



## **Enrichment Class Schedule**

*Fall 2019 - Session 2*



### **To register for classes:**

- *Find the class you would like to register for inside this brochure.*
- *Fill out and detach the form on the last page and send it along with payment to the District Office, or mail to: RVEF Enrichment, PO Box 5574, Santa Rosa, CA 95402.*
- **OR register on line at <http://www.rvef.org/afterschoolenrichment.html>**
- *You will receive confirmation of registration via email.*

## Teen Yoga @ RVCS Sequoia (Open to all middle school students)

Students will learn about healthy living while staying active and having fun. Yoga is known to help children stay focused in school, reduce anxiety, and get better sleep! Each week we will break down poses and flow to music. Each child is encouraged to practice at their own pace, there is no keeping track or making comparisons. The goal is for all students to leave feeling empowered, confident and centered. Mats are provided but feel free to bring your own. (min 8/max 15)



Date: Thursdays, Nov 7 - Dec 19 (6 weeks)  
Time: 3:30 - 4:30 pm  
Grades: 7th - 8th  
School: RVCS - Sequoia Room 16  
Fee: \$110  
Instructor: Alicia Parks

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## Ceramics @ RVCS Sequoia (Open to all middle school students)

Students will create their own unique clay ceramic pieces using the basic techniques of hand building. There will be a new project assigned every week and they will be glazing their work once it is fired. All materials (clay, tools, and glazes) and firing charges are included. (min 8/max 15)



Date: Mondays, Oct 28—Dec 16 (6 weeks)  
Time: 3:30 - 4:30 pm  
Grades: 7th - 8th  
School: RVCS-Sequoia Room 16  
Fee: \$140  
Instructor: Ireine Nagai

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## En Garde Fencing & Martial Arts

For **MADRONE, WHITED, SEQUOIA and BINKLEY ELEMENTARY SCHOOL PICK UP ONLY**  
due to limited transportation and the staggered school bell schedule.

This is an after school martial arts program with a unique twist! En Garde Fencing offers **fencing, archery, foam sword martial arts, LED Saber** (for fans of Star Wars) and more every week. Now your kids can get **picked up from school** and dropped off at EGF Monday through Friday to participate in our exciting programs. All you have to do is pick them up anytime before 7:00PM. Nothing could be easier. They get **physically active**, develop their mind and body, and train with honor and good sportsmanship every day.

**All gear is provided as part of the program, at no extra cost.** This program gives you **full access** to the club, including Saturday classes and days when your child's school is not in session, but the club is open.

**Cost:** \$115 per month x 3 months = \$345 total. Monthly payment plan available with a \$153 down payment.

**An unbeatable deal!**

Questions? Contact EGF at 707-596-3626 or  
email: [egfencing@gmail.com](mailto:egfencing@gmail.com)

### Conditions:

- A waiver must be signed by a parent or legal guardian before children are allowed to participate in any activities.
- Any children who miss the pickup at the school pickup point are not the responsibility of En Garde Fencing (EGF), the school in which they attend, nor the Rincon Valley Education Foundation. Parents or legal guardians are responsible for pickup in that instance.
- EGF must be informed as soon as possible if a child is sick or cannot attend for any reason.
- Parents must provide children any food and drink for consumption after school.
- Only parents or legal guardians may pick up their children at EGF, or their pre-arranged surrogates.



## Adventures in Mixed Media Arts & Crafts

*Support your child in their “non-academic” growth and development as they explore a multitude of ways in which to create art and express themselves visually. Students will be provided with opportunities to express their unique ideas through a variety of media in a child-centered environment where everything comes from and is created by each individual child. This arts and crafts workshop will include the creation of 2-D and 3-D art. Using techniques like paper mache, printing, image transfer and collage, students will design and make their own masks, sculptures, prints and artifacts. This is a great opportunity to grow, learn, express and create! (min 5/max 15)*



Date: Mondays & Wednesdays, Oct 28 - Nov 4 (2 weeks)

**NOTE—This course is for 4 one hour classes over a 2 week period. Dates are Monday Oct. 28 & Nov. 4 at 3:00pm and Wednesday Oct. 30 & Nov. 6 at 2:00pm.**

Time: 3:00pm—4:00pm & 2:00pm—3:00pm

Grades: 2 - 6th

School: Madrone Room #9

Fee: \$75

Instructor: Kelly McBride

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## Chess for Kids



*Chess is the best kept secret on how to improve a child's mind academically. Playing the game improves power of concentration, expands critical thinking skills, boosts memory, enhances self esteem, and best of all, chess is plain FUN! Group and individual instruction will be provided for all children. We will teach beginners the basics, show intermediate players strategies for each stage of the game, and focus on openings and defense for advanced players. Learn and improve your skills at the age old game of chess. Class includes 20 minutes of formal instruction and 40 minutes of coached play by a highly qualified chess instructor. All chess equipment provided!*

(min 6/max 20)

Date: Thursdays, Nov. 07 - Dec. 19 (6 weeks)

Time: 3:00 - 4:00 pm

Grades: K—6th

School: Austin Creek Library

Fee: \$80

Instructor: Chess for Kids Staff

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## Art Explorer—3D Art Lab

*Get down with upcycled art! In this class, children will have fun exploring 3-D art forms. They will work with recycled materials to make collage, sculptures, toys, or games. The children will also be exposed to printmaking and building sculptures with paper mache. Students will learn about artists such as Hokusai, Thiebaud, Van Gogh, Nevelson and many others. Through these fun and creative new art forms, the children will learn art history, learn to plan for making art, improve their ability to see and express themselves in a new way. All will be done in a supportive and nurturing environment. (min 8/max 18)*

Date: Wednesdays, Oct. 30 - Dec. 11 (6 weeks)

Time: 2:10 - 3:10 pm (one hour earlier during conferences)

Grades: 1 - 6th

School: Binkley Science Lab

Fee: \$108

Instructor: Theary Tran



## Amazing Athletes

Get ready to shoot basketballs, dribble soccer balls, throw footballs, and much more! We teach the fundamentals of ten different sports and work with our students to improve various key areas of motor development, such as catching, throwing, jumping, and balancing. Our approach allows every child to build their skills at their own pace within a non-competitive environment that emphasizes teamwork, self-confidence, and most of all, fun! Through experiencing the joy of sports, play, and exercise--and NOT screen time--our young athletes acquire a taste for physical activity that will benefit them for a lifetime! (min 6/max 10)



Date: Mondays, Oct. 28 - Dec. 16 (6 weeks)  
Time: 3:00 - 4:00 pm  
Grades: K - 4th  
School: Madrone Rm #3, PE Room  
Fee: \$100  
Instructor: Greg Vogeazopoulos

Date: Tuesdays, Nov. 5 - Dec. 17 (6 weeks)  
Time: 3:00 - 4:00 pm  
Grades: K - 4th  
School: Spring Creek MPR  
Fee: \$100  
Instructor: Greg Vogeazopoulos

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## TGA Premier Golf



*TGA Premier Golf is the # 1 program to introduce, teach, and engage children in the game of golf, learning life skills along the way. We use the game of golf as a method to develop your child's hand-eye coordination & improve motor skills. Your child will also learn and use golf in other educational areas, such as History and Science, Technology, Engineering, Art, and Math (STEAM). Our enthusiastic instructors provide a proven curriculum filled with instruction, drills, and fun games, with a ratio of no more than 8 children per instructor. We use a safe golf ball and all equipment is provided. Every student gets personal attention, a TGA golf hat, & awards for achievement. Classes grouped by age. For more information visit [www.playtga.com/northbay](http://www.playtga.com/northbay) or call (415) 599-9478. (min 5/max 12)*

Date: Fridays, Nov. 8 - Dec. 20 (6 weeks)  
Time: 3:00 - 4:00 pm  
Grades: K - 5th  
School: Austin Creek MPR & Field/Blacktop  
Fee: \$125  
Instructor: TGA Golf Staff

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## Kids Yoga - FULL

Kids Yoga is a fun way to playfully explore yoga and its many benefits. We go on imaginative yoga adventures, act out fun stories, use calming mindful practices, enjoy yoga related games, and practice creative breathing tools. This session also includes a mindful craft! Yoga mats will be provided, but bring your own if you'd like! (min 5/max 14)

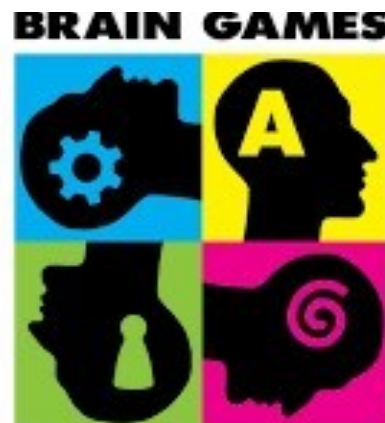
Date: Wednesdays, Oct. 30 - Dec. 11 (6 weeks)  
Time: 2:00 - 3:00 pm  
Grades: K - 6th  
School: Austin Creek Science Lab  
Fee: \$100  
Instructor: Susan Leslie





## Brain Lab for Kids

QUICK: Name the most powerful and complex supercomputer ever built. Give up? Here's a hint: It's housed in your head and it's the one thing that makes you, YOU. Your brain is mission control for the rest of your body and steers you through life. In this interactive class, based on National Geographic Channel's Emmy-nominated series, Brain Games®, explore the parts of your brain and how it all works with cerebral STEM and MENSA challenges. Discover how you make decisions, and how your brain creates emotions, behavior, memory, and personality (like the Pixar movie, Inside Out). So, get ready to flex your mental muscles! (min 7/max 14)



Date: Thursdays, Oct. 31 - Dec. 12 (6 weeks)

Time: 3:10 - 4:10 pm

Grades: 4th - 6th

School: Whited Science Lab

Fee: \$70

Instructor: Cathy Hatcher-England

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## Young at Art: Fun w/Learning to Draw!



*We will learn basic drawing skills, and then apply them to create our own unique animals, landscapes, people, buildings, nature and clay sculptures. Experiment with media such as pen and ink, colored pens and pencils, watercolors, oil and soft pastels, acrylic and tempa paints. We will also learn basic clay sculpting techniques and create a beautiful kiln-fired ceramic keepsake. Returning students: All New Projects. Come and let your inner artist out!* (min 10/max 20)

Date: Wednesdays, Oct. 30 - Dec 11 (6 weeks)

Time: 2:10 - 3:10 pm

Grades: 1st -6th

School: Sequoia Science Lab

Fee: \$114

Instructor: Christine Cramer

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## Fundamental Drawing

*This art class by French artist Christian Quintin is designed for children and teaches the fundamentals of drawing such as shading and depth, lines and perspective, curves and ellipses as well as landscape. Each series of class follows a different theme, house, room, forest, ocean, flowers, plants, animals, etc. Taught in a fun and encouraging style, this class will bring a classical foundation to your child's drawings. Students will learn techniques that will enable them to draw with increasing skills, what they see or imagine. You may visit Christian's web site at <http://www.christianquintin.com> (min 10/max 20).*



Date: Wednesday,s Oct. 30 - Dec.11 (6 weeks)

Time: 2:00 - 3:00 pm

Grades: K - 6th

School: Spring Creek Room 14

Fee: \$100

Instructor: Christian Quintin

Date: Thursdays, Oct. 31 - Dec. 12 (6 weeks)

Time: 3:00 - 4:00 pm

Grades: K - 6th

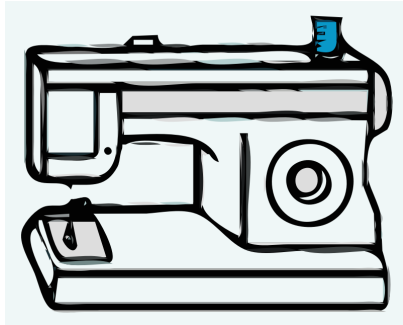
School: Madrone Science Lab

Fee: \$100

Instructor: Christian Quintin

## Sewing with Kids!

*If you want to explore the world of sewing, this is the place to start! We have fun projects for beginners and intermediate sewers. Learn to sew and improve the skills you already have. Sewing machines and all materials provided. Come learn the art of sewing!! (min 2/max 6)*



Grades: K - 6th (6 weeks)  
Fee: \$95  
Instructor: Lillian Wills

Date: Mondays, Oct. 28 - Dec 16  
No Class on Veteran's Day—Mon Nov. 11  
Time: 3:00 - 4:00 pm  
School: Austin Creek Library - **FULL**

Date: Tuesdays, Oct. 29 - Dec 10  
Time: 3:00 - 4:00 pm  
School: Whited Science Lab

Date: Wednesdays, Oct. 30 - Dec. 11  
Time: 2:10 - 3:10 pm  
School: Sequoia Library - **FULL**

Date: Thursdays, Oct. 31 - Dec. 12  
Time: 3:10 - 4:10 pm  
School: Binkley Science Lab

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## STEM Challenge: LEGO®

*Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: **Catapults, Pneumatic Cranes, Arch Bridges, and Battletracks!** Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course. (NOTE: This is a 1 1/2 hour class) (min 10/max 16)*

Date: Mondays, Oct. 28 - Dec 16 (6 weeks)  
Time: 3:05 - 4:35 pm (one hour earlier during conferences)  
Grades: 1st - 4th  
School: Matanzas Room 12  
Fee: \$126  
Instructor: Play-Well TEKnologies Staff



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## Kid Vets!



*New Topics each Session! Learn how veterinarians do their job and how they help their animal patients! Students adopt their own (stuffed animal) pet and use their science, math, and critical thinking skills to learn about responsible pet ownership, how animal bodies work, signs of illness, and all the other fun, gross, weird and amazing things veterinarians encounter while doing their jobs! Hands-on demonstrations, medically-themed arts & crafts, and class problem-solving highlight new topics each session. Live animal guests will visit to help us practice what we have learned! Dr Wittenberg has 30 years of experience in veterinary medicine. When she's not teaching kids' classes, she works at Vetpronto in SF and the East Bay and teaches anatomy and veterinary technology classes at SRJC.*

*Visit [kidvets.net](http://kidvets.net) for more information. (min 10/max 25)*

Date: Wednesdays, Oct. 30 - Dec. 11 (6 weeks)  
Time: 2:15 - 3:15 pm  
Grades: 2nd - 6th  
School: Village Science Lab  
Fee: \$125  
Instructor: Veterinarian Pam Wittenberg



## Rincon Valley Education Foundation

### After School Enrichment Program Registration Information Fall 2019

#### Session 2

The Rincon Valley Education Foundation is pleased to offer the After School Enrichment Program for the Rincon Valley Union School District. Classes are offered at all school sites in a wide range of areas, including art, science, sports, games and exploration. These classes provide additional opportunities for educational enrichment for children enrolled in the district.

**How to Register:** Complete a separate registration form for each student. If paying by check: *A separate check or money order (payable to RVEF) is necessary for each student & each class.*

Registration will be accepted in these three ways:

**On-Line:** <http://www.rvef.org/afterschoolenrichment.html>

**In Person:** Register at the RVUSD District Office, 1000 Yulupa Avenue, Monday through Friday, 8 am to 5 pm, at the front desk.

**By Mail:** Mail registration form along with check, money order, or credit card info to:  
Enrichment Class, PO Box 5574, Santa Rosa, CA 95402.

**Confirmation:** Registration will be confirmed by email, usually at least 3 days prior to the first day of class.

**Minimum/ Maximum Enrollment:** A minimum number of students is required for each course and is noted in the course description. If the minimum enrollment is not received the course will be cancelled and a full refund will be mailed. For classes exceeding the maximum, a waitlist will be established and students will be placed on the list in the order that their enrollment was received by the Foundation.

**Scholarship** A scholarship rate of 50% off the regular class fee is available for a **LIMITED NUMBER** of students who are eligible for free and reduced priced meals. *Scholarships are limited to one per child per class session.* If the student is eligible for a scholarship, please indicate this on the registration form. Please submit payment with the form for 50% of the class price.

**Returned Check:** All returned checks will be charged a \$17 processing fee.

**Refund Request:** Refund requests must be received before the first day of the scheduled class. A \$10 processing fee per student per course will be retained on all refunds. Should a course be cancelled by RVEF for any reason, the full fee will be refunded.

**Student Conduct:** Students attending enrichment classes must follow the District Code of Behavior and School Rules. The class instructor has the right to dismiss any student if the child is not behaving appropriately. This will be done without a refund.

**Day Care Students:** Students who are enrolled in the RVUSD day care program must first check in with the day care staff before they go to their enrichment class.

**Emergency Class Cancellation:** In the unlikely event that a class has to be cancelled on a day it is scheduled (i.e. instructor illness) students will be notified and parents will be notified as soon as possible. Due to weather, an outdoor class may be moved indoors or postponed.

**Questions? Call the RVEF Office at (707) 542-7375 ext 4140**

## Enrichment Class Registration Fall 2019—Session 2

Student's Name (Last) _____		(First) _____	
M ( ) F ( )	School _____	Grade _____	Teacher _____
Parent/Guardian Name _____		Phone: Home _____	
Address _____		Work _____	
City _____	Zip _____	Email _____	Cell _____

Please check the box of the classes in which you wish to enroll your child (separate check for each class):

- |  |  |
|--|--|
| <input type="checkbox"/> Ceramics—RVCS Students \$140<br><input type="checkbox"/> Teen Yoga—RVCS Students \$110<br><input type="checkbox"/> Adventures in Mixed Media Arts & Crafts \$75<br><input type="checkbox"/> Amazing Athletes @ Madrone \$100<br><input type="checkbox"/> Amazing Athletes @ Spring Creek \$100<br><input type="checkbox"/> STEM Challenge: LEGO \$126<br><input type="checkbox"/> Sewing with Kids: Mondays @ Austin Creek <b>FULL</b><br><input type="checkbox"/> Sewing with Kids: Tuesdays @ Whited \$95<br><input type="checkbox"/> Sewing with Kids: Wednesdays @ Sequoia <b>FULL</b><br><input type="checkbox"/> Sewing with Kids: Thursdays @ Binkley \$95 | <input type="checkbox"/> Young at Art: Fun w/Learning to Draw \$114<br><input type="checkbox"/> Art Explorer—3D Art Lab \$108<br><input type="checkbox"/> Fundamental Drawing: Wed @ Spring Creek \$100<br><input type="checkbox"/> Fundamental Drawing: Wed @ Madrone \$100<br><input type="checkbox"/> Yoga for Kids <b>FULL</b><br><input type="checkbox"/> Kid Vets \$125<br><input type="checkbox"/> Brain Lab for Kids \$70<br><input type="checkbox"/> Chess for Kids \$80<br><input type="checkbox"/> TGA Golf: Fridays @ Austin Creek \$125<br><input type="checkbox"/> En Garde Fencing & Martial Arts (Down Payment) - No Scholarship Available \$153 |
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☐ My child receives free and reduced priced meals and is eligible for the scholarship rate (50%).  
(Scholarship rate applies to first class **ONLY**.)

☐ My child is enrolled in the RVUSD Extended Day Care Program at \_\_\_\_\_ school.

### Emergency/ Medical Information

1st Contact : \_\_\_\_\_ Phone: \_\_\_\_\_ 2nd Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to Student \_\_\_\_\_ Relationship to Student \_\_\_\_\_

Medical problems, including allergies? Yes No If yes, explain \_\_\_\_\_

In case of an emergency, I authorize that my child be taken to the nearest medical center for treatment, if I am unavailable.

### Authorization for Pick-up

The following individuals are authorized to pick-up my child (in addition to parents/guardians listed above).

Name _____	Phone _____	Relationship _____	Name _____	Phone _____	Relationship _____
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### Payment Options

☐ I have attached a check payable to RVEF. Check #: \_\_\_\_\_

☐ I have included cash. Receipt #: \_\_\_\_\_

☐ Please charge my credit card (this will include a \$1.50 processing fee.)

VISA MC AMEX Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Parent / Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_