to the best possible education for children with special needs.

Our mission is to work for the understanding of, respect for, and support of all children with special needs in the community.

We can help you learn where to start if you have questions regarding your child's education and emotional well-being. We can suggest next steps, strategies, and resources.

# Learn

## How do I find out more?

- ✦ Contact your school's parent representative
- ✦ Follow us on Facebook (see below)
- ✦ Attend a SEPAC meeting

## When are the meetings?

Generally, meetings are held on the first Tuesday of the month from 7:00 to 8:45 pm at the Fowler School Library located at 3 Tiger Drive, Maynard.

The Maynard SEPAC presents a variety of engaging and informational speakers throughout the year.

We also host popular Winter and Spring Socials, which are a great opportunity to connect and have FUN!

**For the most up-to-date information on our meeting times, locations, and topics please visit us online:**



**Facebook**

[FB.com/MaynardSEPAC](https://www.facebook.com/MaynardSEPAC)



**Maynard Public Schools**

[maynard.k12.ma.us](http://maynard.k12.ma.us)

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Parent Advisory Council

# Resources



**State of  
Massachusetts:**

**Office of Civil Rights (504s):**

<https://www.hhs.gov/ocr/index.html>

**Dep. of Elementary and Secondary Education:**

<http://www.doe.mass.edu/sped>

**Compliance (PRS):** 781.338.3700

**Bureau of Special Ed Appeals:** 781.338.6400

**State Early Intervention Resources:** <https://www.mass.gov/orgs/early-intervention-division>



**Web-Based:**

**Asperger/Autism Network:** <https://www.aane.org>

**Asthma and Allergy Foundation of America, NE Chapter:** <http://www.aafa.org/page/aafa-new-england-chapter.aspx>

**International Dyslexia Association:**

<https://dyslexiaida.org>

**Minuteman ARC:** <http://minutemanarc.org>

**Think Kids - Rethinking Challenging Kids:**

<http://www.thinkkids.org>

**Understood** (for learning and attention issues):

<https://www.understood.org/en>

**Wright's Law:** <http://www.wrightslaw.com>