Wellness Committee Requirements Checklist – Implementation and Compliance

Federal requirements are highlighted below; Arkansas rules for nutrition and physical activity are noted by "Ark 0.00."

See Commissioner's Memo Wellness Policies: Meeting Requirements of the Triennial Assessment for instructions and guidance.

| | Part 1 | | | | | | | | | | Part 2 |
|---|--------|-------|-----|-----|-----|-----|-----|-----|-----|-----|---------------------|
| | Aug | Sept | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | Included in Policy? |
| Ark 6.07.1.1 Include in the local Wellness Policy, goals for nutrition education, physical activity, and other school based activities that are designed to promote student wellness in a manner that the LEA determines is appropriate (may have standards in the Wellness Policy and annually updated goals in the ACSIP School Form) | 3 2 | 125 | | | | | | | | | S. |
| Ark 6.07.1.2 Include in the local Wellness Policy, nutrition guidelines selected by the LEA for all foods available (both sold and provided) on each school campus under the LEA during the school day with the objectives of promoting student health and reducing childhood obesity | O | | 04 | | | | | | | | S |
| Ark 6.07.1.3 Include in the local Wellness Policy, guidelines for reimbursable meals, which are no less restrictive than regulations and guidance issued by USDA | 0 | - 13# | | | | | | | | | 8 |
| Ark 6.07.1.4 Include in the local Wellness Policy, a plan for measuring implementation of the local wellness policy, including designation of 1 or more persons within the LEA charged with operational responsibility for ensuring that each school fulfills the district's local wellness policy (ACSIP District Form – chair and co-chair) | 29 | Sed. | | | | | | | | | 8 - |
| LEA's are required to inform and update the public about the content and implementation of the local wellness policy | ~ | Sign | | | | | | | | | NO |

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| ving: | out not limited to the follow | | and BMI – updated May 2016, including Federal Smart Snack Regulations) Ark 6.02.2 Integrate nutrition and physical activity into the overall curriculum Ark 6.02.3 Ensure that professional development of staff includes nutrition and physical activity issues |
|-----------------------------|-------------------------------|----------------------|--|
| itrition and physical wing: | but not limited to the follow | | the State Board of Health (The Rules Governing Nutrition, Physical Activity, and BMI – updated May 2016, including Federal Smart Snack Regulations) Ark 6.02.2 Integrate nutrition and physical activity into the overall curriculum |
| ving: | but not limited to the follow | | the State Board of Health (The Rules Governing Nutrition, Physical Activity, and BMI – updated May 2016, including Federal Smart Snack Regulations) |
| itrition and physical wing: | but not limited to the follow | | the State Board of Health (The Rules Governing Nutrition, Physical Activity, |
| itrition and physical wing: | out not limited to the follow | | committee with the approval of the Arkansas Department of Education and |
| trition and physical | out not limited to the follow | | standards developed by the school nutrition and physical activity advisory |
| itrition and physical | ess of the importance or in | als, illiciadili8, s | activity and assist in the development of local policies that address issues and godis, including, but not include to the control of the cont |
| | I'm to conceptomic alt in |) raise awarene | Ark 6.02 The **school nutrition and physical activity advisory committee will help raise awareness of the importance of nutrition and physical Ark 6.02 The **school nutrition and physical activity advisory committee will help raise awareness of the importance of nutrition and physical Ark 6.02 The **school nutrition and physical activity advisory committee will help raise awareness of the importance of nutrition and physical |
| ~ | 3 | | the school cafeteria on a QUARTERLY basis. |
| _ | | | School Lunch Program (NSLP), and menus for the NSLP and other foods sold in |
| | | | Committee information on the requirements and standards of the National |
| | 2 | | *District's School media menus and other roods sold in the caretains. |
|) | | | recommendations to the district's Child Nutrition Director regarding the |
| | | | Ark 6.06.5 The Wellness Committee shall review and make written |
| | | wegt. | updates, policy leadership, and evaluation plan. |
| 3 | | | Include in the Miellness Policy a description of public involvement, public |
| | | | that allows marketing and advertising of only those roods and beverages under the Smart Snacks nutrition requirements |
| | | <u> </u> | Include in the Wellness Policy, a standard for food and beverage marketing |
| | | | And progress made in attaining the goals of the local wellness policy (using BMI data, SHI, and ACSIP) |
| | | | on this form) |
| | | | local school wellness policies (using the "Included in Policy?" checkbox |
| 7 | Time: | ₹ | policy (using this checklist) |
| | | . @ | Extent to which schools are in compliance with the local wellness |
| | | <u>.</u> | assessment of the local wellness policy including (Triennial Assessment): |

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| VIII) | 2.50 | Ark 6.06.8 Encourage the use of non-food alternatives for fundraisers |
|----------|--------|--|
| | | students |
| 3 | 2 | available healthier options for food and beverages available for sale to |
| |)) | Ark 6.06.7 Annually maintain and update a written list of recommended locally |
| | | other venues that compete with healthy school meals |
| E | | vending machines, snack bars, fundraisers, school stores, class parties, and |
| | 2 | other than those offered as part of reimbursable meals, including a la carte, |
| |) | served anywhere on the school campus, including all foods and beverages |
| | | Advisory Committee recommendations for all foods and beverages sold or |
| | | Ark 6.06.6 Assist the schools in implementing the Arkansas Child Health |
| | 5 | school improvement plan (ACSIP) |
| | 2 2 0 | to the principal of each school in the district to be included in the individual |
| , | | Ark 6.06.3 Compile the results of the School Health Index and provide a copy |
| | | Frameworks |
| | 2 | Department of Education Physical Education and Health Curriculum |
| >< | | from the School Health Index to the standards defined by the Arkansas |
| \ | / | Ark 6.06.2 Compare the physical education and health education assessment |
| | | |
| | , | #8 – Family and Community Involvement Assessment |
| | 5 | #4 – Nutrition Services |
| > |) すら | #3 – Physical Education and other Physical Activity Programs |
| |) | #2 — Health Education |
| | | #1 – School Health Policies and Environment |
| ě | | following modules: |
| | | for Physical Activity, Healthy Eating and a Tobacco-Free Lifestyle using the |
| | | Ark 6.06.1 Annually, assess each school campus, using the School Health Index |
| 0 | - | Ark 6.06 At a minimum, the School Nutrition and Physical Activity Advisory Committee will: |
| | 2 | and reduce school dependence on profits from the sale of competitive foods |
| | | Ark 6.02.7 Pursue contracts that both encourage healthful eating by students |
| | 20 | |
| | | Ark 6.02.6 Enforce existing physical education requirements |
| | 2 | training of physical education teachers |
| | | Ark 6.02.5 Improve the quality of physical education curricula and increase |

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| | | | | Local Wellness Policy: |
| | | TO . | List additional policies adopted at the local level and implemented through the | List additional policies adopted at t |
| | | | Public | Community Members |
| | | | School Health Professionals | Professional Groups – Nurses |
| | | | Students | Students |
| | بر ا | | Parents | Parents |
| , | | | Teachers of Physical Education | Teacher Organization |
| | 8 | | Food Service | Food Service |
| | | | Administration | Administration |
| | | | School Board | School Board |
| | | | USDA Required Members: | Arkansas Required Members: |
| Ç. | | | ntracts | competitive food and beverage contracts |
| | Ţ | | community the amount of funds received and expenditures made from | community the amount of funds re |
| | • | | Ark 6.06.10 Include as part of the district's annual report to parents and the | Ark 6.06.10 Include as part of the |
| | | | | contracts |
| 100 | 7 | œ | board regarding the components to be included in food and beverage vending | board regarding the components t |
| | | | Ark 6.06.9 Review and make written recommendations to the local school | Ark 6.06.9 Review and make writte |
| | | | | |

^{*}Arkansas Act 2285 of 2005 "An Act to Provide Statewide Standards for School Lunch Programs; And for Other Purposes"

Implementation Final Rule. Protocols in Arkansas Public Schools - May 2016, the USDA Food and Nutrition Service Smart Snack Regulations, and the USDA FNS Local School Wellness Policy Please refer to the Arkansas Department of Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment

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^{**}Wellness Committee = School Nutrition and Physical Activity Advisory Committee