



October 2019

Pittsburg Community Schools USD 250



PCMS, LS, WS, GN, ML

Mon	Tue	Wed	Thu	Fri
Lunch Served Every Day with Milk Choice and Fruit Choice	1 Lunch: Taco Soup w/ Tortilla Chips or Hamburger on a Bun, Tomato Salsa, Refried Beans, Fresh Strawberries	2 Lunch: Monte Cristo or Pizza, Green Beans, Tator Tots, Fruit Cocktail, Snickerdoodle	3 Lunch: Chicken Quesadilla or Chicken Patty, Broccoli Florets, Fresh Baby Carrots, Fresh Cantaloupe, Black Bean & Corn Salsa w/ Tortilla Chips (9-12)	4 Lunch: Cowboy Cavatini w/ Whole Wheat Roll or Corn Dog, Seasoned Corn, Garden Salad, Fresh Orange GN PIZZA PARTY
7 Lunch: Yogurt & Blueberry Oat Muffin Plate or Chicken Strips, Cherry Tomatoes, Celery Sticks, Tropical Fruit	8 Lunch: Chicken Chili Crispito or Breaded Beef on a Bun, Romaine Lettuce, Black Beans, Tomato Salsa, Fruit Mixed Fruit	9 Lunch: Lasagna Roll Ups w/ Meat Sauce and Breadstick or Cheese Breadstick w/ Marinara, Garden Salad, Steamed Broccoli, Mandarin Oranges	10 Lunch: Popcorn Chicken or Grilled Chicken Sandwich, Mashed Potatoes, Green Beans, Fresh Grapes, Blueberry Oat Muffin (6-12)	11 Lunch: Tomato Soup w/ Grilled Cheese Sandwich or Hotdog on a Bun, Tator Tots, Carrots and Celery, Peaches LS PIZZA PARTY
14 No School	15 Lunch: Soft Tacos or Hamburger on a Bun, Lettuce, Shredded Cheese, Tomato Salsa, Black Beans, Corn, Pineapple	16 Lunch: Spaghetti w/ Meat Sauce and Garlic Bread or Pizza, Garden Salad, Green Beans, Mandarin Oranges	17 Lunch: Teriyaki Chicken Nuggets or Chicken Patty, Roll, Strawberries and Bananas	18 No School
21 Lunch: Tostada Pizza and or Chicken Strips, Spanish Rice, Corn, Romaine Lettuce, Tomato Salsa, Grapes	22 Lunch: Rodeo Burger or Cheeseburger, Baked Beans, Salad, Pears, Banana	23 Lunch: Fish Sticks or Cheese Breadstick w/ Marinara, Mac'n'cheese, Mixed Veggies, Tropical Fruit, Chocolate Chip Cookie	24 Lunch: Chicken Pot Pie or Grilled Chicken Sandwich, Mashed Potatoes, Apple Slices, Mixed Fruit	25 Lunch: General Chicken or Hotdog on a Bun, Fried Rice, Asian Veggies, Mandarin Oranges ML PIZZA PARTY
28 Lunch: Chicken Tetrazzini w/ Garlic Bread or Chicken Nuggets, Tossed Salad, Sliced Cucumbers, Baby Carrots, Apricots	29 Lunch: Chicken Twister Wrap or Hamburger on a Bun, Celery Sticks, Cherry Tomatoes, Fresh Orange	30 Lunch: Taco Burger on a Bun or Pizza, Tomato Salsa, Dark Green Leaf Lettuce, Black Beans, Fresh Banana, Tortilla Chips (6-12)	31 Lunch: Southwest Cheddar Chicken or Chicken Patty, Rice, Garden Salad, Apple, Chocolate Chip Cookie	Menu Subject to Change without Notice. This institution is an equal opportunity pro-